Curriculum for Channeling Intensive Four

February 5 – February 8, 2009

Date	Time	Description
Thursday February 5	7:00 pm	Supper at Home
	8:00	Round Robin
	9:00	Break for Gaia Meditation
	9:15	Continue Round Robin
	10:00	Free Conversation
Friday February 6	8:15 am	Morning Offering
	8:45	Morning Caffeination
	9:15	Channeling Q'uotes Discussion
	10:15	Break
	10:30	Tuning
	11:00	Channeling Circle Thirteen
	12:30 pm	Lunch here at Camelot
	3:00	Channeling Q'uotes Discussion
	4:00	Break
	4:30	Tuning
	5:00	Channeling Circle Fourteen
	7:00	Dinner at Restaurant
	9:00	Gaia Meditation
	9:15	Minimally Priced Conversation
Saturday February 7	8:15 am	Morning Offering
	8:45	Morning Caffeination
	9:15	Channeling Q'uotes Discussion
	10:15	Break
	10:30	Tuning
	11:00	Free Discussion
	12:30 pm	Lunch here at Camelot
	3:00	Channeling Q'uotes Discussion
	4:00	Break
	4:30	Tuning
	5:00	Channeling Circle Fifteen
	7:00	Dinner at Restaurant
	8:00	Free Time
	9:00	Gaia Meditation
Sunday February 8	8:15 am	Morning Offering
	8:45	Morning Caffeination
	9:15	Channeling Q'uotes Discussion
	10:15	Break
	10:30	Tuning
	11:00	Channeling Circle Sixteen
	12:30 pm	Lunch here at Camelot
	3:00	Q'uo Channeling
	4:00	Break
	4:30	Weekend Concludes with free time

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