

L/L RESEARCH



HOMEcoming 2013  
LOUISVILLE, KY

AUGUST 30 – SEPTEMBER 1

THE PARTICIPANT-DRIVEN SYMPOSIUM

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## PRESENTATIONS & DESCRIPTIONS

Tanner H	<i>The Brothers and Sisters of Sorrow</i>	The general synopsis is that we will seek to connect with our higher purpose by evoking compassion and emotion to aid in the remembrance of what our hearts have always known about us and our place we have chosen in this world.
Ken H	<i>The Shift from 3rd to 4th: Some Channelings from Jesus</i>	We will look at three major channelings of Jesus: "A Course in Miracles" by Helen Schucman, "The Way of Mastery" by Jon Marc Hammer, and "A Course of Love" by Mari Perron. What implicit and explicit lessons does Jesus present in each of these with regard to the now-unfolding shift from 3rd to 4th densities?
Austin B	<i>Correlations Between Ra and Jung</i>	I will examine the concepts put forth by Carl Jung against the backdrop of the Law of One and attempt to integrate their views of developmental psychology, framework of the mind, and general workings of consciousness. I hope to show how the study of one of these can greatly inform the other.
Carla R	<i>Carla Sings Some American Folk Songs</i>	I would like to share a few folk songs from my far-distant past. I have a great love of collecting and singing these and many others like them, and spent many a happy hour as a teenager singing them. For a while I sang professionally with my first husband, Jim DeWitt.
Eccles P	<i>2012 – 2030... Bits and Pieces</i>	I will be presenting "2012 - 2030...bits and pieces" as my presentation at LOO's homecoming. I'll discuss the structure of the universe; galactic, population, economic, technology, and societal changes; and Earth's new Golden Age as received by Sal Rachele from the Founders. CDs for the circle include: "2012 - 2030...bits and pieces", "A Brief History of Earth", and "ET Presence on Earth".
Fox H	<i>Spirituality in the Garden</i>	An essay in words and photos on the spiritual evolution, sustenance and joy I find in my garden.
Brittany F	<i>In My Own Image</i>	How to cultivate genuine self esteem, and the fulfilling relationships that come with it.
Stephen R	<i>As Above So Below</i>	A brief Introduction to Astro-Theology and the Holy Science.
Beatriz G	<i>Miracle of Self-Healing</i>	<p>I took the guidance of Ra in Books I and II in relationship to using life experiences and disease as catalysts for spiritual evolvment and I developed an exercise which I call: "The Miracle of Self Healing". It is very similar to something I taught called: "Living by Grace", but Ra's perspective and guidance were so much more comprehensive and profound. I have to say that the impact that this is having on participants far exceeds my imagination.</p> <p>I would like to take the group through a semi-meditation where each person identifies an issue in their lives, their emotions about it, the people involved and the way that this issue manifests in their lives. I would then guide them to integrate and balance this as I understand that Ra is explaining.</p>

Sephira V	<i>Why Bother with the Archetypes?</i>	I will offer practical motivation for the study of the Archetypal Mind as well as the methodology I have developed for subjectively experiencing, integrating and using them. Following this discussion, if there is time, I will attempt to elucidate the seven classifications of archetype.
Ken W	<i>The Victim, Perpetrator, Rescuer Triangle</i>	<p>The victim, rescuer, perpetrator triangle is a phenomenon where the presence of one manifests the other two. Many people address this issue but I will focus on the slant presented by Arn Allingham in his book "The Ascension Papers: Book 1" <a href="http://zingdad.com">zingdad.com</a> is his website should you wish to go to the source. As always, he encourages you take what is helpful or simply move on as you wish. My presentation is a short summary of how he describes this triangle in "The Story of the Darklanders" (an insightful story within the Ascension Papers) and some personal insights I've realized.</p> <p>In adopting a victim mentality we believe a perpetrator is responsible and a rescuer is required to save us. An even more subtle awareness reveals that in adopting the rescuer mentality we create a victim who cannot help themselves and may become dependent on being rescued. Some questions to ask one's self may include: In attempting to be of service, how can I offer others an opportunity or the tools with which they can begin to heal themselves and actively create their reality? When have my attempts to rescue created a victim (and perpetrator), even though I had the purest of intentions to serve?</p>
Nate B	<i>Journey of the Fool: My Trip to Thailand and Back</i>	<p>A slow burning spiritual awakening shifts into high-gear as our protagonist takes a spiritual journey to the land of the Thai smile. Feeling the freedom gained from severing himself completely from his prior life, he dives into his spirituality and his spirituality does not disappoint.</p> <p>The story takes an unexpected turn when our hero inexplicably returns to the land of his birth, and learns that spiritual growth isn't a one way street of ever increasing butterflies and magic. Back in his hometown again, in the midst of the mundane, he must struggle to hold on to the freedom that he traveled around the world to find.</p>
Don C	<i>Was it Real?</i>	It will take perhaps 10 minutes to read a short article I wrote a few years ago for publication by the International Association of Near-Death Studies. It describes a spiritual encounter I experienced as a young child (about age 3) and its cumulative impact on my life here at age 76. The experience has led me through a long term deep quest for spiritual understanding and growth, explorations of cosmology, quantum physics and evolution most broadly conceived, and efforts to establish unity encompassing spirituality and an expanded science with open mindset. If time permits, some listeners may then want to offer comments or questions. I discuss this very personal matter seldom and never lightly; I offer it in this instance because it is so utterly in harmony with the guidelines you provided, and with what I have read of the Ra material over the years.
Sam W	<i>Energy Centers: Diagnosing with a</i>	I've recently begun my first bit of experimenting with the use of a pendant in determining energy center blockages and it was very interesting. While

	<i>Pendant and Group Discussion on Favorite Clearing Techniques</i>	hardly an expert in the practice, I will present my findings and facilitate an opportunity for whomever may wish to try holding the pendant for someone for have some one hold it for them. And then ask the circle to share any favorite energy center 'clearing' techniques or approaches or thoughts on the subject.
Gary B	<i>"Meanwhile" &amp; "Already" – Keys to the Law of One</i>	An exploration of "meanwhile" and "already" –concepts that helps unlock the Law of One. Or so this presenter says.
Jim M	<i>Q&amp;A with Jim McCarty</i>	We will make ourselves available to the circle of seeking for questions. I will also perform a wicked drum solo.

**ECCLES P. PRESENTS**  
*2012 - 2030...Bits and Pieces*

ECCLES P. PRESENTS  
*2012 - 2030...bits and pieces*

**2012 - 2030**  
***...bits and pieces***

Received by Sal Rachele  
Compiled by Eccles Pridgen from  
*Earth Changes and 2012,*  
*Earth Awakens: Prophecy 2012 - 2030,*  
*and Soul Integration*  
© 2008, 2011 and 2013 Sal Rachele  
[www.salrachele.com](http://www.salrachele.com)  
Louisville, Kentucky - August 31, 2013

**2012 - 2030**

- **Structure Of the Universe**
- **Galactic Changes**
- **Population Changes**
- **Economic Changes**
- **Technology Changes**
- **Societal Changes**
- **Healing Of 4<sup>th</sup> Density Souls**

## Introduction

This material was compiled from a number of workshops Sal Rachele conducted in Australia in 2006 and in Sedona 2007. It has been updated through 2013 with additional information.

Several years ago during meditation Sal began to be visited by senior beings who only come to Earth during the transition period just prior to and following major cosmic cycles, which occur approximately every 25,920 years.

In these messages, they go into great detail regarding the cycles—when they occur, how they occur and even why they occur.

The purpose of this material is to help humanity prepare for the times that are rapidly approaching.

## Introduction (continued)

The first major cycle discussed in these messages is the *precessional alignment* documented in the Mayan calendar and other places.

However, there is a much larger cycle, the *galactic alignment*, that is affecting not only our planet and its humanity, but the entire solar system.

These presentations and my book, "*Earth Changes and 2012*", contain a great deal of necessary background information and understanding of the self and our cosmos.

Additional information in "*Earth Awakens: Prophecy 2012 – 2030*" discusses various changes affecting us in coming years.

"*Soul Integration*" explains how to gather and restore fragmented parts of your soul in preparation for ascension.

—Sal Rachele  
[www.salrachele.com](http://www.salrachele.com)



### Sal Rachele's Spirit Guides

- Sal's *Higher Self*—the levels of Self between and including 7<sup>th</sup> and 12<sup>th</sup> densities.
- Sal's personal spirit guide and *twin flame*—*Leah from 6<sup>th</sup> density Venus*—who specializes in human relationships and everyday issues of life on Earth.
- The 7<sup>th</sup> density group soul *Arcturians*—focused on science and higher dimensional geometries.
- *Lord Sananda*, from 8<sup>th</sup> density, who dictated *A Course in Miracles* to Helen Schucman and is the oversoul of *Jesus*.
- *Isis, Thoth, Enoch, Archangel Michael* and a few other spirits from 8<sup>th</sup> and 9<sup>th</sup> densities.
- The 12<sup>th</sup> density *Founders*—primarily concerned with soul evolution—and collaborators using “telepathic transmission” on his 2<sup>nd</sup> and 3<sup>rd</sup> books: *Earth Changes and 2012* and *Earth Awakens: Prophecy 2012 - 2030*.

Source: Rachele, Sal, *Soul Integration*, page vii.

### Selected Channeled Materials

- *Edgar Cayce's* trance-channeled readings from his sleeping state, case files and books (1877-1945), Association for Research and Enlightenment.
- *Jane Roberts* trance channeling of *Seth* for her “Seth material” books and articles (1929-1984).
- *Dr. J. J. Hurtak's The Book of Knowledge: The Keys of Enoch (1973)*, a channeled book that goes into detail on the nature of the crystal light body and Merkabah vehicle, The Academy For Future Science.
- *A Course in Miracles (1975)* dictated by 8<sup>th</sup> density *Lord Sananda* (Jesus' oversoul) to Dr. Helen Schucman (1909-1981), Foundation for Inner Peace.

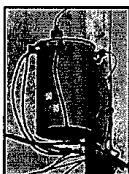
# Structure Of the Universe

## The Founders

Let us begin by introducing ourselves. We are what you call *Creator Gods*.

It is difficult for us to project more than a tiny part of ourselves into your world.

Most of the information provided by the Founders is downloaded in "batch" format into the superconscious mind of the channel. This information is then downloaded into the conscious mind for dissemination in this format.



*In order for the Founders to communicate with us at all, they must step down a portion of their vibration—as transformers step down electric voltage—from what is called 12th density to the level of 7th density before even attempting to download the information to the channel.*

We refer to this method as *telepathic transmission*.

*We only come here in this format near the beginning and ending of each major cosmic cycle on Earth.*

You could say *we revisit our experiments to see how they are going*.

## **The Universe *Is* an Experiment**

Now you may say, "I am a sovereign entity created in the image and likeness of my God. *I am not an experiment.*"

We understand your concern. Nevertheless, *this particular local universe that we oversee*, along with other groups of Creator Gods, *is more of an experiment than anything else.*

*The Godhead is the supervisor of the experiment*, much as a university uses an oversight committee to supervise its chemists and laboratories.

The chemist is rarely left alone to do his work, but instead has others looking over his shoulder, figuratively, if not literally.

## **Density Versus Dimension**

**Tuning Fork**



***Density – a level of vibration.*** A tuning fork, for example, has a specific frequency (expressed in Hertz or cycles per second)...a level of vibration.

**English Regions**



***Dimension – A plane or realm of existence.*** England has many regions in its realm of existence.

It is possible for a 4<sup>th</sup> density being to walk in an English region or realm on 3<sup>rd</sup> dimensional Earth.

