

L/L RESEARCH



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THE PARTICIPANT-DRIVEN SYMPOSIUM

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STEVE M. PRESENTS
*Ethical Choice Theory:
Building Ethics into Utopian Economics*

Abstract

Concepts of morality are absent from modern microeconomic theory. Incorporating morality into economics requires the recognition that economic actors have a wider range of choices than those allowed by narrow self-interest. It also requires that intentions be distinguished from actions. By creating a mathematical framework that reflects these distinctions, it is shown that (1) a coherent economic theory can include strategies besides self-serving ones, (2) two polar choices and mixtures thereof are available to economic actors, those that are individual-centric and those that are group-centric, (3) conventionally moral strategies can be expressed mathematically, allowing an assessment of a strategy's "degree of morality," and (4) exclusive use of self-serving strategies leads to actions that in a conventional sense, are immoral.

Introduction

Modern microeconomics rests on a fundamental assumption about the nature of man - that in thought and action he is entirely self-serving. Rational choice theory (RCT) embodies this assumption by treating economic actors as maximizers of their perceived personal interests and utility theory gives analytic expression to the concept of "maximizing personal interests." A choice will be made if it maximizes utility, irrespective of its effect on other persons; thus RCT makes no judgment about the morality of a choice. Microeconomic theory then becomes a study of the joint behavior many RCT actors performing utility maximization.

A subtle point of RCT is that all economic actors are required to maximize their utility functions. This simplifying assumption sidesteps thorny issues of motivation and morality, and leads to a seldom spoken belief about RCT - that it is morally neutral. The usual argument is that a maximizer is free to choose an entirely self-serving utility function, an entirely group-serving utility function or any mixture of these. Since in a liberal interpretation of RCT, each player is free to choose his utility function, this argument has some validity. But under the assumption that are utilities are increasing functions of wealth, the argument fails because utility maximizers are then playing a non-cooperative game, and as we will show, a bunch of utility maximizers playing a game for money in no conventional sense behave "morally".

This work has three main purposes: (1) to place RCT into a larger framework that incorporates a concept of ethics, (2) to show that conventional morality is afforded a mathematical expression in this framework, and (3) to show that within this framework, RCT leads to actions that in a conventional sense, are immoral.

Overview

The proposed framework will be called ethical choice theory (ECT). Unlike RCT, ECT is choice-based, not imperative. Rather than asserting behavior, it recognizes that individuals can select their intentions as well as their actions. ECT assumes that man has free will, in the sense that he is free to think and act independently. It does not require that each player maximize a personal utility function, nor that he exclusively serve the general welfare. Instead, ECT leaves the choices to the players and examines the consequences of those choices.

Second, a crucial distinction is made between intention and action. The closest that standard theory comes to modeling this distinction is the inclusion of "noise traders" in efficient market theory and Simon's bounded rationality model. Noise traders are obviously incompetent if their intentions are self-serving and foolish if they are not; their very existence acknowledges that not all players are rational. In the case of bounded rationality,

players are assumed to be self-serving, but make imperfect decisions due to limited data and computing resources. Both approaches are unsatisfactory. The existence of noise traders, whose actions are assumed to be random, or of individuals who are computationally-impooverished, implicitly assumes that all economic actors have self-serving intentions, but may make imperfect decisions due to poor gamesmanship or computational constraints.

Once the distinction between intention and action is accepted, RCT as currently formulated fails to hold if there are players with different skill levels, that is, players whose intentions are self-serving, but whose skill in carrying them out is widely different. Moreover, it completely ignores players whose intentions are not primarily self-serving. This is most convenient because issues of fairness and morality, for which the theory has no place, are implicitly ignored. Shall a player be allowed to "die" because of lack of skill? Apparently so.

Third, the proposed framework avoids the scientific mistake of assuming that all players entirely self-serving, allowing instead for players to select their intentions through free will. In order to emphasize the implications of freely chosen intentions, two polar cases are treated first | (1) pure self-service, and (2) pure group-service. Following this, mixtures of the polar types are analyzed.

A surprising by-product of the analysis is an analytic way to measure "ethical" behavior. In effect, there are two distinct versions of morality depending on one's polar intentionality. From the viewpoint of the self-serving, those who are group-serving pursue inferior strategies. And in evolutionary models, inferior players die out; thus morality from this viewpoint is "survival of the (economically) fittest." But from the viewpoint of the group-serving, the self-serving act "unethically." This latter view captures the usual sense of ethical action.

Given a particular game and a strategy for playing it, one can associate the expected outcome with a number between 0 and 1, where 0 is the self-serving outcome and 1 is the group-serving outcome. A strategy's score near 0 indicates an enlightened action from the self-serving viewpoint and an unethical strategy from the group-serving viewpoint. A strategy's score near 1 indicates an inferior, "exploitable" action from the self-serving viewpoint and an ethical action from the group-serving viewpoint. Strategies may have values less than 0, and these are associated with retaliation and revenge. From the self-serving viewpoint, they are also exploitable but not so much as group-serving ones; from the group-serving viewpoint, they are more misguided than unethical.

The new framework can be extended to metagames that model a struggle over which types of games to play. For the self-serving, the preference is for games that penalize naive self-serving and group-serving strategies. For the group-serving, the preference is for positive sum games; zero sum games are strictly avoided.

There is an almost laughable irony revealed by the new framework. As the conclusion will argue, there can be no real communication between polar opposite types of players, since the very terms by which they represent their "utilities" are incomparable.

August 27, 2011

LYNN F. PRESENTS:

Why Do I Love?

Why do I Love? Why do I care? In the past several months, this question has gone beyond a whimsical curiosity. It has been the hinging point of my polarity. I have heard many of my friends and loved ones speak of me as a brilliant beacon of light- a woman with a pure and caring heart. I know that others look up to my determination to sacrifice and serve, and therefore it is to very few people that I express just how dark my heart often becomes.

Many people I know are afraid of the darkness, or they at least have a healthy abhorrence of it. To them, the shadow is a place of horror- a place they have no desire to go. It is easy for them to turn their backs on the calls of demons, and their perseverance through persecution drives the brightness of their light ever higher. For these people, there is no question as to which "side" they are going to take. The light is the natural choice. I envy these people.

To me, the darkness is a siren's song. It wraps around me, and the knowledge of its power comes naturally to me. To manipulate others, to feed on their energies...these are things I have known how to do since I was a child, and throughout my life they have benefited me. So very, very often the dark path goes beyond just flashy physical appeal...it makes sense. It is something I can vividly picture myself following.

Unbeknownst to others, quite often it is only the thinnest of spider's threads that keeps me attached to the open heart. In reality I am rather bad at being good, and so very good at being bad. It is easy to keep up appearances- to smile at my friends, to say my prayers, to comfort others when they are down, even when I can't bring myself to truly care. It would be so easy to snip that tiny thread and go plunging off into the darkness. It would be so easy to shut my heart, and cut off the empathy that constantly drives knives into my skin. When my heart is closed I do not feel the pain, I do not hear negative voices snarling in my head, and I feel a rush of power within me. I feel on top of the world. So why, why does that thread remain, straining to carry the weight of all my sadness, anger and frustration?

For most of my life I lacked the answer to this question, and yet, even when it made no sense at all, I still clung for dear life to the light, even as I felt the shadows creeping up my legs, even as my heart became so dark that the presence of kindness and acceptance became revolting and caused me to recoil. I held on desperately, trying to cry but finding only a growing numbness where that endless well of Love was supposed to be.

In the end, it was a trait often associated with the dark path that explained my desire for the light. My cold and raw intellect- thoughts detached of feeling, devoted solely to reason. I broke down the concepts in my mind, dissected them, studied and experimented on them, like a mad scientist, trying to understand what it was that pumped Love into my heart even as it was turning black. And after many hours of puzzling over this equation of Love, my efforts finally produced a product that made sense to me.

It is a fact that the only thoughts and the only actions I can truly control are my own. It is a fact that, in spite of empathy or even a gradually evolving telepathy, my own heart, at this point in time, is the only fragment of the Creator whose intentions I can truly, deeply know on all levels. Therefore, as far as I know, I could be the last person on the planet who still cares about anyone. As far as I know, if I stop caring, there could be no one left to care in the world. And it is a fact that I have no desire to see a world where no one cares. If the planet stops caring, I can't see us as anything but doomed.

It is also a fact that I like to be treated well by others, and it is only logical that I would treat them in the way I desire to be treated. It isn't a balanced equation, to put cruel acts in at one end and expect kindness to come out the other. If I don't listen to other people, why should they ever listen to me? If I don't help them when they

need it, who can I ever count on to come to my aid? I have tried to believe I am beyond the need for assistance in any situation- that my own will can get me through it all, but that is nothing but blind arrogance howling like the wind, and I think everyone knows it. Without the help of others, I would not be in this incarnation, sitting here with you right now. It is the Love and kindness of others that has preserved my will to live when there seemed to be no reason to go on.

Yet when I look at these reasons, they all still contain my own needs and desires. And isn't it so with everyone? We help others because it makes us feel good about ourselves. It gives us a sense of purpose, accomplishment and belonging. We may help someone in a way that is sacrificial, even going so far as to die for them, but there is always a degree of mental compensation- the reassurance that "I am doing the proper thing. The right thing. I am a good person." If helping people felt bad in every sense of the word, I can't picture anyone doing it.

As the realization of how we are all One grows in each of us, we realize that to hurt another soul is to hurt ourselves, and to help another soul is to help ourselves. There are few who would stab themselves in the foot, yet hurting another is essentially the same concept. We refrain from hurting others to prevent our own pain, to maintain our own wellness. In the end, every single action is service to self, because, in the end, there is only one self to serve.

We are not so different from our dark brothers and sisters. We constantly think of our own comfort, and strive to preserve our peace of mind, body and soul. The only difference is that they, when they see an ailing body part, prefer to cut it off to preserve the integrity of the rest of the structure. They see weakness as a disease that will contaminate the portion of the Creator's body that they are steward of. Those of us on the positive side of things prefer to go to the doctor for healing, in hopes of restoring the structure to its full capacity, even if it is painful, takes a long time and could possibly make us vulnerable. We see maintaining the whole as the smartest option. Both techniques have been used by many throughout the ages. And no matter how much anyone may want to argue about which technique is more effective, both are at least adequate, and both lead to the same place.

For many Love is a concept beyond reason. It is a squishy feeling that takes us to giddy places. It involves things like faith and rainbows and walking off of cliffs and believing there will be an angel down there somewhere to catch us. But for me, reason is the thing that moves me to Love. Because in my mind, in spite of its nonsensical nature, ultimately Love makes sense. All the arrows point to Love. It is unavoidable. It is a variable in the experiment, and the results cannot be recorded properly without recognizing it.

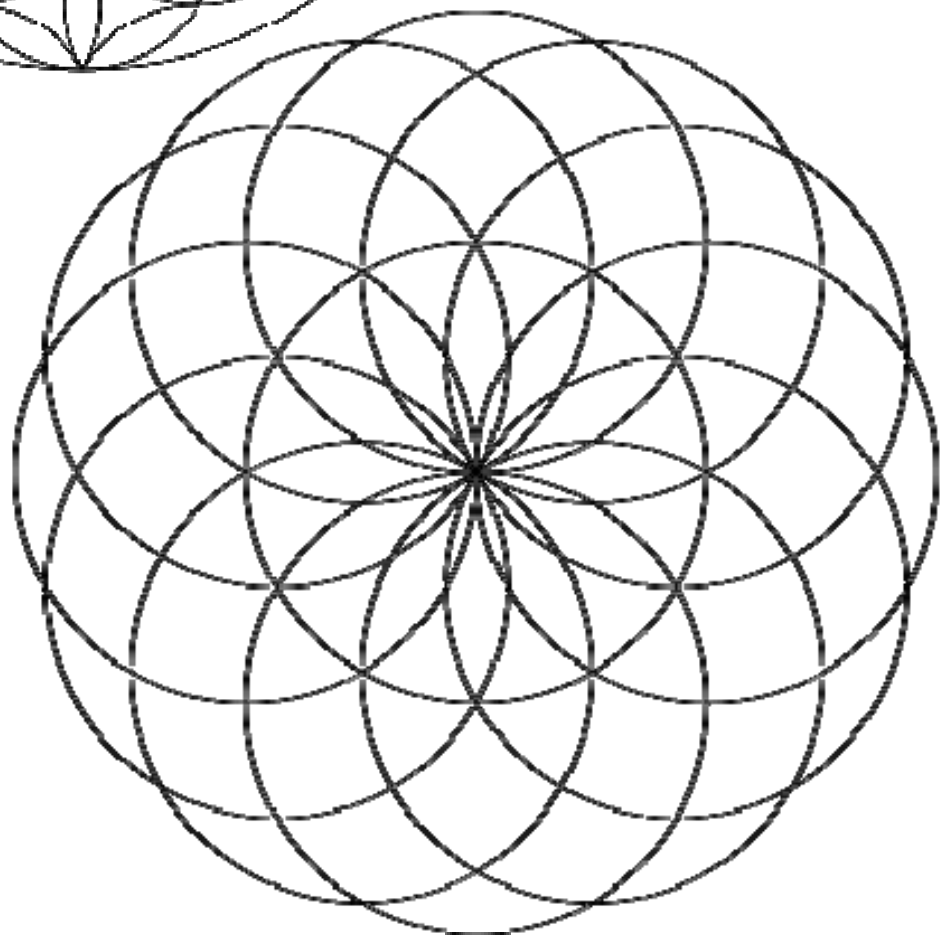
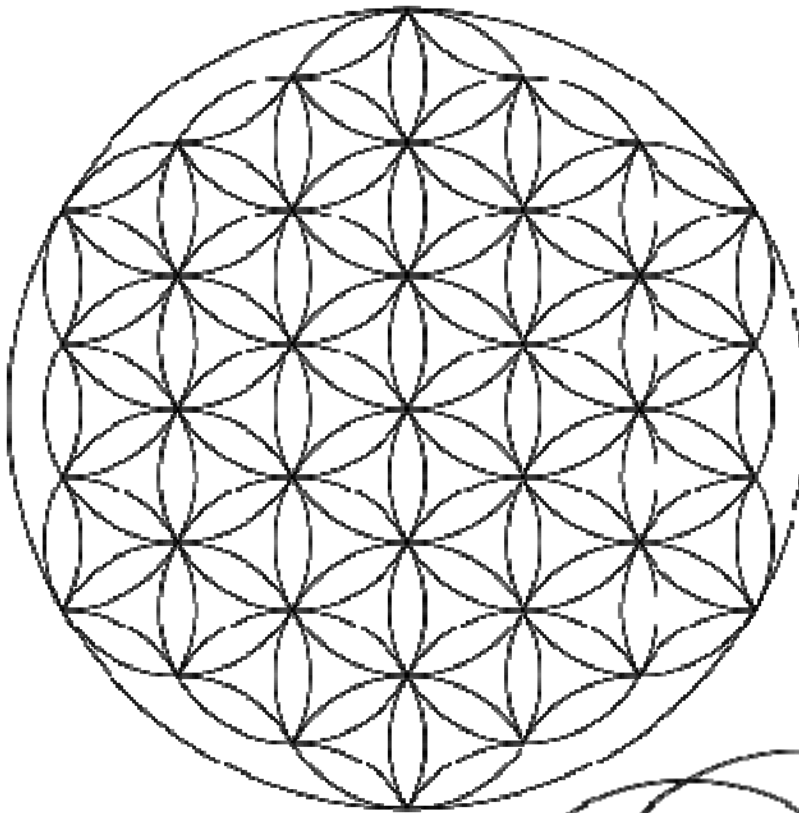
I am keenly aware of how cold and detached my words may seem, and yet when I feel Love, I feel it in all of its glory. Even if I turn to it out of a logical approach, its touch is no less warm, and the tears it brings to my eyes are no less sincere. Love accepts all, in whatever unique way we happen to be wired, and that is the whole of it. And I suppose that is the deepest of reasons why I turn to the light.

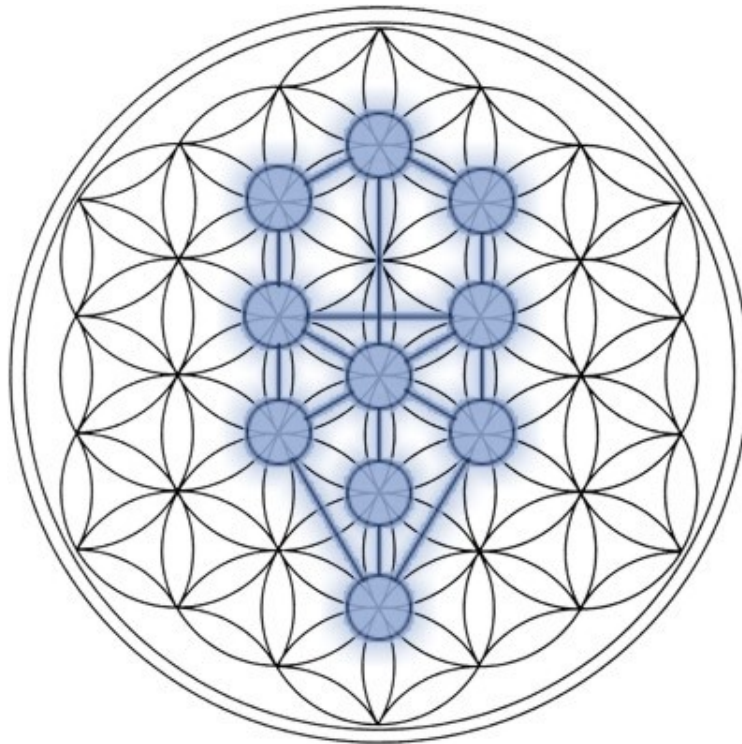
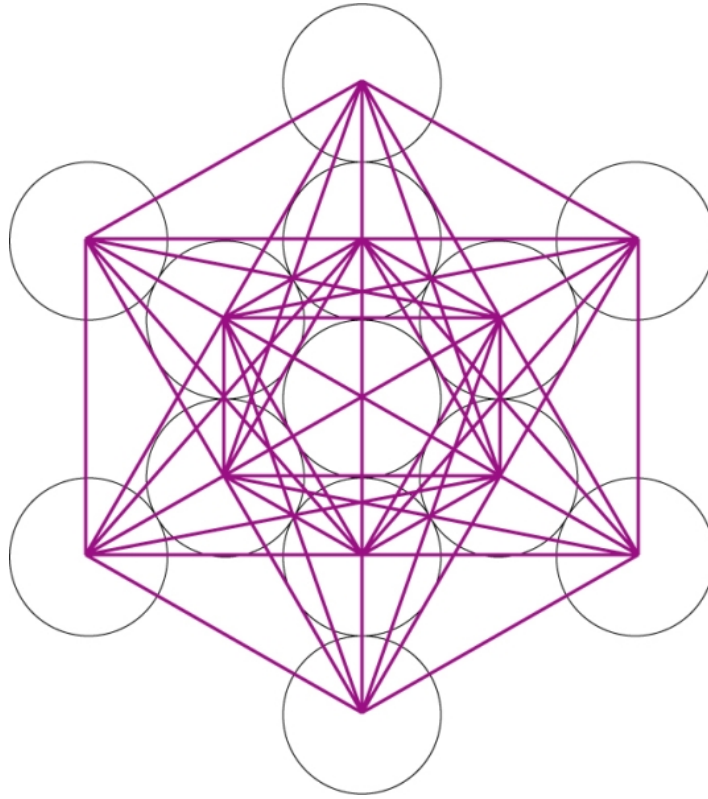
I have constantly fretted about having a place in this universe. I have often felt as if no side could ever fully accept me...that true polarization was impossible when I could see the reasoning behind both sides so completely. When I realized that, in the end, it doesn't really matter what you do, because no matter which path you take, it is always Love that waits for you at the doorway to that next great adventure. But Love has already given me a place. Love whispers that wherever I am, whatever I am doing, He is right there beside me, watching with interest, smiling as His creation explores what it means to Be. With Love, the entire universe is my place. With Love, everywhere I step is home.

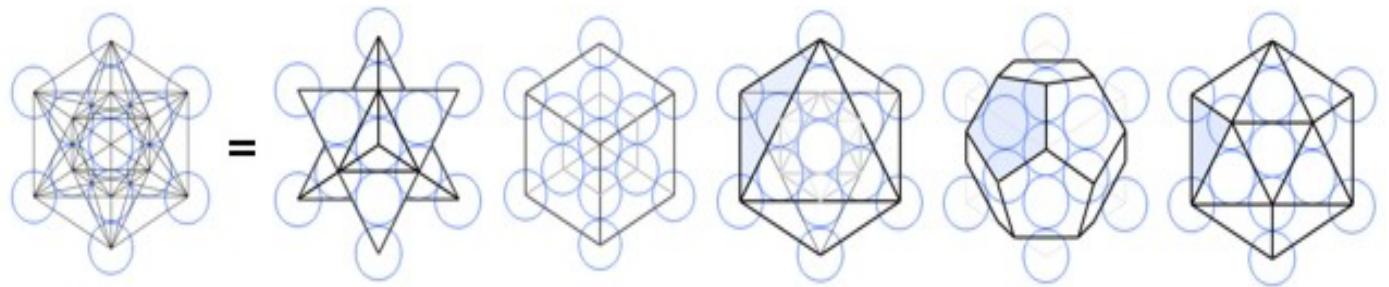
I have fantasized about many places I'd like to go after this life is over, but at this point I have no way of knowing exactly what will happen or where I'll end up. And in time I've realized it doesn't so much matter. The only thing I know for sure is that love will be there to guide me, now, then and forevermore- never turning away, even if I try to pretend it is not there, and I suppose, when you really get down to it, that is all anyone ever really needs to know. Love is my shadow and the air that I breathe. Love sees no difference between light and darkness.

Love does not see good and evil thoughts battling inside of me, Love just sees me. That is why I choose to walk by Love's side. That is why I care. That is why I AM. And that's enough for me.

KEN W. PRESENTS
Sacred Geometry







Metatron's Cube

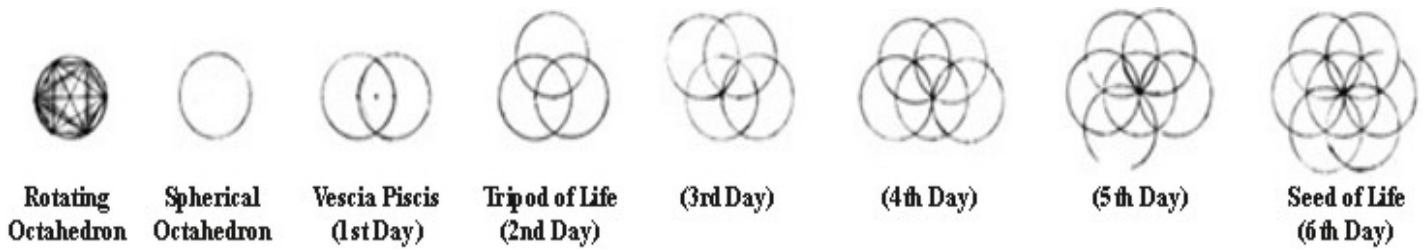
**Star Tetrahedron
(Star of David)
(Aura)**

**Hexahedron
(Cube)**

Octahedron

Dodecahedron

Icosahedron



**Rotating
Octahedron**

**Spherical
Octahedron**

**Vescia Piscis
(1st Day)**

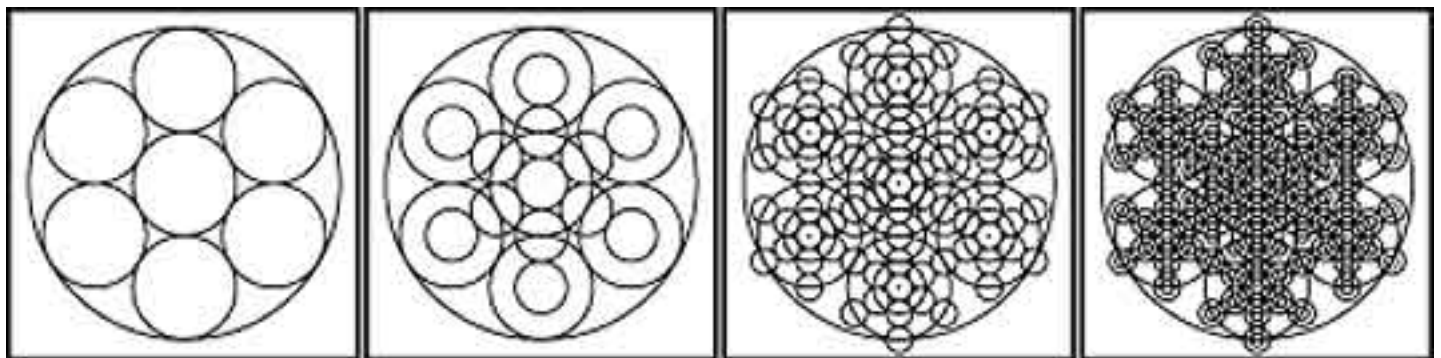
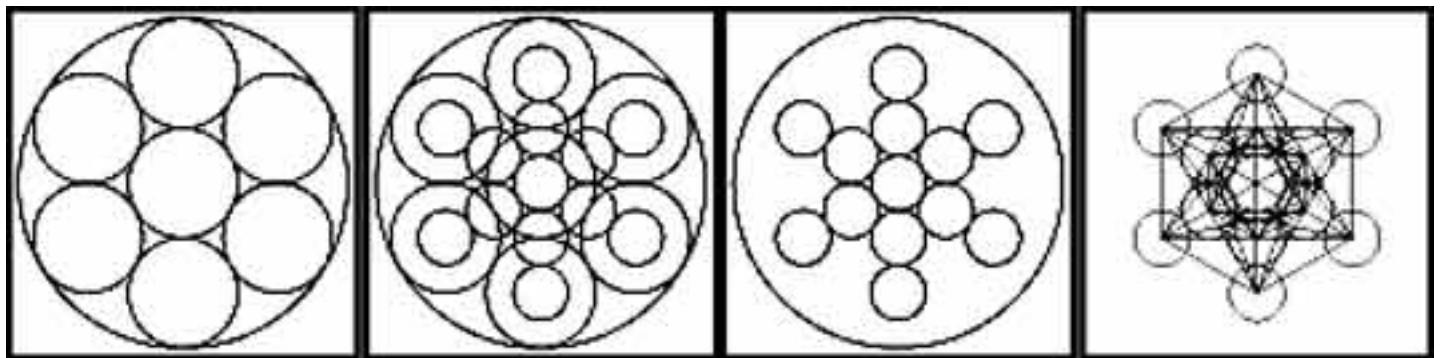
**Tripod of Life
(2nd Day)**

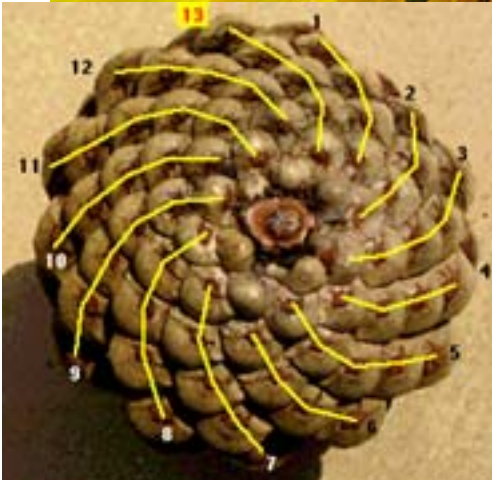
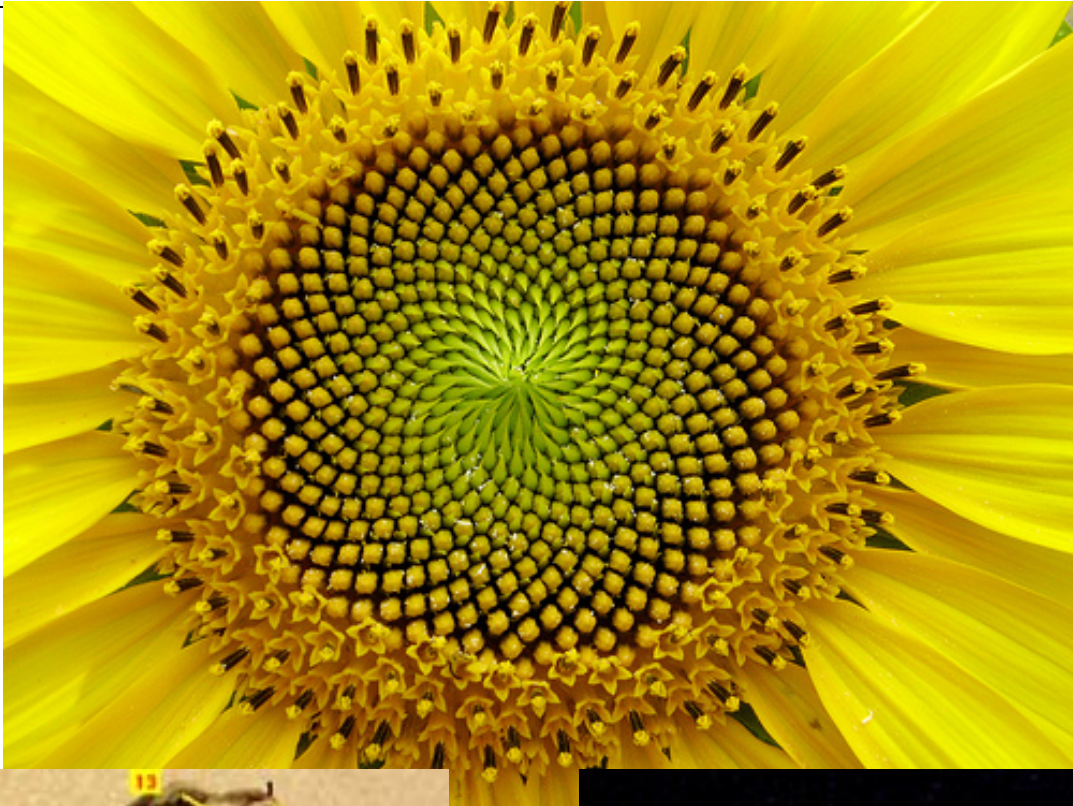
(3rd Day)

(4th Day)

(5th Day)

**Seed of Life
(6th Day)**





EDDIE E. PRESENTS:
Secrets in the Stones

I will begin by recapitulating one of the points I made at a previous Homecoming. The Universe is holographic. The entire plan of Creation is present in each infinitesimal portion of the Universe. Infinity exists in potentiation in each minute part. The tree next to us, for example, exists, but it is not an absolute certainty apart from our perception of it. The tree as a whole, and each cell and each atom that comprise it, exist as probabilities. We select, from among the infinitude of possibilities, one of those as the greatest probability. We project the intent of that probability, and that, then, is what we perceive. The fact that we all perceive the tree means that we all are working in intelligent harmony. This, if you ponder it, is quite a miracle. We all have selected the tree as the greatest probability; together we project the intent of the tree into the hologram, and together we perceive it. The reason we perceive a tree, and not, for example, a lenticular craft full of Pleiadian space-brothers, is merely because we have chosen the tree to be the most probable occupant of that space. Both are equally possible; we have decided that the tree is most probable.

