

**CURRICULUM FOR CHANNELING INTENSIVE ONE**  
 FEBRUARY 7 - 10, 2008

DATE	TIME	DESCRIPTION	STUDY MATERIAL
February 7	5:30	Gary -Introductory Remarks	
	6:00	Supper at Camelot	
	8:00	“Who Am I” Round Robin	Attendees’ Essays
	9:00	Break for Gaia Meditation	
	9:15	Continue Round Robin	Attendees’ Essays
	10:00	Free Conversation	
February 8	8:30	Morning Offering	
	9:00	<b>Session 1</b> Carla -Introductory Talk	ACH <sup>1</sup> Chapters 1 - 2
	10:00	Q and A	
	10:30	Break	
	11:00	<b>Session 2</b> Carla -Preparing to Channel	ACH Chapters 3 - 4
	12:00	Q and A	
	12:30	Lunch here at Camelot	
	2:30	<b>Session 3</b> Tuning	ACH Chapter 5
	3:30	Q and A	
	4:00	Break	
	4:30	<b>Session 4</b> Challenging	
	5:30	Q and A	
	6:00	Break	
	7:00	Supper at Restaurant	
	9:00	Gaia Meditation	
	9:15	Free Conversation	
February 9	8:30	Morning Offering	
	9:00	<b>Session 6</b> Psychic Greeting	ACH Chapters 6 - 7

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<sup>1</sup> *A Channeling Handbook* by Carla L. Rueckert

DATE	TIME	DESCRIPTION	STUDY MATERIAL
	10:00	Q and A	
	10:30	Break	
	11:00	<b>Session 6 Making a Workroom</b>	
	12:00	Q and A	
	12:30	Lunch here at Camelot	
	2:30	<b>Session 7 Visualizing Your Guidance</b>	
	3:30	Q and A	
	4:00	Break	
	4:30	<b>Session 8 First Practice of Preliminaries</b>	
	5:30	Q and A	
	6:00	Break	
	7:00	Dinner at Restaurant	
	9:00	Gaia Meditation	
	9:15	<b>Session 9 Second Practice of Preliminaries</b>	
	10:00	Q and A	
	10:30	Free Conversation	
<b>February 10</b>	8:30	Morning Offering	
	9:00	<b>Session 10 Q and A about Channeling</b>	
	10:30	Break	
	11:00	<b>Session 11 First Channeling Circle</b>	
	12:00	Q and A	
	12:30	Lunch here at Camelot	
	2:30	<b>Session 12 Second Channeling Circle</b>	
	3:30	Q and A	
	5:00	Break	

DATE	TIME	DESCRIPTION	STUDY MATERIAL
	6:00	Dinner at Restaurant	
	7:45	Gaia Meditation ( <i>held early</i> )	
	8:00	<b>Session 13</b> <b>Q'uo Channeling</b>	
	9:00	Q and A	
	10:00	Closing Silent Meditation	
	10:30	Free Conversation	