## 6 Lower Densities Of Vibration

By definition, human beings start at a density level of 3.00 and work their way up from there. However, it is possible for a human soul to embed its consciousness into the *plant and mineral kingdoms (realms or dimensions), which vibrate (density) below 3.00.*

*Generally, 3.00 to 4.00 is the range of the animal kingdom (dimension), and souls who are vibrating (density) in that range are dominated by animal instincts, including procreation, competition, survival and other related tendencies.*

- *3.00 to 3.50 – Souls in this range tend to be conformists, having a herd [or tribal] mentality, believing whatever they are told by so-called authorities.*
- *3.50 to 4.00 – Souls in this range have begun to see that they are more than just animals walking on two legs. They may have somewhat refined intellects and be good at business and industry; however, their competitive instincts will tend to keep them from moving solidly onto a spiritual path.*

6<sup>th</sup> Density – Causal body. Cosmic consciousness, timelessness.

5<sup>th</sup> Density – Etheric body. Love, compassion, service, the light body.

4<sup>th</sup> Density – Astral body. Higher mind, energy fields, psychic ability.

3<sup>rd</sup> Density – Mental body. Beliefs, ideas, programs, ego.

2<sup>nd</sup> Density – Emotional body. Sexuality. Sensation. Feeling.

1<sup>st</sup> Density – Physical body. Survival instinct. Awareness of space.

Rachele, Sal, *Soul Integration*, pp. 20, 288-289.

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## 6 Lower Densities Of Vibration (contd.)

*Vibration of 4.00 to 4.50 – Souls in this range are working on themselves and may be somewhat committed to their personal and spiritual growth, but they find themselves still largely dominated by the ego and its incessant demands.*

*4.50 to 5.00 – Souls in this range are likely to be deeply committed to their personal and spiritual growth, attending workshops and seminars, going to psychics and counselors, and reading (or even writing) books on the subject.*

*5.00 to 5.50 – Souls who have entered into the lower 5<sup>th</sup> density realm of consciousness are often the teachers, healers and counselors who have reached a level of consistency in their work. The human body can only vibrate up to 4.99 before it undergoes a radical shift in composition—a transformation—becoming a 5<sup>th</sup> density crystal light body.*

*5.50 to 6.00 – Souls in this range include the true mystics and sages of our time, as well as many psychologists and therapists who have broken through the veils of darkness to the point that their dominant consciousness is on a higher plane.*

*Vibrations above 6.00 – Less than 0.1% of humanity has a vibration in the 6<sup>th</sup> or higher densities.*

6<sup>th</sup> Density – Causal body. Cosmic consciousness, timelessness.

5<sup>th</sup> Density – Etheric body. Love, compassion, service, the light body.  
*Immortal* *Mortal* *Silicon-based body* *Carbon-based body*

4<sup>th</sup> Density – Astral body. Higher mind, energy fields, psychic ability.

3<sup>rd</sup> Density – Mental body. Beliefs, ideas, programs, ego.

2<sup>nd</sup> Density – Emotional body. Sexuality. Sensation. Feeling.

1<sup>st</sup> Density – Physical body. Survival instinct. Awareness of space.

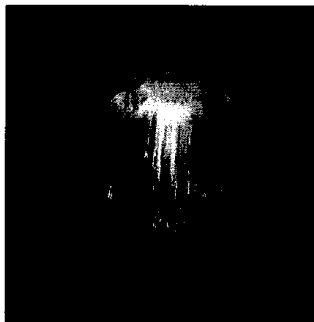
Rachele, Sal, *Soul Integration*, pp. 20, 289-290.

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## The Division Of Souls

*Lord Sananda—the oversoul of Jesus—has divided his soul several times throughout history. At the present time, there are twelve divisions of Lord Sananda on the Earth.*

Some of these souls believe they are Jesus, and to a certain extent they are correct.



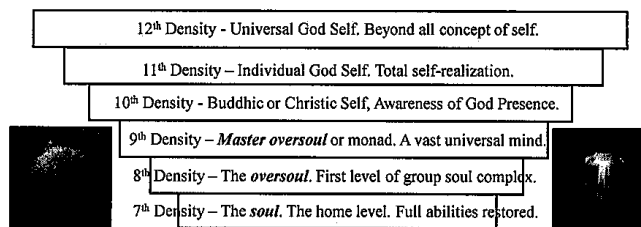
*All great souls are capable of dividing themselves dozens of times to do service work on lower density planets. Usually oversouls divide into 12 souls at a time, but this is not set in stone.*

Many primary divisions remain in the higher densities to guide the aspects in the lower worlds.

The term "aspect" as used here does not mean incomplete or partial.

*Each of these soul aspects is a complete and sovereign being.*

## 6 Upper Densities



*7<sup>th</sup> Density - is the home of the light-bodied soul, which splits holographically into 12 parts, on average, to experience the lower, outer worlds of first through sixth densities—similar to a sea urchin's spines or a jellyfish's tentacles—in the lower worlds.*

*8<sup>th</sup> Density - is the first level of the oversoul or group soul complex, which is typically comprised of 12 souls.*

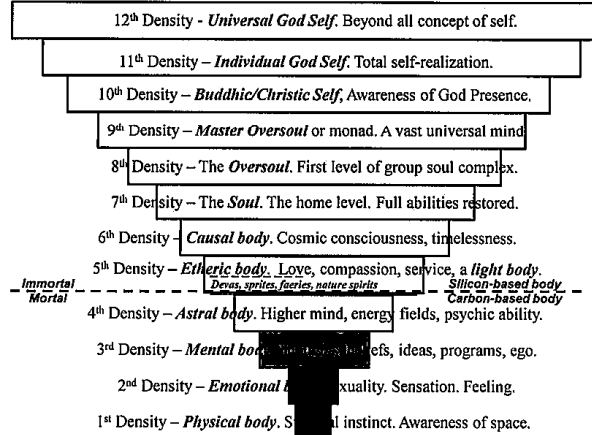
*9<sup>th</sup> Density - is the level of the master oversoul comprised of many oversouls. Typically, one master oversoul is comprised of 12x12x12 or 1,728 soul aspects in 1<sup>st</sup> through 6<sup>th</sup> densities.*

*10<sup>th</sup> - 12<sup>th</sup> Density - Not much is known of the god worlds as characterized by the Buddhist/Christic Self, individual self, and universal god self in returning to the Godhead (also known as Source or Creator) as Creator Gods in their own right.*

Source: Rachele, Sal, *Soul Integration*, p. 20.

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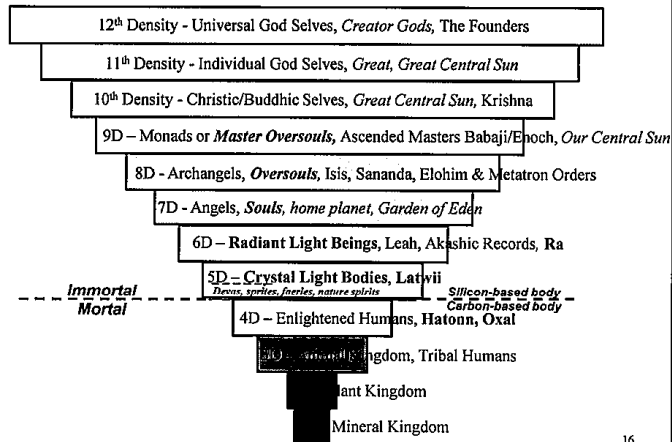
## A 12 Density Model Of the Soul



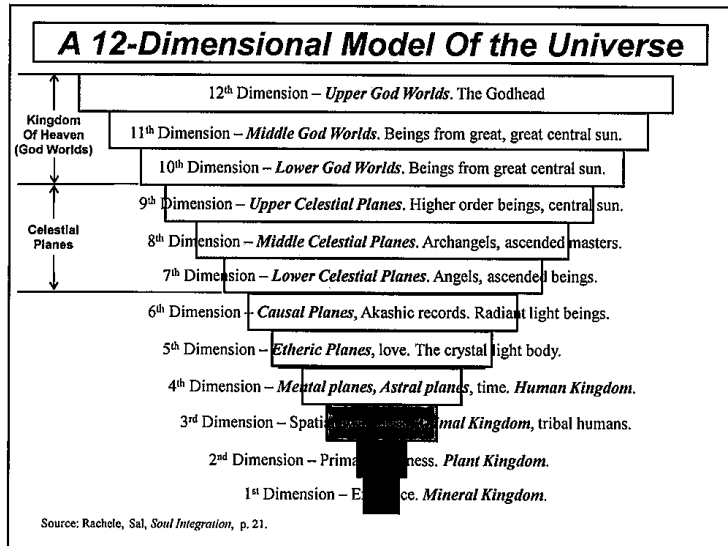
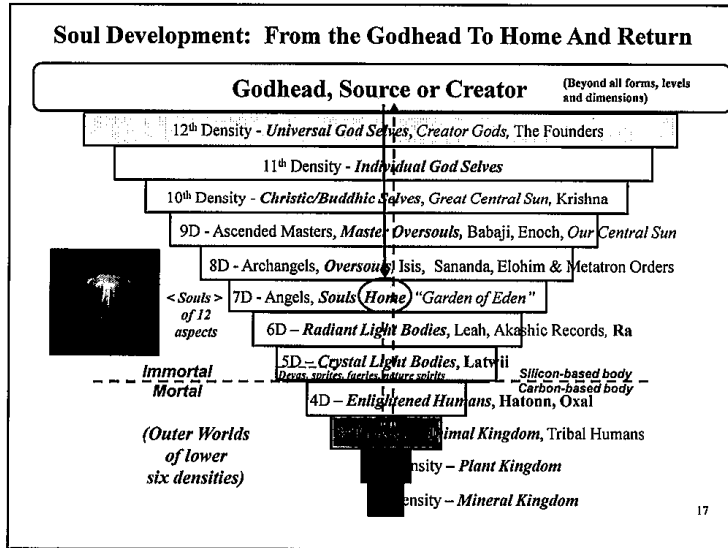
Source: Rachele, Sal, *Soul Integration*, p. 20.

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## Selected Beings And Their Vibrational Levels



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## Life On Other Worlds

While our mainstream scientists have estimated that *the likelihood of intelligent life on other planets* amounts to about one civilized world per 100,000 star systems, *the actual number is 1 in 1,540*, which is 65 times more likely than currently estimated by scientists.

*The Universe contains about 80% benevolent enlightened beings*, and about 20% malevolent ego-oriented beings.

*On Earth, the situation has been reversed, making this one of the darker planets in the galaxy.*

*In addition, Earth is one of about 12 planets going through a shift into higher frequencies.*

*The next chart is a summary of the more than 60 vibratory levels or densities of the worlds and races that are relevant to Earth's history and/or current evolution.*

Source: Rachele, Sal, Chapter 12 – Life On Other Worlds, *Earth Awakens: Prophecy 2012 – 2030*, pp. 273-298.