We are limited, then, by our thoughts and beliefs. In part, this limitation is an artifact of incarnation in third-density space-time. We are here to learn, and constraints have been placed upon our perceptive abilities, in order that we may learn in a thorough and orderly fashion.

This is not the only source of our limitation. Whether we realize it or not, here, in 21st century Western society, we are heavily influenced by Newtonian and Cartesian logic; and we are further bombarded, daily, by negative messages from Archonic forces which hope to keep us ignorant and enslaved. For most of us, then, our thoughts and perceptions are hampered and confused by multiple filters.

However, as most of you will recall from the study of the Law of One material, we have iterations at all levels of the Octave of Creation. From our current perspective here in 3rd-density space-time, it appears that our 4th-density selves, our 5th-density selves, and so on, are in our future; but since we know that the Universe is holographic, and that all possibilities exist instantly in potentiation in all parts of the Universe, it follows that all of our iterations exist now. Therefore, we have, potentially, internally, access to the thoughts, perceptions, and creative abilities of our other manifestations at all levels of creation. When we awaken to our true natures, we may realize, then, that internally, we may connect to a fountain of knowledge that dwarfs, in its scope and brilliance, the ordinary sources of knowledge we have been conditioned to accept here in our current state of perceived existence.

We are now in the time of waking. As you awaken, you may find yourself connecting to other parts of this greater fountain of knowledge. In fact, it happens already, and has always happened, as our other iterations have always existed, and have always been connected to us. Be we have been conditioned to reject these connections. We pass them off as fanciful dreams, random thoughts, or impossible fantasies. The task now is to recognize these events for what they are; gifts real and valuable.

At first they occur in a pattern that appears to us not to be a pattern at all; irregular, uncontrollable, often manifesting at improbable times and places. Other confirming events occur with these connections. It is fashionable nowadays to describe these accompanying confirmations as “synchronicities”. The Universe is playful, and is not above having a joke at our expense; and this is what it perceives, when we reject synchronicities. But in any incarnation, we may spend months or even years, studying and preparing for a synchronicity that may lead to a single, simple moment of profound cognition. When we are alert, when we recognize and accept the synchronicity for the confirmation to connection that it is, great progress can result.

Several years ago, one summer evening, I was seated at my computer, when one of these connections happened. Apparently “spontaneously”, I began recovering memories from several of my “previous” lives. This happened over the course of perhaps a half-hour, and again to a lesser extent the next evening. One of those memories was from Neolithic times, at a place in England that is today known as Avebury. There is a famous stone circle there, reputed to be the largest in the world.

There is a woman in Britain, named Vikki, whom I consider to be one of my dearest friends, even though I have not seen her for nearly thirty years now, and have lost contact with her. In that Neolithic life she was my wife. Our home was at Avebury, right next to the circle, and directly facing it. Indeed at that time it was the only house near the circle. In my memory, we are a young couple -- I am about 20 years old, and she is perhaps 17. We are standing in front of the home, holding hands, and gawking at some men who are in the stone circle. There are six or seven of them, dressed in coarse woolen trousers and sleeveless tunics. They are doing something to the stones.

One of the men has climbed up one of the stones from the other side, gripping it with his arms and legs as if he were shinnying up a tree trunk. His head peers over the top. He is facing us, but he does not see us. Even from our distance (25 yards or so) we can see that his pupils are wildly dilated; he looks like an overstimulated cat.

(Subsequently, years later, I realize that the man upon the stone is also one of my best friends from this life. I don't know why it took me so long to recognize this, as he looked the same in that life as in this; the resemblance is remarkable. When we reincarnate into the same race and sex as before, we tend to produce the same appearance.....yet more evidence that it is consciousness that creates form, and not the other way around.)

Now -- what could be the significance of this memory, and why did I recover it at that time?

During the past several years I have had periods of extraordinary mental clarity, lasting for minutes or sometimes hours, during which I connect to that larger reality I mentioned earlier, and in those moments, the knowledge from that fountain gushes in. I have learned not to disregard these things, but to accept them; and the learning from each episode builds upon that from each previous one. And during these times, and especially this summer, the synchronicities have likewise cascaded down upon me, each one affirming a new learning, and anchoring it in my mind; here is some of what I have remembered and learned.

People in modern times are fascinated and mystified by the stone circles and other megalithic ruins. Folks just cannot ascertain why (and how) these structures were built, but that confusion stems from the fact that their thinking passes through those aforementioned filters.

There was a time when we had not heard of Isaac Newton or Rene Descartes. We had no calculus and no Cartesian coordinate system; but our minds were no less inquiring or industrious. We viewed our existence and our environment from a different frame of reference. We recognized that all things are animated by Divine energy, and we imposed no discreet distinctions between the man and the stone, between the tree and the sky. We realized, in our own way, that ALL is divine energy; and that, to the degree that our consciousness is raised, so to that degree are we able to harness and manipulate that energy.

Archaeologists have noted the apparent alignment between the stone structures and recurring celestial events, and some have pronounced them to be “calendars”. It would be a frivolous waste of time and energy to move and erect dozens of 15-ton stones to produce something that could easily be scratched out on a flat rock, would it not? Yes, there are definite alignments, but these Megalithic structures were not merely expensive cosmic timepieces. They were nothing less than powerful and sophisticated machines designed to collect, store, transmit, and distribute Divine energy for the good of all.

One of the tragedies of modern incarnation is that we have forgotten who and what we are. We have forgotten our roles, our importance, in the energetic cycling of the Universe. We are not unhappy mortals trudging blindly through pointless lives. We are great and powerful beings, connected and manifested at all levels of Creation, and we have definite and important roles to play in the movement and utilization of Divine creative energy at each one of those levels.

The Divine Ray of Creation originates with the Creator. It passes from the Creator to each Logos -- each galactic center -- where it is processed and "stepped down" into a form more usable by Sub-Logoi -- stars -- to which the energy then proceeds.

Now, as this energy arrives at a Sub-Logos (for example, our Sun), not all of it is usable by that entity. Modern astrophysicists, who have no understanding of the true nature of cosmic energy, tell us the preposterous tale that our Sun is a fusion reactor, and that all of its energetic output comes from within. But the Sun's corona exhibits a temperature in excess of one million degrees Kelvin, while its surface is only about 5800 degrees Kelvin. The astrophysicists have no satisfactory explanation for this. But as the electrical engineer Wallace Thornhill points out, the phenomenon is entirely explicable if we admit that the Sun's energy comes from without. There is a strong voltage rise in the plasma surrounding the Sun as we approach the Sun's surface; a sudden and sharp voltage drop at the surface; and then a strong rise again inside the interior of the Sun. Thus the Sun acts as a P-N-P (Positive-Negative-Positive) transistor. It is filling its divine role as a receiver, collector, transmuter, amplifier, and redistributor of divine energy.

From our Sun, a Sub-Logos, the divine energy then proceeds outward to the Sub-Sub-Logoi that are associated with it. The Earth is one; we, also, are Sub-Sub-Logoi.

When the energy arrives at the Earth, the transistorial phenomenon is recapitulated. Some of the energy is immediately useful to the Earth, and she absorbs it. Some is not immediately useful, and that portion tends to linger as a sort of static charge just above the earth's surface, rather like the Sun's corona.

The amount, or proportion, of energy not immediately usable by the Earth is not fixed or immutable. We, too, are Sub-Sub-Logoi; and we take in some Divine energy, utilize it, transform it, and disperse it. We have the ability to process much more of it than we do.

Once, we understood this. We knew that Divine energy that has not immediately entered the Earth is available to us. It enters through our feet, and proceeds upwards through our chakras, where it is split into red, orange, yellow, green, blue, indigo, and violet rays; we are energetic prisms. As these separated creative rays emerge from us, they are now transformed in such a way as to be usable to the Earth, and use them she does. We are an important link in the chain of Creation!

As we speak of energy, let us realize that we may define and categorize energy in various ways, depending upon what we find useful. Most of you will be familiar with the concepts of Yin and Yang, Yin being the female, or passive or accepting component of dualistic energy; and Yang being the male, or reaching or aggressive component. It is the interplay of Yin and Yang energies that powers third density, that makes it go.

So now we come to the stone circles.

Geologists divide rock minerals into various types. Most of the commoner rocks comprising the Earth fall into one of two categories; they are either silicate rocks, or carbonate rocks. Silicate rocks have Silicon as one of their primary constituents; examples include sandstone, quartz, quartzite, granite, schist, and basalt. Carbonate rocks are composed of an alkaline-earth metal cation, such as Calcium or Magnesium, joined to a carbonate anion. Examples include limestone, dolomite, and marble.

Now it happens (and you will just have to trust me on this, as it comes from one of those inner knowings in advance of anything recognized by current science) that silicate rocks are physical manifestations of Yang, or male, energy, while carbonate rocks are physical manifestations of Yin, or female, energy. And these rocks are not only manifestations of their respective energies, they are excellent conductors of those energies as well.

The megalithic structures of which we speak are composed of silicate rocks in some cases; of carbonate rocks in other cases; and of combinations of silicate and carbonate rocks in still others. The famous circle at Stonehenge is an example of the latter. The carbonate rocks at Stonehenge are relatively local, but the silicate members -- the "Bluestones" -- were quarried from the Preseli Mountains in Wales, some 200 miles away by land, and brought all the way to the Salisbury plain. To have been worthy of such a journey, the bluestones must have been deemed exceedingly suitable for their intended purpose; and, as we shall later see, indeed they were. The Bluestones are quartzite, and they have a very high silicate content. They are outstanding conductors of Yang energy.

Those of you who have developed enough curiosity about the stone circles to have studied them, will have read that they are placed on what the English call "ley lines". Ley lines are the energetic arteries of the Earth. Just as our blood circulates through us in arteries and veins, so does the earth's energy move about in defined channels. It does not move homogeneously in an even flux.

The bedrock of the Salisbury plain in England is primarily chalk -- a limestone -- a carbonate rock. So where silicate megaliths, such as the Bluestones, penetrate the chalky landscape of Wiltshire, we have powerful conductors of male energy penetrating a landscape which is a manifestation of female energy. These structures were built to facilitate the concentrated transmission of divine sexual energy!

How did we direct such energy into the stones? It was through dancing.

In those days, there were dances that belonged to men, and dances that belonged to women. They were not social dances such as the ones familiar to us today. They were done at specific times for specific divine purposes.

So we, those men who were the dancers, would dance inside the circle, in dances that could last unbroken sometimes for hours, or even all night, as a means of concentrating and directing our male energy. The Earth is a female consciousness, and in order to be properly healthy and happy, she needs wisely directed infusions of male energy at regular intervals. Male energy, unfocused and random, can be corrosive. Focused and directed, it can be constructive.

So when the Earth needed it, as at the Winter solstice, when she was cold and barren and drowsy, we would gather inside the machines, and dance, and summon our male energy. It would pass from the static layer of unfocused energy at the Earth's surface, in through our feet, and out through our chakras, into the stones, and be transmitted into the Earth's energetic arteries; and she would be refreshed, renewed, and gladdened. We were the husbands of the Earth.

Some of you may have spent some time in Britain, or have been involved in folk-dancing; and perhaps you are familiar with Cotswold Morris-dancing. We think of south-central England -- Oxfordshire, Gloucestershire, Wiltshire, and Dorset, as the home of Cotswold Morris dancing; and it is this very area where the greatest and most impressive megalithic structures are. But interestingly, everywhere that the standing stones are -- from Britain, through Normandy and Bordeaux, down through the Basque country and Galicia, and Portugal, and even on around to the coast of Morocco and Sicily -- everywhere the stone circles are, there are traditional dances, always done by men, that look like Morris dances. And those dances have been present for so long, that "the memory of man runneth not to the contrary". Their origins seem to be lost in the mists of time, but they are dim echoes of those dances we did, 4000 years ago, to send our energy into the earth.

The foregoing discussion should not be construed to imply that women had no role, for they were just as much a part of this energetic system as the men. As we noted earlier, there are carbonate rocks used as megaliths; these are conductors of female energy. When the Earth is happy and healthy, she has female energy to spare. So the women dancers would dance their dances around and within the carbonate stones, and summon the female energy from the Earth; it would pour out from the stones, and be used for healing and growth and prosperity. And where the carbonate and silicate stones were together, there were dances for fertility, so important to us -- the male and female energies were employed for procreation and recreation.

The women's dances once were, of course, as widespread as the men's; but for 1000 years the Roman church worked tirelessly to stamp them out, and now, sadly, they are lost to us; not even shadows remain.

If we may again borrow an analogy from the electrical engineers, these machines were the positive and negative poles of the great battery of Divine energy; and also step-up and step-down transformers, distributors, and rectifiers. They provided us with all we needed to live symbiotically with Earth. I sound as if I am waxing bucolic here, but I must speak what I know: when these machines were all up and running, the sheep and cattle were large and fat; the barley kernels were plump on the stalk; and there was bread and beer, meat and wool, health and abundance for all. Indeed, the fame of these machines spread all across the ancient world; and from all over, from across Europe and from Egypt, Mesopotamia, and Persia, the curious traveled to ancient Britain to learn about them.

Let us return now to my account of my memory. Why did we live next to the stones?

One of the realizations I had during one of these episodes of connection, was that Vikki and I were what now might be called principle dancers; though young, we were so good at the dances, that we taught, organized, and led them; and when solo dances were necessary, we were the soloists; thus, the place of honor next to the stones at Avebury.

During the time I was mulling over this essay in my mind, and having these revelations, I had been re-reading one of the Seth books, a page at a time during idle moments. Immediately after having received the memory about our role in all of this, I opened up the book, and began reading where I had left off. The very next paragraph was about dancing, a subject which Seth almost never addressed! It was one of dozens of synchronicities which accompanied these connections.

What, then, of the men in the circle?

They were the movers of the stones. Archaeologists have created a fanciful image for us, of hundreds of villagers, huffing and puffing, straining at immense ropes, hauling the great stones across the countryside. But the transfer of the stones didn't happen that way. Only a handful of men -- six or seven, or eight at most, were required. They understood, to some degree, the role of sound in the creation of matter; and they were able to utilize this knowledge to neutralize the weight of the stones. This did not mean that the job was not difficult and dangerous, since, while the stones could be made weightless, they still possessed mass, and therefore, momentum; an analogy could be made to a small group of men pushing a heavily laden boat through a shallow body of water.

The men would get a stone at the quarry, lay their hands on it and make it weightless, and move it to the construction site, a journey that could take many days. They would take a break to rest, and then go back for the next stone. When they had all the necessary stones on site, they would prepare the stones for their roles, and only after this preparation would the entire community be called together to work. Everyone would chip in to dig the holes for the stones, and to backfill when they had been emplaced.

Even in those days, the knowledge of how the stones were moved was esoteric; and even in the busiest of construction phases, it was held and transmitted by a small, select group of men. These were the first Masons.

They lived their lives this way, building a structure from start to finish, supported by the local community; and when one structure was completed, on to the next job they would go. From Neolithic Britain this tradition continued onward all the way to the construction of the great Gothic cathedrals of medieval Europe.

We have come, now, to the crux of the matter. Why is this knowledge important to us now? What significance does it hold?

We are now in a time of transition. It is the appointed time for the Earth to move into 4th density, which requires and accommodates a stronger light, a greater dose of divine energy. And the Sun, our Sub-Logos, is doing his part; if you have followed David Wilcock's work, you will know that insolation is latterly increasing throughout the solar system. In this time, we were supposed to use our ability to process and transmute light, to send more divine energy into the Earth, so she would have the energy necessary for her metamorphosis. But we have been stifled and sidetracked, and we have forgotten our responsibility; and this extra energy, which should have been transmitted into the Earth, has no where to go. It is hanging around the earth's surface like some giant static charge.

Energy is neither good nor bad; it is simply energy, but it must manifest itself. If it is not directed and employed in some other fashion, it will manifest itself as heat.

This summer, the continental United States have baked. We are experiencing one of the hottest summers on record. Where I live, in central Kentucky, temperatures this summer have averaged about 6 degrees Fahrenheit above normal. This may not sound like much, but paleoclimatologists tell us that, during the height of Pleistocene glaciation, temperatures were only about 7 degrees F lower than at present. So six degrees is greatly significant. The Earth, and her inhabitants, will experience profound discomfort and disruption if this additional instreaming energy is not properly managed. We have not only the ability, but the responsibility, to do this.

Those of you who attended the 2009 Homecoming might recall the presentation I gave there, during which I recounted an event in which I was contacted by humans from our future, accompanied by what I can only describe as a Pleiadian. They urged me to get others to meditate regularly, and that in particular, we should teach and encourage children to meditate. I believe now that this is at least one of the reasons I was contacted then, to prepare me to urge my fellow humans to resume our proper roles as mediators of the Earth's energy balance.

We, here at Homecoming, are a select group. You did not arrive by chance. You are awakening, and you have all, to some degree, accessed that fountain of greater knowledge. Each of you brings something special to this important way station in our journey, something you bring from one (or more) of your other iterations. Perhaps you were a priest in Old Kingdom Egypt, or a shaman in the Amazon; maybe you were a student or instructor in one of the ancient mystery schools, or were a priestess in Atlantis; possibly you danced with me through the stones at Avebury, or you might even have come from some other system of reality, very foreign to this one; and certainly each of you has iterations at higher vibrational levels. Therefore each one of you has access to skills and knowledge that are needed in this time. I urge you to reach into yourself and bring them forth. The Harvest is nigh.

E. H. Earles 8-8-2011

FOX H. PRESENTS
On Discernment and Service

“Within third density your lessons have to do with how to magnify the light by the way you think and by the way you live. Then, clearly, if others have not requested your opinion or your action, and you press your words or your actions upon them regardless, you are no longer respecting their free will. You are no longer seeing them as equal to yourself. Rather, you have diminished them. You have ceased respecting them.”

Q’uo, March 13, 2010 http://www.llresearch.org/transcripts/issues/2010/2010_0313.pdf

“...we would like to look at the concept of service to others. We have said this before and we feel it is an important point—namely that service to others does not equal the pleasing of others. Service to others is acting in such a way that you are full of hope in attempting to share with your colleague thoughts of inspiration, love, compassion, peace and understanding. It is not always that which someone wants to hear, wants to see have happen, that will be of service to that entity. And it is your discrimination only that will allow you the grace to know just what your service will be.”

Q’uo, August 13, 1989 http://www.llresearch.org/transcripts/issues/1989/1989_0813.pdf

“In a situation which that particular ethic does not address, one gazes at the situation to discover how one can best express the love and the light of the infinite Creator. Some things are reasonably moot or arguable, yet a patient waiting and asking and listening within the inner realm of silence and meditation will yield for you the bias of feeling of compassion and love that will enable you to address the situation. In cases where even this is denied you as an ethical basis for making a choice, one must simply rely upon one’s own inner compassionate wisdom or light. That is, one must allow creative possibilities to move about within the mind to the utmost capacity of the mind to be intuitive, loose and creative. Each option, then, would be gazed at with an eye for compassion and wisdom.”

Q’uo, February 19, 1989 http://www.llresearch.org/transcripts/issues/1989/1989_0219.pdf

“There is a reason to know and claim that all is well. It is a simple reason. The Creator is love. You are part of the Creator. And you are part of that love. Every humble task that you accomplish is also a spiritually vivid and living task. There is nothing so humble that it does not sing of the beauty of the Creator. The ways of spirit are not the ways of humans. **There is no measure for service. All services are equal.** If you clean the bathroom with love in your heart, it is as much a service as if you heal or channel or teach with love in your heart and indeed if one who teaches or heals does not have love in her heart, you who clean the bathroom are serving more efficiently, more efficaciously and to a higher degree of beauty.”

“Think of yourself as one who appreciates beauty, and appreciate it in yourself. Your desire to serve is a beautiful thing, to be nurtured and encouraged, respected and supported by you whether or not another soul appreciates or supports you and your hopes and your dreams of service.”

“It is important, therefore, to begin with the knowledge that faith alone can give [the assurance] that all is well and all shall be well, so that when your life takes a turn and seems out of control you know that your purpose and your service endure and are as close to you as your breathing. **You cannot fail to be of service if you set your intention to do so. You can only fail to appreciate your efforts.** We encourage you to appreciate your own efforts, to respect your own intentions even when they do not seem to result in the service that you thought was yours, for all things are of service to one who loves.”

Q’uo, November 13, 2011 http://www.llresearch.org/transcripts/issues/2010/2010_1113.aspx

[The following quote requires a preface for those not familiar with the situation. Carla, Don and Jim, during this time period, were receiving psychic greetings from a fifth-density entity. Don was asking for Ra's help in determining a way to serve this entity, short of ceasing their contact with Ra.]

“Questioner: We have a paradoxical situation with respect to serving the Creator. We have requests, from those whom we serve in this density, for Ra's information. However, we have requests from another density not to disseminate this information. We have portions of the Creator requesting two seemingly opposite activities of this group. It would be very helpful if we could reach the condition of full service in such a way that we were by every thought and activity serving the Creator to the very best of our ability. Is it possible for you to solve, or for the fifth-density entity who offers its service to solve, this paradox which I have observed?

Ra: I am Ra. It is quite possible.

Questioner: Then how could we solve this paradox?

Ra: I am Ra. Consider, if you will, that you have no ability not to serve the Creator since all is the Creator. You do not have merely two opposite requests for information or lack of information from this source if you listen careful to those whose voices you may hear. This is all one voice to which you resonate upon a certain frequency. This frequency determines your choice of service to the one Creator. As it happens this group's vibratory patterns and those of Ra are compatible and enable us to speak through this instrument with your support. This is a function of free will.

A portion, seemingly of the Creator, rejoices at your choice to question us regarding the evolution of spirit. A seemingly separate portion would wish for multitudinous answers to a great range of queries of a specific nature. Another seemingly separate group of your peoples would wish this correspondence through this instrument to cease, feeling it to be of a negative nature. Upon the many other planes of existence there are those whose every fiber rejoices at your service and those such as the entity of whom you have been speaking which wish only to terminate the life upon the third-density plane of this instrument. All are the Creator. There is one vast panoply of biases and distortions, colors and hues, in an unending pattern. In the case of those with whom you, as entities and as a group, are not in resonance, you wish them love, light, peace, joy, and bid them well. No more than this can you do for your portion of the Creator is as it is and your experience and offering of experience, to be valuable, needs be more and more a perfect representation of who you truly are. Could you, then, serve a negative entity by offering the instrument's life? It is unlikely that you would find this a true service. Thus you may see in many cases the loving balance being achieved, the love being offered, light being sent, and the service of the service-to-self oriented entity gratefully acknowledged while being rejected as not being useful in your journey at this time.

Thus you serve one Creator without paradox.”

Ra, 67.11 http://lawofone.info/results.php?session_id=67&ss=1#11

“One may perhaps think of other roles which entities play in which the responsibility of the role which they play creates the seeming impression of one's will upon another. In all cases of this type, what is critical is not what is done but rather what the intentions are of the entity who is imposing his will upon another.”

Q'uo, September 12, 2009 http://www.llresearch.org/transcripts/issues/2009/2009_0912.aspx

“To those who feel that there is a question as to whether they are acting appropriately or whether they are moving beyond the bounds of acceptable influence and infringing upon another's free will, we might suggest that, in your mind, you turn the tables and see the situation as happening the opposite way, not from you to another but from another to you. If, in that turnaround, you see the goodness of your actions, you are most likely behaving appropriately and maintaining unity between yourself and the other self. If, when you turn the

tables, you realize you would resent such a thing were it to happen to you, then you know that you have infringed upon the rights, the peace, and the liberty of another.”

Quo, March 14, 2009 http://www.llresearch.org/transcripts/issues/2009/2009_0314.aspx

TOBEY W. PRESENTS
Report on the Ra Contact Relistening Project

Dropped lines restored

Session 1

You are part of a thought. You are dancing in a ballroom in which there is no material. You are dancing thoughts.

Session 1

We, too, have our place. We are not those of the Love or of the Light.

Session 1

This is not so with many of the entities of the Confederation. We found it was not efficacious.

Session 7

There is a certain amount of landing taking place. Some are of the entities known to you as the group of Orion. There is a certain amount of landing taking place. **Some of these landings are of your peoples.** Some are of the entities known to you as the group of Orion.

Session 12

Other sightings are due to the inadvertent visualization by your peoples' optical mechanisms of your own government's weaponry.

Session 14

It came to our attention that your density was distorted towards, what is called by our distortion/understanding **of third density, a premature aging process. we were attempting to aid in giving the mind/body/spirit complexes** of third density on your planetary sphere, more of a time/space continuum in one incarnation pattern in order to have a fuller opportunity to learn/teach the Laws or Ways of the primal distortion of the Law of One which is Love.

Session 15

Therefore, we can only encourage these lines of contemplation or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process.

Therefore, we can only encourage these lines of contemplation, **always stating the prerequisite of meditation, contemplation,** or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process.

Session 16

Questioner: Can you tell me what percentage of those are third, fourth, fifth, sixth etc., density?

Ra: I am Ra. A percentage seventeen for first density, a percentage twenty for second density, a percentage twenty-seven for third density, a percentage sixteen for fourth density, a percentage six for fifth density. The other information must be withheld. **The free will of your future is not making this available. We shall speak on one item. There is a fairly large percentage, approximately thirty-five percent of the intelligent planets, which do not fit in the percentiles. These mysteries are of sixth and seventh density and are not available for our**

speaking.

