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| Friday, August 31 | |
| 5:00 – 5:15 pm | Orientation |
| 5:15 – 7:30 | Creating the Circle – Round Robin |
| 7:30 – 9:00 | Dinner |
| 9:00 – 9:15 | Gaia Meditation |
| 9:15 – 9:30 | Romi on Who Am I? |
| 9:30 – 10:00 | Introduction – Carla |
| Saturday, September 1 | |
| 8:30 – 9:00 am | Silent Group Meditation |
| 9:00 – 9:15 am | Housekeeping Details |
| 9:15 – 10:45 | Group Study & Discussion – Red Ray Chakra |
| 10:45 – 11:00 | Break |
| 11:00 – 12:30 pm | Group Study & Discussion – Orange Ray Chakra |
| 12:30 – 3:00 | Lunch |
| 3:00 – 4:30 | Group Study & Discussion - Yellow Ray Chakra |
| 4:30 – 4:45 | Break |
| 4:45 – 6:15 | Group Study & Discussion – Green Ray Chakra |
| 6:15 – 6:30 | Break |
| 6:30 – 7:15 | Planning Meeting for 2008 Channeling Intensives |
| 7:15 – 9:00 | Dinner |
| 9:00 -9:15 | Gaia Meditation, then play time |
| Sunday, September 2 | |
| 8:30 – 9:00 am | Silent Group Meditation |
| 9:00 – 9:15 | Housekeeping Details |
| 9:15 – 10:45 | Group Study & Discussion – Blue Ray Chakra |
| 10:45 – 11:00 | Break |
| 11:00 – 12:30 pm | Group Study & Discussion – Indigo Ray Chakra |
| 12:30 – 2:30 | Lunch |
| 2:30 – 5:00 | Who Am I? |
| 5:00 – 5:30 | Break (Carla tunes) |
| 5:30 – 7:00 | Channeling Q’uo |