### Vibratory Levels Of Worlds/Races Relevant To Earth

Star System	Races	3D	4D	5D	6D	7D	8D	9D	10D	11D	12D
Lyra/Vega	The Founders										
Polaris	Wise/Ancient Ones										
Alcyone	Councils of Alcyone										
Alcyone	Great White Brotherhood										
Aldebaran	Councils of Aldebaran										
Aldebaran	Galactic Confederation										
Nebulon	Andromedan Councils										
Arcturus	Several groups										
Andromeda	Various races										
Pleiades	Various races										
Nirru	Arcturians										
Antares	Red giant race										
Al Centauri	One race										
Tau Ceti	Various races										
Fomalhaut	One race										
Sirius A	Councils of Light										
Sirius A	Various races										
Sirius B	Various races										
Orion	Belgians, Nigri, Mistake										
Orion	Lords of Light, Dark Lords										
Zeta Reticular	Esuseni, Hanoi										
Zeta Reticular	Whites, grays, hybrids										
Al Draconis	High Council of Deeds										
Al Draconis	Light Dracos										
Al Draconis	Dark Dracos										

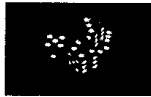
Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, Table 10, p. 298.



# Galactic Changes

## ***Trial And Error In Free Will Universes***

There is an aspect of the Godhead that is still evolving.



God learns through trial and error what works and what does not work regarding the evolution of the soul.

To correct the “mistakes” within the original design, certain “corrections” are periodically made in the form of ***Divine Dispensations***.

You could say *these are God’s responses to the problems inherent within the free will system of universes.*

*It is difficult for many souls to accept the premise that within the perfection of the Creator are imperfections, but that is the way most souls experience the manifest Creation.*

## Changing Imperfections In Creation

It is important to move out of judgment and *simply accept that the Creation has imperfections.*

Let us use the example of software for your computers:

- Periodic upgrades are issued to correct the problems of previous versions.
- Rather than cursing the previous versions, you simply accept the reality of upgrading your computer system.

*God, in His Infinite Wisdom and Compassion, issues fiats or declarations that change universal laws and principles—or makes exceptions for them—in various ways.*

We will discuss various modifications made to this local universe.

## The Divine Dispensations

There have been *eight major Dispensations* issued from the Godhead that are *relevant to your progress as an individual soul:*

1. *Answer to the Separation* – or the Fall from Grace.
2. *Galactic Shifts* – occurring every 108 million years in *this* solar system.
3. *Precessional Alignment* of the Earth's axis – occurring every 25,920 years.
4. *Wheel of Reincarnation* – permits reincarnation for the learning of additional life lessons.
5. *Spiral of Ascension* – which permits soul evolution subject to very restrictive karmic and soul integration conditions.
6. *Mass Ascension* – that overcomes the prior restrictive conditions during the period of 2012 – 2030.
7. *Intervention of God's Helpers* – which occurs during major civilizations and cosmic cycles.
8. *Introduction of the Enlightened Children* – who are higher density beings incarnating into human form.

## Key Dispensations At This Time

*Five major Dispensations are relevant to your current evolution as a soul:*

1. **Answer to the Separation** – or the Fall from Grace.
2. **Galactic Shifts** – occurring every 108 million years in *this* solar system.
3. **Precessional Alignment** of the Earth's axis – occurring every 25,920 years.
4. **Wheel of Reincarnation** – permits reincarnation for the learning of additional life lessons.
5. **Spiral of Ascension** – which permits soul evolution subject to very restrictive karmic and soul integration conditions.
6. **Mass Ascension** – that overcomes prior restrictive conditions during the period of 2012 – 2030.
7. **Intervention of God's Helpers** – which occurs during major civilizations and cosmic cycles to help humanity.
8. **Introduction of the Enlightened Children** – who are higher density beings incarnating into human form to assist in transformations.

## 2<sup>nd</sup> Divine Dispensation – The Galactic Shift

The *Galactic Shift* are emanations from the *Central Sun* of each galaxy that bathe the revolving stars and solar system with high frequency *bursts of radiation at periodic intervals* during each revolution of the galaxy around the Central Sun.

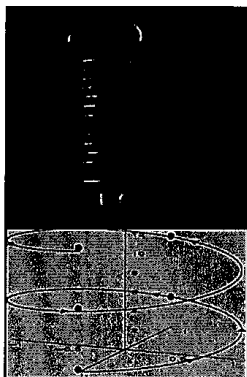


In the Milky Way galaxy, this “shift” occurs approximately every *108 million years* for stars and solar systems in the arm of the galaxy in which Earth is located.

Each time the Earth and neighboring stars and planets pass through this beam of high frequencies, *the dominant vibration of the atomic structures on the stars and planets is moved up to the next density level.*

<(A laser is shown firing from an ESO VLT 8.2 meter telescope to the center of the Milky Way galaxy.)

## Our Sun And Its Solar System Move Along a Conical Helical Spiral In Space



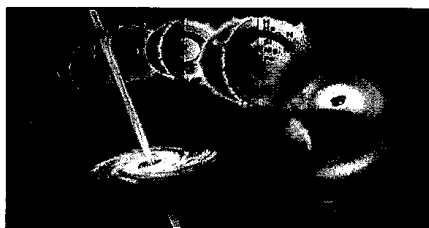
You can picture the Galactic Shift occurring on a *conical helical spiral* shaped like a *coil or spring*. As you move along the spring, you return to the same point on the spiral, except that you are shifted to a higher position along the spring.

When you look at your galaxy from a vertical point above the plane of the spiral, it appears there are only two dimensions to the spinning arms of the "pinwheel."

*Actually the galaxy is much like a spring, in that each time it spins, the vibrations change and you emerge at a higher point.*

< So, every 108 million years (halfway through one revolution of our galaxy and the solar system around the central sun) a shift is made into a higher frequency of vibration.

## Alternate Names For the Galactic Shift



This is a drawing of a massive star collapsing to form a black hole.

Energy is released as jets along the axis of rotation form *gamma ray bursts* that last from a few milliseconds to minutes.

< Source: National Science Foundation

This process of *passing through the galactic center's beam of high frequencies* is known by various names including:

- Passing through a *stargate* or *portal*
- Entering the *photon belt*, or
- Moving through the *electromagnetic null zone*.

### **Some “Laggard” Souls Will Get Additional Time For Growth On Another Planet**

*The Galactic Shift is a Dispensation designed to create an upper time limit on how long souls can linger in a particular realm without showing definitive signs of growth and evolution.*

Since God knew that not all souls would be ready to undergo this shift during its naturally occurring time cycle, the decision was made to transfer the “laggard” souls to other planets in other regions of the galaxy to allow them more time to prepare for the shift.

There are teachings on your planet that suggest that the reason for many of the problems on Earth has to do with the “laggard” souls incarnating upon this world from other worlds.

To some extent this is true. *Now these souls are being given another chance to graduate, and some of them will make it this time.*

Others will be sent to yet another remedial planet for a third try.

### **3<sup>rd</sup> Divine Dispensation – Precessional Alignment Of the Earth**

*The Godhead gave each planet involved in the Fall a chance to make periodic jumps, or mutations, within its species (humanoid and otherwise)...*

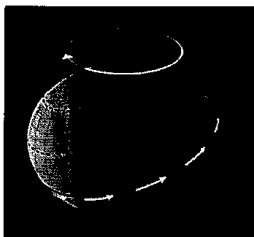
By creating a way for a *planet to align itself with specific bursts of energy from or near the center of the galaxy...*



*Which are smaller than those issued forth during the Galactic Shift, but powerful nonetheless.*

(Artist's illustration of a bright gamma-ray burst occurring in a star-forming region. Energy from the explosion is beamed into two narrow, oppositely directed jets.)

## Earth's Energy Shift



The mechanics of Earth's *Precessional Alignment* of its axis with these energy bursts is discussed in Chapter 7 of Sal Rachele's book, *Earth Changes and 2012*.

Approximately every 25,920 years, the Earth goes through an *energy shift that accelerates the evolution of the organisms present on her surface*.

As with the Galactic Shift, not all organisms will be able to make the shift successfully.

*Many will perish—leave their physical forms—and have the opportunity to reincarnate at a later time on Earth or on another planet.*

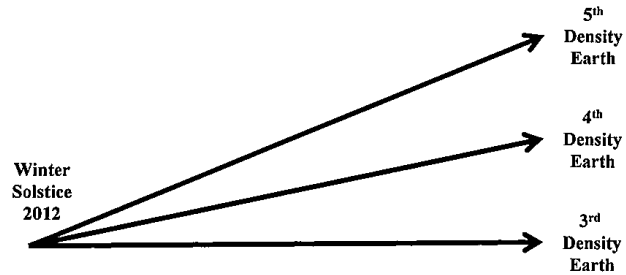
## What Really Happened On December 21, 2012?

- *The portal opened and energy streamed forth into the planet from the higher realms. Higher frequencies flooded the planet and accelerated evolution in those who were able to receive the energies.*
- *The Earth's composite vibration reached and exceeded 4.00 on the density scale index.*
- There were fluctuations in the electromagnetic field of the Earth, and minor disruptions of telecommunications and navigational equipment did occur in some areas.
- Various groups of souls came together in vortex and power places around the Earth to celebrate the beginning of the new era.
- *Third density souls, completely caught up in the lower vibrations of ego, were not open to the higher frequencies and felt as though nothing had happened.*
- The Galactic Shift, a larger pattern of accelerated evolution, continued unabated.
- The Earth's axis moved into a position with the Central Sun of the [Milky Way] galaxy, as predicted by many psychics.
- The sun rose as expected, at the usual time, on December 22, 2012, as predicted by most psychics and clairvoyants.

Rachele, Sal, *Soul Integration*, pp. 283-284.

## Earth's Three Timelines

*In essence, Earth's recent Precessional Alignment—during the Winter Solstice of 2012—created two additional timelines:*



## What Did NOT Happen As Predicted By Many Psychics and Clairvoyants

- *Although the portal opened, the Earth and humanity did not actually pass through it.*
- *The portal is still open, even though it was predicted to close after a three-day period (December 20-22).*
- There were no "three days of darkness" as predicted by some psychics.
- People did not instantaneously and magically enter a higher dimension where all their human issues suddenly vaporized or dissolved.
- *Although a sudden shift did occur at the quantum level, the outer layers of the self are continuing to go through a gradual process of healing and cleansing. The purification process is continuing.*
- The poles did not reverse their polarity. There was a partial [magnetic] pole reversal, but it was much smaller than anticipated by many psychics.
- The "dark forces" did not disappear from the Earth, although life is continuing to become more and more challenging for them in general.

Rachele, Sal, *Soul Integration*, p. 284

### **7<sup>th</sup> Divine Dispensation – Intervention By God's Helpers**

To assist souls in preparing for ascension, and to help those souls not ready for ascension that wish to remain with Earth during her translation from 3<sup>rd</sup> to 4<sup>th</sup> density...

*A Dispensation was granted allowing beings from higher densities permission to intervene in the affairs of humanity.*

This 7<sup>th</sup> Divine Dispensation has two parts:

- *Instruction and help in the process of growth and evolution*
- *Intervention in the nuclear, neutron, electromagnetic and chemical weapons programs on Earth.*

### **Five Nuclear Weapon Interventions By ETs**



Intervention by technologically-advanced ETs is still taking place today on planet Earth.

< (Submarine-launched ballistic missiles have made defending against nuclear war a near impossibility.)

*Your nuclear weapons have been neutralized on five different occasions since 1962:*

- The Bay of Pigs incident was the first such intervention.
- There were later interventions made in the United States and the Soviet Union.
- *The most recent intervention was made in the Fall of 2007* when a renegade group attempt to start a war between Iran and the occupying forces in Iraq. This group attempted to launch a nuclear missile from within Iran.

The missile never made it out of its silo, as *the launch codes were immediately neutralized* by one of the benevolent factions assisting Earth.



### **The Eighth Dispensation – The Arrival Of the Enlightened Children**

Beginning in the 1950s, the Godhead realized that to preserve free will among the enlightened souls of Earth, it would be necessary to bring about change from within.