Session 18

The errors which have occurred have occurred due to the occasional variation in the vibrational complex of this instrument due to its ingestion of a chemical substance.

Session 20

Go forth, therefore, rejoicing in the power and the peace of the One Creator.

Session 67

You do not have merely two opposite requests for information or lack of information from this source if you listen careful to those whose voices you may hear.

You do not have merely two opposite requests for **service**. **You will find an infinite array of contradictory requests** for information or lack of information from this source if you listen carefully to those whose voices you may hear.

Session 91

Ra: I am Ra. The winged visions or images in this system are to be noted not so much for their distinct kind as for the position of the wings. All birds are indeed intended to suggest that just as the Matrix figure, the Magician, cannot act without reaching its winged spirit, so neither can the spirit fly lest it be released into conscious manifestation and fructified thereby.

Ra: I am Ra. The winged visions or images in this system are to be noted not so much] for their distinct kind as for the position of the wings. All birds are indeed intended to suggest **flight, and messages, and movement, and in some cases, protection. The folded wing in this image is intended to suggest** that just as the Matrix figure, the Magician, cannot act without reaching its winged spirit, so neither can the spirit fly lest it be released into conscious manifestation and fructified thereby.

Session 95

This should cleanse the house as you find it to the extent that it is neutral in its vibrations of harmony, love, and thanksgiving which this group shall then, as the incarnational experience proceeds, offer to the domicile.

This should cleanse the house as you find it to the extent that it is neutral in its vibrations. **We suggest that you then request of this living entity that it now be welcoming and absorbent for the vibrations** of harmony, love, and thanksgiving which this group shall then, as the incarnational experience proceeds, offer to the domicile.

Questions and answers not published before

Session 7

Questioner: You mentioned both our peoples and those of Orion coming here. What--Can you expand on that?

Ra: I am Ra. Your thought complexes did not match your vibratory sound complexes. We are unable to respond. Please restate your query.

Session 12

We will use this instrument as example. The portions of its ailment, as you call this distortion complex, that can be perfected in balance are due primarily to a blockage of the indigo ray or pineal energy center. This center receives the intelligent energy from all sources lawful within the one Creation; that is, lawful in this third-density distortion or illusion. If there is no blockage, these energies pour or stream down into the mind/body/spirit complex perfecting moment by moment the individual's body complex.

This instrument also experiences some distortion of the green-ray energy center which you may call the heart center. It is overly open due to an intensive desire distortion on the part of this mind/body/spirit complex towards service to others, or as you may call it, universal love. This entity, therefore, spends itself without regard to its reserves of mind/body/spirit complex distortion in regard to what you call strength or energy. This distortion is primarily due to the blockage of the indigo ray. As we have said before, the misapprehension distortion of the instrument responsible for this blockage is the basic orientation towards a belief in unworthiness. The unworthiness distortion blocks the free flow of intelligent energy.

The seventh or violet ray is unimpaired, this being not only an energy receptor but a sum total of the vibratory level of the individual. The other energy centers are also quite clear. The solution to healing in this case is action that puts into practice the peaceful understanding in humility distortion that the entity is one with the Creator, therefore perfected and not separate. In each case of what you would call ill health one or more of these energy centers is blocked. The intelligence of the mind/body/spirit complex needs then to be alerted either by the self as healer or by the catalyst of another healer, as we have said before.

Session 15

Questioner: Then it would be very beneficial for the people of this planet in practicing the Law of One to learn ways of service at this time. Am I correct?

Ra: I am Ra. You are correct. If you will observe those oriented through a lifetime experiential distortion complex from near the beginning of that experience, you will observe a relatively youthful, as you would call it, appearance.

Session 16

Questioner: [What contacts has the Orion group made with our planet?]

Ra: I am Ra. Approximately four five thousand [45,000] years ago an attempt was made. It was not successful. Approximately two six oh oh, 2,600, years ago the group sent an entity of social memory complex to this planetary sphere. This effort met with some success but was in the space/time continuum lessened in impact. Since approximately two three oh oh, 2,300 years ago in your measure this group has constantly been working upon the harvest just as the Confederation.

Questioner: Can you name the entity that they sent 2,600 years ago?

I am Ra. This entity named by your peoples, Yahweh.

Session 16

Questioner: I want to ask a questionable question. [I was wondering about cattle mutilations.]

Ra: I am Ra. The greater part of your so-called mutilations take place according to the ways of your second-density beings which feed upon carrion. A portion of these so-called mutilations are those which are of what you may call multi-dimensional type: a thought-form construct using various parts in order to have life and being in third density.

Questioner: Where do these thought forms come from?

Ra: I am Ra. This is a very ambiguous question. However, we will attempt to answer. Firstly, they come from the Creator. Secondly, they come from what you may call, lower astral in plane, thought. Thirdly, in construct visualization complex they reside in part beneath the crust of your frame.

Questioner: Are these one form in particular?

Ra: I am Ra. These entities may take any thought form associated with an emotion of fear or terror.

Questioner: Are these thought forms able to attack only cattle or can they also attack human beings?

Ra: I am Ra. These thought forms cannot attack third-density beings.

Session 16

Questioner: Do they ever use any, shall I say, gratifications of the physical body [through mental processes]??

Ra: I am Ra. They are able to do this only when there is a strong ability on the part of the receiving mind/body/spirit complex towards the perception of thought forms. This could be termed an unusual characteristic but has been indeed been a method used by Orion entities.

Session 19

Questioner: Then the confederation also aided in the second-density to third-density transition. Is this correct?

Ra: I am Ra. We must qualify correctness of this query. A portion of the confederation which is not working with third density but finds its aid best used in other harvests—that is the second-density harvest—is responsible for aid in these harvests. The confederation, as we have stated previously in these sessions, is composed of many of those in other densities, in your own density, within your planetary sphere, and within the inner or angelic realms. Each of those entities developing a mind/body/spirit complex, and then developing a social memory complex, and then dedicating this social memory complex to the singular service to the One Creator, may join the confederation.

Session 21

http://www.lawofone.info/show-diff.php?session_id=21&version=Relistened

Four new questions about Maldek

Three new questions about Orion

Five new questions about Lemuria

Session 26

This instrument was able, as an example of this working, to baffle the Orion group during [tape blank] experiences, as you call this substance, due to the fact that it effectively completely opened other-self to third ray—we correct this instrument, it is growing low in vital energy—green ray energy and partially open other-self to blue ray interaction. May we ask if you have any queries before we close? Questioner: If you would please make the instrument cough, I will ask one—two quick questions.

Ra: [cough]

Session 30

Questioner: I see. A news program I saw a couple of weeks ago raised the question of why the dinosaurs vanished, you might say, from our planet suddenly. I know this is unimportant, but I just wondered what the reason was.

Ra: I am Ra. These entities could not feed their body complexes.

Session 30

Questioner: I was wondering if the male cat, Gandalf, has benefited by that mechanism in some way or by other mechanisms in increasing spiritual potential or understanding.

Ra: I am Ra. We examine this information and find it harmless. The second density entity, sound vibration Gandalf, is a rare sample of its species due first to previous individualization, secondly due to a great amount of investment in this particular life experience. This is the greatest catalyst in this entity's progress. It is very unusual, as we have said. However, the experiences of bisexual reproduction which were of the nature of the entity Gandalf were to a small extent of spiritual benefit due to an unusual relationship with another entity, this also what you call a cat. This entity also being of an unusually third-density orientation or investment from previous life experiences. Thus the formation of what could be seen to be recognizably love did exist in this relationship.

Session 42

http://www.lawofone.info/show-diff.php?session_id=42&version=Relistened

New question/answer on effect of asking questions out loud

Expanded question on balancing

New question (unanswered) on cattle mutilations.

Session 46

Questioner: Could we please first have an indication of the instrument's condition?

Ra: I am Ra. This instrument scans at present at extremely low physical energy and is under attack. This will continue for some of your weeks. However, the vital energy of this instrument is gradually restoring its former level.

Session 48

Questioner: Knowing what you know now about our planetary condition and methods of communication, etc., if you, yourself as an individual had gone through the process of incarnation here as a Wanderer and now have memory of a sufficient way to have the objective that you just stated, what mechanisms would you seek out for the process of teach/learning in our present state of communication?

Ra: I am Ra. My brother, we perceive you have made certain unspoken connections. We acknowledge these and for this reason cannot infringe upon your confusion.

Session 58

Questioner: I can see how a solid-sided pyramid would act as a funnel. It seems to me that using just the four rods joined at the apex angle would be less efficient. Can you tell me how they are equivalent to the solid-sided pyramid?

Ra: I am Ra. They are unequal in space/time, and we recommend for practical use the solid-sided pyramid or other focusing shape in order to give your physical bodily complexes respite from outside noise, rain, and other distractions to meditation. However, in time/space one is concerned with the electro-magnetic field produced by the shape. An equivalent field is produced by the solid and the open shape. Light is influenced metaphysically by this field rather than by visible shapes.

Session 69

Questioner: We keep bringing up points out of the Esmerelda Sweetwater book, that being one particularly in the book. I was wondering, in that we were attempting to retrieve the space girl's mind/body/spirit complex from what must have been negative time/space, as it was placed there by the magician Trostrick. Was the scenario of Trostrick's actions working with the space girl and in Esmerelda Sweetwater's magical ritual that she designed to help retrieve the space girl's mind/body/spirit complex, were these—both of these techniques approximately reasonable or were there any errors in the design of these magical techniques?

Ra: I am Ra. There were no errors. We only remind each that this particular character imaged forth by you was an experienced adept.

Questioner: You mean the character Trostrick.

Ra: I am Ra. This is incorrect. We referred to Esmerelda, as this imagined entity was called.

Session 72

Questioner: Is it possible to over-energize the instrument with sexual energy transfers?

Ra: I am Ra. No.

Session 100

Questioner: Thank you. I feel obligated to ask the next, somewhat transient, question because of a request from Colonel Stevens. I also, for my own edification, [would like to] better understand the effect of the quarantine and first distortion. Would Ra comment on the purpose of the so-called Pleiades contact in Switzerland with Billy Meier—an entity known as Semjase and others.

Ra: I am Ra. It is not our practice to judge the value of a contact of metaphysical origin. We cannot confirm the contact referred to by the questioner as pure Confederation contact. However, we might suggest that there is some positive material within the recorded transcript of converse during this contact. As we have spoken previously to the various characteristics of so-called mixed contact, we shall not repeat, but note that all communication is of the One Infinite Creator in its infinite distortions.

Questioner: Is it all right for Colonel Stevens to receive the information that Ra just gave to us?

Ra: I am Ra. We find this information to be confirmation of already perceived ideas. Therefore, permission is freely given.

Inline changes (selected)

(originally-published version is first)

Session 3

The pyramids which we thought/built were constructed thought-forms created by our social memory complex.
The pyramids which we thought/built were constructed **from** thought-forms created by our social memory complex.

Session 4

...thus bringing with them in totally latent form many skills and understandings...
...thus bringing with them in **sometimes** totally latent form many skills and understandings...

Session 4

...no significant distortions toward the Law of One in mind, body, or spirit...
...no significant distortion **consciously** towards the Law of One in mind, body, or spirit...

Session 4

One item which may be of interest is that a healer asking to learn must take the distortion understood as responsibility for that ask/receiving. This is **an** honor/duty which must be carefully considered in free will before the asking.
One item which may be of interest is that a healer asking to learn must take the distortion understood as responsibility for that ask/receiving, **thus healing**. This is **a** honor/duty which must be carefully considered in free will before the asking.

Session 6

We have searched for an instrument of the proper parameters of distortion in mind/body/spirit complex and supporting and understanding of mind/body/spirit complexes to accept this information with minimal distortion and maximal desire to serve for some of your years.
We have searched for an instrument of the proper parameters of distortion in mind/body/spirit complex and supporting and understanding **group** of mind/body/spirit complexes to accept this information with minimal distortion and maximal desire to serve for some of your years.

Session 10

The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously **see** that love in awareness and understanding distortions.
The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously **seek** that love in awareness and understanding distortions.

Session 10

The Indians of whom you come to feel some sympathy in your social complex distortions are the descendants of these entities.
The Indians of whom you **have** come to feel some sympathy in your social complex distortions are the descendants of these entities.

Session 10

It reached quickly a high technological understanding which caused it to be able to use intelligent infinity in **an**

informative manner.

It reached quickly a high technological understanding which caused it to be able to use intelligent infinity in a less informative manner.

Session 11

The mind/body/spirit complex known as Adolf

The mind/body/spirit complex known Adolf

Session 11

However, very positively, as you would call this distortion, oriented scientists have received information...

However, very positively, as you would call this distortion, oriented **so-called** scientists have received information...

Session 12

These guardians sweep reaches of your Earth's energy fields to be aware of any entities approaching.

These guardians sweep reaches of your Earth's energy fields **attempting** to be aware of any entities approaching.

Session 12

The vibratory level of those able to **breach** the quarantine boundaries is such that upon seeing the love/light net it is impossible to break this Law.

The vibratory level of those able to **reach** the quarantine boundaries is such that upon seeing the love/light net it is impossible to break this Law.

Session 13

This paradox is responsible for the shape of the various physical illusion entities you call solar systems, galaxies, and planets **of** revolving and tending towards the lenticular.

This paradox is responsible for the shape of the various physical illusion entities you call solar systems, galaxies, and planets, **all** revolving and tending towards the lenticular.

Session 13

This concept was discerned **to be** freedom of will of awareness.

This concept was discerned **due to** freedom of will of awareness.

Session 15

We searched your group **and** we contacted you for each in your group possesses significantly more vital energy of the body complex.

We searched your group **when** we contacted you for each in your group possesses significantly more vital energy of the body complex.

Session 16

Within each sub-density, **are** seven sub-sub-densities. **Within each sub-sub-density, seven sub-sub-sub-densities** and so on infinitely.

Within each sub-density, seven sub-sub-densities, and so on infinitely.

Session 16

Go forth, then, rejoicing in the power and the peace. Adonai.

Go forth, then, rejoicing in the power and the peace **of the One Creator**. Adonai.

Session 16

Thus, in order to balance the dimensional variances in vibration, a quarantine, this being a balancing situation whereby the free will of the Orion group is not stopped but given a challenge.

Thus, in order to balance the dimensional variances in vibration, a quarantine **was set up**, this being a balancing situation whereby the free will of the Orion group is not stopped but given a challenge.

Session 16

Meanwhile, the third group is not hindered from free choice.

Meanwhile, the third-**density** group is not hindered from free choice.

Session 17

It is a point which one cannot **judge what is cause**.

It is a point which one cannot **judge**. **What is cause?**

Session 17

Some in eagerness attempt to penetrate the higher planes before penetrating the energies of the so-called more fundamental planes.

Some in eagerness attempt to penetrate the higher planes before penetrating the energies of the so-called **lower or** more fundamental planes.

Session 17

Enlightenment **is, of the moment, an opening** to intelligent infinity.

Enlightenment **is of the moment, is an opening** to intelligent infinity.

Session 17

This resulted in the destruction of the bodily complex of the one known as Jesus.

This resulted in the destruction of the bodily complex of the one known as Jesus **to you**.

Session 17

This entity was touched by the entity known as Jesus and was fatally wounded.

This entity was touched by the entity known as Jesus **to you** and was fatally wounded.

Session 17

...not to return except as a member of the Confederation speaking through a channel.

...not to return except as a member of the Confederation **occasionally** speaking through a channel.

Session 18

...to express in **this** confining ambiance...

...to express in **the** confining ambiance...

Session 23

Therefore, as is the case **of the** breakings of the quarantine...

Therefore, as is the case **in all** breakings of the quarantine...

Session 33

Secondly, the work begun in harmony may continue in harmony, thanksgiving and praise of opportunities and of the Creator. These are your protections. These are our suggestions.

Secondly, the work begun in harmony may continue. Harmony, thanksgiving, and praise of opportunities and of the Creator: these are your protection. These are our suggestions.

Session 34

The higher levels, as you may call them, being activated, the lower, as you may call them, energy points remaining in a balance, being quite, quite bright.

The higher levels, as you may call them, being activated, the lower, as you may call them, energy points remain, in a balanced being, quite, quite bright.

Session 36

...the higher self itself a projection or manifestation of mind/body/spirit complex totality which then may communicate with the mind/body/spirit during the discarnate part of a cycle of rebirth or during the incarnation; may communicate if the proper pathways or channels through the roots of mind are opened.

...the higher self itself a projection or manifestation of mind/body/spirit complex totality which then may communicate with the mind/body/spirit during the discarnate part of a cycle of rebirth, or during the incarnation may communicate if the proper pathways or channels through the roots of mind are opened.

Session 38

Let us offer an example. In a particular entity, let us use as an example a Wanderer...

Let us offer an example. In a particular entity, let us use this instrument...

Session 43

I am Ra. In fifth density it is comfort for those of like mind gathered together to share in this broth...

I am Ra. In fifth density it is comfort, for those of like mind gather together to share in this broth...

Session 52

...recapitulate a learning/teaching which is adjudged to be less than perfect.

...recapitulate a learning/teaching which is adjudged to be less than perfectly balanced.

Session 53

First I will ask if you could tell me the affiliation of the entities who contacted. (name).

First I will ask if you could tell me the affiliation of the entities who contacted Betty Andreasson.

Session 73

He who states that no working comes from it but only through it is not infringing upon free will.

Those who state that no working comes from it but only through it is infringing upon free will.

Questioner: You said that if the entity says that no working comes from it but only through it it is also infringing. Is that correct?

Ra: I am Ra. This is incorrect. We said that in that event there is no infringement.

Session 73

Firstly, that exercise of which we have spoken called the exercise of fire: this is, through physical energy transfer, not that which is deeply involved in the body complex combinations.

Firstly, that exercise of which we have spoken called the exercise of fire: this is, **though** physical energy transfer, not that which is deeply involved in the body complex combinations.

Session 88

Questioner: I will make this statement as to my understanding of some of the archetypes and let you correct this statement. It seems to me that the Significators of Mind, Body, and Spirit are acted upon in each of these by the catalyst. This produces Experience which then leads to the Transformation and produces the Great Way. This is the same process for the mind, the body, and spirit. The archetypes are just repeated but act in a different way as catalyst because of the differences of mind, body, and spirit and produce a different type of experience for each because of the difference in the three. The Transformation is slightly different. The Great Way is somewhat different but the archetypes are all basically doing the same thing. They are just acting on three different portions of the mind/body/spirit complex **so that we can say that in making** the Significator a complex basically we have provided a way for Catalyst to create the Transformation more efficiently. Would you correct that statement, please?

Questioner: I have... I will make this statement as to my understanding of some of the archetypes and let you correct this statement. It seems to me that the Significator [of Mind, Body, and Spirit are acted upon in each of these by the catalyst. This produces Experience which then leads to the Transformation] and produces the Great Way. This is the same process for the mind, the body, and spirit. The archetypes are just repeated but act in a different way as catalyst because of the differences of mind, body, and spirit. They produce a different type of experience for each because of the differences in the three. The Transformation is slightly different. The Great Way is somewhat different but the archetypes are all basically doing the same thing. They are just acting on three different portions of the mind/body/spirit complex **so that we can condense the entire archetypal mind into a way of saying that in making** the Significator a complex basically we have provided a way for Catalyst to create Transformation more efficiently. Would you correct my statement, please?

Ra:...To attempt to condense the archetypes is to make an erroneous attempt....

Session 89

...intended to be studied as individual concept **complexes** as Matrix, Potentiator, etc., in viewing mind/body/spirit **connections** and in pairs with...

intended to be studied as individual concept **complexes**; as Matrix, Potentiator, et cetera in viewing mind/body/spirit **connections**; and in pairs with

Session 91

...full to bursting of the most abstruse and **unimaginable** of ideas...

...full to bursting of the most abstruse and **unmanageable** of ideas...

Session 93

Without conscious intent the use of catalyst is never processed through **mediation**, ideation, and imagination.

Without conscious intent the use of catalyst is never processed through **mentation**, ideation, and imagination.

Session 93

...or through **mediation** or through any other more highly developed source...

...or through **mentation** or through any other more highly developed source...

Session 100

Questioner: The crown of three stars, we are guessing, **would represent the** balancing of the mind, body, and spirit. Is this in any way correct?

Questioner: The crown of three stars, we are guessing, **indicates mastery and** balancing of the mind, body, and spirit. Is this in any way correct?

Ra: I am Ra. This device is astrological in origin and the interpretation given somewhat confusing.

Session 103

...that is, to put value in a fatal action and die or to put value on consciousness of the creation of the One Creator and, thereby, live.

...that is, to put value in a fatal action and die or to put value on consciousness of the creation **and** of the One Creator and, thereby, live.

Audio to play

Session 1, 1:20 – 2:35 (1:16)

Very beginning of it all. Carla not in trance. Refers to Carla as “she,” not “it.”

Session 10, 41:46 – 43:32 (1:47)

General exercises (seek the love in the moment, etc.)

Session 13, 21:30 – 23:25 (1:55)

Hard-to-decipher clip (“freedom--of will, of awareness”)

Hard to hear question

Session 18, 0:00 – 4:40 (4:40)

Much clearer

Don’s initial time stamp; Ra’s greeting minus the first couple of words

Don asking a question

Don thinking on his feet and following up on an answer

LSD erased

Session 24, 1:39 – 2:56 (1:18)

Ra making Carla cough

Session 33

Harmony, praise, protection

Session 34

Schweitzer energy levels

Session 45, 0:00 – 0:20 (0:20)

Example of tape being reused

Session 45, 30:30 – 33:10 (2:41)

Water truckers pounding on door

The ending of a session, Ra’s benediction, Don calling Carla back from her body, Carla’s twang.

Session 62, 43:39 – 44:50 (1:11)

Blank section at tape flip

Sound of other tape being flipped

Session 73

Don correcting Ra.

Session 89

89.19 How to study tarot

Session 91, 39:38 – 40:58 (1:20)

91.21 Snip from archetypes session (Ra into it -- “O Student”)

Session 97, 41:08 – 43:40 (2:32)

Circle of One and breath of righteousness

Session 106, Disc 2, 2:22 – 6:57 (4:35)

End of last session. Bittersweet

Total time: 23:35

Additional

Session 45, 21:31 – 25:15 (3:45)

Water truckers honking

Session 50, 26:13 – 35:52 (9:40)

Poker quote

AVALON 2010: YEAR-END REPORT

Year-end Report: Bold

The following should be considered a working draft of on-going site development and, as such, may not include basic or priority property maintenance, upkeep and repairs

I Erosion Control

A Access Road

1. Grading, Waterbars

Regrade as necessary to maintain a flat surface and remove buildup from high side of slope.

Had most of road in pretty good shape as winter came on; did widen in a few areas, worked the waterbars and spread several ton of mixed grade gravel. Will have to finish the steepest slope first thing in Spring 2011.

2. Fill Zones (slope stabilization)

Monitor trib bank; maintenance includes placing landscape debris on down side of slope.

Again, Jim's Lawn Service yard waste has helped to maintain and build width along the downside of the slope. At this point, most of the road edge has been layered with branches and cuttings.

3. Catch Basins

Install 3 CBs using natural stone masonry.

This hasn't been necessary (as of yet) since the road has remained stable however the supplies to do this are on hand.

B Locust Creek and Tributaries

Clear debris and blockages, redirect flow where/when necessary.

We did have a few severe storms that brought in an amount of debris and there are several high perched timbers that fell across and are only now ready to be helped down/accessible for processing. Some clearing along the roadside ephemeral was done and needs to be done again further upstream, on neighboring land.

The ephemeral draining into Locust at the ford is degrading (a pair of culverts were placed prior to my return) and I have had nothing but trouble. It was nice to have the sandy soil to harvest but maintaining the area and being able to cross the ford with equipment has been close to impossible. This may have to be addresses in 2011 as the need to cross the creek at that location increases (tractor, truck, riding mower).

II Utilities (rollover to 2010)

A Water

1. City, County hook-up *info on file*

2. Wells, existing

Recommend abandoning (retiring) 8 ft dry well at ruins; easier to tap nearby seep than rehab. 15 ft wet well ear-marked for irrigation after rehabilitation.

Water level was low but not dry in the late summer season so this well remains a source for at least some irrigation.

3. Well, new

Continue researching drillers, installation and material options.

A driller has been found, preparation research was completed and communicated to/with the drillers. The possibility of installing a buried cistern and solar powered water pump were explored and some cost analysis was done, however, the most rational

approach would be to drill and install a quality frost-proof hand pump and observe the recuperation rate for a year before investing any large sum. Avalon was dowsed for several drill sites that are on file. This site, being in the meadow, is the most accessible and least costly to drill because of the ease of access with heavy equipment. As of this writing, the drillers are in the process of scheduling the work. Know that it was very difficult to find well water drillers and this team will be travelling from the mid-south of the state. Fewer and fewer landowners are drilling their own wells due to city/county waterlines being “easier” to tap into and also because more and more ground water is contaminated/not potable and would require costly filtration and treatment and maintenance for private lands. In effect, people are “giving up” on drawing their own water and because of the lack of demand, drillers continue to go out of business.

4. Seeps

Several (3-4) wet weather seeps in nucleus area; have a few collection designs on file but they aren't very attractive.

5. Cistern

Delivery to cistern(s) is an option to be explored.

Researching well pumping systems shed some light on tower cisterns including the formulas needed to calculate H₂O pressure, flow rates, distances/pressure drop ratios.

B Power (rollover to 2010)

1. Grid: 2008 research on file

Recap from 2008: utility engineers are obligated to calculate the shortest distance from the nearest connect pole, which could be on another property. They have no concern for trees, road stability, aesthetics...the distance of wire would be some 2350 feet if I recall at some \$3.23 per foot from the property line. At last site visit, one neighbor refused to give a right of way and they would have to cut a 30 foot wide swath (de-tree) down the access road and would switch the wire back and forth across the road zigzag style to observe the “shortest distance rule”. The trees along the access road are what give it *natural* stability.

2. Solar Generator for recharging system and for use in the field (power tools, pumping H₂O...); considering exterior cinderblock storage for battery bank; diagnostics, system grounding, independent circuit for fridge; have two panels (• array) ear-marked for either a well pump or power to henhouse.

The system remained operational and was simply maintained due to forecasted costs to repair and/or upgrade. However, the life expectancy for the battery bank (5-7 years) has elapsed and will need to be addressed very shortly. A diagnosis was made at the turn of 2011 that validated my (entry-level) observations. Some repair work may be done in 2011, depending on funding, time availability and urgency. Still struggling with generator technology and finding a unit that suits the needs of Avalon, there is some controversy as to the best type of unit to obtain.

3. Phone

Landline wire temp splice needs to be repaired and overhead branches need to be cleared by AT & T. Lower branches and path already maintained. Upper line should be buried deeper by AT & T.

At my last viewing, AT & T had not yet repaired the temp splice. Several storms have knocked out the phone line and one storm caused internal damage to the circuitry of the answering machine. Humidity in the cabin, and/or energies damage the landline phone sets often. It is actually quite difficult to find unpowered phones these days as

most people prefer/buy remote hand sets, which are inappropriate/unreliable for solar power installations not backed by grid or auto-generator power.

III Forest Stewardship Plan (KY Dept of Forestry)

A TSI (Timber Stand Improvement)

Currently removing trees marked for felling by our forester along the cropping area, (a few left to fell on island), meadow edge, N slope.

Still dealing with heavy storm damage throughout the property.

While the woods are dappled with old storm debris, almost all the TSI has been completed (our forester did a double marking at last site visit). The last few timbers will be felled and processed in early 2011, at which time the forester will return to do another TSI marking.

B Harvesting

1. Firewood for selling

Hardwood timbers are processed immediately upon felling and stacked for seasoning. Will revisit selling in the fall.

There were hopes of selling log wood but the reality is that the quality of our logs is not great and can't compete with the higher btu wood that is readily available in the area.

Know that the object of the TSI on Avalon is to thin the canopy by removing species that are invasive, non-native and threaten the development and regrowth of a quality stand suitable to the region (this includes hickory, oak and locust).

2. Eastern Red Cedar (Juniper)

Cedars can be harvested at will according to our forester so they have not been marked. For building and fencing.

C Planting (exclusive of fruit trees)

1. Black Locust: *replace failed seedlings, fill in after TSI.*

Replaced approx. 75 seedlings which seem to have taken hold.

2. Flowering Dogwood: *re-install 10 seedlings near dwellings*

Replaced 10 seedlings, which seem to have taken hold.

3. When ready: *plant Red Oak, White Oak (1 English for Biodynamic use), Beech, Red Bud.*

Adding beechnut, it is native to the region and quite tasty.

4. Play with planting trees from Avalon seed (red bud, oaks, sycamore and poplar in particular; also harvesting cedar and other seedlings.

Did do some tinkering with tree seed and potted/rescued seedlings found in unsuitable locations, we'll see what survives the winter.

D Forester TSI Visit

See TSI above and 2011 Agenda

IV Animal Husbandry

A Chickens (rollover to 2010)

Extend coop; section off hospital area, rooster area? Before enlarging flock; new/upgrade day range fence until meadow ready, improve forages, plant more medicinal herbs.

Completed the coop extension and covered area. Outlined a sick bay area within the coop but have not yet finished the enclosure. Got a few more chicks and upgraded the inner day range area. Posts are currently being prepped for the meadow fence line. Attempted to seed a few native herbs into the existing flora but had poor success with germination. It is difficult to tend this type of seeding approach and competition from existing vegetation was strong. Will try again using patch planting that can be observed.

B Feline (1 male cat)

MG is definitely earning his vittles by keeping watch over critters that threaten the coop and cabin. He enjoys hunting mice, voles and chipmonks, will run off many a raccoon and opossum but also gets worms 3 or so times a year. Fortunately I have two vets at my disposal and neither require that I bring him in in order to get an Rx of broad spectrum wormers. I should take him in for an annual and shots – 2011 for sure.

C Camelids (llama, alpaca)

Seeding into fescue meadow with Ladino clover; build shelter and fence.

After meeting with our Biodynamic guide and reviewing notes from coursework on pasture management, it became clear that in order for clover to “take” one would have to perform some form of tillage because of the competitiveness of fescue. Fescue is really not a bad forage to have around and, like clover, can be difficult to grow once/if removed so, it has been decided to create an island of natural growth within the meadow that will include new plantings (clover, yarrow...)

D Bees: *Install 2 hives*

Two hives were indeed placed in early April after quite a bit of preparation that included research and workshops on apiculture. They did better than expected for first year hives and one hive produced about 7 pounds of harvestable honey, the uncapped harvest was returned to the bees. It was a joy to see them buzzing throughout the property, foraging for nectar and pollen while visiting flowers, fruits and veggies.

E Wildlife and Beneficial Insects

The State Biologist serving the county made a site visit in December. It was as lucrative for him as for us as he is not used to being hailed as property is developed but rather in the aftermath of poor land management. Obtained literature on wildlife management, some pointers about harmonizing with animals and building plans for nesting boxes.

1. Maintain sanctuary environment

Converting barbed-wire fence lines to barbless as repairs are made; removing old barbed-wire fence where unnecessary (road, creek...); see also Permaculture.

Barbed-wire along the creek alley way was removed and barbless used for repairs where possible. It is difficult to get barbless wire, never mind of a lightweight gauge. Still on the lookout for a supplier; the heavier gauges cost more, of course, are difficult to pack along the perimeter fence lines, and really are not required unless one has large livestock to maintain.

2. Butterfly boxes

Evidently, they do fine nesting in the bark of trees but our biologist is looking for building designs for us.

3. Lacewing Hotels

Same as above, it would be nice to have hotels near any sort of crop.

V Building/Construction/Repair (see 09 report, rollover to 2010)

A Utility Shed

What could be done: Panel and floor loft, wiring repair (see also Solar), roof vent issue, clean siding, adjust door, move battery bank to exterior (see Solar), install propane shower (a same tank serving existing vent-less heater, gravity plumbed, ext mounted overhead 60 gal tank), convert ladder into stairs.

This is still on the back burner, which is fine. The pace can easily be picked up given need and much would be accomplished during any solar power upgrades.

B Sugar Shack

Revisit roofing and truss repair in considering possibility of rebuilding cabin one day; install 2 double-pane windows in main room (re-usable at rebuilding); add 2 water barrels when cheap drums are found.

Unfortunately, the roof may need to be replaced (or somehow repaired) before the onset of winter 2011. Touch and go on this topic, was hoping to have produced a little revenue that could be used for such jobs but...

C Equipment Shelter (4-bay carport)

Have new idea, need to harvest and season timbers.

Well, this changed when a riding mower was donated that needed a shelter pronto so the original single vehicle awning was returned to this location and an walled extension was built off the back to house the mower and other small equipment. Additional vehicle sheltering would be nice as well as a shelter across the creek for veggie production needs and equipment storage. Hmmm.

D Animal Shelter

Flesh out slope-embedded design, materials, excavation & drainage plans

Well, not there yet. Have finished the TSI in that area and did some clearing as well as seeding buckwheat for the bees – which didn't do well once the early summer drought struck. Have some ideas taking hold and consult with anyone I meet that has experience in foundations and drainage.

E Fence Meadow

Have some seasoned cedar for starting: 5 ft rec for camelids at pasture, 8 ft meshed for night/shelter enclosure.

Hey hey, have skidded all the cedar in the area to the meadow, pre-cut it to working length for posts.

F (Log) Cabin: *Site possibility on N slope overlooking meadow*

Did some preliminary TSI in the area and a site study would have to be performed to ensure ground stability. This project ties in somewhat with the meadow well head as it might be possible to service a dwelling off that water once solar power has been installed. Seriously? Hoping to win a lottery and buy a spiffy kit cabin with all the desired amenities. Grin.

VI Crop Husbandry and Landscape Management

**Method Objective: Biodynamic (encompasses organic practices)*

A conversation with our BD Guide has begun and a site visit has been arranged. A detailed plan will be developed over time and will include treating all fruit and vegetable plantings, the coop, compost, meadow and bee yard.

**Preparations and Field Sprays produced in part on site*

Several BD Preps were stirred and applied this year. Some effort was made to start growing plants used in BD preparations but the harsh climate and competitiveness of existing native plants made it difficult for the seed to take. Special planting areas will have to be established in order to nurse these plants thru the naturalization process.

**Researching irrigation and drought planting, cold storage, marketing veins*

As mentioned above, the existing wide mouth well level dropped during the dry months (KY experienced severe drought in 2010) but did not go completely dry. This well is not the "cleanest" but debiting it will help clear the veins leading to it...hopefully. Drought planting is really about preparing the soil and wider spacing of plantings than is usually found in intensive production fields. Cold storage remains a challenge and will have to be addressed/resolved prior to any major field production. The hill opposite the parking area would be ideal for a root cellar/storm shelter and articles/literature on the construction of natural storage is being

collected. Four main tracts for marketing have been established: a wholesale distributor of locally produced/organic/BD product has an established file for Avalon (Louisville), as does a new auction warehouse not too far from the property. Several restaurants are in the loop but supplying such entities is best known as “growing for them” – better saved for when Avalon can produce with certainty, lastly more effort is being made thru State and USDA funds to bridge the gap between the small farm and commercial channels; the names of key individuals are on hand (they were met at a conference where they spoke on the subject)

A Market Produce

Approx 3 acres arable land sectioned into a 5-year rotation sequence that includes intercropping (companion planting), leguminous green manuring, compost and farmyard manure. Crops being considered and coordinated. Planting sweet potatoes as a start; using non-irrigation method; after harvest processing and storage is easiest with this crop and it is least susceptible to wildlife/insect damage. Still a risky planting.

Sweet potatoes (8 trial variety) were planted but did not produce. The plant stock was weak and the shipping box was full of ants (formic acid) and the deer finished them off in spite of their supposed dislike of the potato family. Total loss including rental of the rototiller was well under \$200. The labor remains of value; the planting area has been worked and is ready for another go at it. High Tunnels are all the rage and might be suitable if irrigation can be arranged (this portion of the long-narrow field lining the creek is too far from the new well site and the creek runs dry in the hot months)

B Permaculture

Incorporate plantings suitable for wildlife habitat and human consumption with emphasis on native/indigenous varieties. May include edge cropping and biodynamic needs.

The TSI work has opened the tree canopy quite a bit already and more wild blackberry bushes are appearing.

C Kitchen Garden (test area)

Will plant with the time and seed available. Have a lot of biodynamic plant seed on order so may devote time to establishing those.

Time spent in Louisville made for a small garden this year but it did produce. It was a bad year for squash of all things and being unable to produce a sufficient amount of compost, several truckloads of organic were brought in. Still no local source of manure is available.

D Agroforestry

Mushroom, Goldenseal, Ginseng, Echinacea (see also Permaculture)

Did not have the time to devote to this branch other than trying to get Echinacea seeds to sprout and survive, locate a KY source for goldenseal and deciding the next inoculation of logs will be limited to one spore type and 20 logs. Ginseng is too at risk for poaching at present.

E Fruit and Nuts

Holding that thought; monitor new plants, attend pawpaw conf.

Four fruits trees and a cherry shrub planted Fall of 09 seem to be doing well but will need attention and re-pruning. Bob's Brambles are slowly establishing themselves and numerous “native” raspberry cuttings were planted here and there to do as they please. Did attend Pawpaw conference, learned to graft-did a few onto the root stock previously planted, and still playing with seed. Learned that KSU will be selling seed to Forestry nurseries and will soon be able to obtain seedlings (they would have to be grafted for edible fruit production).

F Viticulture

Revisit research done several years ago. Met a local producer and wine maker that buys product. Long slow process.

Decided on a vineyard site and did a sun tracking analysis at peak growing season. A TSI will have to be done along one side to reduce shading on the slope under the high tension power lines. A conference on viticulture takes place in Jan 2011. Clearing and terracing are next and hopes of setting plants Spring 2011 are dwindling – the terracing proves to be too complicated to do after planting.

VII Vehicles and Equipment

General maintenance. Need a new trimmer. Try and keep the truck up and running.

After winter preparation of the tractor, the planetary went wonky and it has not been addressed. It did get some running time to keep it operable. A pledge for a new trimmer has been offered. The truck was a challenge throughout the year.

VIII Office and Other Business (still valid, rollover to 2010)

A General

Create a "Farm Profile"; write a (working) mission statement; binders – make changes/update where necessary, redesign generic field logs to incorporate biodynamics.

This is on-going office work. The profile and mission statement are important but not as urgent as *holding the fort down*.

B Networking

Community Farm Alliance, locate (nearby) biodynamic and organic farms, animal husbandry and adoption.

Did not attend the CFA annual meeting this year, they wanted sixty bucks and their community network facilitator still hasn't done what she said she'd do for Avalon. Have a nearby source for goats but sheep would be a better match.

C Community Involvement

1. Search and Rescue to use property for training

Several trainings were done on Avalon this last year and will continue into 2011. They have serious budget issues and don't receive fiscal funding so assistance with fundraising and letter writing if offered when time permits.

2. Attend fiscal and town meetings

Made it to a few local meetings, nothing major to report other than the bridge to the nearest commerce is being rebuilt and work has begun. They claim to have found a way to reduce closures, we shall see.

3. Festivals, fairs and animal expos

Did not have the time to partake this year.

D Research, Education and Training

CFA, Acres USA, Biodynamics, Organics, Cooperative Extension, Experimental farms, Farm Visits, Literature, Periodicals, Conferences and Seminars.

Have attended the BD study group *when* it takes place (the scheduling isn't consistent).

Attended 2 workshops on apiculture, an evening series on poultry, Pawpaw annual meeting w/workshops, a few evening seminars at the UK cooperative extension, and put in a few CEU toward logging.

IX L/L Research (and Camelot)

Assist as needed for errands and projects, tasks and repairs, hauling, gatherings, marketing...whatever needs to happen or get done.

From April – October, extra time was spent in Louisville to assist the household and Carla during her recovery from surgery. Avalon received plenty of attention all the same.

Thank you so very kindly for your patience and encouragement and support and interest in healing the earth and its peoples through conscientious land stewardship.

AVALON AGENDA 2011

The following should be considered a working draft of on-going site development and, as such, may not include basic or priority property maintenance, upkeep and repairs.

I Erosion Control

A Access Road

1. Grading, Waterbars

Maintain surface, widen, spread gravel where needed, add two waterbars, re-seeding of fescue rye mix and sweet clover.

2. Fill Zones (slope stabilization)

Monitor bank; maintenance includes placing landscape debris on down side of slope.

3. Catch Basins

Install 3 CBs using natural stone masonry if necessary or when time permits.

B Locust Creek and Tributaries

Clear debris and blockages, redirect flow where/when necessary. Cruise the tributary along the access road with the chainsaw to remove obstacles that may impinge on the flow, general cleanout.

Considering revamping culverts draining to Locust.

II Utilities

A Water

1. City, County hook-up *info on file*

2. Wells, existing

Abandon 8 ft dry well at ruins. Use ruins well for irrigation, rehabilitate if necessary.

6. Well, new

Drill water well in meadow, install manual pump. Observe for a year before investing in solar power pump system.

7. Seeps

Several (3-4) wet weather seeps in nucleus area; have a few collection designs on file but they aren't very attractive.

8. Cistern

Flesh out tower research for feasibility.

B Power

1. Grid: 2008 research on file

2. Solar

Purchase new batteries- a minimum, purchase a generator. Plan for relocating battery bank to the exterior using cinderblocks, rewiring of the system where needed including circuitry to the cabin, upgrading the charge controller, and designing stand-alone units for use in the field (at well head or henhouse or electric fence).

4. Phone

Landline wire temp splice needs to be repaired and overhead branches need to be cleared by AT & T. Lower branches and path already maintained. Upper line should be buried deeper by AT & T.

III Forest Stewardship Plan (KY Dept of Forestry)

A TSI (Timber Stand Improvement)

Continue work with Forester (pawpaw orchard, viticulture, lower slopes)

B Harvesting

1. Firewood

Continue processing timbers for log wood, although it is doubtful it can be sold.

3. Eastern Red Cedar (Juniper)

Cedars can be harvested at will according to our forester so they have not been marked. For building and fencing.

C Planting (exclusive of fruit trees)

1. Black Locust: *replace failed seedlings, fill in after TSI.*

2. When ready: *plant Red Oak, White Oak (1 English for Biodynamic use), Beech, Red Bud, and Beechnut*

3. Avalon/Local tree seed; *Continue experimenting with red bud, oaks, sycamore and poplar in particular; also potting of cedar and other seedlings.*

IV Animal Husbandry

A Chickens

Rebuild other end of coop, complete the sick bay area, planting of herbs and forages, expand day range area to meadow, and get more chicks.

B Feline (1 male cat)

Take MG in for annual shots, maintain worming program.

C Camelids (llama, alpaca)

Establish high growth island in meadow, continue research on building shelter and start setting fence posts.

D Bees

Run just the two hives; this year will be the first real test of the honey crop possible on Avalon.

E Wildlife and Beneficial Insects

1. Maintain sanctuary environment

Incorporate knowledge obtained from site visit by Biologist. Continue converting barbed-wire fence to barbless as soon as a vendor can be found, remove old barbed-wire along road, creek.

4. Butterfly Boxes and Lacewing Hotels

Get nest plans from biologist and build a few when time permits

5. Build new design Bat Poles; build a few extra to sell.

V Building/Construction/Repair (rollover from 2009 to 2011)

A Utility Shed

What could be done: Panel and floor loft, wiring repair (see also Solar), roof vent issue, clean siding, adjust door, move battery bank to exterior (see Solar), install propane shower (a same tank serving existing vent-less heater, gravity plumbed, ext mounted overhead 60 gal tank), convert ladder into stairs.

**This is still on the back burner, which is fine. The pace can easily be picked up given need and much would be accomplished during any solar power upgrades.*

B Sugar Shack

Roofing and truss repair may need to occur late 2011, hold thought rebuilding cabin one day; install 2 double-pane windows in main room (re-usable at rebuilding); add 2 water barrels when cheap drums are found.

C Equipment Shelter (4-bay carport)

Additional vehicle sheltering would be nice as well as a shelter across the creek for veggie production needs and equipment storage.

D Animal Shelter

Flesh out slope-embedded design, materials, excavation & drainage plans (see above).

E Fence Meadow

Start setting fence posts with seasoned cedar: (5 ft rec for camelids at pasture, 8 ft meshed for night/shelter enclosure).

F New Cabin: *Slated for N slope overlooking meadow.*

VI Crop Husbandry and Landscape Management

**Method Objective: Biodynamic (encompassing organic practices)*

**Plant biodynamic resources*

**Apply research on irrigation and drought planting, cold storage, marketing.*

A Market Produce

Continue preparation of field for a 5-year rotation sequence that includes intercropping (companion planting), leguminous green manuring, compost and farmyard manure.

Install movable High Tunnel; run small crop of tomatoes and basil. Replant 4 variety of sweet potato along tunnel edge exterior with supplier replacement credit from last year and protect from deer.

Irrigate using any means available (pump H2O from ruins well using generator, rerouted rainfall, pump from creek when possible...)

B Permaculture

Incorporate plantings suitable for wildlife habitat and human consumption with emphasis on native/indigenous varieties. Creek side and edge cropping of biodynamic preparations.

C Kitchen Garden (test area)

Will be using this area for biodynamics, flowers, veggies, gourds, whatever will fit into the space.

Incorporate compost, test new organic fertilizers and insect controls.

D Agroforestry (this heading should be merged with Permaculture or vice versa)

Inoculate 20 logs with mushroom spore, seed out Echinacea if at all possible, start preparing site for goldenseal, hold the thought of ginseng but delay any planting.

E Fruit and Nuts

Plant pawpaw seedlings for grafting later – it will take a year for them to be ready for grafting. Plant another fruit tree and fruit bearing shrubs if possible.

F Viticulture

Prepare site: TSI, clearing, terrace.

VII Vehicles and Equipment

Repair tractor if feasible, buy a new trimmer, and maintain truck and other equipment.

VIII Office and Other Business

A General

Create a "Farm Profile"; write a (working) mission statement; binders – make changes/update where necessary, redesign generic field logs to incorporate biodynamics.

B Networking

Get out there where appropriate and when possible.

C Community Involvement

1. Search and Rescue to use property for training
2. Attend fiscal and town meetings
3. Festivals, fairs and animal expos

D Research, Education and Training

CFA?, Acres USA, Biodynamics, Organics, Cooperative Extension, Farm Visits, Literature, Periodicals, Conferences and Seminars.

IX L/L Research (and Camelot)

Assist as needed for errands and projects, tasks and repairs, hauling, gatherings, marketing...whatever needs to happen or get done.

This year may again require extra visits to Camelot to help out during Carla's recovery from surgery.

RA PRESENTS:
Some of the Best Things We Ever Said –
AND – You're Welcome

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. Since it contains all, it cannot abhor any.

Ra, 1.4

In truth there is no right or wrong. There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One.

Ra, 1.6

Consider, if you will, the path your life-experience complex has taken. Consider the coincidences and odd circumstances by which one thing flowed to the next. Consider this well.

Ra, 8.1

The vibratory distortion of sound, faith, is perhaps one of the stumbling blocks between those of what we may call the infinite path and those of the finite proving/understanding.

You are precisely correct in your understanding of the congruency of faith and intelligent infinity; however, one is a spiritual term, the other more acceptable perhaps to the conceptual framework distortions of those who seek with measure and pen.

Ra, 3.9

The Law of One, though beyond the limitations of name, as you call vibratory sound complexes, may be approximated by stating that all things are one, that there is no polarity, no right or wrong, no disharmony, but only identity. All is one, and that one is love/light, light/love, the Infinite Creator.

One of the primal distortions of the Law of One is that of healing. Healing occurs when a mind/body/spirit complex realizes, deep within itself, the Law of One; that is, that there is no disharmony, no imperfection; that all is complete and whole and perfect. Thus, the intelligent infinity within this mind/body/spirit complex reforms the illusion of body, mind, or spirit to a form congruent with the Law of One. The healer acts as energizer or catalyst for this completely individual process.

Ra, 4.20

The prerequisite of mental work is the ability to retain silence of self at a steady state when required by the self. The mind must be opened like a door. The key is silence.

Ra, 5.2

The dissolution into nothingness is the dissolution into unity, for there is no nothingness.

Ra, 6.7

[The higher-density beings'] purposes are very simple: to allow those entities of your planet to become aware of infinity which is often best expressed to the uninformed as the mysterious or unknown.

Ra, 6.25

The mystery and unknown quality of the occurrences we are allowed to offer have the hoped-for intention of making your peoples aware of infinite possibility. When your peoples grasp infinity, then and only then, can the gateway be opened to the Law of One.

Ra, 7.12

The Law of One blinks neither at the light nor the darkness, but is available for service to others and service to self.

Ra, 7.15

Each entity will receive the opportunity that each needs. This information source-beingness does not have uses in the life-experience complex of each of those among your peoples who seek. Thus the advertisement is general and not designed to indicate the searching out of any particular material, but only to suggest the noumenal aspect of the illusion.

Ra, 8.1

The Law of One has as one of its primal distortions the free will distortion, thus each entity is free to accept, reject, or ignore the mind/body/spirit complexes about it and ignore the creation itself. There are many among your social memory complex distortion who, at this time/space, engage daily, as you would put it, in the working upon the Law of One in one of its primal distortions; that is, the ways of love. However, if this same entity, being biased from the depths of its mind/body/spirit complex towards love/light, were then to accept the responsibility for each moment of the time/space accumulation of present moments available to it, such an entity can empower its progress...

Ra, 10.12

Exercise One. This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

Exercise Two. The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see the Creator. This is an helpful exercise.

Exercise Three. Gaze within a mirror. See the Creator.

Exercise Four. Gaze at the creation which lies about the mind/body/spirit complex of each entity. See the Creator.

The foundation or prerequisite of these exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.

Ra, 10:14

An entity which acts in a consciously unloving manner in action with other beings can become karmically involved.

Ra, 12.29

It shall be understood that any portion, no matter how small, of any density or illusory pattern contains, as in an holographic picture, the One Creator which is infinity. Thus all begins and ends in mystery.

Ra, 13.13

The harvest is now. There is not at this time any reason to include efforts along these distortions toward longevity, but rather to encourage distortions toward seeking the heart of self, for this which resides clearly in the violet-ray energy field will determine the harvesting of each mind/body/spirit complex.

Ra, 14.14

There is but one service. The Law is One. The offering of self to Creator is the greatest service, the unity, the fountainhead. The entity who seeks the One Creator is with infinite intelligence. From this seeking, from this offering, a great multiplicity of opportunities will evolve depending upon the mind/body/spirit complexes' distortions with regard to the various illusory aspects or energy centers of the various complexes of your illusion.

Thus, some become healers, some workers, some teachers, and so forth.

Ra, 15.7

There is one energy. It may be understood as love/light or light/love or intelligent energy.

Ra, 15.9

It is important to allow each seeker to enlighten itself rather than for any messenger to attempt in language to teach/learn for the entity, thus being teach/learner and learn/teacher.

Ra, 15.13

...the material for your understanding is the self: the mind/body/spirit complex. You have been given information upon healing, as you call this distortion. This information may be seen in a more general context as ways to understand the self. The understanding, experiencing, accepting, and merging of self with self and other-self, and finally with the Creator, is the path to the heart of self. In each infinitesimal part of your self resides the One in all of Its power. Therefore, we can only encourage these lines of contemplation or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process. Without such a method of reversing the analytical process, one could not integrate into unity the many understandings gained in such seeking.

Ra, 15.14

The purpose of the Orion group, as mentioned before, is conquest and enslavement. This is done by finding and establishing an elite and causing others to serve the elite through various devices such as the laws you mentioned and others given by this entity.

Ra, 16.15

Questioner: I am assuming that it is not necessary for an individual to understand the Law of One to go from the third to the fourth density. Is this correct?

Ra: I am Ra. It is absolutely necessary that an entity consciously realize it does not understand in order for it to be harvestable. Understanding is not of this density.

Ra, 16.37

Questioner: That is a very important point. I used the wrong word. What I meant to say was that I believed that it was not necessary for an entity to be consciously aware of the Law of One to go from the third to the fourth density.

Ra: I am Ra. This is correct.

Ra, 16.38

Each responsibility is an honor; each honor, a responsibility.

Ra, 16.14

We ask you to consider as we speak that there are not words for positively describing fourth density. We can only explain what is not and approximate what is. Beyond fourth density our ability grows more limited until we become without words.

That which fourth density is not: it is not of words, unless chosen. It is not of heavy chemical vehicles for body complex activities. It is not of disharmony within self. It is not of disharmony within peoples. It is not within limits of possibility to cause disharmony in any way.

Approximations of positive statements: it is a plane of type of bipedal vehicle which is much denser and more full of life; it is a plane wherein one is aware of the thought of other-selves; it is a plane wherein one is aware of vibrations of other-selves; it is a plane of compassion and understanding of the sorrows of third density; it is a plane striving towards wisdom or light; it is a plane wherein individual differences are pronounced although automatically harmonized by group consensus.

Ra, 16.44

It is impossible to help another being directly. It is only possible to make catalyst available in whatever form, the most important being the radiation of realization of oneness with the Creator from the self, less important being information such as we share with you.

We, ourselves, do not feel an urgency for this information to be widely disseminated. It is enough that we have made it available to three, four, or five. This is extremely ample reward, for if one of these obtains fourth-density understanding due to this catalyst then we shall have fulfilled the Law of One in the distortion of service.

We encourage a dispassionate attempt to share information without concern for numbers or quick growth among others. That you attempt to make this information available is, in your terms, your service. The attempt, if it reaches one, reaches all.

We cannot offer shortcuts to enlightenment. Enlightenment is, of the moment, an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach/learn enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process that ends in a moment, but who can know when an entity will open the gate to the present?

Ra, 17.2

True healing is simply the radiance of the self causing an environment in which a catalyst may occur which initiates the recognition of self, by self, of the self-healing properties of the self.

Ra, 17.18

The best way of service to others is the constant attempt to seek to share the love of the Creator as it is known to the inner self. This involves self knowledge and the ability to open the self to the other-self without hesitation. This involves, shall we say, radiating that which is the essence or the heart of the mind/body/spirit complex.

Speaking to the intention of your question, the best way for each seeker in third density to be of service to others is unique to that mind/body/spirit complex. This means that the mind/body/spirit complex must then seek within itself the intelligence of its own discernment as to the way it may best serve other-selves. This will be different for each. There is no best. There is no generalization. Nothing is known.

Ra, 17.30

It is not our intent in this particular project to create erroneous information but to express in the confining ambiance of your language system the feeling of the infinite mystery of the one creation in its infinite and intelligent unity.

Ra, 18.1

Questioner: Thank you. I have a question here that I will read: "Much of the mystic tradition of seeking on Earth holds the belief that the individual self must be erased or obliterated and the material world ignored for the individual to reach 'nirvana,' as it is called, or enlightenment. What is the proper role of the individual self and its worldly activities to aid an individual to grow more into the Law of One?"

Ra: I am Ra. The proper role of the entity is in this density to experience all things desired, to then analyze, understand, and accept these experiences, distilling from them the love/light within them. Nothing shall be overcome. That which is not needed falls away.

The orientation develops due to analysis of desire. These desires become more and more distorted towards conscious application of love/light as the entity furnishes itself with distilled experience. We have found it to be inappropriate in the extreme to encourage the overcoming of any desires, except to suggest the imagination rather than the carrying out in the physical plane, as you call it, of those desires not consonant with the Law of One, thus preserving the primal distortion of free will.

The reason it is unwise to overcome is that overcoming is an unbalanced action creating difficulties in balancing in the time/space continuum. Overcoming, thus, creates the further environment for holding on to that which apparently has been overcome.

All things are acceptable in the proper time for each entity, and in experiencing, in understanding, in accepting, in then sharing with other-selves, the appropriate distortion shall be moving away from distortions of one kind to distortions of another which may be more consonant with the Law of One.

It is, shall we say, a shortcut to simply ignore or overcome any desire. It must instead be understood and accepted. This takes patience and experience which can be analyzed with care, with compassion for self and for other-self.

Ra, 18.5

Thus, what would be an improper distortion with one entity is proper with another. We can suggest an attempt to become aware of the other-self as self and thus do that action which is needed by other-self, understanding from the other-self's intelligence and awareness. In many cases this does not involve the breaking of the distortion of free will into a distortion or fragmentation called infringement. However, it is a delicate matter to be of service, and compassion, sensitivity, and an ability to empathize are helpful in avoiding the distortions of man-made intelligence and awareness.