*The best way to this was to introduce highly evolved souls through the incarnational process*—as it was too risky to land spaceships on the Earth and have their occupants walking openly among incarnated humans—although there are a few groups doing this.



*To use a metaphor, God raised His hand and said:*

*“Who wants to volunteer to come to Earth and assist during this critical time?*

*I want only the best and brightest souls.”*

### **Three Waves Of Enlightened Beings**

There have been *three waves of these souls*:

- The first during the baby boom of the 1950s and 1960s
- The second during the 1980s and 1990s, and
- The third during the present time on Earth.

They have been given various names, including:

- *Indigo (first wave)*
- *Crystal (second wave)*
- *Rainbow (third wave).*

Each group coming in is generally more evolved than the previous group.

This is to ensure that as the vibration of Earth rises rapidly; the souls coming in later will have a greater chance of being able to withstand the vibrations of Earth without losing awareness.

# Population Changes

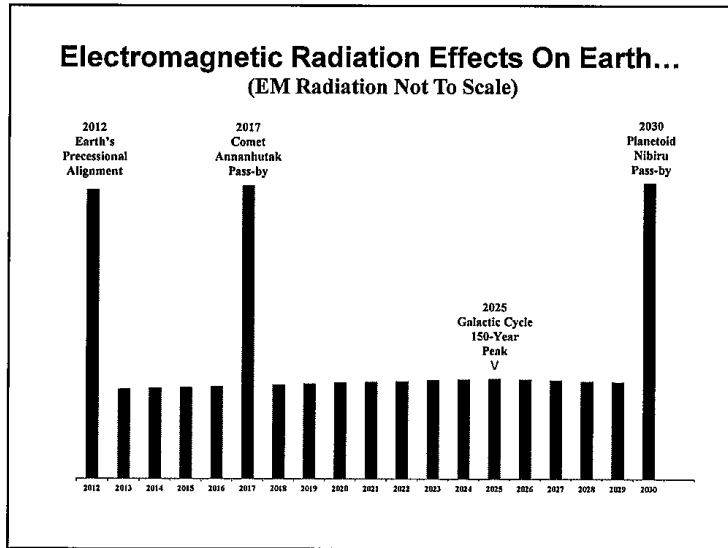
## Anticipated Increases In Electromagnetic Radiation



Various galactic events will occur over the next two decades including *increased* coronal mass ejections from the Sun—which result in Earth's *decreased* EM shielding—thereby allowing galactic x-rays and gamma rays to affect Earth's electronics and people.

*Galactic events that will allow the increase in EM radiation of Earth—and her people—include:*

1. *Earth's Precessional Alignment of 2012*, which occurs every 25,920 years.
2. *Comet Annanlutak's pass-by of 2017*...every 10,500 years.
3. *Galactic Cycle's 150-year electromagnetic radiation cycle that is peaking in 2025*...and occurs about every 108 million years.
4. *Planetoid Nibiru's pass-by in 2030*...occurring every 3,600 years.



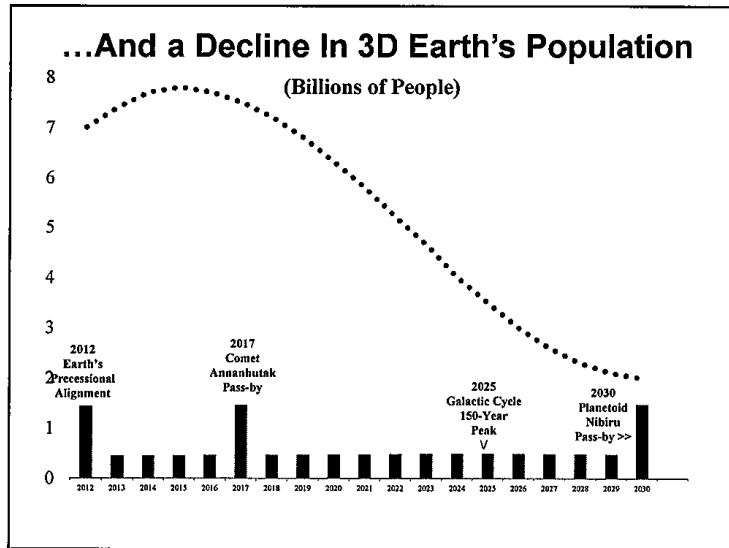
### ...Result In a Reduction Of Earth's Population

*Many of the genetically modified substances being consumed on a regular basis, along with toxic metals in the water supply, will contribute to partial or total sterility amongst women of child-bearing age.*

Add to this a contribution of bioterrorism agents from extremist groups—including adulteration of medications and vaccines—and you could understand why this situation will be occurring.

*For those souls who do not take care of themselves, the constantly increasing stresses of the modern world will take a toll on the immune system.* In addition, the mutations associated with the opening of the portals will greatly accelerate this decline.

*Many souls will decide that they cannot make the transition into 4<sup>th</sup> density, and illness or disease will manifest in the body* as a precursor to departing the Earth plane a few weeks, months or years later. This is the soul saying, "It's time to get your affairs in order. We have a new assignment for you somewhere else."



### Probable Causes Of the Decline

- *Your world is not set up to handle large numbers of souls with declining health conditions.* Already, your medical institutions are on the verge of breakdown.
- In the years to come on 3<sup>rd</sup> density Earth, *it will become harder and harder to find clean air, food and water*, and this—coupled with large-scale immune system failure—will create a negative spiral, especially in the cities where people live in close quarters. Diseases that once seemed non-contagious will spread due to the declining immune function.
- *Viruses will mutate prior to, during and after the opening of the portals.* Toxic metal and radiation buildup will take their toll.
- *It appears that the population of Earth will reach a peak of slightly less than eight billion, sometime around 2015, and then start declining.* This will be due not only to a higher number of deaths, but also to declining birth rates.
- Many of the same factors that destroy the human immune system will also create partial or total sterility in young females. *Included are many of your genetically modified grains and the pesticides used to grow them as well as many of the chemicals used in processed foods.*
- *These pollutants have a cumulative effect* and many scientists are not yet aware of the long-term consequences of genetic modification and certain commonly-used chemical food additives.

### **The Original Ascension Spiral**

*When the ascension spiral was first introduced, the requirements for ascension were very strict.*

- A soul had to have nearly all of its karma balanced, all fragments reassembled, and be able to pierce veils of forgetfulness (amnesia) inherent in the lower worlds.
- This was an arduous task, and *until the Sixth Dispensation was issued in 1950, only about 300 Earth souls had managed to move off the wheel of incarnation and onto the spiral of ascension.*
- *These 300 souls were the product of nearly 10 million years of inhabitation of Earth by humans.*

Many souls reached great heights of awareness, only to have their bodies destroyed when the major civilizations ended (due to calamities caused by cosmic cycles or other celestial events, warfare, intervention by negatively polarized ETs, or other causes).

### **6<sup>th</sup> Divine Dispensation – The Revised Mass Ascension**

The recent *Sixth Dispensation* was essentially a ruling by the Godhead decreeing that *souls did not have to complete all their karma or assemble all their minor [soul] pieces* before being allowed to ascend to the next level of vibration.

*The mass ascension resulting from this Divine Dispensation is scheduled to occur in stages...beginning around 2012 and ending around 2030.*

- These are only the major ascension periods being catalyzed by *cosmic cycles and shifts*.
- *Souls will continue to ascend between these major waves of ascension*, but not in as great a number as during the years 2012, 2017 and 2030—years that correspond to major celestial events.

## Physical Ascension To 5<sup>th</sup> Density

When souls *ascend physically*, they enter into a *5<sup>th</sup> density state of consciousness*.

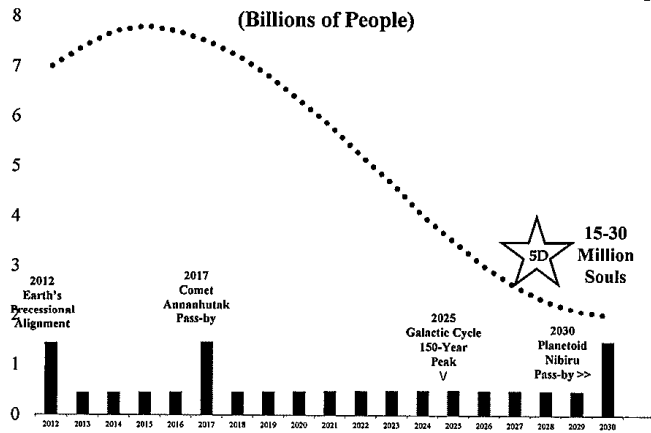
However, the Earth will be primarily in a 4<sup>th</sup> density state after the shift, and the majority of souls that survive the Earth changes will be in a 4<sup>th</sup> density carbon-based body of positive polarity.

By the year 2030, approximately 15 to 30 million souls [or about 0.2 to 0.4% of the world's population] will have gone through physical ascension—*transformation from a carbon-based to a silicon-based body on Earth*.



*Physical ascension to a level of 5<sup>th</sup> density.*

## 15-30 Million Souls Ascend To 5<sup>th</sup> Density



## Spiritual Ascension To 4<sup>th</sup> Density

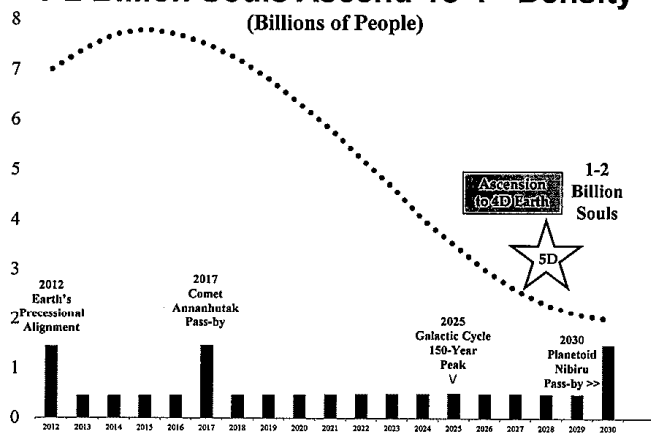
*As planet Earth moves into the more intense frequency bands of the Galactic Shift (between 2015 and 2035):*

- *Earth and one to two billion humans* [13 to 26% of the world's population of 7.8 billion in 2015]...
- *Will move into 4<sup>th</sup> density* as those going through the physical ascension spiral into 5<sup>th</sup> density.