Ra, 18.6

Forgiveness of other-self is forgiveness of self. An understanding of this insists upon full forgiveness upon the conscious level of self and other-self, for they are one. A full forgiveness is thus impossible without the inclusion of self.

Ra, 18.12

All serve the One Creator. There is nothing else to serve, for the Creator is all that there is. It is impossible not to serve the Creator. There are simply various distortions of this service.

Ra, 18.13

Thus, the weakening of the physical vehicle, as you call it, was designed to distort entities towards a predisposition to deal with each other. Thus, the lessons which approach a knowing of love can be begun.

This catalyst then is shared between peoples as an important part of each self's development as well as the experiences of the self in solitude and the synthesis of all experience through meditation. The quickest way to learn is to deal with other-selves. This is a much greater catalyst than dealing with the self. Dealing with the self without other-selves is akin to living without what you would call mirrors. Thus, the self cannot see the fruits of its being-ness. Thus, each may aid each by reflection. This is also a primary reason for the weakening of the physical vehicle, as you call the physical complex.

Ra, 19.12

We can speak only in metaphor. Some love the light. Some love the darkness. It is a matter of the unique and infinitely various Creator choosing and playing among its experiences as a child upon a picnic. Some enjoy the picnic and find the sun beautiful, the food delicious, the games refreshing, and glow with the joy of creation. Some find the night delicious, their picnic being pain, difficulty, sufferings of others, and the examination of the perversities of nature. These enjoy a different picnic.

All these experiences are available. It is the free will of each entity which chooses the form of play, the form of pleasure.

Ra, 19.16

The mind/body/spirit complex of third density has perhaps one hundred times as intensive a program of catalytic action from which to distill distortions and learn/teachings than any other of the densities. Thus the learn/teachings are most confusing to the mind/body/spirit complex which is, shall we say, inundated by the ocean of experience.

Ra, 20.23

The original desire is that entities seek and become one.

If entities can do this in a moment, they may go forward in a moment, and, thus, were this to occur in a major cycle, indeed, the third-density planet would be vacated at the end of that cycle.

Ra, 20.26

As, what you would call, the energy centers begin to be activated to a higher extent, more of the content of experience during incarnation deals with the lessons of love.

Ra, 21.7

There is only one law. That is the Law of One. Other so-called laws are distortions of this law, some of them primal and most important for progress to be understood. However, it is well that each so-called law, which we also call "way," be understood as a distortion rather than a law. There is no multiplicity to the Law of One.

Ra, 22.27

We ask you to remember that we are of the Brothers and Sisters of Sorrow. When one has been rescued from that sorrow to a vision of the One Creator, then there is no concept of failure.

Ra, 23.10

Here the Orion group found fertile soil in which to plant the seeds of negativity, these seeds, as always, being those of the elite, the different, those who manipulate or enslave others.

Ra, 24.3

[In reference to the battle being waged between the Confederation and the Orion Confederation.] At the level of time/space at which this takes place in the form of what you may call thought-war, the most accepting and loving energy would be to so love those who wished to manipulate that those entities were surrounded and engulfed, transformed by positive energies.

This, however, being a battle of equals, the Confederation is aware that it cannot, on equal footing, allow itself to be manipulated in order to remain purely positive, for then though pure it would not be of any consequence, having been placed by the so-called powers of darkness under the heel, as you may say.

It is thus that those who deal with this thought-war must be defensive rather than accepting in order to preserve their usefulness in service to others. Thusly, they cannot accept fully what the Orion Confederation wishes to give, that being enslavement. Thusly, some polarity is lost due to this friction and both sides, if you will, must then regroup.

It has not been fruitful for either side. The only consequence which has been helpful is a balancing of the energies available to this planet so that these energies have less necessity to be balanced in this space/time, thus lessening the chances of planetary annihilation.

Ra, 25.6

Questioner: Can you describe the mechanism of the planetary healing?

Ra: I am Ra. Healing is a process of acceptance, forgiveness, and, if possible, restitution. The restitution not being available in time/space, there are many among your peoples now attempting restitution while in the physical.

Ra, 26.27

To give you this information would be to infringe upon the free will or confusion of some living. We can only ask each group to consider the relative effect of philosophy and your so-called specific information. It is not the specificity of the information which attracts negative influences. It is the importance placed upon it.

This is why we iterate quite often, when asked for specific information, that it pales to insignificance, just as the grass withers and dies while the love and the light of the One Infinite Creator redounds to the very infinite realms of creation forever and ever, creating and creating itself in perpetuity.

Why then be concerned with the grass that blooms, withers and dies in its season only to grow once again due to the infinite love and light of the One Creator? This is the message we bring. Each entity is only superficially that which blooms and dies. In the deeper sense there is no end to being-ness.

Ra, 26.33

Questioner: Is there any reason for some portions being much more efficient in learning?

Ra: I am Ra. Is there any reason for some to learn more quickly than others? Look, if you wish, to the function of the will ... the, shall we say, attraction to the upward spiraling line of light.

Ra, 28.13

Questioner: Is there any loss to the mind or spirit after this transition which we call death or any impairment of either because of the loss of this chemical body which we now have?

Ra: I am Ra. In your terms there is a great loss of mind complex due to the fact that much of the activity of the mental nature of which you are aware during the experience of this space/time continuum is as much of a surface illusion as is the chemical body complex.

In other terms nothing whatever of importance is lost; the character or, shall we say, pure distortion of emotions and biases or distortions and wisdoms, if you will, becoming obvious for the first time, shall we say; these pure emotions and wisdoms and bias/distortions being, for the most part, either ignored or underestimated during physical life experience.

Ra, 30.4

We call it mind/body complex recognizing always that in the simplest iota of this complex exists in its entirety the One Infinite Creator.

Ra, 30.5

The bisexual knowing of the Creator by Itself has the potential for two advantages.

Firstly, in the green ray activated being there is the potential for a direct and simple analog of what you may call joy, the spiritual or metaphysical nature which exists in intelligent energy. This is a great aid to comprehension of a truer nature of being-ness. The other potential advantage of bisexual reproductive acts is the possibility of a sacramental understanding or connection, shall we say, with the gateway to intelligent infinity, for with appropriate preparation, work in what you may call magic may be done and experiences of intelligent infinity may be had. The positively oriented individuals concentrating upon this method of reaching intelligent infinity, then, through the seeking or the act of will, are able to direct this infinite intelligence to the work these entities desire to do, whether it be knowledge of service or ability to heal or whatever service to others is desired .

These are two advantages of this particular method of the Creator experiencing Itself. As we have said before, the corollary of the strength of this particular energy transfer is that it opens the door, shall we say, to the individual mind/body/spirit complexes' desire to serve in an infinite number of ways an other-self, thus polarizing towards positive.

Ra, 31.3

The green ray is one of complete universality of love. This is a giving without expectation of return.

Ra, 31.5

Secondly, the means of protection against any negative or debilitating influence for those upon the positive path was demonstrated by this instrument to a very great degree. Consider, if you will, the potentials that this particular occurrence had for negative influences to enter the instrument. This instrument thought upon the Creator in its solitude and in actions with other-self, continually praised and gave thanksgiving to the Creator for the experiences it was having. This in turn allowed this particular self such energies as became a catalyst for an opening and strengthening of the other-self's ability to function in a more positively polarized state. Thus we see protection being very simple. Give thanksgiving for each moment. See the self and the other-self as Creator. Open the heart. Always know the light and praise it. This is all the protection necessary.

Ra, 32.1

With the green ray transfer of energy you now come to the great turning point sexually as well as in each other mode of experience. The green ray may then be turned outward, the entity then giving rather than receiving. The first giving beyond green ray is the giving of acceptance or freedom, thus allowing the recipient of blue ray energy transfer the opportunity for a feeling of being accepted, thus freeing that other-self to express itself to the giver of this ray. It will be noted that once green ray energy transfer has been achieved by two mind/body/spirits in mating, the further rays are available without both entities having the necessity to progress equally. Thus a blue ray vibrating entity or indigo ray vibrating entity whose other ray vibrations are clear may share that energy with the green ray other-self, thus acting as catalyst for the continued learn/teaching of the other-self. Until an other-self reaches green ray, such energy transfer through the rays is not possible.

Ra, 32.5

The entire creation is of the One Creator. Thus the division of sexual activity into simply that of the bodily complex is an artificial division, all things thusly being seen as sexual equally, the mind, the body, and the spirit; all of which are part of the polarity of the entity. Thus sexual fusion may be seen with or without what you may call sexual intercourse to be the complete melding of the mind, the body, and the spirit in what feels to be a constant orgasm, shall we say, of joy and delight each in the other's being-ness.

Ra, 32.10

...once the green ray has been achieved, the ability of the entity to enter blue ray is immediate and is only awaiting the efforts of the individual. The indigo ray is opened only through considerable discipline and practice largely having to do with acceptance of self, not only as the polarized and balanced self but as the Creator, as an entity of infinite worth. This will begin to activate the indigo ray.

Ra, 32.14

The incarnating entity which has become conscious of the incarnative process and thus programs its own experience may choose the amount of catalyst or, to phrase this differently, the number of lessons which it will undertake to experience and to learn from in one incarnation. This does not mean that all is predestined, but rather that there are invisible guidelines shaping events which will function according to this programming. Thus if one opportunity is missed another will appear until the, shall we say, student of the life experience grasps that a lesson is being offered and undertakes to learn it.

Ra, 33.6

Questioner: From this I would extrapolate to the conjecture that the orientation in mind of the entity is the only thing that is of any consequence at all. The physical catalyst that he experiences, regardless of what is happening about him, will be a function strictly of his orientation in mind.

Ra: I am Ra. It is completely true to the best of our knowledge that the orientation or polarization of the mind/body/spirit complex is the cause of the perceptions generated by each entity. Thus a scene may be observed in your grocery store. The entity ahead of self may be without sufficient funds. One entity may then take this opportunity to steal. Another may take this opportunity to feel itself a failure. Another may unconcernedly remove the least necessary items, pay for what it can, and go about its business. The one behind the self, observing, may feel compassion, may feel an insult because of standing next to a poverty-stricken person, may feel generosity, may feel indifference.

Ra, 33.8

The impulse to protect the loved other-self is one which persists through the fourth-density, a density abounding in compassion. More than this we cannot and need not say.

Ra, 33.11

...the primary mechanism for catalytic experience in third-density is other-self. The list of other catalytic influences: firstly, the Creator's universe; secondly, the self.

Ra, 33.14

Our understanding of karma is that which may be called inertia. Those actions which are put into motion will continue using the ways of balancing until such time as the controlling or higher principle which you may liken unto your braking or stopping is invoked. This stoppage of the inertia of action may be called forgiveness. These two concepts are inseparable.

Ra, 34.4

Questioner: If an entity develops what is called karma in an incarnation, is there then programming that sometimes occurs so that he will experience catalysts that will enable him to get to a point of forgiveness thereby alleviating the karma?

Ra: I am Ra. This is, in general, correct. However, both self and any involved other-self may, at any time through the process of understanding, acceptance, and forgiveness, ameliorate these patterns. This is true at any point in an incarnative pattern. Thus one who has set in motion an action may forgive itself and never again make that error. This also brakes or stops what you call karma.

Ra, 34.5

The societal and self interactions most often concentrate upon the second and third energy centers. Thus those most active in attempting to remake or alter the society are those working from feelings of being correct personally or of having answers which will put power in a more correct configuration. This may be seen to be of a full travel from negative to positive in orientation. Either will activate these energy ray centers.

There are some few whose desires to aid society are of a green ray nature or above. These entities, however, are few due to the understanding, may we say, of fourth ray that universal love freely given is more to be desired than principalities or even the rearrangement of peoples or political structures.

Ra, 34.9

Finally, one may polarize very strongly fourth ray by expressing the principle of universal love at the total expense of any distortion towards involvement in bellicose actions. In this way the entity may become a conscious being in a very brief span of your time/space. This may be seen to be what you would call a traumatic progression. It is to be noted that among your entities a large percentage of all progression has as catalyst, trauma.

Ra, 34.14

To know your self is to have the foundation upon firm ground.

Ra, 35.4

We make note at this time that each entity has several beings upon which to call for inner support. ...the Higher Self... may communicate with the mind/body/spirit ... during the incarnation... if the proper pathways or channels through the roots of mind are opened.

Ra, 36.10

We remind you that the negative path is one of separation. What is the first separation: the self from the self.

Ra, 36.14

We can approximate the percentage of those [wanderers] penetrating intelligently their status. This is between eight and one-half and nine and three-quarters percent. There is a larger percentile group of those who have a

fairly well defined, shall we say, symptomology indicating to them that they are not of this, shall we say, “insanity.” This amounts to a bit over fifty percent of the remainder. Nearly one-third of the remainder are aware that something about them is different, so you see there are many gradations of awakening to the knowledge of being a Wanderer. We may add that it is to the middle and first of these groups that this information will, shall we say, make sense.

Ra, 36.24

...you may see your self, your Higher Self or Oversoul, and your mind/body/spirit complex totality as three points in a circle. The only distinction is that of your time/space continuum. All are the same being.

Ra, 37.6

The mechanism of inspiration involves an extraordinary faculty of desire or will to know or to receive in a certain area accompanied by the ability to open to and trust in what you may call intuition.

Ra, 38.4

The principle so veiled in that statement [Don presents an equation] is but the simple principle of the constant or Creator and the transient or the incarnate being and the yearning existing between the two, one for the other, in love and light amidst the distortions of free will acting upon the illusion-bound entity.

Ra, 39.6

The other portion of healing has to do with forgiveness of self and a greatly heightened respect for the self. This may conveniently be expressed by taking care in dietary matters. This is quite frequently a part of the healing and forgiving process.

Ra, 40.13

Thus self reveals self to self.

Ra, 40.14

There is nothing random about this or any portion of evolution.

Ra, 41.9

The chemical vehicle is that which most conveniently houses the consciousness. The functioning of consciousness is the item of interest rather than the chemical makeup of a physical vehicle.

Ra, 41.11

The will of the entity as it evolves is the single measure of the rate and fastidiousness of the activation and balancing of the various energy centers.

Ra, 41.17

The more strongly the will of the entity concentrates upon and refines or purifies each energy center, the more brilliant or rotationally active each energy center will be. It is not necessary for the energy centers to be activated in order in the case of the self-aware entity. Thusly entities may have extremely brilliant energy centers while being quite unbalanced in their violet ray aspect due to lack of attention paid to the totality of experience of the entity.

The key to balance may then be seen in the unstudied, spontaneous, and honest response of entities toward experiences, thus using experience to the utmost, then applying the balancing exercises and achieving the proper attitude for the most purified spectrum of energy center manifestation in violet ray. This is why the brilliance or rotational speed of the energy centers is not considered above the balanced aspect or violet ray manifestation of an entity in regarding harvestability; for those entities which are unbalanced, especially as to the primary rays,

will not be capable of sustaining the impact of the love and light of intelligent infinity to the extent necessary for harvest.

Ra, 41.18

Questioner: You mentioned in the last session the concept of fasting for removing unwanted thought-forms. Can you expand on this process and explain a little bit more about how this works?

Ra: I am Ra. This, as all healing techniques, must be used by a conscious being; that is, a being conscious that the ridding of excess and unwanted material from the body complex is the analogy to the ridding of mind or spirit of excess or unwanted material. Thus the one discipline or denial of the unwanted portion as an appropriate part of the self is taken through the tree of mind down through the trunk to subconscious levels where the connection is made and thus the body, mind, and spirit, then in unison, express denial of the excess or unwanted spiritual or mental material as part of the entity.

All then falls away and the entity, while understanding, if you will, and appreciating the nature of the rejected material as part of the greater self, nevertheless, through the action of the will purifies and refines the mind/body/spirit complex, bringing into manifestation the desired mind complex or spirit complex attitude.

Ra, 41.20

Questioner: Then would this be like a conscious reprogramming of catalyst? For instance, for some entities catalyst is programmed by the Higher Self to create experiences so that the entity can release itself from unwanted biases. Would this be analogous then to the entity consciously programming this release and using fasting as the method of communication to itself?

Ra: I am Ra. This is not only correct but may be taken further. The self, if conscious to a great enough extent of the workings of this catalyst and the techniques of programming, may through concentration of the will and the faculty of faith alone cause reprogramming without the analogy of the fasting, the diet, or other analogous body complex disciplines.

Ra, 41.21

Questioner: I am going to make a statement and ask you to comment on its degree of accuracy. I am assuming that the balanced entity would not be swayed either towards positive or negative emotions by any situation which he might confront. By remaining unemotional in any situation, the balanced entity may clearly discern the appropriate and necessary responses in harmony with the Law of One for each situation. Is this correct?

Ra: I am Ra. This is an incorrect application of the balancing which we have discussed. The exercise of first experiencing feelings and then consciously discovering their antitheses within the being has as its objective not the smooth flow of feelings both positive and negative while remaining unswayed but rather the objective of becoming unswayed. This is a simpler result and takes much practice, shall we say.

The catalyst of experience works in order for the learn/teachings of this density to occur. However, if there is seen in the being a response, even if it is simply observed, the entity is still using the catalyst for learn/teaching. The end result is that the catalyst is no longer needed. Thus this density is no longer needed. This is not indifference or objectivity but a finely tuned compassion and love which sees all things as love. This seeing elicits no response due to catalytic reactions. Thus the entity is now able to become co-Creator of experiential occurrences. This is the truer balance.

Ra, 42.1

Questioner: Would a perfectly balanced entity feel any emotional response in being attacked by the other-self?

Ra: I am Ra. This is correct. The response is love.
Ra, 42.3

Questioner: In the illusion that we now experience it is difficult to maintain this response especially if the attack results in physical pain, but I assume that this response should be maintained even through physical pain or loss of life. Is this correct?

Ra: I am Ra. This is correct and further is of a major or principle importance in understanding, shall we say, the principle of balance. Balance is not indifference but rather the observer not blinded by any feelings of separation but rather fully imbued with love.
Ra, 42.4

Questioner: I would like to try to make an analogy for third-density of this concept. Many entities here feel great compassion for relieving the physical problems of third-density other-selves by administering to them in many ways, with food if there is hunger as there is now in the African nations, by bringing them medicine if they feel that there is a need to minister to them medically, and being selfless in all of these services to a very great extent.

This is creating a vibration that is in harmony with green-ray or fourth-density but it is not balanced with the understanding of fifth-density that these entities are experiencing catalysts and a more balanced administration to their needs would be to provide them with the learning necessary to reach the state of awareness of fourth-density than it would be to minister to their physical needs at this time. Is this correct?

Ra: I am Ra. This is incorrect. To a mind/body/spirit complex which is starving, the appropriate response is the feeding of the body. You may extrapolate from this.

On the other hand, however, you are correct in your assumption that the green ray response is not as refined as that which has been imbued with wisdom. This wisdom enables the entity to appreciate its contributions to the planetary consciousness by the quality of its being without regard to activity or behavior which expects results upon visible planes.

Ra, 42.6

Questioner: What is the difference in terms of energy center activation between a person who represses emotional responses to emotionally charged situations and the person who is balanced and, therefore, truly unswayed by emotionally charged situations?

Ra: I am Ra. This query contains an incorrect assumption. To the truly balanced entity no situation would be emotionally charged. With this understood, we may say the following: The repression of emotions depolarizes the entity in so far as it then chooses not to use the catalytic action of the space/time present in a spontaneous manner, thus dimming the energy centers. There is, however, some polarization towards positive if the cause of this repression is consideration for other-selves. The entity which has worked long enough with the catalyst to be able to feel the catalyst but not find it necessary to express reactions is not yet balanced but suffers no depolarization due to the transparency of its experiential continuum. Thus the gradual increase in the ability to observe one's reaction and to know the self will bring the self ever closer to a true balance. Patience is requested and suggested, for the catalyst is intense upon your plane and its use must be appreciated over a period of consistent learn/teaching.

Ra, 42.8

Questioner: How can a person know when he is unswayed by an emotionally charged situation or if he is repressing the flow of emotions, or if he is in balance and truly unswayed?

Ra: I am Ra. We have spoken to this point. Therefore, we shall briefly iterate that to the balanced entity no situation has an emotional charge but is simply a situation like any other in which the entity may or may not observe an opportunity to be of service. The closer an entity comes to this attitude the closer an entity is to balance. You may note that it is not our recommendation that reactions to catalyst be repressed or suppressed unless such reactions would be a stumbling block not consonant with the Law of One to an other-self. It is far, far better to allow the experience to express itself in order that the entity may then make fuller use of this catalyst.
Ra, 42.9

Questioner: How can an individual assess what energy centers within its being are activated and in no immediate need of attention and which energy centers are not activated and are in need of immediate attention?

Ra: I am Ra. The thoughts of an entity, its feelings or emotions, and least of all its behavior are the signposts for the teaching/learning of self by self. In the analysis of one's experiences of a diurnal cycle an entity may assess what it considers to be inappropriate thoughts, behaviors, feelings, and emotions.

In examining these inappropriate activities of mind, body, and spirit complexes the entity may then place these distortions in the proper vibrational ray and thus see where work is needed.
Ra, 42.10

There is but one technique for this growing or nurturing of will and faith, and that is the focusing of the attention. The attention span of those you call children is considered short. The spiritual attention span of most of your peoples is that of the child. Thus it is a matter of wishing to become able to collect one's attention and hold it upon the desired programming.

This, when continued, strengthens the will. The entire activity can only occur when there exists faith that an outcome of this discipline is possible.
Ra, 42.11

In the less sensitized individual the choosing of personally inspirational images [for visualization] is appropriate whether this inspiration be the rose which is of perfect beauty, the cross which is of perfect sacrifice, the Buddha which is the All-being in One, or whatever else may inspire the individual.
Ra, 42.14

The entity, child or adult, as you call it, is not an instrument to be played. The appropriate teach/learning device of parent to child is the open-hearted being-ness of the parent and the total acceptance of the beingness of the child. This will encompass whatever material the child entity has brought into the life experience in this plane.

There are two things especially important in this relationship other than the basic acceptance of the child by the parent. Firstly, the experience of whatever means the parent uses to worship and give thanksgiving to the One Infinite Creator, should if possible be shared with the child entity upon a daily basis, as you would say. Secondly, the compassion of parent to child may well be tempered by the understanding that the child entity shall learn the biases of service-to-others or service-to-self from the parental other-self. This is the reason that some discipline is appropriate in the teach/learning. This does not apply to the activation of any one energy center for each entity is unique and each relationship with self and other-self doubly unique. The guidelines given are only general for this reason.
Ra, 42.19

We have, many times now, spoken about the relative importance of balancing as opposed to the relative unimportance of maximal activation of each energy center. The reason is as you have correctly surmised. Thusly the entity is concerned, if it be upon the path of positive harvestability, with the regularizing of the various

energies of experience. Thus the most fragile entity may be more balanced than one with extreme energy and activity in service-to-others due to the fastidiousness with which the will is focused upon the use of experience in knowing the self.

Ra, 43.8

You may consider all of these aforementioned aids [the Questioner presented a long list of aids] as those helpful to the stimulation of that which in actuality aids concentration, that being the will of the entity. This free will may be focused at any object or goal.

Ra, 43.30

Questioner: This is very revealing to us. Thank you. Each of us gets signals and dreams. I have been aware of clairaudient communication at least once in waking up. Can you suggest a method whereby we might be able, shall I say, to nullify the influence of that which we don't want of a negative source?

Ra: I am Ra. There are various methods. We shall offer the most available or simple. To share the difficult contact with the other-selves associated with this working and to meditate in love for these senders of images and light for self and other-selves is the most available means of nullifying the effects of such occurrences. To downgrade these experiences by the use of intellect or the disciplines of will is to invite the prolonging of the effects. Far better then to share in trust such experiences and join hearts and souls in love and light with compassion for the sender and armor for the self.

Ra, 44.10

Control is the key to negatively polarized use of catalyst. Acceptance is the key to positively polarized use of catalyst.

Ra, 46.7

The first acceptance, or control depending upon polarity, is of the self. Anger is one of many things to be accepted and loved as a part of self or controlled as a part of self, if the entity is to do work.

Ra, 46.8

Questioner: Then the positively oriented entity, rather than attempting repression of emotion, would balance the emotion as stated in an earlier contact. Is this correct?

Ra: I am Ra. This is correct and illustrates the path of unity.

Ra, 46.11

The catalyst, and all catalyst, is designed to offer experience. This experience in your density may be loved and accepted or it may be controlled. These are the two paths. When neither path is chosen the catalyst fails in its design and the entity proceeds until catalyst strikes it which causes it to form a bias towards acceptance and love or separation and control. There is no lack of space/time in which this catalyst may work.

Ra, 46.14

We have used this particular term ["crystallized entity"] because it has a fairly precise meaning in your language. When a crystalline structure is formed of your physical material the elements present in each molecule are bonded in a regularized fashion with elements in each other molecule. Thus the structure is regular and, when fully and perfectly crystallized, has certain properties. It will not splinter or break; it is very strong without effort; and it is radiant, traducing light into a beautiful refraction giving pleasure of the eye to many.

Ra, 47.7

The audience brought about by Orion-type publicity is not seeded by seniority of vibration to a great extent. The audiences receiving teach/learnings without stimulus from publicity will be more greatly oriented towards illumination. Therefore, forget you the counting.

Ra, 48.4

The entity ruled by intuition and impulse is equal to the entity governed by rational analysis when polarity is considered. The lobes may both be used for service to self or service-to-others. It may seem that the rational or analytical mind might have more of a possibility of successfully pursuing the negative orientation due to the fact that in our understanding too much order is by its essence negative. However, this same ability to structure abstract concepts and to analyze experiential data may be the key to rapid positive polarization. It may be said that those whose analytical capacities are predominant have somewhat more to work with in polarizing.

The function of intuition is to inform intelligence. In your illusion the unbridled predominance of intuition will tend to keep an entity from the greater polarizations due to the vagaries of intuitive perception. As you may see, these two types of brain structure need to be balanced in order that the net sum of experiential catalyst will be polarization and illumination, for without the acceptance by the rational mind of the worth of the intuitive faculty the creative aspects which aid in illumination will be stifled.

Ra, 49.4

Like most scientific attempts at precision, it fails to take into account the unique qualities of each creation.

Ra, 49.5

The most important concept to grasp about the energy field is that the lower or negative pole will draw the universal energy into itself from the cosmos. Therefrom it will move upward to be met and reacted to by the positive spiraling energy moving downward from within. The measure of an entity's level of ray activity is the locus wherein the south pole outer energy has been met by the inner spiraling positive energy.

As an entity grows more polarized this locus will move upwards. This phenomenon has been called by your peoples the kundalini. However, it may better be thought of as the meeting place of cosmic and inner, shall we say, vibratory understanding. To attempt to raise the locus of this meeting without realizing the metaphysical principles of magnetism upon which this depends is to invite great imbalance.

Ra, 49.5

Questioner: What process would be the recommended process for correctly awakening the kundalini and of what value would that be?

Ra: I am Ra. The metaphor of the coiled serpent being called upwards is vastly appropriate for consideration by your peoples. This is what you are attempting when you seek. There are, as we have stated, great misapprehensions concerning this metaphor and the nature of pursuing its goal. We must generalize and ask that you grasp the fact that this in effect renders far less useful that which we share. However, as each entity is unique, generalities are our lot when communicating for your possible edification.

We have two types of energy. We are attempting then, as entities in any true color of this octave, to move the meeting place of inner and outer natures further and further along or upward along the energy centers. The two methods of approaching this with sensible method are first, the seating within one's self of those experiences which are attracted to the entity through the south pole. Each experience will need to be observed, experienced, balanced, accepted, and seated within the individual. As the entity grows in self-acceptance and awareness of catalyst the location of the comfortable seating of these experiences will rise to the new true color entity. The experience, whatever it may be, will be seated in red ray and considered as to its survival content and so forth.

Each experience will be sequentially understood by the growing and seeking mind/body/spirit complex in terms of survival, then in terms of personal identity, then in terms of social relations, then in terms of universal love, then in terms of how the experience may beget free communication, then in terms of how the experience may be linked to universal energies, and finally in terms of the sacramental nature of each experience.

Meanwhile the Creator lies within. In the north pole the crown is already upon the head and the entity is potentially a god. This energy is brought into being by the humble and trusting acceptance of this energy through meditation and contemplation of the self and of the Creator.

Where these energies meet is where the serpent will have achieved its height. When this uncoiled energy approaches universal love and radiant being the entity is in a state whereby the harvestability of the entity comes nigh.

Ra, 49.6

Those aware of evolution and desirous in the very extreme of attaining the heart of love and the radiance which gives understanding no matter what the lessons programmed: they have to do with other-selves, not with events: they have to do with giving, not receiving, for the lessons of love are of this nature both for positive and negative. Those negatively harvestable will be found at this time endeavoring to share their love of self.

Ra, 50.5

There is no entity without help, either through self-awareness of the unity of creation or through guardians of the self which protect the less sophisticated mind/body/spirit from any permanent separation from unity while the lessons of your density continue.

Ra, 50.5

The negatively oriented being will be one who feels that it has found power that gives meaning to its existence precisely as the positive polarization does feel.

Ra, 50.6

This negative entity will strive to offer these understandings to other-selves, most usually by the process of forming the elite, the disciples, and teaching the need and rightness of the enslavement of other-selves for their own good. These other-selves are conceived to be dependent upon the self and in need of the guidance and the wisdom of the self.

Ra, 50.6

Questioner: Can you expand on the concept which is that it is necessary for an entity, during incarnation in the physical as we know it, to become polarized or interact properly with other entities and why this isn't possible in between incarnations when the entity is aware of what he wants to do. Why must he come into an incarnation and lose conscious memory of what he wants to do and then act in a way in which he hopes to act?

Ra: I am Ra. Let us give the example of the man who sees all the poker hands. He then knows the game. It is but child's play to gamble, for it is no risk. The other hands are known. The possibilities are known and the hand will be played correctly but with no interest.

In time/space and in the true color green density, the hands of all are open to the eye. The thoughts, the feelings, the troubles, all these may be seen. There is no deception and no desire for deception. Thus much may be accomplished in harmony but the mind/body/spirit gains little polarity from this interaction.

Let us re-examine this metaphor and multiply it into the longest poker game you can imagine, a lifetime. The cards are love, dislike, limitation, unhappiness, pleasure, etc. They are dealt and re-dealt and re-dealt

continuously. You may, during this incarnation begin—and we stress begin—to know your own cards. You may begin to find the love within you. You may begin to balance your pleasure, your limitations, etc. However, your only indication of other-selves' cards is to look into the eyes.

You cannot remember your hand, their hands, perhaps even the rules of this game. This game can only be won by those who lose their cards in the melting influence of love, can only be won by those who lay their pleasures, their limitations, their all upon the table face up and say inwardly: "All, all of you players, each other-self, whatever your hand, I love you." This is the game: to know, to accept, to forgive, to balance, and to open the self in love. This cannot be done without the forgetting, for it would carry no weight in the life of the mind/body/spirit being-ness totality.

Ra, 50.7

...the use of technology to manipulate that outside the self is far, far less of an aid to personal evolution than the disciplines of the mind/body/spirit complex resulting in the whole knowledge of the self in the microcosm and macrocosm.

To the disciplined entity, all things are open and free. The discipline which opens the universes opens also the gateways to evolution. The difference is that of choosing either to hitchhike to a place where beauty may be seen or to walk, step by step, independent and free in this independence to praise the strength to walk and the opportunity for the awareness of beauty.

The hitchhiker, instead, is distracted by conversation and the vagaries of the road and, dependent upon the whims of others, is concerned to make the appointment in time. The hitchhiker sees the same beauty but has not prepared itself for the establishment, in the roots of mind, of the experience.

Ra, 52.2

Questioner: Am I correct, then, in assuming that discipline of the personality, knowledge of self, and control in strengthening of the will would be what any fifth-density entity would see as those things of importance?

Ra: I am Ra. In actuality these things are of importance in third through early seventh densities. The only correction in nuance that we would make is your use of the word, control. It is paramount that it be understood that it is not desirable or helpful to the growth of the understanding, may we say, of an entity by itself to control thought processes or impulses except where they may result in actions not consonant with the Law of One. Control may seem to be a short-cut to discipline, peace, and illumination. However, this very control potentiates and necessitates the further incarnative experience in order to balance this control or repression of that self which is perfect.

Instead, we appreciate and recommend the use of your second verb in regard to the use of the will. Acceptance of self, forgiveness of self, and the direction of the will; this is the path towards the disciplined personality. Your faculty of will is that which is powerful within you as co-Creator. You cannot ascribe to this faculty too much importance. Thus it must be carefully used and directed in service-to-others for those upon the positively oriented path.

There is great danger in the use of the will as the personality becomes stronger, for it may be used even subconsciously in ways reducing the polarity of the entity.

Ra, 52.7

Questioner: Is there then, from the point of view of an individual who wishes to follow the service-to-others path, anything of importance other than disciplines of personality, knowledge of self, and strengthening of will?

Ra: I am Ra. This is technique. This is not the heart. Let us examine the heart of evolution.

Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learn/taught in meditation and in service. At some point the mind/body/spirit complex is so smoothly activated and balanced by these central thoughts or distortions that the techniques you have mentioned become quite significant. However, the universe, its mystery unbroken, is one. Always begin and end in the Creator, not in technique.

Ra, 52.11

If there is fear and doom, the contact was quite likely of a negative nature. If the result is hope, friendly feelings, and the awakening of a positive feeling of purposeful service-to-others, the marks of Confederation contact are evident.

Ra, 53.17

Were there no potentials for misunderstanding and, therefore, understanding, there would be no experience.

Ra, 54.7

The mind/body/spirit complex is not a machine. It is rather what you might call a tone poem.

Ra, 54.8

We may suggest that in order to progress, a state of some dissatisfaction will be present, thus giving the entity the stimulus for further seeking. This dissatisfaction, nervousness, or angst, if you will, is not of itself useful. Thus its use is indirect.

Ra, 54.3

Questioner: OK. Then I assume that the first distortion is the motivator or what allows this blockage. Is this correct?

Ra: I am Ra. We wish no quibbling but prefer to avoid the use of terms such as the verb, to allow. Free will does not allow, nor would predetermination disallow, experiential distortions. Rather the Law of Confusion offers a free reach for the energies of each mind/body/spirit complex. The verb, to allow, would be considered pejorative in that it suggests a polarity between right and wrong or allowed and not allowed. This may seem a minuscule point. However, to our best way of thinking it bears some weight.

Ra, 54.13

While it is a primary priority to activate or unblock each energy center, it is also a primary priority at that point to begin to refine the balances between the energies so that each tone of the chord of total vibratory being-ness resonates in clarity, tune, and harmony with each other energy. This balancing, tuning, and harmonizing of the self is most central to the more advanced or adept mind/body/spirit complex. Each energy may be activated without the beauty that is possible through the disciplines and appreciations of personal energies or what you might call the deeper personality or soul identity.

Ra, 54.15

Questioner: Let me make an analogy that I have just thought of. A seven-stringed musical instrument may be played by deflecting each string a full deflection and releasing it producing notes. instead of producing the notes this way the individual creative personality could deflect each string the proper amount in the proper sequence producing music. Is this correct?

Ra: I am Ra. This is correct. In the balanced individual the energies lie waiting for the hand of the Creator to pluck harmony.

Ra, 54.15

The more advanced the entity, the more tenuous the connection between the sub-Logos and the perceived catalyst until, finally, all catalyst is chosen, generated, and manufactured by the self, for the self.

Ra, 54.17

Questioner: A positively oriented entity may select a certain narrow path of thinking and activities during an incarnation and program conditions that would create physical pain if this were not followed. Is this correct?

Ra: I am Ra. This is correct.

Ra, 54.20

...the positively oriented entity will be transmuting strong red-ray sexual energy into green-ray energy transfers and radiation in blue and indigo and will be similarly transmuting selfhood and place in society into energy transfer situations in which the entity may merge with and serve others and then, finally, radiate unto others without expecting any transfer in return.

Ra, 54.24

The origin of all energy is the action of free will upon love. The nature of all energy is light. The means of its ingress into the mind/body/spirit complex is duple.

Firstly, there is the inner light which is Polaris of the self, the guiding star. This is the birthright and true nature of all entities. This energy dwells within.

The second point of ingress is the polar opposite of the North Star, shall we say, and may be seen, if you wish to use the physical body as an analog for the magnetic field, as coming through the feet from the earth and through the lower point of the spine. This point of ingress of the universal light energy is undifferentiated until it begins its filtering process through the energy centers. The requirements of each center and the efficiency with which the individual has learned to tap into the inner light determine the nature of the use made by the entity of these in-streamings.

Ra, 54.26

We have addressed the filtering process by which in-coming energies are pulled upwards according to the distortions of each energy center and the strength of will or desire emanating from the awareness of inner light. If we may be more specific, please query with specificity.

Ra, 54.28

We scan this instrument and find its distortion towards appreciation of each entity and each entity's caring, as you may call it. This atmosphere, shall we say, offers the greatest contrast to the discomfort of such psychic attacks, being the reciprocal, that is, the atmosphere of psychic support.

This each of you do as a subconscious function of true attitudinal, mental, emotional, and spiritual distortions towards this instrument. There is no magic greater than honest distortion toward love.

Ra, 55.2

This contact may be characterized as one typical of the Brothers and Sisters of Sorrow wherein those receiving the contact have attempted to prepare for such contact by sacrificing extraneous, self-oriented distortions in order to be of service.

The Ra social memory complex offers itself also as a function of its desire to serve. Both the caller and the contact are filled with gratitude at the opportunity of serving others.

We may note that this in no way presupposes that either the callers or those of our group in any way approach a perfection or purity such as was described in the bidding process. The calling group may have many distortions and the working with much catalyst, as may those of Ra. The overriding desire to serve others, bonded with the unique harmonics of this group's vibratory complexes, gives us the opportunity to serve as one channel for the One Infinite Creator.

Things come not to those positively oriented but through such beings.
Ra, 55.7

This instrument is under a most severe psychic attack. This instrument is bearing up well due to replenished vital energies and a distortion towards a sense of proportion which your peoples call a sense of humor.
Ra, 57.1

The inner light is that which is your heart of being. Its strength equals your strength of will to seek the light.
Ra, 57.14

It is to be noted that a strongly crystallized entity is, in effect, a portable King's Chamber position.
Ra, 57.16

...the concept of initiation and realize that it demands the centering of the being upon the seeking of the Creator. We have hoped to balance this understanding by enunciating the Law of One, that is, that all things are One Creator. Thus seeking the Creator is done not just in meditation and in the work of an adept but in the experiential nexus of each moment.

The initiation of the Queen's Chamber has to do with the abandoning of self to such desire to know the Creator in full that the purified in-streaming light is drawn in balanced fashion through all energy centers, meeting in indigo and opening the gate to intelligent infinity. Thus the entity experiences true life or, as your people call it, resurrection.
Ra, 57.24

The space/time and time/space concepts are those concepts describing as mathematically as possible the relationships of your illusion, that which is seen to that which is unseen. These descriptive terms are clumsy. They, however, suffice for this work.

In the experiences of the mystical search for unity, [concepts of space and time] need never be considered, for they are but part of an illusory system. The seeker seeks the One. The One is to be sought, as we have said, by the balanced and self-accepting self aware, both of its apparent distortions and its total perfection. Resting in this balanced awareness, the entity then opens the self to the universe which it is. The light energy of all things may then be attracted by this intense seeking, and wherever the inner seeking meets the attracted cosmic prana, realization of the One takes place.

The purpose of clearing each energy center is to allow that meeting place to occur at the indigo ray vibration, thus making contact with intelligent infinity and dissolving all illusions. Service-to-others is automatic at the released energy generated by this state of consciousness.

Ra, 57.33

Contact with indigo ray need not necessarily show itself in any certain gift or guidepost, as you have said. There are some whose indigo energy is that of pure being and never is manifested, yet all are aware of such an entity's progress. Others may teach or share in many ways contact with intelligent energy. Others continue in unmanifested form, seeking intelligent infinity.

Thus the manifestation is lesser signpost than that which is sensed or intuited about a mind/body/spirit complex. This violet ray being-ness is far more indicative of true self.

Ra, 58.22

You may note that as one learns the, shall we say, understandings or disciplines of the personality each of these configurations of prana is available to the entity without the aid of this shape. One may view the pyramid at Giza as metaphysical training wheels.

Ra, 60.13

This is in common with each of your orthodox religious systems which have all become somewhat mixed in orientation, yet offer a pure path to the One Creator which is seen by the pure seeker.

Ra, 60.18

We of the Confederation are at the call of those upon your planet. If the call, though sincere, is fairly low in consciousness of the, shall we say, system whereby spiritual evolution may be precipitated, then we may only offer that information useful to that particular caller. This is the basic difficulty. Entities receive the basic information about the Original Thought and the means, that is meditation and service-to-others, whereby this Original Thought may be obtained.

Once this basic information is received it is not put into practice in the heart and in the life experience but instead rattles about within the mind complex distortions as would a building block which has lost its place and simply rolls from side to side uselessly, yet still the entity calls. Therefore, the same basic information is repeated. Ultimately the entity decides that it is weary of this repetitive information. However, if an entity puts into practice that which it is given, it will not find repetition except when needed.

Ra, 60.27

This is not a dimension of knowing, even subjectively, due to the lack of overview of cosmic and other in-pourings which affect each and every situation which produces catalyst. The subjective acceptance of that which is at the moment and the finding of love within that moment is the greater freedom.

That known as the subjective knowing without proof is, in some degree, a poor friend for there will be anomalies no matter how much information is garnered due to the distortions which form third-density.

Ra, 61.19

These distortions remove the focus from the One Infinite Source of love and light of which we are all messengers, humble and knowing that we, of ourselves, are but the tiniest portion of the Creator, a small part of a magnificent entirety of infinite intelligence.

Ra, 62.23

Continue in love and praise and thanksgiving to the Creator. Examine previous material. Love is the great protector.

Ra, 63.5

The vital energy may be seen to be that deep love of life or life experiences such as the beauty of creation and the appreciation of other-selves and the distortions of your co-Creators' making which are of beauty.

Without this vital energy the least distorted physical complex will fail and perish. With this love or vital energy or elán the entity may continue though the physical complex is greatly distorted.

Ra, 63.7

Wanderers are third-density activated in mind/body/spirit and are subject to the forgetting which can only be penetrated with disciplined meditation and working.

Ra, 63.17

The principle behind any ritual of the white magical nature is to so configure the stimuli which reach down into the trunk of mind that this arrangement causes the generation of disciplined and purified emotion or love which then may be both protection and the key to the gateway to intelligent infinity.

Ra, 64.3

Let it be said that any entity or group may create the most splendid harmony in any outer atmosphere. Ra's experiences are no more than your own. Yours is the dance at this space/time in third-density harvest.

Ra, 64.7

If the entity is polarized towards service-to-others, analysis properly proceeds along the lines of consideration of which path offers the most opportunity for service-to-others.

For the negatively polarized entity the antithesis is the case.

For the unpolarized entity the considerations are random and most likely in the direction of the distortion towards comfort.

Ra, 64.15

...when faced with a hole in the curtain, an entity's eyes may well peer for the first time through the window beyond.

Ra, 65.2

There are many Wanderers whose dysfunction with regard to the planetary ways of your peoples have caused, to some extent, a condition of being caught up in a configuration of mind complex activity which, to the corresponding extent, may prohibit the intended service.

Ra, 65.3

Consider the shopper entering the store to purchase food with which to furnish the table for the time period you call a week. Some stores have some items, others a variant set of offerings. We speak of these possibility/probability vortices when asked with the understanding that such are as a can, jar, or portion of goods in your store.

It is unknown to us as we scan your time/space whether your peoples will shop hither or yon. We can only name some of the items available for the choosing. The, shall we say, record which the one you call Edgar read from is useful in that same manner. There is less knowledge in this material of other possibility/probability vortices and

more attention paid to the strongest vortex. We see the same vortex but also see many others. Edgar's material could be likened unto one hundred boxes of your cold cereal, another vortex likened unto three, or six, or fifty of another product which is eaten by your peoples for breakfast. That you will breakfast is close to certain. The menu is your own choosing.

The value of prophecy must be realized to be only that of expressing possibilities. Moreover, it must be, in our humble opinion, carefully taken into consideration that any time/space viewing, whether by one of your time/space or by one such as we who view the time/space from a dimension, shall we say, exterior to it will have a quite difficult time expressing time measurement values. Thus prophecy given in specific terms is more interesting for the content or type of possibility predicted than for the space/time nexus of its supposed occurrence.

Ra, 65.9

It was the aim of Wanderers to serve the entities of this planet in whatever way was requested and it was also the aim of Wanderers that their vibratory patterns might lighten the planetary vibration as a whole, thus ameliorating the effects of planetary disharmony and palliating any results of this disharmony.

Specific intentions such as aiding in a situation not yet manifest are not the aim of Wanderers. Light and love go where they are sought and needed, and their direction is not planned aforesomes.

Ra, 65.11

You may, at this time, note that as with any entities, each Wanderer has its unique abilities, biases, and specialties so that from each portion of each density represented among the Wanderers come an array of pre-incarnative talents which then may be expressed upon this plane which you now experience so that each Wanderer, in offering itself before incarnation, has some special service to offer in addition to the doubling effect of planetary love and light and the basic function of serving as beacon or shepherd.

Thus there are those of fifth-density whose abilities to express wisdom are great. There are fourth and sixth-density Wanderers whose ability to serve as, shall we say, passive radiators or broadcasters of love and love/light are immense. There are many others whose talents brought into this density are quite varied.

Thus Wanderers have three basic functions once the forgetting is penetrated, the first two being basic, the tertiary one being unique to that particular mind/body/spirit complex.\

Ra, 65.12

We may note at this point while you ponder the possibility/probability vortices that although you have many, many items which cause distress and thus offer seeking and service opportunities, there is always one container in that store of peace, love, light, and joy. This vortex may be very small, but to turn one's back upon it is to forget the infinite possibilities of the present moment. Could your planet polarize towards harmony in one fine, strong, moment of inspiration? Yes, my friends. It is not probable; but it is ever possible.

Ra, 65.12

The ability to polarize positively requires a certain degree of self determination.

Ra, 65.14

In your space/time you and your peoples are the parents of that which is in the womb. The Earth, as you call it, is ready to be born and the delivery is not going smoothly. When this entity has become born it will be instinct with the social memory complex of its parents which have become fourth-density positive. In this density there is a broader view.

Ra, 65.17

One meets the self in the center or deeps of the being. The so-called resonating chamber may be likened unto the symbology of the burial and resurrection of the body wherein the entity dies to self and through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being.

Ra, 65.20

Questioner: Could I make the analogy of in this apparent death of losing the desires that are the illusory, common desires of third-density and gaining desires of total service-to-others?

Ra: I am Ra. You are perceptive. This was the purpose and intent of this chamber as well as forming a necessary portion of the King's Chamber position's effectiveness.

Ra, 65.21

Only in so far as the healer has become balanced may it be a channel for the balancing of an other-self. The healing is first practiced upon the self, if we may say this, in another way.

Ra, 66.8

The healer does not heal. The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself.

In no case is there an other description of healing. Therefore, there is no difference as long as the healer never approaches one whose request for aid has not come to it previously. This is also true of the more conventional healers of your culture and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing, many of these entities would feel an enormous load of misconceived responsibility fall from them.

Ra, 66.10

Perhaps the greatest healer is within the self and may be tapped with continued meditation as we have suggested.

The many forms of healing available to your peoples ... each have virtue and may be deemed appropriate by any seeker who wishes to alter the physical complex distortions or some connection between the various portions of the mind/body/spirit complex thereby.

Ra, 66.12

Questioner: I have observed many activities known as psychic surgery in the area of the Philippine Islands. It was my assumption that these healers are providing what I would call a training aid or a way of creating a reconfiguration of the mind of the patient to be healed as the relatively naive patient observes the action of the healer in seeing the materialized blood, etc. and reconfigures the roots of mind to believe, you might say, the healing is done and, therefore, heals himself. Is this analysis that I have made correct?

Ra: I am Ra. This is correct.

Ra, 66.13

...the crystallized healer has no will. It offers an opportunity without attachment to the outcome, for it is aware that all is one and that the Creator is knowing Itself.

Ra, 66.15

Questioner: Then the desire must be strong in the mind/body/spirit complex who seeks healing to be healed in order for the healing to occur? Is this correct?

Ra: I am Ra. This is correct on one level or another. An entity may not consciously seek healing and yet subconsciously be aware of the need to experience the new set of distortions which result from healing. Similarly an entity may consciously desire healing greatly but within the being, at some level, find some cause whereby certain configurations which seem quite distorted are, in fact, at that level, considered appropriate.

Ra, 66.16

...meditation is always an aid to knowing the self.

Ra, 66.18

Catalyst is offered to the entity. If it is not used by the mind complex it will then filter through to the body complex and manifest as some form of physical distortion. The more efficient the use of catalyst, the less physical distortion to be found.

Ra, 66.34

Consider, if you will, that you have no ability not to serve the Creator since all is the Creator. In your individual growth patterns appear the basic third-density choice. Further, there are overlaid memories of the positive polarizations of your home density. Thus your particular orientation is strongly polarized towards service to others and has attained wisdom as well as compassion.

You do not have merely two opposite requests for information or lack of information from this source if you listen careful to those whose voices you may hear. This is all one voice to which you resonate upon a certain frequency. This frequency determines your choice of service to the One Creator. As it happens this group's vibratory patterns and those of Ra are compatible and enable us to speak through this instrument with your support. This is a function of free will.

A portion, seemingly of the Creator, rejoices at your choice to question us regarding the evolution of spirit. A seemingly separate portion would wish for multitudinous answers to a great range of queries of a specific nature. Another seemingly separate group of your peoples would wish this correspondence through this instrument to cease, feeling it to be of a negative nature. Upon the many other planes of existence there are those whose every fiber rejoices at your service and those such as the entity of whom you have been speaking which wish only to terminate the life upon the third-density plane of this instrument. All are the Creator. There is one vast panoply of biases and distortions, colors and hues, in an unending pattern. In the case of those with whom you, as entities and as a group, are not in resonance, you wish them love, light, peace, joy, and bid them well. No more than this can you do for your portion of the Creator is as it is and your experience and offering of experience, to be valuable, needs be more and more a perfect representation of who you truly are. Could you, then, serve a negative entity by offering the instrument's life? It is unlikely that you would find this a true service. Thus you may see in many cases the loving balance being achieved, the love being offered, light being sent, and the service of the service-to-self oriented entity gratefully acknowledged while being rejected as not being useful in your journey at this time. Thus you serve One Creator without paradox.

Ra, 67.11

The light would work instantly upon an untuned individual by suggestion, that is the stepping out in front of the traffic because the suggestion is that there is no traffic. This entity, as each in this group, is enough disciplined in the ways of love and light that it is not suggestible to any great extent.

Ra, 67.13

Questioner: Then there is no other service at this time that we can offer that fifth-density entity of the Orion group who is constantly with us. As I see it now from your point of view there is nothing that we can do for him? Is this correct?

Ra: I am Ra. This is correct. There is great humor in your attempt to be of polarized service to the opposite polarity. There is a natural difficulty in doing so since what you consider service is considered by this entity non-service. As you send this entity love and light and wish it well it loses its polarity and needs to regroup.

Thus it would not consider your service as such. On the other hand, if you allowed it to be of service by removing this instrument from your midst you might perhaps perceive this as not being of service. You have here a balanced and polarized view of the Creator; two services offered, mutually rejected, and in a state of equilibrium in which free will is preserved and each allowed to go upon its own path of experiencing the One Infinite Creator.

Ra, 67.26

We perceive that we have not been able to clarify your service versus its desire for service. You need, in our humble opinion, to look at the humor of the situation and relinquish your desire to serve where no service is requested. The magnet will attract or repel. Glory in the strength of your polarization and allow others of opposite polarity to similarly do so, seeing the great humor of this polarity and its complications in view of the unification in sixth-density of these two paths.

Ra, 67.27

Free will does not mean that there will be no circumstances when calculations will be awry. This is so in all aspects of the life experience. Although there are no mistakes, there are surprises.

Ra, 69.15

Questioner: Then each entity is of a path that leads to one destination. This is like many, many roads that travel through many, many places but eventually merge into one large center. Is this correct?

Ra: I am Ra. This is correct but somewhat wanting in depth of description. More applicable would be the thought that each entity contains within it all of the densities and sub-densities of the octave so that in each entity, no matter whither its choices lead it, its great internal blueprint is one with all others. Thusly its experiences will fall into the patterns of the journey back to the original Logos. This is done through free will but the materials from which choices can be made are one blueprint.

Ra, 71.13

...to aid the self in polarization towards love and light is to aid the planetary vibration.

Ra, 71.16

Questioner: The change in consciousness should result in a greater distortion towards service-to-others, towards unity with all, and towards knowing in order to serve. Is this correct, and are there any other desired results?

Ra: I am Ra. These are commendable phrases. The heart of white magic is the experience of the joy of union with the Creator. This joy will of necessity radiate throughout the life experience of the positive adept. It is for this reason that sexual magic is not restricted solely to the negatively oriented polarizing adepts but when most carefully used has its place in high magic as it, when correctly pursued, joins body, mind, and spirit with the One Infinite Creator.

Any purpose which you may frame should, we suggest, take into consideration this basic union with the One Infinite Creator, for this union will result in service-to-others of necessity.

Ra, 71.17

Questioner: We have here, I believe, a very important principle with respect to the Law of One. You have stated that the attitude of the individual is of paramount importance for the Orion entity to be able to be effective.

Would you please explain how this mechanism works with respect to the Law of One and why the attitude of the entity is of paramount importance and why this allows for action by the Orion entity?

Ra: I am Ra. The Law of Confusion or Free Will is utterly paramount in the workings of the infinite creation. That which is intended has as much intensity of attraction to the polar opposite as the intensity of the intention or desire.

Thus those whose desires are shallow or transitory experience only ephemeral configurations of what might be called the magical circumstance. There is a turning point, a fulcrum which swings as a mind/body/spirit complex tunes its will to service. If this will and desire is for service-to-others the corresponding polarity will be activated. In the circumstance of this group there are three such wills acting as one with the instrument in the, shall we say, central position of fidelity to service. This is as it must be for the balance of the working and the continuance of the contact. Our vibratory complex is one-pointed in these workings also and our will to serve is also of some degree of purity. This has created the attraction of the polar opposite which you experience.

We may note that such a configuration of free will, one-pointed in service-to-others, also has the potential for the alerting of a great mass of light strength. This positive light strength, however, operates also under free will and must be invoked. We could not speak to this and shall not guide you, for the nature of this contact is such that the purity of your free will must, above all things, be preserved. Thus you wend your way through experiences discovering those biases which may be helpful.

Ra, 72.7

...that great conduit to the Creator, the will.

Ra, 72.10

Those who are upon the service-to-others path may call upon the light strength in direct proportion to the strength and purity of their will to serve. Those upon the service-to-self path may call upon the dark strength in direct proportion to the strength and purity of their will to serve.

Ra, 73.4

Questioner: Then will you speak of the difference between the spiraling light that enters through the feet and the light invoked through the crown chakra?

Ra: I am Ra. The action of the upward spiraling light drawn by the will to meet the inner light of the One Infinite Creator may be likened to the beating of the heart and the movement of the muscles surrounding the lungs and all the other functions of the parasympathetic nervous system. The calling of the adept may be likened to those nerve and muscle actions over which the mind/body/spirit complex has conscious control.

Ra, 73.8

You may note that in the ritual which we offered you to properly begin the Ra workings the first focus is upon the Creator. We would further note a point which is both subtle and of some interest. The upward spiraling light developed in its path by the will, and ultimately reaching an high place of mating with the inward fire of the One Creator, still is only preparation for the work upon the mind/body/spirit which may be done by the adept. There is some crystallization of the energy centers used during each working so that the magician becomes more and more that which it seeks.

More importantly, the time/space mind/body/spirit analog, which is evoked as the magical personality, has its only opportunity to gain rapidly from the experience of the catalytic action available to the third-density space/time mind/body/spirit. Thus the adept is aiding the Creator greatly by offering great catalyst to a greater portion of the creation which is identified as the mind/body/spirit totality of an entity.