*Spiritual ascension to a positive 4<sup>th</sup> density.*

## 1-2 Billion Souls Ascend To 4<sup>th</sup> Density (Billions of People)



## Others Reincarnate On Another 3D Planet

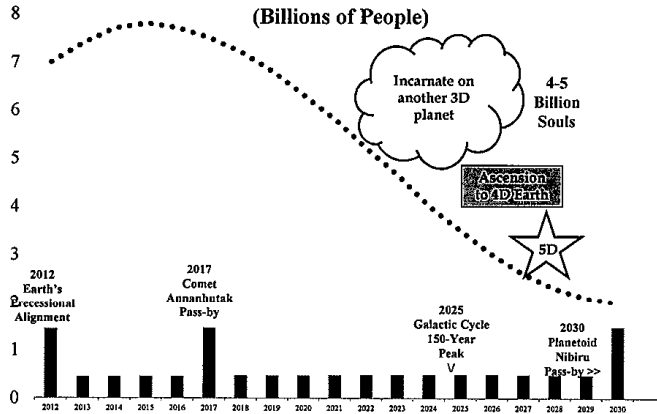
*Another four to five billion souls* [51 to 64% of the world population of 7.8 billion in 2015]

- *Will be unable to make the shift from 3<sup>rd</sup> to 4<sup>th</sup> density...*
- *And will leave 3<sup>rd</sup> density Earth and reincarnate on other planets more suited to their level of soul growth.*

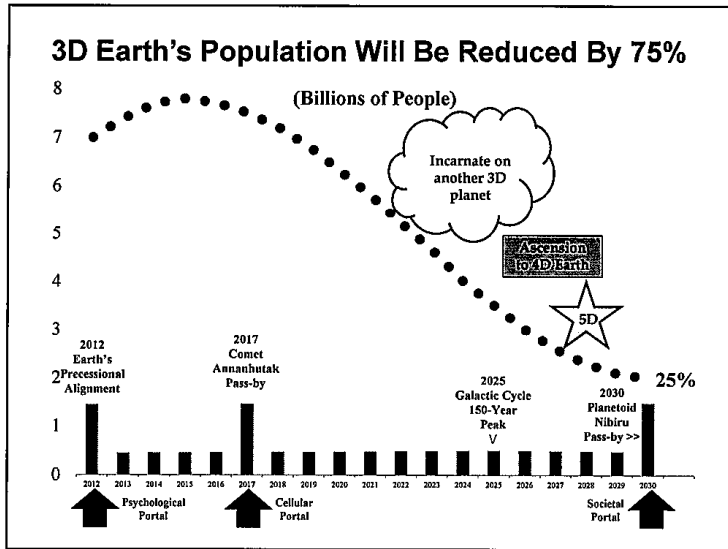


*Most souls reincarnate on another 3<sup>rd</sup> density planet in the Milky Way Galaxy.*

## 4-5 Billion Souls Reincarnate Elsewhere



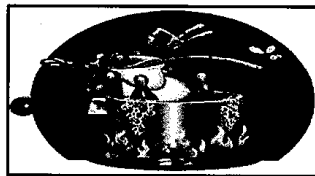




## Expect Continuing Earth Changes

*Earth changes will continue to manifest during coming years:*

- Weather extremes of wind, rain, hailstones, snow, heat and cold;
- Droughts, floods and crop failures;
- Continuing tornadoes, earthquakes, hurricanes and tsunamis;
- Sinkholes, land slides, train derailments, bridge collapses; and
- Satellite, power distribution and other infrastructure outages.



*Our overall awareness may be likened to that of a comfortable and contented frog in a pot of slowly heating water.*

## Areas Predicted For Droughts And Floods

**North America** – Mississippi River Delta and New Orleans (flood), Southern Florida (drought and flood), Central California including deltas and San Joaquin/Sacramento River Valleys (flood), Southern California (flood with mudslide, especially in El Nino years), Midwestern USA (drought and flood), Central South Canada high plains (drought and flood), Central Mexico high basin lands (drought and flood), parts of Guatemala and El Salvador (flood).

**South America** – Upper Amazon River Basin (both drought and flood), Southeast Coast including Brazil and Argentina and the major cities of Rio de Janeiro and Buenos Aires (drought).

**Europe** – Southern United Kingdom (flood and drought), Northern and Central France (flood and drought), parts of Belgium and the Netherlands (flood), Southern Spain (drought), Northern Italy below Milan (flood), parts of Greece and Turkey (drought), parts of Yugoslavia and western Russia (drought and flood).

**Africa** – Northern countries (flood), East Central countries (flood), West Central areas (drought).

**Asia** – Northern and Central Russia (drought), Northern China (flood), Southern China (drought), Malaysia (flood), southern Japan (drought), Central India (drought and excessive heat), southern India (flood).

**Australia** – Southern and Western Victoria (drought), Northern Queensland (flood).

Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, Table 5, p. 133.

## Best Places To Avoid Drought And Flood

**Southwestern and Southeastern Canada**

**Northwestern and Northeastern USA**

**Portions of inland Southeastern USA**

**Costa Rica and portions of Central America**

**Uruguay and parts of Argentina**

**Southern France and Northern Spain**

**Parts of the Ural Mountains in Southern Russia**

**Portions of Western China and Southern Siberia**

**Portions of Central and Southern Africa**

**Portions of Northern New South Wales, Australia**

**Safest Places To Avoid  
Earthquakes And Volcanoes**

Eastern Canada and Eastern USA
Western Gulf of Mexico
United Kingdom and Scandinavia
Central Europe
Northern Siberia
Eastern South America
Eastern and Central Africa
Western Australia

Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, Table 7, p. 138.

**Notes**

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# Economic Changes

## Economic Changes

- ***The Economics of Duality***
  - The new 4<sup>th</sup> density human beings are concerned for the welfare of all citizens.
  - The opposite of this is having a small, elite group who live high on the hog while everyone else lives under control and manipulation (read slavery).
  - The belief in the "haves" and "have-nots" stems from identifying with the material world and forgetting your spiritual nature.
- ***The Root Cause of Control and Oppression***
  - Identification with the mortal 3<sup>rd</sup> density self inevitably breeds attachment to materiality.
  - The ego is a self-construct designed specifically to overcome the soul's perception of powerlessness and helplessness in the face of unknown dangers lurking within an uncaring, hostile Universe.
- ***The Collapse of the Western Nations***
  - It is collapsing because it has become grossly out of balance with the emerging New Earth.
  - This will not seem wonderful to those who still believe their happiness comes from their income, bank account or credit card.
- ***Collapse of the Eastern Economy***
  - The manufacturing process, which used to exist primarily in the west, has been transferred to the east.
  - When the western countries go bankrupt (as they are now doing), they will no longer have the money necessary to continue purchasing goods from the east.
  - Thus, the manufacturing plants will be closing due to lack of demand, sending millions of workers home...which is particularly devastating in the east where the work ethic is strong.

Source: Rachele, Sal, "Chapter 6 – Economic Realities", *Earth Awakens: Prophecy 2012 – 2030*, pp. 159-195.

### **A Timetable For Collapse**

Due to free will, it is difficult to predict exactly when certain economic events will occur.

*The portal shifts—of 2012, 2017 and 2030—will act as major catalysts.*

- It is our understanding that the *American and European currencies will likely decline dramatically between 2012 and 2015*, resulting in severe hyperinflation or depression, depending on how the central banks respond to the deepening crisis.
- *At the same time, the value of real goods—including gold, silver and agricultural commodities—will rise significantly.*
- It is likely that *by the time land and buildings appreciate significantly in value, they will only be available to those who have gold, silver and precious metals as collateral.*

A few wealthy individuals may be able to pay cash for their real estate (using inflated currency); but the vast majority will need bank loans, which will simply be unavailable.

### **Prioritize Your Economic Investments**

It is recommended that you prepare for the collapse by prioritizing your investments as follows:

1. *Buy land and grow your own food* while you still can;
2. *Buy gold, silver and other precious metals* (have the metal on hand in a safe place);
3. *Keep cash on hand* rather than deposited in the bank;
4. *Keep liquid assets*, such as checking accounts and credit/debit cards; and finally,
5. *Invest in forward-thinking companies* that have excellent management and are contributing to the well-being of the world (such as alternative energy and environmental cleanup companies).

Remember, this is in order of priority. If you only have enough money for some of these, make sure items (1.) and (2.) are handled first.

### **Economic Changes (continued)**

- Economics of Duality
- Collapse of the Western Nations
- Collapse of the Eastern Economy
- Timetable for the Collapse
- Enlightened Solutions to the Economic Collapse
- Land
- Precious Metals
- New Currencies
- Places to Avoid
- Safest Places to Be Economically During the Transition

### **Safest Places To Be From an Economic Standpoint**

- |  |
|--|
| • Any place with fertile farmland and a minimum of people. |
| • Portions of the northwestern USA/southwestern Canada.    |
| • Portions of Argentina and Uruguay.                       |
| • A few places in Central America.                         |
| • Western and southern Russia, near the Ural mountains.    |
| • Portions of eastern Europe, Armenia and Yugoslavia.      |
| • Southern France and northern Spain.                      |
| • Extreme northern Italy and southern Switzerland.         |
| • Inland eastern Australia.                                |
| • Portions of central Africa.                              |

Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, Table 8.

# Technology Changes

## Technology Changes

- Existing Alternative Technologies: *solar energy, hydroelectric power, wind power, hydrogen fuel cells, biodiesel, and hybrid vehicles and machines.*
- Best Places for Solar, Wind and Hydro Energy
- New Technologies: *cold fusion, radionics, gravity and electromagnetism, measuring consciousness, zero-point energy, types of zero-point and over-unity devices, and power for homes and business.*
- New Agricultural Systems
- Enlightened Architecture
- Cities of the Future
- New Transportation Devices
- Medical Advances
- Reconstruction of the Third Density World after the Shift

Source: Rachele, Sal, "Chapter 10 – Technological Advances", *Earth Awakens: Prophecy 2012 – 2030*, pp. 227-259.

# Societal Changes

## **Societal Changes And Intentional Communities**

- The End of Consumerism
- Medical System and Its Future
- Holistic Healing and Therapy
- Communication in the Electronic Age
- Releasing the Work Ethic
- Enlightened Social Systems
- Enlightened Relationships
- Ecovillages
- Spiritual Communities
- Communes
- Other Community Structures
- How to Set Up a Community
- Coming Back Into Balance with Nature
- Living in Paradise
- The Best Places for Alternative Communities

Source: Rachele, Sal, "Chapter 8 – Social Systems" and "Chapter 9 – Intentional Communities", *Earth Awakens: Prophecy 2012 – 2030*, pp. 197-226.



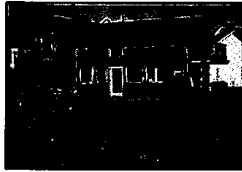
## Ecovillage: an Intentional Community

An ecovillage is the closest model for setting up an existing town or city as an intentional community. An example of this would be the *Ecovillage at Ithaca, NY*.

*Everyone in the village participates in both individual housing and one or more community centers, which are directly operated by the individual homeowners.*

**Every adult member of an ecovillage has an equal share in how the community is run.**

The village has a charter, set of goals, purposes and objectives, and lives according to ideals that must be agreed upon by its members.



*The advantages of the ecovillage style of intentional community is that it affords a high degree of privacy, while at the same time bringing people together of similar consciousness who want to collectively create a different lifestyle or way of living.*

< An eco-house at *Findhorn Ecovillage in Scotland* with a turf roof and solar panels.

## The Best Places To Start Or Join a Community

Western Canada	Northwestern Romania
Northwestern USA	South central Turkey
Southwestern USA	Parts of eastern Ethiopia
Southwest Mexico	Parts of Madagascar
Costa Rica	Extreme northern South Africa
Western Brazil	Parts of Congo
Northern Argentina	Western and central Russia in Ural Mtns.
Central Uruguay	Northwestern China
Northern United Kingdom	Southern Siberia
Southern France	Parts of Malaysia
Northern Spain	Northwestern islands of Hawaii
Extreme southern Netherlands	Eastern Australia (southern Queensland
Parts of Belgium	/northern New South Wales)
Southwestern Germany	Parts of the south island of New Zealand
Parts of Switzerland	Southwestern part of northern island
Extreme northern Italy	of New Zealand

Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, Table 9.

# The Healing Of 4th Density Souls

## “See the Creator”

We learned in the *Law of One* material of four exercises to perform:

- **Exercise One** - *This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions.*

The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

- **Exercise Two** - *The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see the Creator.*
- **Exercise Three** - *Gaze within a mirror. See the Creator.*
- **Exercise Four** - *Gaze at the creation which lies about the mind/body/spirit complex of each entity. See the Creator.*

Source: Rueckert-McCarthy, Carla, *The Ra Material (Book 1)*, p. 114.

### **Recommended Healing And Therapy Techniques**

1. Alpha-Theta Meditation
2. Reprogramming the Subconscious
3. Forgiveness and Release
4. Gestalt Therapy with Spiritual Healing
5. Rebirthing
- 6. Soul Retrieval and Integration**
7. Etheric and Astral Body Depossession
8. Timeline Healing
9. Reverse Timeline Healing
10. Future Timeline Linking

Source: Rachele, Sal, *Earth Awakens: Prophecy 2012 – 2030*, pp. 65-72.

### **Sovereign Beings**

*A sovereign being includes the parent part of a soul and however many fragments have been integrated back into the parent part.*

**Sovereign Being** - If such a sovereign being is not completely enlightened, he or she may have the parent part located in the higher realms (dimensions) and the primary fragment resident in a human body on Earth, or a humanoid body on another 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> density planet.

- Sovereign beings in the higher realms are not to be confused with discarnate entities, who are fragments residing in the astral, etheric or causal realms (dimensions).
- If the spirit you are communicating with is a deceased family member or had a body on Earth recently, chances are it is a discarnate entity.
- Most human beings, after departure from the Earth plane, have not spiritually ascended and reunited completely with their parent parts in the higher realms.

**Only 0.2% of Earth's Population Has Spiritually Ascended And 90% of Them Are Incarnated Here On Earth At This Time**

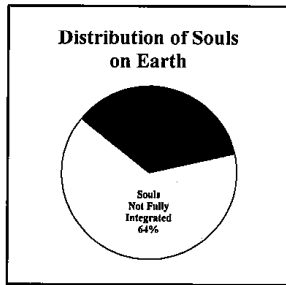
- Only about 20 million souls have gone through spiritual ascension [to 4<sup>th</sup> density], out of approximately 10 billion souls [or 0.2% of total] who have had lifetimes on planet Earth since the beginning of human incarnation over 10 million years ago.
- Many of these 20 million souls are present in human bodies today on the Earth—in fact, about 90% of them.

Source: Rachele, Sal, *Soul Integration*, pp. 128-131.

## Sovereign Beings On Earth

*The vast majority of sovereign entities on Earth are not yet fully integrated.*

- There are about **1.5 billion souls** on Earth who can be considered sovereign.



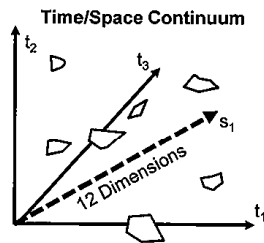
- Another **4.5 billion souls**, roughly, have a strong connection with their parent parts in the higher realms; have a great deal of energy embedded within their Earthly body/mind/personality; and may have a significant number of fragments in other times and places.
- About **1.0 billion souls** on Earth are so highly fragmented that they only have a small amount of soul energy present in their human bodies...just enough to keep the body alive in many cases.

Source: Rachele, Sal, *Soul Integration*, p. 129.

## Soul Aspects And Soul Fragmentation

*The soul is beyond time and space as you know it.* Therefore, soul energy can embed itself anywhere within the time/space continuum.

You can have parts or **fragments** of your soul in the past, present and future, as well as in different worlds and dimensions.



**Soul Aspects** - You have 12 major aspects of your soul—along with numerous minor parts—for each level or dimension of the universe.

**Soul Fragmentation** - When parts of your soul are spread across many time frames and dimensions, this is known as “soul fragmentation.”

—The Arcturians

Source: Rachele, Sal, *Soul Integration*, p. 27.

## 6. Soul Retrieval And Integration

There are various soul retrieval techniques being taught by counselors worldwide.

*The simplest of these involves reconnecting with those souls that may have triggered fragmentation of pieces of the client's soul.* These might include family relationships, traumatic interactions with intimate partners, rape, incest, and any experience whereby the soul experiencing the trauma dissociated parts of the self to escape the extreme pain associated with the trauma.

*The simplest form of soul retrieval literally involves projecting the mental body to the time and place where the "perpetrator" is currently residing—whether or not the conscious mind knows the location and circumstances—and asking for those soul fragments back.*

The perpetrator holding the fragments cannot actually refuse to give them back because that would be a violation of free will, but if the "victim" believes he or she is powerless to take the fragments back, it will be more difficult to do so.

Various visualizations can often accompany this technique.

## Returning the Fragments Of Other Souls

After retrieving the soul fragments lodged in other souls, the client will then *seek to return the fragments of other souls that are lodged in the client's own body.*

*Sometimes soul fragments are:*

- *Held in the chakras* (as etheric body imprints)
- *And at other times there can be concentrated areas of physical energy (implants) usually associated with the astral body*, which are essentially traumatic events embedded in the cells.

By breathing deeply and visualizing the returning of these fragments, areas that are physically inflicted can begin to improve.

### **Changing Your Consciousness And Healing Your Body**

*The most important task facing you as Lightworkers is to do whatever is necessary to create a powerful, positive state of consciousness as you move through the portals. So how do you actually achieve this? The following exercise will assist you in creating the state of consciousness you truly desire to magnify and amplify.*

- *To keep this practical, imagine going through your day and having a variety of different experiences. People come and go from your sphere of influence. Some are positively-oriented and some are negatively-oriented.*
- *As you encounter each one, you either remain clear, calm and centered and do not let their state of consciousness affect you, or you might be swayed, ever so slightly, by their energy fields.*
- *If you spend the day alone, you are still subject to your own thoughts, as well as the psychic "soup" in the atmosphere of Earth. Those are the thoughts continuously bombarding you through the astral and etheric planes.*
- *So no matter where you live, your emotional state and quality of thinking will vary, usually from extremely happy to extremely agitated. It is important to keep track of the ups and downs you experience in an "average" day. Notice not only your base feelings, but your reactions to how you feel and what you think about how you feel.*

### **Ask Your 12<sup>th</sup> Density Self To Direct Your Life**

*Once you have determined, with no judgment whatsoever, that your present state of consciousness has a lower vibration than what is desired by your soul, then immediately begin connecting with your golden, radiant, God Presence within, your 12th density Self that exists at all times and in all spaces right now.*

*Ask that Self to take over the situation and direct your life.*

*Ask it to purge the body of all discordant vibrations, negative thoughts and undesirable feelings.*

Remember, you are not judging these feelings. You are merely observing that they no longer serve you. In fact, most of these thoughts and feelings are probably not yours. They likely belong to your parents, spouses, friends, or the disgruntled employee across the room.

Almost all of the negative things you experience are fed by the constant stream of negativity permeating the astral planes of Earth.

### **Use Affirmations And Place a Golden Shield Of Light Around Your Body**

*Place a golden shield of Light around your body and see every cell cleansed, purified and healed of any and all negativity.*

*Send unconditional Love to all parts of yourself.* Pay particular attention to any places in your body that feel tense, tight, numb, tired, or in any way out of sorts.

- Use the affirmation: *"Every day and in every way I am bringing more and more Divine Loving Light into my physical body."*
- Another good affirmation is: *"I am fully and completely releasing everything that is not in accord with my highest and best soul growth, happiness and well-being."*

In the beginning, you will likely forget to do these exercises. The amnesia and negativity on planet Earth has been here for millions of years. It takes a great deal of patience and persistence to overcome the negative inertia. However, as you go through this presentation and practice these techniques, you are doing just that.

### **Envision Your One Holy Self**

*Note: There will be some of you that are not able to heal your physical bodies during this cycle. This does not mean you are failures, only that your souls want additional lifetimes to complete their lessons and enter into enlightenment.*

*If you lose your body during the Earth changes, you will likely reincarnate into the new Golden Age* and experience childhood during a far gentler and wiser era. That means you will likely receive much better education, filled with love and compassion, than you received in this lifetime.

*For the rest of you, there will be a sense of two steps forward and one step backward.* Some aspect of your lower bodies will be healed, only to have another aspect rise up to challenge you. Although it might seem like there are an endless list of things to be healed, *you will eventually get to the point where your healthy self will be the dominant force in your life and your unhealed parts will be a small minority of your One Holy Self.*

Then it will be easy to send love and compassion to those aspects that are still going through challenges. You will be able to welcome them back into your One Being.

### A Summary Of the Bits and Pieces For 2012 - 2030

**12<sup>th</sup> Density Founders** - also known as *Creator Gods*, have channeled this special information regarding Earth's changes during the next few years and its subsequent *Golden Age*:

- **Structure of our Universe** - includes 12 densities of soul vibration and 12 dimensions or realms of existence.
- **Galactic Changes** - include Earth's precessional alignment in 2012; the ongoing, 150-year galactic alignment; and the relatively close fly-bys of comet *Aunnahutak* May 5, 2017 and planetoid *Nibiru* January 30, 2030.
- **Population Changes** - 3<sup>rd</sup> density Earth's population is expected to *decrease 75% by 2030*.
- **Economic Changes** - American and European currencies will likely decline dramatically between 2012 and 2015. At the same time, the value of real goods including land, agricultural commodities and precious metals will rise significantly.
- **Technology Changes** - Technology alternatives for individuals are expected to include solar, hydroelectric, wind, hydrogen fuel cell, and zero-point energy power, as well as improvements in agricultural, medical, and transportation technologies.
- **Societal Changes** - Establishment of intentional communities in safe places.
- **Earth's New Golden Age** - Earth's 4<sup>th</sup> and 5<sup>th</sup> density timelines will reflect the spiritual and physical evolution of beings of positive-polarity, while Earth's 3<sup>rd</sup> density timeline will result in the decline of worldwide civilizations, organizations, cities, towns and infrastructure.
- **Healing of 4<sup>th</sup> Density Souls** - The spiritual ascension of souls to 4<sup>th</sup> density will be accomplished by the integration of their soul fragments, seeing the Creator in themselves and their surroundings, raising their consciousness, healing their bodies and souls, using positive affirmations, envisioning surrounding themselves with golden shields of light, and appealing to each person's One Holy Self.

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**CARLA L. RUECKERT PRESENTS**  
*Carla Sings Some American Folk Songs*

I would like to share a few folk songs from my far-distant past. I have a great love of collecting and singing these and many others like them, and spent many a happy hour as a teenager singing them. For a while I sang professionally with my first husband, Jim DeWitt. The names of the songs today are:

- Cape Ann
- The Cuckoo
- When a Man's in Love
- All the Pretty Little Horses
- Wayfaring Stranger
- Johnny Has Gone for a Soldier
- Nottamun Town

**AUSTIN B. PRESENTS**  
*Correlations Between Ra and Jung*

After feeling like I had reached a certain depth of understanding in the Ra material I branched out to gain a different perspective, and the direction I found myself drawn to was Carl Jung. One of the topics in the Law of One I found to be most fruitful was the descriptions of the functions of the conscious and unconscious mind. In hearing people reference Jung, it seem to me that he viewed the dance between the conscious mind and the unconscious mind very similarly to Ra, understanding the vast resources of the unconscious mind.

The more I read about Jung's work the more it became obvious he was touched on many of the exact same concepts discussed in the Ra material using very different words. The understanding I gained through Ra fit perfectly in with almost everything I learned about Jung's views. It helped me grasp many things I would not have otherwise understood. The opposite also being true, my understanding of the Ra material grew as I grasped Jung's perspective.

It would be an extremely lengthy and time-consuming endeavor to try to draw every correlation and map out how well they compliment each other. For the purposes of this presentation, I'll look at some of the core concepts within Jungian psychology and explain how I feel they connect so clearly back to Ra.