Ra, 73.10

Questioner: Desire and will are the factors in this process. Is this correct?

Ra: I am Ra. We would add one quality. In the magical personality desire, will, and polarity are the keys.

Ra, 73.11

Questioner: What was the orientation with respect to this type of communication for the one known as Jesus of Nazareth?

Ra: I am Ra. You may have read some of this entity's workings. It offered itself as teacher to those mind/body/spirit complexes which gathered to hear and even then spoke as through a veil so as to leave room for those not wishing to hear. When this entity was asked to heal, it oft times did so, always ending the working with two admonitions: firstly, that the entity healed had been healed by its faith, that is, its ability to allow and accept changes through the violet-ray into the gateway of intelligent energy; secondly, saying always, "Tell no one." These are the workings which attempt the maximal quality of free will while maintaining fidelity to the positive purity of the working.

Ra, 73.13

Infringement upon free will occurs in this circumstance [of healing or other magical working rendered by the adept] only if the entity doing the working ascribes the authorship of this event to its self or its own skills. He who states that no working comes from it but only through it is not infringing upon free will.

Ra, 73.14

We might note further that when the one wishing to be healed, though sincere, remains unhealed, as you call this distortion, you may consider pre-incarnative choices and your more helpful aid to such an entity may be the suggestion that it meditate upon the affirmative uses of whatever limitations it might experience. We would also note that in these cases the indigo-ray workings are often of aid.

Ra, 73.18

Questioner: It seems to me that the primary thing of importance for those on the service-to-others path is the development of an attitude which I can only describe as a vibration. This attitude would be developed through meditation, ritual, and the developing appreciation for the creation or Creator which results in a state of mind that can only be expressed by me as an increase in vibration or oneness with all. Could you expand and correct that statement?

Ra: I am Ra. We shall not correct this statement but shall expand upon it by suggesting that to those qualities you may add the living day by day and moment by moment, for the true adept lives more and more as it is.

Ra, 73.19

The second energy transfer of which we would speak is the sexual energy transfer. This takes place upon a non-magical level by all those entities which vibrate green ray active. It is possible, as in the case of this instrument which dedicates itself to the service of the One Infinite Creator, to further refine this energy transfer. When the other-self also dedicates itself in service to the One Infinite Creator, the transfer is doubled. Then the amount of energy transferred is dependent only upon the amount of polarized sexual energy created and released. There are refinements from this point onward leading to the realm of the high sexual magic.

The spiritual energy transfers are at the heart of all energy transfers as a knowledge of self and other-self as Creator is paramount, and this is spiritual work. The varieties of spiritual energy transfer include those things of which we have spoken this day as we spoke upon the subject of the adept.

Ra, 73.21

The disciplined personality, when faced with an other-self, has all centers balanced according to its unique balance. Thusly the other-self looks in a mirror seeing its self.

Ra, 74.9

Questioner: The disciplines of the personality are the paramount work of any who have become consciously aware of the process of evolution. Am I correct on that statement?

Ra: I am Ra. Quite.

Ra, 74.10

The general improvement of the place where the performance of the ritual of the purification is to be performed is known. We may note that the distortion towards love, as you call this spiritual/emotional complex which is felt by each for this entity, will be of aid whether this is expressed or unmanifest as there is no protection greater than love.

Ra, 75.2

The heart of the discipline of the personality is threefold. One, know your self. Two, accept your self. Three, become the Creator.

The third step is that step which, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves. In relation to the pursuit of the magical working the continuing discipline of the personality involves the adept in knowing its self, accepting its self, and thus clearing the path towards the great indigo gateway to the Creator. To become the Creator is to become all that there is. There is, then, no personality in the sense with which the adept begins its learn/teaching. As the consciousness of the indigo ray becomes more crystalline, more work may be done; more may be expressed from intelligent infinity.

Ra, 74.11

When the entity Jehoshuah [2] decided to return to the location called Jerusalem for the holy days of its people it turned from work mixing love and wisdom and embraced martyrdom which is the work of love without wisdom.

Ra, 75.14

We do not imply that this course of unbridled compassion has any fault but affirm its perfection. It is an example of love which has served as beacon to many.

For those who seek further, the consequences of martyrdom must be considered, for in martyrdom lies the end of the opportunity, in the density of the martyr, to offer love and light. Each entity must seek its deepest path.

Ra, 75.15

There are many Wanderers whom you may call adepts who do no conscious work in the present incarnation. It is a matter of attention. One may be a fine catcher of your game sphere, but if the eye is not turned as this sphere is tossed then perchance it will pass the entity by. If it turned its eyes upon the sphere, catching would be easy. In the case of Wanderers which seek to recapitulate the degree of adeptness which each had acquired previous to this life experience, we may note that even after the forgetting process has been penetrated there is still the yellow activated body which does not respond as does the adept which is of a green- or blue-ray activated body. Thusly, you may see the inevitability of frustrations and confusion due to the inherent difficulties of manipulating the finer forces of consciousness through the chemical apparatus of the yellow-ray activated body.

Ra, 75.24

It is well for each to realize its self as the Creator. Thusly each may support each including the support of self by humble love of self as Creator.

Ra, 75.25

You may consider the concept of sympathetic resonance. When certain sounds are correctly vibrated, the creation sings.

Ra, 75.27

Questioner: Then would the adept use this resonant quality to become more one with the creation and, therefore, attain his objective in that way?

Ra: I am Ra. It would be perhaps more accurate to state that in this circumstance the creation becomes more and more contained within the practitioner. The balance of your query is correct.

Ra, 75.29

Questioner: May anyone in third density accomplish some degree of healing if they have the proper will, desire, and polarity, or is there a minimal balance of the energy centers of the healer that is also necessary?

Ra: I am Ra. Any entity may at any time instantaneously clear and balance its energy centers. Thus in many cases those normally quite blocked, weakened, and distorted may, through love and strength of will, become healers momentarily. To be a healer by nature one must indeed train its self in the disciplines of the personality.

Ra, 75.35

The three aspects of the magical personality, power, love, and wisdom, are so called in order that attention be paid to each aspect in developing the basic tool of the adept; that is, its self. It is by no means a personality of three aspects. It is a being of unity, a being of sixth density, and equivalent to what you call your Higher Self and at the same time is a personality enormously rich in variety of experience and subtlety of emotion.

The three aspects are given that the neophyte not abuse the tools of its trade but rather approach those tools balanced in the center of love and wisdom and thus seeking power in order to serve.

Ra, 75.32

Questioner: You made the statement in a previous session that the true adept lives more and more as it is. Will you explain and expand more upon that statement?

Ra: I am Ra. Each entity is the Creator. The entity, as it becomes more and more conscious of its self, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the energy centers red, orange, yellow, and blue with the addition of the green for the positive, thus moving into indigo work.

The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity it gradually manifests more and more of that which it always has been since before time; that is, the One Infinite Creator.

Ra, 75.23

...any thought is a form or symbol or thing that is an object seen in time/space reference.

Ra, 76.3

...to be encouraged is the... study of being. It is the being that informs the working, not the working that informs the being.

Ra, 76.4

The choice [of service to others vs. service to self] is, as you put it, the work of a moment but is the axis upon which the creation turns.

Ra, 76.16

The instrument was instructed to spend space/time contemplating its self as the Creator. This, done in a more determined fashion, would be beneficial at times when the mind complex is weakened by severe assaults upon the distortions of the body complex towards pain. There is no necessity for negative thought-forms regardless of pain distortions. The elimination of such creates the lack of possibility for negative elementals and other negative entities to use these thought-forms to create the worsening of the mind complex deviation from the normal distortions of cheerfulness/anxiety.

Ra, 77.6

...each of the group may become aware of the will to a greater extent. We cannot instruct upon this but merely indicate, as we have previously, that it is a vital key to the evolution of the mind/body/spirit complex.

Ra, 77.10

The intensity of fourth density is that of the refining of the rough-hewn sculpture. This is, indeed, in its own way, quite intense causing the mind/body/spirit complex to move ever inward and onward in its quest for fuller expression. However, in third density the statue is forged in the fire. This is a type of intensity which is not the property of fourth, fifth, sixth, or seventh densities.

Ra, 77.15

Each of the support group has an excess of love and light to offer the instrument during the working. Already each sends to the instrument love, light, and thoughts of strength of the physical, mental, and spiritual configurations. These sendings are forms. You may refine these sendings until the fullest manifestations of love and light are sent into the energy web of this entity which functions as instrument. Your exact sending is, in order to be most potent, the creature of your own making.

Ra, 78.7

...it is certainly through this faculty [of meditation] that catalyst is most efficiently used.

Ra, 78.35

Magical ability is the ability to consciously use the so-called unconscious.

Ra, 79.32

The heart of the mind complex is that dynamic entity which absorbs, seeks, and attempts to learn

Ra, 79.36

The less balanced the distortion by self-knowledge, the more adeptly the [discarnate negative] entity may accentuate such a distortion in order to mitigate against the smooth functioning and harmony of the group.

Ra, 80.4

The power of which you speak is a spiritual power. The powers of the mind, as such, do not encompass such works as these. You may, with some fruitfulness, consider the possibilities of moonlight. You are aware that we have described the Matrix of the Spirit as a Night. The moonlight, then, offers either a true picture seen in

shadow or chimera and falsity. The power of falsity is deep as is the power to discern truth from shadow. The shadow of hidden things is an infinite depth in which is stored the power of the One Infinite Creator.

The adept, then, is working with the power of hidden things illuminated by that which can be false or true. To embrace falsity, to know it, and to seek it, and to use it gives a power that is most great. This is the nature of the power of your visitor and may shed some light upon the power of one who seeks in order to serve others as well, for the missteps in the night are oh! so easy.

Ra, 80.8

Questioner: The fifteenth archetype is the Matrix of the Spirit and has been called the Devil. Can you tell me why that is so?

Ra: I am Ra. We do not wish to be facile in such a central query, but we may note that the nature of the spirit is so infinitely subtle that the fructifying influence of light upon the great darkness of the spirit is very often not as apparent as the darkness itself. The progress chosen by many adepts becomes a confused path as each adept attempts to use the Catalyst of the Spirit. Few there are which are successful in grasping the light of the sun. By far, the majority of adepts remain groping in the moonlight and, as we have said, this light can deceive as well as uncover hidden mystery. Therefore, the melody, shall we say, of this matrix often seems to be of a negative and evil, as you would call it, nature.

It is also to be noted that an adept is one which has freed itself more and more from the constraints of the thoughts, opinions, and bonds of other-selves. Whether this is done for service to others or service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. The magic is recognized; the nature is often not.

Ra, 80.10

Questioner: Could I say, then, that implicit in the process of becoming adept is the seeming polarization towards service to self because the adept becomes disassociated with many of his kind?

Ra: I am Ra. This is likely to occur. The apparent happening is disassociation whether the truth is service to self and thus true disassociation from other-selves or service-to-others and thus true association with the heart of all other-selves and disassociation only from the illusory husks which prevent the adept from correctly perceiving the self and other-self as one.

Ra, 80.11

Questioner: Then you say that this effect of disassociation on the service-to-others adept is a stumbling block or slowing process in reaching that goal to which he aspires? Is this correct?

Ra: I am Ra. This is incorrect. This disassociation from the miasma of illusion and misrepresentation of each and every distortion is a quite necessary portion of an adept's path. It may be seen by others to be unfortunate.

Ra, 80.12

Even the most unhappy of experiences, shall we say, which seem to occur in the Catalyst of the adept, seen from the viewpoint of the spirit, may, with the discrimination possible in shadow, be worked with until light equaling the light of brightest noon descends upon the adept and positive or service-to-others illumination has occurred. The service-to-self adept will satisfy itself with the shadows and, grasping the light of day, will toss back the head in grim laughter, preferring the darkness.

Ra, 80.15

The Significator of the Spirit is that living entity which either radiates or absorbs the love and the light of the One Infinite Creator, radiates it to others or absorbs it for the self.

Ra, 80.17

That which you call the Sarcophagus in your system may be seen to be the material world, if you will. This material world is transformed by the spirit into that which is infinite and eternal. The infinity of the spirit is an even greater realization than the infinity of consciousness, for consciousness which has been disciplined by will and faith is that consciousness which may contact intelligent infinity directly. There are many things which fall away in the many, many steps of adepthood. We, of Ra, still walk these steps and praise the One Infinite Creator at each transformation.

Ra, 80.20

...intelligent energy which is the Universe or, as you have called it somewhat provincially, the World.

Ra, 80.21

...contact with intelligent energy, for this energy is the energy of the Logos, and thus it is the energy which heals, builds, removes, destroys, and transforms all other-selves as well as the self.

The contact with intelligent infinity is most likely to produce an unspeakable joy in the entity experiencing such contact.

Ra, 80.2

...each moment and certainly each diurnal period of the bodily incarnation offers death and rebirth to one which is attempting to use the catalyst which is offered it.

Ra, 81.13

We have opened our hearts in radiation of love to the entire creation. Approximately 90 percent of the creation is at some level aware of the sending and able to reply. All of the infinite Logoi are one in the consciousness of love. This is the type of contact which we enjoy rather than travel.

Ra, 81.23

...to one whose personality or mind/body/spirit complex has been crystallized the universe is one place and there is no bar upon travel

Ra, 81.27

Much of what you call creation has never separated from the One Logos of this octave and resides within the One Infinite Creator. Communication in such an environment is the communication of cells of the body. That which is learned by one is known to all.

Ra, 81.23

The One Original Thought is the harvest of all previous, if you would use this term, experience of the Creator by the Creator. As It decides to know Itself It generates Itself, into that plenum full of the glory and the power of the One Infinite Creator which is manifested to your perceptions as space or outer space. Each generation of this knowing begets a knowing which has the capacity, through free will, to choose methods of knowing Itself. Therefore, gradually, step by step, the Creator becomes that which may know Itself, and the portions of the Creator partake less purely in the power of the original word or thought. The Creator does not properly create as much as It experiences Itself.

Ra, 82.10

Consider, if you will, the tendency of those who are divinely happy, as you call this distortion, to have little urge to alter or better their condition. Such is the result of the mind/body/spirit which is not complex [that is, those entities existing prior to the experiment of the veil]. There is the possibility of love of other-selves and service to other-selves, but there is the overwhelming awareness of the Creator in the self. The connection with the Creator is that of the umbilical cord. The security is total. Therefore, no love is terribly important; no pain terribly frightening; no effort, therefore, is made to serve for love or to benefit from fear.

Ra, 82.22

...without the need to understand, understanding would forever be left undone.

Ra, 82.24

Each incarnation is intended to be a course in the Creator knowing Itself.

Ra, 82.25

Let us continue the metaphor of the schooling but consider the scholar as being an entity in your younger years of the schooling process. The entity is fed, clothed, and protected regardless of whether or not the schoolwork is accomplished. Therefore, the entity does not do the homework but rather enjoys playtime, mealtime, and vacation. It is not until there is a reason to wish to excel that most entities will attempt to excel.

Ra, 82.28

The faculty of faith or will needs to be understood, nourished, and developed in order to have an entity which seeks past the boundary of third density. Those entities which do not do their homework, be they ever so amiable, shall not cross.

Ra, 82.29

...the veiling is a primary cause of the value of dreams and is also the single door against which the Higher Self must stand awaiting entry.

Ra, 83.3

It is true that the nature of time/space is such that a lifetime may be seen whole as a book or record, the pages studied, riffled through, and re-read. However, the value of review is that of the testing as opposed to the studying. At the testing, when the test is true, the distillations of all study are made clear.

During the process of study, which you may call the incarnation, regardless of an entity's awareness of the process taking place, the material is diffused and over-attention is almost inevitably placed upon detail.

The testing upon the cessation of the incarnative state is not that testing which involves the correct memorization of many details. This testing is, rather, the observing of self by self, often with aid as we have said. In this observation one sees the sum of all the detailed study; that being an attitude or complex of attitudes which bias the consciousness of the mind/body/spirit.

Ra, 83.7

The third density is, by its very fiber, a societal one. There are societies wherever there are entities conscious of the self and conscious of other-selves and possessed with intelligence adequate to process information indicating the benefits of communal blending of energies. The structures of society before as after veiling were various. However, the societies before veiling did not depend in any case upon the intentional enslavement of some for the benefit of others, this not being seen to be a possibility when all are seen as one. There was, however, the requisite amount of disharmony to produce various experiments in what you may call governmental or societal structures.

Ra, 83.9

At the present space/time the conditions of well-meant and unintentional slavery are so numerous that it beggars our ability to enumerate them.

Ra, 83.11

Questioner: I would say that a very high percentage of the laws and restrictions within what we call our legal system are of a nature of enslavement of which I just spoke. Would you agree with this?

Ra: I am Ra. It is a necessary balance to the intention of law, which is to protect, that the result would encompass an equal distortion towards imprisonment. Therefore, we may say that your supposition is correct. This is not to denigrate those who, in green and blue-ray energies, sought to free a peaceable people from the bonds of chaos but only to point out the inevitable consequences of codification of response which does not recognize the uniqueness of each and every situation within your experience

Ra, 83.13

Questioner: Is the veil supposed to be what I would call semi-permeable?

Ra: I am Ra. The veil is indeed so.

Ra, 83.14

Questioner: What techniques and methods of penetration of the veil were planned and are there any others that have occurred other than those planned?

Ra: I am Ra. There were none planned by the first great experiment. As all experiments, this rested upon the nakedness of hypothesis. The outcome was unknown. It was discovered, experientially and empirically, that there were as many ways to penetrate the veil as the imagination of mind/body/spirit complexes could provide. The desire of mind/body/spirit complexes to know that which was unknown drew to them the dreaming and the gradual opening to the seeker of all of the balancing mechanisms leading to adepthood and communication with teach/learners which could pierce this veil.

The various unmanifested activities of the self were found to be productive in some degree of penetration of the veil. In general, we may say that by far the most vivid and even extravagant opportunities for the piercing of the veil are a result of the interaction of polarized entities.

Ra, 83.15

Questioner: Could you expand on what you mean by that interaction of polarized entities in piercing the veil?

Ra: I am Ra. We shall state two items of note. The first is the extreme potential for polarization in the relationship of two polarized entities which have embarked upon the service-to-others path or, in some few cases, the service-to-self path. Secondly, we would note that effect which we have learned to call the doubling effect. Those of like mind which together seek shall far more surely find.

Ra, 83.16

Questioner: Specifically, by what process would, in the first case, two polarized entities attempt to penetrate the veil, whether they be positively or negatively polarized? By what technique would they penetrate the veil?

Ra: I am Ra. The penetration of the veil may be seen to begin to have its roots in the gestation of green-ray activity, that all-compassionate love which demands no return. If this path is followed the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the

veil to a greater or lesser extent that all may be seen again as one. The other-self is primary catalyst in this particular path to the piercing of the veil, if you would call it that.

Ra, 83.17

Questioner: In some cases it seems that this use of catalyst is almost in a runaway condition for some entities in that they are experiencing much more pain than they can make good use of as far as catalytic nature would be considered. Could you comment on that?

Ra: I am Ra. This shall be the last query of this working of a full length. You may see, in some cases, an entity which, either by pre-incarnative choice or by constant reprogramming while in incarnation, has developed an esurient program of catalyst. Such an entity is quite desirous of using the catalyst and has determined to its own satisfaction that what you may call the large board needs to be applied to the forehead in order to obtain the attention of the self. In these cases it may indeed seem a great waste of the catalyst of pain and a distortion towards feeling the tragedy of so much pain may be experienced by the other-self. However, it is well to hope that the other-self is grasping that which it has gone to some trouble to offer itself; that is, the catalyst which it desires to use for the purpose of evolution. May we ask if there are any brief queries at this time?

Ra, 83.26

We may ... suggest that it is a grand choice that each may make to, by desire, collect the details of the day or, by desire, seek the keys to unknowing.

Ra, 84.7

The awareness of all as Creator is that which opens the green energy center.

Ra, 84.9

The energy transfer occurs in one releasing of the potential difference. This does not leap between green and green energy centers but is the sharing of the energies of each from red ray upwards. In this context it may be seen to be at its most efficient when both entities have orgasm simultaneously. However, it functions as transfer if either has the orgasm and indeed in the case of the physically expressed love between a mated pair which does not have the conclusion you call orgasm there is, nonetheless, a considerable amount of energy transferred due to the potential difference which has been raised as long as both entities are aware of this potential and release its strength to each other by desire of the will in a mental or mind complex dedication. You may see this practice as being used to generate energy transfers in some of your practices of what you may call other than Christian religious distortion systems of the Law of One.

Ra, 84.13

If both entities are well polarized and vibrating in green-ray love any orgasm shall offer equal energy to both.

Ra, 84.16

You may see that some information is necessarily shrouded in mystery by our desire to preserve the free will of the adept. The great key to blue, indigo, and finally, that great capital of the column of sexual energy transfer, violet energy, transfers, is the metaphysical bond or distortion which has the name among your peoples of unconditional love. In the blue-ray energy transfer the quality of this love is refined in the fire of honest communication and clarity; this, shall we say, normally speaking in general, takes a substantial portion of your space/time to accomplish although there are instances of matings so well refined in previous incarnations and so well remembered that the blue-ray may be penetrated at once. This energy transfer is of great benefit to the seeker in that all communication from this seeker is, thereby, refined and the eyes of honesty and clarity look upon a new world. Such is the nature of blue-ray energy and such is one mechanism of potentiating and crystallizing it.

As we approach indigo-ray transfer we find ourselves in a shadowland. We cannot give you information straight out or plain, for this is seen by us to be an infringement. We cannot speak at all of violet ray transfer as we do not, again, desire to break the Law of Confusion.

We may say that these jewels, though dearly bought, are beyond price for the seeker and might suggest that just as each awareness is arrived at through a process of analysis, synthesis, and inspiration, so should the seeker approach its mate and evaluate each experience, seeking the jewel.

Ra, 84.20

Questioner: Is there any way to tell which ray the transfer was for an individual after the experience?

Ra: I am Ra. There is only a subjective yardstick or measure of such. If the energies have flowed so that love is made whole, green-ray transfer has taken place. If, by the same entities' exchange, greater ease in communication and greater sight has been experienced, the energy has been refined to the blue-ray energy center. If the polarized entities, by this same energy transfer experience, find that the faculties of will and faith have been stimulated, not for a brief while but for a great duration of what you call time, you may perceive the indigo-ray transfer. We may not speak of the violet-ray transfer except to note that it is an opening to the gateway of intelligent infinity. Indeed, the indigo-ray transfer is also this but, shall we say, the veil has not yet been lifted.

Ra, 84.21

...the service-to-self choice is one which denies the very center of the spectrum; that being universal love. Therefore, all that is built upon the penetration of the light of harvestable quality by such entities is based upon an omission.

Ra, 85.11

The primary veiling was of such significance that it may be seen to be analogous to the mantling of the Earth over all the jewels within the Earth's crust; whereas previously all facets of the Creator were consciously known. After the veiling, almost no facets of the Creator were known to the mind. Almost all was buried beneath the veil.

Ra, 85.19

The so-called dreaming contains a great deal which, if made available to the conscious mind and used, shall aid it in polarization to a great extent.

Ra, 85.19

Perhaps the most important and significant function that occurred due to the veiling of the mind from itself is not in itself a function of mind but rather is a product of the potential created by this veiling. This is the faculty of will or pure desire.

Ra, 85.19

Your language is not overstrewn with non-emotional terms for the functional qualities of what is now termed unconscious mind. ...

The nature of the unconscious is of the nature of concept rather than word. Consequently, before the veiling the use of the deeper mind was that of the use of unspoken concept. You may consider the emotive and connotative aspects of a melody. One could call out, in some stylized fashion, the terms for the notes of the melody. One could say, quarter note A, quarter note A, quarter note A, whole note F. This bears little resemblance to the beginning of the melody of one of your composer's most influential melodies, that known to you as a symbol of victory.

This is the nature of the deeper mind. There are only stylized methods with which to discuss its functions. Thusly our descriptions of this portion of the mind, as well as the same portions of body and spirit, were given terms such as “far-seeing,” indicating that the nature of penetration of the veiled portion of the mind may be likened unto the journey too rich and exotic to contemplate adequate describing thereof.

Ra, 86.6

Dreaming is an activity of communication through the veil of the unconscious mind and the conscious mind. The nature of this activity is wholly dependent upon the situation regarding the energy center blockages, activations, and crystallizations of a given mind/body/spirit complex.

In one who is blocked at two of the three lower energy centers dreaming will be of value in the polarization process in that there will be a repetition of those portions of recent catalyst as well as deeper held blockages, thereby giving the waking mind clues as to the nature of these blockages and hints as to possible changes in perception which may lead to the unblocking.

Ra, 86.7

The activity of dreaming is an activity in which there is made a finely wrought and excellently fashioned bridge from conscious to unconscious. In this state the various distortions which have occurred in the energy web of the body complex, due to the misprision with which energy influxes have been received, are healed. With the proper amount of dreaming comes the healing of these distortions. Continued lack of this possibility can cause seriously distorted mind/body/spirit complexes.

Ra, 86.12

Let us deal with the sexual energy transfer. Before the veiling such a transfer was always possible due to there being no shadow upon the grasp of the nature of the body and its relationship to other mind/body/spirits in this particular manifestation. Before the veiling process there was a near total lack of the use of this sexual energy transfer beyond green ray.

This also was due to the same unshadowed knowledge each had of each. There was, in third density then, little purpose to be seen in the more intensive relationships of mind, body, and spirit which you may call those of the mating process, since each other-self was seen to be the Creator and no other-self seemed to be more the Creator than another.

After the veiling process it became infinitely more difficult to achieve green-ray energy transfer due to the great areas of mystery and unknowing concerning the body complex and its manifestations. However, also due to the great shadowing of the manifestations of the body from the conscious mind complex, when such energy transfer was experienced it was likelier to provide catalyst which caused a bonding of self with other-self in a properly polarized configuration.

From this point it was far more likely that higher energy transfers would be sought by this mated pair of mind/body/spirit complexes, thus allowing the Creator to know Itself with great beauty, solemnity, and wonder. Intelligent infinity having been reached by this sacramental use of this function of the body, each mind/body/spirit complex of the mated pair gained greatly in polarization and in ability to serve.

Ra, 86.20

Upon the negative path the wisdom density is one in which power over others has been refined until it is approaching absolute power. Any force such as the force your group and those of Ra offer which cannot be controlled by the power of such a negative fifth-density mind/body/spirit complex then depolarizes the entity which has not controlled other-self.

It is not within your conscious selves to stand against such refined power but rather it has been through the harmony, the mutual love, and the honest calling for aid from the forces of light which have given you the shield and buckler.

Ra, 87.6

The fourth-density habit is that of offering temptations and of energizing preexisting distortions. Fourth-density entities lack the subtlety and magical practice which the fifth-density experience offers.

Ra, 87.9

The fourth-density negative entity has made the choice available to each at third-density harvest. It is aware of the full array of possible methods of viewing the universe of the One Creator and it is convinced that the ignoring and non-use of the green-ray energy center will be the method most efficient in providing harvestability of fourth density. Its operations among those of third density which have not yet made this choice are designed to offer to each the opportunity to consider the self-serving polarity and its possible attractiveness.

Ra, 87.11

We ask that you, who have been our friends... regard such as another opportunity to, as the adept must, be yourselves and offer that which is in and with you without pretense of any kind.

Ra, 88.12

As each planetary influence enters the energy web of your sphere those upon the sphere are moved much as the moon which moves about your sphere moves the waters upon your deeps. Your own nature is water in that you as mind/body/spirit complexes are easily impressed and moved. Indeed, this is the very fiber and nature of your journey and vigil in this density: to not only be moved but to instruct yourself as to the preferred manner of your movement in mind, body, and spirit.

Ra, 88.23

In and of themselves, the Major Arcana have no rightful place in divination but, rather, are tools for the further knowledge of the self by the self for the purpose of entering a more profoundly, acutely realized present moment.

Ra, 88.23

Questioner: What was the attitude prior to harvest of those harvestable entities of Ra with respect to those who were obviously unharvestable?

Ra: I am Ra. Those of us which had the gift of polarity felt deep compassion for those who seemed to dwell in darkness. This description is most apt as ours was a harshly bright planet in the physical sense. There was every attempt made to reach out with whatever seemed to be needed. However, those upon the positive path have the comfort of companions and we of Ra spent a great deal of our attention upon the possibilities of achieving spiritual or metaphysical adepthood or work in indigo ray through the means of relationships with other-selves. Consequently, the compassion for those in darkness was balanced by the appreciation of the light.

Ra, 89.29

Questioner: Would Ra have the same attitude toward the unharvestable entities or would it be different at this nexus than at the time of harvest from the third density?

Ra: I am Ra. Not substantially. To those who wish to sleep we could only offer those comforts designed for the sleeping. Service is only possible to the extent it is requested. We were ready to serve in whatever way we could. This still seems satisfactory as a means of dealing with other-selves in third density. It is our feeling that to be each entity which one attempts to serve is to simplify the grasp of what service is necessary or possible.

Ra, 89.30

About [the negatively polarizing entities on Venus] were soon gathered those who found it easy to believe that a series of specific knowledges and wisdoms would advance one towards the Creator.

Ra, 89.35

Questioner: By what means do these particular fourth-density entities get from their origin to our position?

Ra: I am Ra. The mechanism of calling has been previously explored. When a distortion which may be negatively connotated is effected, this calling occurs. In addition, the light of which we have spoken, emanating from attempts to be of service to others in a fairly clear and lucid sense, is another type of calling in that it represents that which requires balance by temptation. Thirdly, there have been certain avenues into the mind/body/spirit complexes of this group which have been made available by your fifth-density friend.

Ra, 90.3

Questioner: Then what you are saying is that once the path is recognized, either the positive or the negative polarized entity can find hints along his path as to the efficiency of that path. Is this correct?

Ra: I am Ra. That which you say is correct upon its own merits, but is not a repetition of our statement. Our suggestion was that within the experiential nexus of each entity within its second-density environment and within the roots of mind there were placed biases indicating to the watchful eye the more efficient of the two paths. Let us say, for want of a more precise adjective, that this Logos has a bias towards kindness.

Ra, 90.21

We came to your peoples to enunciate the Law of One. We wished to impress upon those who wished to learn of unity that in unity all paradoxes are resolved; all that is broken is healed; all that is forgotten is brought to light.

Ra, 90.29

Questioner: Thank you. You have stated previously that the foundation of our present illusion is the concept of polarity. I would like to ask, since we have defined the two polarities as service-to-others and service-to-self, is there a more complete or eloquent or enlightening definition of these polarities or any more information that we don't have at this time that you could give on the two ends of the poles that would give us a better insight into the nature of polarity itself?

Ra: I am Ra. It is unlikely that there is a more pithy or eloquent description of the polarities of third density than service-to-others and service-to-self due to the nature of the mind/body/spirit complexes' distortions towards perceiving concepts relating to philosophy in terms of ethics or activity. However, we might consider the polarities using slightly variant terms. In this way a possible enrichment of insight might be achieved for some.

One might consider the polarities with the literal nature enjoyed by the physical polarity of the magnet. The negative and positive, with electrical characteristics, may be seen to be just as in the physical sense. It is to be noted in this context that it is quite impossible to judge the polarity of an act or an entity, just as it is impossible to judge the relative goodness of the negative and positive poles of the magnet.

Another method of viewing polarities might involve the concept of radiation/absorption. That which is positive is radiant; that which is negative is absorbent.

Ra, 93.3

All uses of catalyst by the mind are those consciously applied to catalyst. Without conscious intent the use of catalyst is never processed through mediation, ideation, and imagination.

Ra, 93.10

All that assaults your senses is catalyst.

Ra, 93.11

The sphere of spiritual power is an indication indeed that each opportunity is pregnant with the most extravagant magical possibilities for the far-seeing adept.

Ra, 93.18

We may indicate that the crux ansata is a part of the concept complexes of the archetypical mind, the circle indicating the magic of the spirit, the cross indicating that nature of manifestation which may only be valued by the losing. Thus the crux ansata is intended to be seen as an image of the eternal in and through manifestation and beyond manifestation through the sacrifice and the transformation of that which is manifest.

Ra, 93.24

The figure [in Arcanum #4] is expressing the nature of experience by having its attention caught by what may be termed the left-hand catalyst. Meanwhile, the power, the magic, is available upon the right-hand path.

The nature of experience is such that the attention shall be constantly given varieties of experience. Those that are presumed to be negative, or interpreted as negative, may seem in abundance. It is a great challenge to take catalyst and devise the magical, positive experience. That which is magical in the negative experience is much longer coming, shall we say, in the third density.

Ra, 94.19

Questioner: Then I am guessing that the crossed legs of the entity in Card Four have a meaning similar to the crux ansata. Is this correct?

Ra: I am Ra. This is correct. The cross formed by the living limbs of the image signifies that which is the nature of mind/body/spirit complexes in manifestation within your illusion. There is no experience which is not purchased by effort of some kind, no act of service-to-self or others which does not bear a price, to the entity manifesting, commensurate with its purity. All things in manifestation may be seen in one way or another to be offering themselves in order that transformations may take place upon the level appropriate to the action.

Ra, 94.25

There is much of blessing in the gardening and the care of surroundings, for when this is accomplished in love of the creation the second-density flowers, plants, and small animals are aware of this service and return it.

Ra, 95.11

Questioner: What I meant to say was that the entity is guarded along the right-hand path, once it has chosen this path, from effects of the material illusion that are of the negative polarity. Would Ra comment on that?

Ra: I am Ra. This is an accurate perception of our intent, O student. We may note that the great cat guards in direct proportion to the purity of the manifestations of intention and the purity of inner work done along this path.

Ra, 95.23

Questioner: From that statement I interpret the following. If the Experience of the Mind has sufficiently chosen the right-hand path, and as total purity is approached in the choosing of the right-hand path, then total imperviousness from the effect of the left-hand catalyst is also approached. Is this correct?

Ra: I am Ra. This is exquisitely perceptive. The seeker which has purely chosen the service-to-others path shall certainly not have a variant apparent incarnational experience. There is no outward shelter in your illusion from the gusts, flurries, and blizzards of quick and cruel catalyst.

However, to the pure, all that is encountered speaks of the love and the light of the One Infinite Creator. The cruelest blow is seen with an ambiance of challenges offered and opportunities to come. Thusly, the great pitch of light is held high above such an one so that all interpretation may be seen to be protected by light.

Ra, 95.24

Questioner: I have often wondered about the action of random and programmed catalyst with respect to the entity with the very strong positive or negative polarization. Would either polarity be free to a great extent from random catalyst such as great natural catastrophes or warfare or something like that which generates a lot of random catalyst in the physical vicinity of a highly polarized entity? Does this great cat, then, have an effect on such random catalyst on the right-hand path?

Ra: I am Ra. In two circumstances this is so. Firstly, if there has been the pre-incarnative choice that, for instance, one shall not take life in the service of the cultural group, events shall fall in a protective manner. Secondly, if any entity is able to dwell completely in unity the only harm that may occur to it is the changing of the outward physical, yellow-ray vehicle into the more light-filled mind/body/spirit complex's vehicle by the process of death. All other suffering and pain is as nothing to one such as this.

We may note that this perfect configuration of the mind, body, and spirit complexes, while within the third-density vehicle, is extraordinarily rare.

Ra, 95.25

The observation of the right angles and their transformational meaning is most perceptive, O student. Each of the images leading to the Transformations of Mind, Body, and Spirit and ultimately to the great transformative Choice has the increasing intensity of increasing articulation of concept; that is to say, each image in which you find this angle may increasingly be seen to be a more and more stridently calling voice of opportunity to use each resource, be it experience as you now observe or further images, for the grand work of the adept which builds towards transformation using the spirit's bountiful shuttle to intelligent infinity. Please ask any brief queries at this space/time.

Ra, 95.27

The domicile in question has already been offered a small amount of blessing by this group through its presence and, as we have previously stated, each of your days spent in love, harmony, and thanksgiving will continue transforming the dwelling.

Ra, 96.4

May we note that just as each entity strives in each moment to become more nearly one with the Creator but falls short, just so is physical spotlessness striven for but not achieved. In each case the purity of intention and thoroughness of manifestation are appreciated. The variance between the attempt and the goal is never noted and may be considered unimportant.

Ra, 96.4

To put this into perspective we must gaze then at the stunning mystery of the One Infinite Creator. The archetypical mind does not resolve any paradoxes or bring all into unity. This is not the property of any source which is of the third-density. Therefore, may we ask the student to look up from inward working and behold the glory, the might, the majesty, the mystery, and the peace of oneness. Let no consideration of bird or beast, darkness or light, shape or shadow keep any which seeks from the central consideration of unity.

Ra, 97.9

The flow of power, just as the flow of love or wisdom, is enabled not by the chary* conserver of its use but by the constant user.

Ra, 99.5

The principle which moves in accordance with the dynamics of teach/learning with most efficiency is constancy.

Ra, 99.6

Many use the trunk and roots of mind as if that portion of mind were a badly used, prostituted entity. Then this entity gains from this great storehouse that which is rough, prostituted, and without great virtue. Those who turn to the deep mind, seeing it in the guise of the maiden, go forth to court it. The courtship has nothing of plunder in its semblance and may be protracted, yet the treasure gained by such careful courtship is great. The right-hand and left-hand transformations of the mind may be seen to differ by the attitude of the conscious mind towards its own resources as well as the resources of other-selves.

Ra, 99.8

The free will of third-density entities is far stronger than the rather mild carryover from second-density DNA encoding and it is not part of the conscious nature of many of your mind/body/spirit complexes to be monogamous due to the exercise of free will. However, as has been noted there are many signposts in the deep mind indicating to the alert adept the more efficient use of catalyst. As we have said, the Logos of your peoples has a bias towards kindness.

Ra, 99.10

In this image of Transformation of Mind, then, each of the females points the way it would go, but is not able to move, nor are the two female entities striving to do so. They are at rest. The conscious entity holds both and will turn itself one way or the other or, potentially, backwards and forwards, rocking first one way then the other and not achieving the transformation. In order for the Transformation of Mind to occur, one principle governing the use of the deep mind must be abandoned.

Ra, 100.4

The entity which is given constant and unremitting approval by those surrounding it suffers from the loss of the mirroring effect of those which reflect truthfully rather than unquestioningly. This is not a suggestion to reinstate judgment but merely a suggestion for all those supporting instruments; that is, support, be harmonious, share in love, joy, and thanksgiving, but find love within truth, for each instrument benefits from this support more than from the total admiration which overcomes discrimination.

Ra, 101.8

We may note that the instrument has remained centered upon the Creator at a percentage exceeding ninety. This is the key. Continue in thanksgiving and gratitude for all things.

Ra, 102.2

Each entity must, in order to completely unblock yellow ray, love all which are in relationship to it, with hope only of the other selves' joy, peace, and comfort.

Ra, 102.11

We salute the opening of compassion circuitry in the questioner but note that that which is being experienced by this group is being experienced within an healing atmosphere. The healing hands of each have limited use when the distortion has so many metaphysical layers and mixtures. Therefore, look not to a healing but to the joy of companionship, for each is strong and has its feet set upon the way. The moon casts its shadows. What shall you

see? Link hands and walk towards the sun. In this instance this is the greatest healing. For the physical vehicle we can suggest far less than you had hoped.

Ra, 102.21

As to the instrument, the journey from worth in action to worth in esse is arduous. The entity has denied itself in order to be free of that which it calls addiction*. This sort of martyrdom, and here we speak of the small but symbolically great sacrifice of the clothing, causes the entity to frame a selfhood in poorness which feeds unworthiness unless the poverty is seen to be true richness. In other words, good works for the wrong reasons cause confusion and distortion. We encourage the instrument to value itself and to see that its true requirements are valued by the self. We suggest contemplation of true richness of being.

Ra, 103.8

It is the way of distortion that in order to balance a distortion one must accentuate it.

Ra, 104.2

I am Ra. We leave you in appreciation of the circumstances of the great illusion in which you now choose to play the pipe and timbrel and move in rhythm. We are also players upon a stage. The stage changes. The acts ring down. The lights come up once again. And throughout the grand illusion and the following and the following there is the undergirding majesty of the One Infinite Creator. All is well. Nothing is lost. Go forth rejoicing in the love and the light, the peace and the power of the One Infinite Creator. I am Ra. Adonai.

Ra, 104.26

Within third-density, not to build into the physical vehicle its ending would be counterproductive to the mind/body/spirit complexes therein residing, for within the illusion it seems more lovely to be within the illusion than to drop the garment which has carried the mind/body/ spirit complex and move on.

Ra, 105.20

Therefore look you to your love and thanksgiving for each other and join always in fellowship, correcting each broken strand of that affection with patience, comfort, and quietness.

Ra, 105.22

Perceive the group as here, a location in time/space. Within this true home, keep the light touch. Laugh together, and find joy in and with each other.

Ra, 106.20

We suggest the nature of all manifestation to be illusory and functional only in so far as the entity turns from shape and shadow to the One.

Ra, 106.23

CONFEDERATION SOURCES

Bringin' the Inspiration

He does not understand the true meaning of the simple and beautiful life that surrounds him. He does not appreciate its generation and regeneration. He learned that the very atmosphere that he breathes is cycled through the plant life to be regenerated to support him and his fellow beings and creatures. And yet this seems to the vast majority of those who dwell upon this planet to be an exercise in technology rather than one in theology.
Hatton, June 8, 1974

Even if the universe for those around you remains disharmonious and difficult, if your mind is stayed upon the unity of the Creator, your own universe will become harmonious. And this is not by your doing but by the simple love of the Creator.
Hatton, Nov 15, 1974

If it seems to you, my friends, that your entire incarnation within this illusion has been a series of difficulties of one particular type, then you are almost certainly aware in some manner of one of your lessons. As you can see, these lessons are not to be avoided. They are to be learned.
Hatton, May 25, 1974

I cannot overemphasize the necessity of becoming able to understand the nature of the potentials within your illusion and then by self-analysis and meditation, reacting to that in a way that will express the Thought that generated us: the Thought of our Creator. This was done by the teacher whom you know as Jesus. This [entity] recognized his position. He recognized the illusion. He understood the reason for the potentials within the illusion. And his reactions to these potentials and activities within the illusion was a reaction which was expressing the Thought of our Creator; a Thought of love.
Hatton, March 28, 1974

To be a self is intrinsically no more burdensome than to be a feather borne on the wind, a leaf in the forest, a song in the air.
Q'uo, Feb 5, 2011

Ideally, those concepts which you follow will be those concepts which, when first read or heard, awaken within a seeker a kind of recollection as though he already knew that but was happy to be reminded of it once again.
Q'uo, March 22, 2008

And so, my friends, we suggest that you toss concern about your own sincerity to the wind and sing the songs of joy that are in your heart at this moment, or turn your face to the wind and moan and cry if that be your lot.
Q'uo, April 20, 1986

We are most happy to be with any of you if you will ask for us mentally as you go into meditation.
Q'uo, Jan 9, 2006

Lighten up and find the light touch, the laughter, the bliss, and the joy that are only available when you are focusing on the present moment.
Q'uo, Jan 9, 2006

We realize that this experience of the third-density illusion is one which is most confusing to many of your peoples, for it works so well, does it not, my friends, to hide the one Creator where one would not think of looking—into the eyes of a friend, a stranger, a situation which seems most out of harmony.

Q'uo, Oct 2, 1994

Separation seems to run very deep and one forgets that the stones sing, that the earth shouts with rejoicing and that the trees skip in the springtime. How easy it is to feel oneself separate from the life that indwells all things. How easy it is to feel separated from oneself, to feel that there are factions within the self which must be reconciled, to find oneself analyzing and re-analyzing to no avail. The only road from separation into unity is keyed with meditation.

Oxal, Mar 16, 1986

How do you get from your conscious mind to this extremely deep realization that allows a safe and peaceful surrender of the self, a trusting surrender, a safe surrender? It is the faith that comes from persistent, daily attempts at meditation, no judgment of the meditations, no taking the spiritual temperature, but looking always for ways to see the Creator, for ways to recognize the hunger and the thirst for that which the Creator can give only to those who have surrendered to their Higher Selves.

Q'uo, Aug 5, 1990

It is as though within the meditation, regardless of how scattered it seems, there is a pure and distilled waterfall of light which irrigates and illumines cell by cell the body, mind and spirit. It is like being rinsed and polished to relax into that presence which is holy.

Q'uo, Jan 16, 1994

...the one most powerful method of enhancing the processes of evolution is meditation.

Q'uo, May 20, 2001

The second aid to increasing the ability to choose faith is meditation. You will note that we do not ever lose an opportunity to encourage seekers to prayer, meditation, praise and thanksgiving. These powerful techniques of tuning the mind and the heart have a cumulative effect. The first time you choose to go into the silence or to have a conversation with the infinite Creator that is honest and deep and probing it may not seem to have amounted to much. But if you persist, then, moving into that silence again and again, that silence will expand and lighten and become the holy of holies in which you are sitting with the Creator. Indeed, the Creator sits already within your heart of hearts and waits for you to come and join Him.

Q'uo, April 2, 2000

Faith is a matter of trusting that this experience is on the track that you intended it to be before you came.

Q'uo, Sep 15, 1996

Prayer, praise and thanksgiving are three resources that add and strengthen the connection to faith.

Q'uo, Sep 10, 1995

May we say that the failure Prayer, praise and thanksgiving are three resources that add and strengthen the connection to faith, again, and must go through the pain of your own damnation. Yet always the handle of the door to faith is ready to be turned, but you as a spirit must turn it, and must go through that door into self-forgiveness and awareness of infinite redemption and newness, a resting place for all eternity.

Q'uo, Sep 10, 1995

The classic paralyzing Buddhist description of fear is a seeker hanging onto a rapidly decaying branch of a tree, on the side of a cliff, with a tiger above and a tiger below, and a chasm beneath. And the answer to that image is

to let go of the branch, wave bye-bye to the tigers and welcome the abyss. There is, in faith, that realization that in no way, shape, or form can we know in a linear sense that all is well or that all will be well. And yet that is what we claim. That is what we believe, and on that we base our security and our confidence.

Q'uo, Oct 21, 2001

The most strengthening gift that you can cultivate in the regard of this most important and central service is the gift of persistence and unflagging acceptance of any and all circumstance, because it is only an illusion that lies between you and that which is the truth.

Q'uo, Nov 25, 1990

There is much unseen support for work in consciousness, for prayers, and for a life lived in faith. We ask you to lean into that support. There is guidance. There is help, for the Creator is constantly communicating to you using everything: nature, the environment, other people, coincidences. Be alert. Begin to see the spiritually interesting coincidences and you shall be much encouraged thereby.

Q'uo, May 24, 1998

Allow the little seeds of faith to grow in your garden of thought. Invoke faith without knowing that it is reasonable to do so. Live as though you had perfect faith, that your destiny will come to you and all that is for you will simply be attracted to you as it is time for it to appear. Live as though it were true and notice those subjectively interesting hints and suspicions and suggestions and synchronicities that say to you, "Yes, you are on the right track."

Q'uo, Sep 15, 1996

"All is well." That is the tolling of the bell of faith:

Above all let not your heart be troubled. This is under your conscious control, if you choose to claim the mastery over the self. Work when you can towards that point of balance within which you are able to see clearly, not removing yourselves from the thick of things, but rather bringing into the thick of things that sacred aspect, that relationship with the Creator within.

Q'uo, Nov 13, 1994

The suffering, the ordeal of living, is specifically designed to grab the attention of the intellectual mind and then proceed to baffle it so thoroughly and completely that the intellectual mind gives up, and the thrust of inquiry moves to the heart. In the heart lies that beingness which gazes at this experience of third-density illusion and chooses, in faith alone, to be a part of the love; the good, if you will; of the personal, societal, planetary mind.

Q'uo, May 3, 1992

The one who fears and worries will grow closer and closer to the difficulty that is being perceived within. The person who is not fearing does not hold on to the circumstance or piece of thought or programming which is or is not causing fear. Can you see how the tendency to focus on a problem simply moves you closer and closer to a surety that there is indeed a problem? The faith and will grow smaller, and the problem or difficulty grows larger. The seeker ends up feeling helpless and discontent. The fearless entity moves along and turns the attention to each thing before accepting it.

Q'uo, Nov 15, 1992

Simply to live by faith is to bring an end to paradox and confusion, for to faith all things are acceptable. All experiences are those of love and the distortions of love.

Q'uo, Mar 23, 1997

Keep your feet in that fine river of forgiveness, and your light shall shine, as it will, and that which it is given to you to do will come before you with no effort whatsoever on your part, and whatever it is, the sweeping of a

floor, the saving of a nation, all is equal if it is done in utter and complete love for the Creator, the self, the situation, and any other entities that may be involved.

Q'uo, Jun 23, 1990

Lessons learned revolve completely around love, not around wisdom but around love.

Q'uo, May 13, 1993

Forgive and forgive again. Forgive yourself, forgive any who seem to have hurt you, remembering that you have faulty perceptions if you do not see love in every situation.

Q'uo, Nov 16, 1986

...the ability to love without condition or desire of return is the beginning of the Creator within the self to recognize itself within all other portions of the creation.

Q'uo, Nov 16, 1986

Can you see that it is only fear that drives the desire for perfection, and not love?

Q'uo, Nov 22, 1996

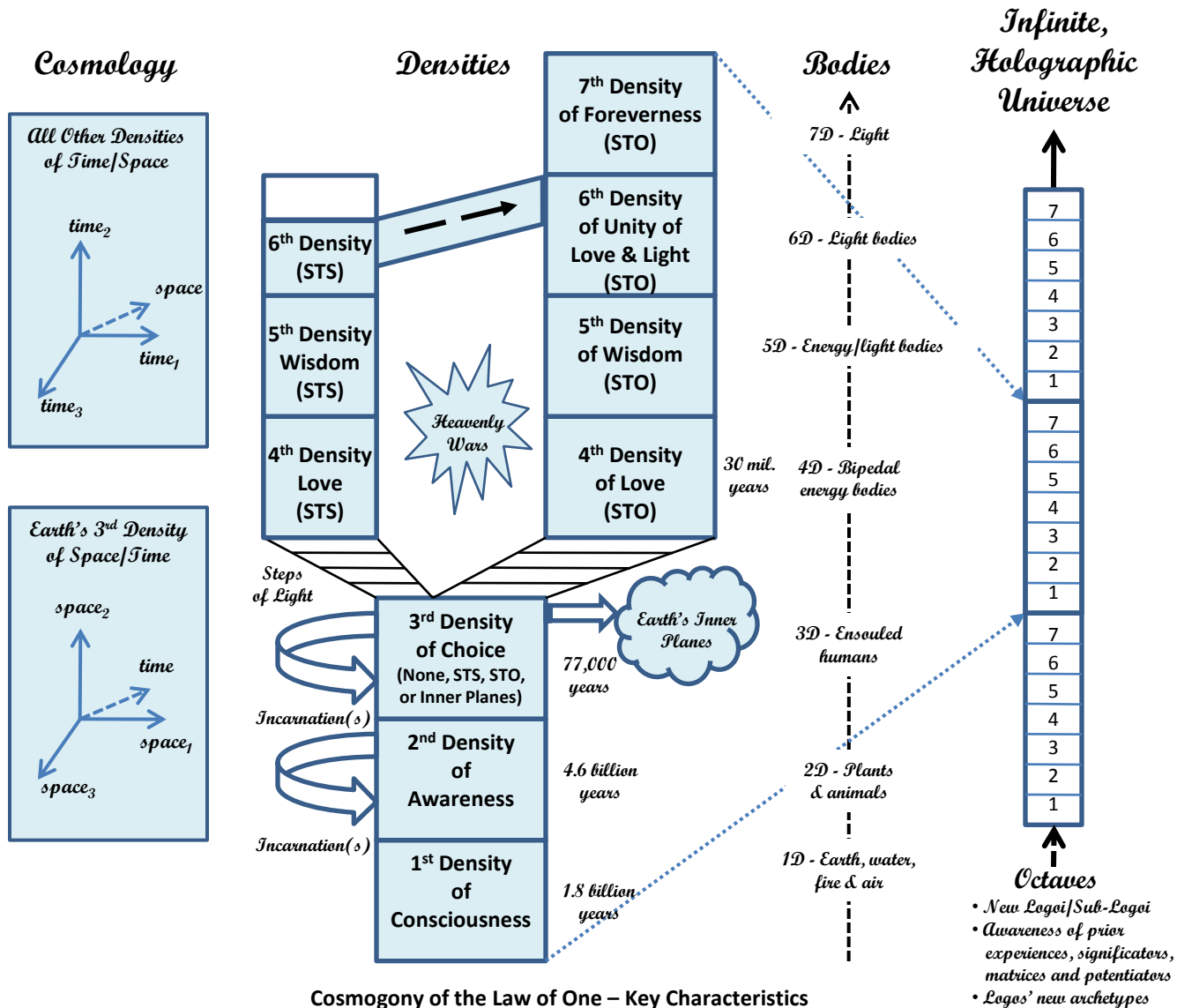
...each has a destiny. Each has a mission. Each has come into incarnation with gifts to share, with a mission to fulfill, a service to do, and with learning to accomplish. The learning is always about love. The serving is always about trusting in the rightness of the moment."

Q'uo, Mar 21, 1999

For within the third-density experience as you know it, my friends, the basic lesson is that which is described by the word you know as love, that which is quite difficult to define, but which includes the ability to accept more of the creation without condition and to see it as the self and to see it as one thing, even though many portions of it present the illusion of separation, difference and disharmony.

Q'uo, Aug 31, 1986

Cosmogony of the Law of One



Cosmogony of the Law of One – Key Characteristics

Physical Universe – At the beginning of this creation, the **Creator** used three distortions—free will, love and light—of the Law of One to create *logoi* and *sub-logoi* from a singularity in an expanding (Big Bang) universe in order to know Itself. We now perceive a physical universe containing approximately 250 billion observable galaxies, which may have evolved over the last 16 billion years.

Our Milky Way Galaxy – There are approximately 250 billion stars in our Milky Way Galaxy compared to nearby Andromeda Galaxy's one trillion stars. Ra said that there are **67 million [habitable] planets** in our galaxy: 17% of the planets are 1st density; 20% are 2D; 27% - 3D; 16% - 4D; 6% - 5D; and the remaining 14% are distributed between 6th and 7th density planets. Earth is hospitable for 1st through 4th densities at this time. (B1 p.154)

Earth's *Dark Twin* is a cold, uninhabitable 1st density planet hidden from view behind the Sun.

Seven Densities – Soul streams evolve by amassing consciousness and incarnational experiences throughout **seven densities** in seeking the Creator. These seven densities consist of the 1st Density of Consciousness, 2nd Density of Awareness, 3rd Density of Choice, 4th Density of Love and Understanding, 5th Density of Wisdom, 6th Density of Unity, and 7th Density of Foreverness. These densities help a seeker follow a spiritual path of service-to-others (STO), service-to-self (STS), service on Earth's inner planes or continued learning and experience through incarnation on another 3rd Density planet.

Spiritual Evolution – A spiritual seeker should realize that the moment contains love. The **Universe is One Being**. When you view another, see the Creator. Gaze within a mirror or at the creation, which lies about you; and **see the Creator**. The foundation for these exercises is **meditation, contemplation or prayer**. (B1 p.114)

Earth's Harvest – [In walking the Steps of Light after physical death,] the entity who wishes to pursue the path of service-to-self must attain a grade of 95% STS and 5% STO. (B1 p.167). Those who wish to follow the service-to-others path must achieve a grade of 51% STO or better. **The great majority of your peoples will repeat 3rd density** (B1 p.166).

Our "Time" is an Illusion – Our **space/time of 3rd Density** is an illusion perceived as three dimensions of space and one of time. The **time/space of the other six densities** consists of three dimensions of time and one of space. These cosmological time/space configurations permit both the existence of "parallel" universes—a multiverse—and multiple soul stream incarnations of the same **Higher Self** in differing periods of "time" at the same moment.

Infinite, Holographic Universe - There are not only parallel, holographic ("as above, so below") universes in time/space but also spiritual evolution through **Octaves of Densities** in which the Creator further knows Itself and the evolutions of unique soul streams are enriched through additional seeking in another octave of seven densities. In reality, there are "parallel" universes; **All is One** in a holographic universe; the Universe is Infinite; spiritual evolution is enhanced through octaves of existence; "time" is of the moment; we are all "co-creators"; and our ultimate goal is to return to the Creator.