**Projection**

Jung defined projection as *"the expulsion of a subjective content into an object; it is the opposite of introjection. Accordingly, it is a process of dissimulation, by which a subjective content becomes alienated from the subject and is, so to speak, embodied in the object."*

Ra proposes that other-selves can serve as a mirror for us, reflecting back our true nature, particularly so for those along the right-hand path.

19.13 *"The quickest way to learn is to deal with other-selves. This is a much greater catalyst than dealing with the self. Dealing with the self without other-selves is akin to living without what you would call mirrors. Thus, the self cannot see the fruits of its beingness. Thus, each may aid each by reflection."*

99.8 *"Those upon the right-hand path have no such protection against other-selves for upon that path the doughty seeker shall find many mirrors for reflection in each other-self it encounters."*

In the Jungian sense, projection is a very unconscious act. We hardly ever realize exactly how our biases form our perception until catalyst draws our attention to a particular bias and we choose to explore it. Ra also described perception as being mostly unconscious:

93.20 *"All that you perceive seems to be consciously perceived. This is not the correct supposition. All that you perceive is perceived as catalyst unconsciously. By the, shall we say, time that the mind begins its appreciation of catalyst, that catalyst has been filtered through the veil and in some cases much is veiled in the most apparently clear perception."*

It can easily be concluded from both Jung and Ra's views that our much of what we perceive is a reflection of our own being, and is a useful mechanic for discovering our own distortions and biases.

### The Shadow

The idea of the Shadow is a central concept in Jung's work and understanding his view of the psyche as a whole being, with every person containing the entire spectrum of human behavior within themselves. Jung very simply described the Shadow as “the person that we'd rather not be.” Another description from Jung is that the Shadow is “the repository of what is unacceptable to consciousness.”

The Shadow is a powerful tool when dealing with psychoanalysis, which is most helpful for working on the lower three centers. For someone on the Service to Others path, an unrealized Shadow might be seen as blockages in these lower chakras. The Shadow is most easily seen in this case through projection. When we do not accept something within ourselves, we avoid addressing this inner attribute and look outwards, judging others in order to not judge ourselves. To realize and accept these aspects of shadow would be recognizing and clearing blockages.

The idea that the shadow will eventually bleed through in our perceptions and actions if it goes unrealized seems to be the same idea that blockages in the lower chakras may be expressed without our awareness when we are confronted by catalyst which meets this blockage. Accepting the Shadow would lead to clearing the blockages.

When discussing mental discipline, Ra explains the importance of realizing our consciousness as whole, including those things we'd rather not accept about ourselves.

*“The second mental discipline is acceptance of the completeness within your consciousness. It is not for a being of polarity in the physical consciousness to pick and choose among attributes, thus building the roles that cause blockages and confusions in the already-distorted mind complex. Each acceptance smoothes part of the many distortions that the faculty you call judgment engenders.”*

However, when we realize and accept the Shadow self, we are not abolishing or getting rid of our Shadow. It may be integrated and accepted, but it is still present as we continue working up the energy center system and begin work in polarization.

Ra says many times that the Choice is integral in polarization of consciousness. The concepts of both polarization and choice suggest that there is another option which is not being expressed. To choose one thing over another, there must be one thing we're not choosing. To polarize in any context means there must be an opposite polarity. This is seen clearly in Ra's description of the workings of polarization.

1. *“As the entity increases in experience it shall, more and more, choose positive interpretations of catalyst if it is upon the service-to-others path and negative interpretations of catalyst if its experience has been along the service-to-self path.”*

Q'uo has often said “the brighter one's light, the sharper the shadow.” As we refine the choice and continue polarization, our Shadow is consistent on our path, always the choice we decide not to make. When we have the choice to promote harmony or separation, and we choose harmony, then separation reposit into our Shadow. While we are here in third density our Shadow will persist, and it can aid us in growing our acceptance of self and other-self, and help us in realizing the completeness within ourselves. If we maintain our awareness and acceptance of the Shadow self, it remains a powerful tool as we continue our journey.

### Persona

The Persona is another central concept within Jungian theory. The Persona is most easily seen as the various masks we might put on when we face society. The Persona can include many things such as gender identity,

stage of social development (such as adolescence), social status, job or profession, etc. When we wear our Persona, we behave in ways which we believe society would expect us to act. We must have a persona in order to function within society, otherwise we'd have no real clear sense of how to interact with others, especially those we meet in relation to our social identity.

When we're young we don't have a real sense of Persona, but we quickly adopt one as we learn from our parents and from society what is acceptable behavior. A person who has a weak Persona may not be able to function well in society because they are stuck within their own world without a good way to relate to others on a social level, while a person who has an over-bearing persona may identify too heavily with their social identity and have a weak sense of self outside of society, making it difficult to relate with others or with self on a personal level.

The Persona acts as an interface between our inner-selves and others in society, or as a filter between our unconscious and conscious expressions.

When discussing our societal self, Ra often refers to the orange and, more frequently, the yellow energy centers. The Persona determines how we interact with others, and the “*yellow ray is the ray of self-awareness and interaction.*” (41.25) Our relationship to society and our place within society are functions of yellow ray, and the Persona is essentially our social identity. The weak and over-bearing Persona may be seen as a blocked or overactive yellow ray. When we have a consistent persona which is in line with our true inner-selves, we may be approaching a clear functioning yellow ray. This attribute of realization of self interacting socially is the unique attribute of third density and highlights the importance of having a consistent, true, and balanced persona with which to face the world.

### Enantiodromia

Enantiodromia is a term Jung borrowed from the Greek language which means “running contrariwise.” In context to Jung's theories, it more specially means “*eventually everything turns into its opposite.*” This is useful for psychoanalysis when it is realized that if an extreme one-sided stance exists in consciousness, the psyche will essentially force a balance of this imbalanced position. Enantiodromia is another example of Jung drawing upon the concept of the human psyche being a whole and complete thing rather than fragments of various human behavior.

A common example of enantiodromia would be the mid-life crisis, where a person breaks down after having lived their life in a one-sided way, neglecting aspects of their own consciousness until eventually they break through and cause the person to behave in a way that is contrary to their normal behavior.

One of the central themes within the Ra material is that of balance, particularly the balance of the mind, our consciousness, our psyche. The ideas of balance and enantiodromia are very powerful tools for self-discovery and discipline of the mind. Ra highlights various exercises in which one may benefit from recognizing the innate balance in our psyches.

*5.2 “The polarity of your dimension must be internalized. Where you find patience within your mind you must consciously find the corresponding impatience and vice versa. Each thought that a being has, has in its turn an antithesis. The disciplines of the mind involve, first of all, identifying both those things of which you approve and those things of which you disapprove within yourself, and then balancing each and every positive and negative charge with its equal. The mind contains all things. Therefore, you must discover this completeness within yourself.*”

*In each entity there exists completeness. Thus, the ability to understand each balance is necessary. When you view patience, you are responsible for mirroring in your mental understanding, patience/impatience. When you view impatience, it is necessary for your mental configuration of understanding to be impatience/patience.”*

Ra also talks about the difficulties which arise when we attempt to overcome desires, creating imbalance:

*18.5 “We have found it to be inappropriate in the extreme to encourage the overcoming of any desires, except to suggest the imagination rather than the carrying out in the physical plane, as you call it, of those desires not consonant with the Law of One; this preserving the primal distortion of free will.*

*The reason it is unwise to overcome is that overcoming is an unbalanced action creating difficulties in balancing in the time/space continuum. Overcoming thus creates the further environment for holding onto that which apparently has been overcome.*

*All things are acceptable in the proper time for each entity, and in experiencing, in understanding, in accepting, in then sharing with other-selves, the appropriate description shall be moving away from distortions of one kind to distortions of another which may be more consonant with the Law of One.*

*It is, shall we say, a shortcut to simply ignore or overcome any desire. It must instead be understood and accepted. This takes patience and experience which can be analyzed with care, with compassion for self and for other-self.”*

Jim asked Ra a question which rendered an answer where Ra brought up the idea of each bias turning into its antithesis:

*59.3 “Questioner: I have a question from Jim that states: “I think I have penetrated the mystery of my lifelong anger at making mistakes. I think I have always been aware subconsciously of my abilities to master new learnings, but my desire to successfully complete my mission on Earth has been energized by the Orion group into irrational and destructive anger when I fail. Could you comment on this observation?”*

*Ra: I am Ra. We would suggest that as this entity is aware of its position as a Wanderer, it may also consider what pre-incarnative decisions it undertook to make regarding the personal or self-oriented portion of the choosing to be here at this particular time/space. This entity is aware, as stated, that it has great potential, but potential for what? This is the pre-incarnative question. The work of sixth density is to unify wisdom and compassion. This entity abounds in wisdom. The compassion it is desirous of balancing has, as its antithesis, lack of compassion. In the more conscious being this expresses or manifests itself as lack of compassion for self. We feel this is the sum of suggested concepts for thought which we may offer at this time without infringement.”*

It is of interest to note that the idea of enantiodromia was first recorded by Heraclitus who wrote, “cold things warm, warm things cool, wet things dry and parched things get wet.” Heraclitus is mentioned by Ra:

*25.4 “There were isolated instances of callings, one such taking place beginning approximately [2,600] of your years in the past in what you would call Greece at this time and resulting in writings and understandings of some facets of the Law of One. We especially note the one known as Thales and the one known as Heraclitus, those being of the philosopher career, as you may call it, teaching their students.*  
”

### Anima/Animus

The concepts of the Anima and Animus are another extension of Jung's proposition that each human psyche is

whole and within each of us is the complete human mind. It can most simply be described that within the unconscious of each female there is a male personality (the Animus), and within the unconscious of each male there is a female personality (Anima). Considering the idea that being biologically male or female will carry with it corresponding cultural and biological biases, these biases are balanced within the mind. Ra puts it in simple terms:

5.2 *"Each biological male is female; each biological female is male."*

In Jungian theory, the Anima and Animus tend to be anthropomorphized archetypes and may appear in our unconscious as a person or, if unrealized, be projected out onto the opposite sex. There are stages of development of these contrasexual aspects of self similar to the development of our own conscious being. Since these personalities are completely internalized and largely unconscious, they can serve as a window or a interface to our unconscious minds. Using these inner personalities as tools correlates to what Ra says about the Matrix and Potentiator of the Mind being attracted to the biological sexes:

87.28 *"When the veiling process was accomplished, to the male polarity was attracted the Matrix of the Mind and to the female, the Potentiator of the Mind; to the male the Potentiator of the Body, to the female the Matrix of the Body."*

Jung recognized that a male utilizing the Anima was much different from a female utilizing the Animus. They seemed to serve different functions for each different sex and the way in which each develops is markedly different from the other. This could be a result of the Matrix and Potentiator being attracted to their respective sexes. In utilizing our Anima or Animus, we engage a part of the mind which allows the dance between the conscious and unconscious to play out.

### **Individuation**

Individuation is perhaps the most central concept within Jungian theory and is also one of the most difficult to concretely grasp. In the simplest of terms, it could be called the unfolding and development of our personality, or as Ra might say, the "discipline of the personality." Jung attempted a simple explanation describing it as the *"development of psychological individual as being distinct from the general collective psychology."* Many psychoanalysts and psychologists work with the idea of individuation in simpler terms than Jung, but Jung's concept is more fleshed out and can be related to what Ra described as the path of the adept and becoming a conscious co-Creator.

According to Jung, one cannot begin to individuate until we have adapted and found firm personal and social footing within our lives. This would include the development of the Persona as discussed earlier, and can be related to the activation and balancing of the lower three energy centers. As we grow up we activate and develop the lower centers through basic experience and interaction as children and young adults. Jung described the development of these lower energy centers in his own words: *"Before individuation can be taken as a goal, the educational aim of adaptation to the necessary minimum of collective norms must first be attained. If a plant is to unfold its specific nature to the full, it must first be able to grow in the soil in which it is planted."* These words highlight the importance of balancing lower energy centers before beginning work on higher centers. If we're successful in maintaining basic functioning in these centers, we may realize the concept of unconditional love applied to other-selves and self, potentiate blue ray, and begin our process of individuation.

Blue ray is key in this process of beginning both individuation and the path of the adept. Jung describes the difficulty of the process of individuation similarly to how Ra describes the difficulty of activating blue ray. Jung

says, *"To find out what is truly individual in ourselves, profound reflection is needed and suddenly we realize how uncommonly difficult the discovery of individuality is."* Ra says:

48.7 *"There is always some difficulty in penetrating blue primary energy for it requires that which your people have in great paucity; that is, honesty."*

Profound reflection and blue ray honesty go hand in hand. The honesty required for blue ray is not a simple ability to truthfully convey how you feel, but the ability to identify things about yourself that are normally hiding or buried in the unconscious mind, things that we might not wish to know about ourselves and so we build walls around these truths.

Blue ray is commonly associated with outward communication as it is often called the throat chakra, but before outward communication of the true self may be expressed, there must be honest inward communication.

48.7 *"Blue ray is the ray of free communication with self and with other-self."*

The reason this honesty towards the self is so important is because we grow up in an environment of social norms which we necessarily adopt as our own values. To examine these values and determine whether or not they are in-tune with our own individuality requires that we apply rigorous honesty.

In doing this, we start to break down and integrate the Persona which we developed in our earlier stages of development, no longer feeling the need to live up to social expectations and feeling more comfortable to live as we truly are. Jung talks about this freedom and how it is seen against the backdrop of previous social norms: *"Individuation is always to some extent opposed to collective norms, since it means separation and differentiation from the general and building up of the particular – not a particularity that is sought out, but one that is already ingrained in the psychic constitution. The opposition to the collective norm, however, is only apparent, since closer examination shows that the individual standpoint is not antagonistic to it but only differently oriented."*

Ra talks about this freedom in similar terms:

80.10 *"It is also to be noted that an adept is one which has freed itself more and more from the constraints of the thoughts, opinions, and bonds of other-selves. Whether this is done for service to others or service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. The magic is recognized; the nature is often not."*

Ra points out here that the significance of blue ray in this process of freeing oneself from social expectations:

41.25 *"Green ray is the movement through various experiences of energy exchanges having to do with compassion and all-forgiving love to the primary blue ray which is the first ray of radiation of self regardless of any actions from another."*

*The green-ray entity is ineffectual in the face of blockage from other-selves. The blue-ray entity is a co-Creator."*

Ra also agrees with the idea put forth by Jung that this particularity which leads to freedom isn't something which can be sought, but is something which is already a part of the individual.

75.23 *"As the adept becomes a more and more consciously crystallized entity it gradually manifests more and more of that which it always has been since before time; that is, the One Infinite Creator."*

And so the more we are able to individuate, the more we are able to participate in our experience as conscious co-Creators and walk the steps of the adept who lives free. Jung believed that this freedom was essential to the health of ourselves as individuals and the health of our social complex: *“Only a society that can preserve social cohesion and collective values while at the same time granting the individual the greatest possible freedom has any prospect of enduring vitality. As the individual is not just a single separate being, but by his very existence presupposes a collective relationship, the process of individuation must lead to more intense and broader collective relationships and not to isolation.”*

If you'd like to know more about Jungian psychology, you can find a great podcast series by John Betts, a Jungian analyst, at this website:

<http://www.learnoutloud.com/Podcast-Directory/Self-Development/Emotional-Development/Jung-Podcast/22576#>

I used this podcast series as a basis for this presentation, so all of these concepts can be explored more fully there.



**BRITTANY F. PRESENTS**  
*In My Own Image*

**THE TOP FIVE KILLERS OF SELF-ESTEEM**

**1. REPRESSION**

- \* What is repression? Hiding any part of the self seen as unacceptable.
- \* Personal reference to childhood/repression often occurs in early childhood.
- \* What happens to a part of the self when it is repressed? It doesn't vanish.

**2. PROJECTION**

- \* Worth displacement- assigning one's own worth to the approval of others.
- \* The loss of chosen stimuli can lead to paranoia and attention-seeking behavior.
- \* What causes projection? Lack of true self-reflection due to shame/n. feedback.
- \* The danger of creating imaginary scenarios.
- \* Projection of flaws onto others via judgment- if your life is full of villains, you are being your own worst villain.
- \* Projective daydreams attract psychic vampires/parasites.

**3. PRETENTIOUSNESS**

- \* When a deficit of self-esteem is perceived, arrogance is often substituted.
- \* Society convinces us we have to like ourselves, to the point of faking it.
- \* Self-absorption is the most basic form of arrogance.
- \* In later stages, it involves creating false/exaggerated achievements.
- \* Beware those who speak with un-swaying authority and have many followers.
- \* The truly confident walk with light feet.

**4. ABSORPTION**

- \* Involves investing in a separate identity to the pt. of subsuming it.
- \* Common examples are relating to famous people and mythological figures.
- \* Used to explain/excuse current biases and even to believe one's actions to be backed by divine power.
- \* Absorption fills the hole when the self doesn't seem to be enough.
- \* Obsessions and fixations, esp. on the absorbed personality, are common.
- \* Obsessive behavior can lead to mental loops and extreme frustration, furthering feelings of failure and feeding the cycle.
- \* Mimicry - mimicking a living individual to the point of becoming them (taking on their behavior, style, interests, etc.)
- \* Mimicry can result in damage to others, psychic vampirism and cording.
- \* The Black Sphere - absorption as used by the negative polarity.

**5. OVERSATURATION**

- \* Universal media secretion constantly impresses with no time for analysis.
- \* Social media demands instantaneous approval/rejection, sm. issues seem huge.
- \* Overpopulation and overwork eliminate the quiet time needed to self-reflect.
- \* Most people feel trapped in a fast-paced lifestyle with no chance of escape.
- \* Our entire system is a toxic prison bred to fuel defeated obedience.

## THE TOP FIVE SELF-ESTEEM BOOSTERS

### 1. CENTER, GROUND AND BALANCE

- \* What is identity?
- \* Constant, shallow surface influences can pile up and mask the true identity.
- \* Grounding exercise.
- \* Centering the self is knowing the core of your being- your engine, which can only be altered manually with great conscious thought.
- \* Solar Plexus exercise.

### 2. FILTRATION

- \* Many factors contribute to identity, from the point of birth. Without a filter, one becomes merely a creature of their environment.
- \* We can be affected by the projections of others.
- \* The constantly analysis of wisdom gained from experience = best filter.
- \* Thinking vs. feeling: feel fully first, then analyze (Ra balancing ex.)
- \* Knowing the heart's desire is extremely important in filtering. (WHY game)
- \* Be conscious of every desire you act upon, and its relevance to the heart.
- \* Removing of blocks formed in childhood through hypnosis/therapy can oil the machine and make filtration easier.
- \* A working filter allows all exp. to be absorbed without loss of identity.

### 3. FLEXIBILITY

- \* Stagnant behavior patterns = just as damaging as chaotic behavior patterns.
- \* Consciously note repetitive patterns and change them. Experiment with life.
- \* The study of archetypes can be very useful in moving through those archetypes at will, creating fluidity of personality.
- \* The Assemblage Point
- \* Consciously changing perspectives and mindsets is just as useful as consciously changing behaviors. This allows non-linear thinking which = innovation and creation.

### 4. SILENCE

- \* Silence must be consciously sought. You must *make* time.
- \* Meditation is the best way to become aware of one's own thoughts.
- \* Listening to other people dissolves projections. Genuine interest in others.
- \* Conscious awareness of all interactions with others. Precision and grace.

### 5. SURRENDER

- \* The revelation of self can cause repulsion and the desire to further hide the self.
- \* This desire must be openly combated. Lay down upon the altar in spite of all discomfort.
- \* In time, the true self will be nourished and whole enough to relieve the pain.

## CLOSING - WHAT IS MY OWN HEART'S DESIRE?

**SEPHIRA V. PRESENTS**

*Why Bother with the Archetypes?*

*A Practical and Conceptual Guide to the Archetypical Mind,  
with Emphasis on the Seven Classifications*

**Introduction**

Ra uses infamously abstruse terminology. The honor/duty of elucidating this terminology has, through providence and possibly also a somewhat masochistic inner drive, fallen largely upon my shoulders. The Glossary Project, which some of you may know about, will be my largest contribution on this front. But it is not the only. This exposition on the archetypes focusing upon the seven classifications is another. My purpose is to bring these classifications down to earth, to take the strange and sometimes excessively esoteric terms that Ra uses, such as “Significator” and “Potentiator,” and make them more friendly, more familiar. My hope is that through 1. clarifying the terminology and 2. providing methodology from my own study, a motivated student may find her own study enhanced.

In this vein, let us begin with a few terms. The “Archetypical Mind” is the unified architecture which gives the blueprint of experience in Third Density as designed by our Logos, the Central Sun of the Milky Way. It is according to this blueprint that the entire illusion is designed, and “breaking the rules,” so to speak, is not a possibility any more than it is possible for a bicycle to be used as a printer. The illusion does what it is designed to do (and it is designed to do very many things), but to attempt something it is not designed to do leads to the same kind of folly which attempting to connect a bicycle to a computer suggests.

Within the Archetypical Mind, there are 22 distinct *energies*, each of which is a cluster or complex of concepts. Each of these energies has relationships to the other energies. Groups of these energies have relationships to groups of others. The study of the Archetypical Mind is complex, to say the least. The name Ra gives to these energies is “archetype.” 21 of these 22 archetypes are further structured into a 3x7 grid of categories. There are three “Cycles,” one each for Mind, Body and Spirit, and there are seven “Classifications,” each supplying a different aspect of the architecture of a Cycle. The final archetype, which will not be treated herein, is the unifying archetype. It is the beginning and end of Third Density. Ra names it “The Choice,” though tradition names it “The Fool.” This is an exceedingly important archetype, but it is readily accessible via a careful reading of the Ra Material. The Body and Spirit Cycles, however, are not.

This is an introduction to the seven classifications of archetype *as Ra gives them*. In this introduction, I have extrapolated many generalizations about the classifications from quotations in which Ra is speaking specifically about the Mind Cycle. I have done this not merely upon academic grounds, but also upon the grounds of my personal experience. What I offer here is the product of a living, dynamic, and dedicated exploration of the archetypes over the course of about four years. I have kept my discussion as faithful to Ra's statements as I am capable of, though I have provided virtually no rigorous citations. My attitude concerning quotations on this material is that it is not absolutely necessary because if you are a student who truly wishes to grasp the archetypes as Ra teaches them, you are either already very familiar with Book IV, or you are planning to become very familiar with it. In either case, you will know how faithful I have been without my providing quotations. Call me lazy if you like.

In no way do I consider this to be an exhaustive treatment of the archetypes. In fact, I consider it a woefully skeletal treatment at best. I have gone into *none* of the most interesting details of the archetypes. This I consider to be properly reserved for a later study. I am capable of providing these details and, indeed, am in the process of

composing a complete work on it. For now, I offer my best exposition on the grand architecture of the Archetypical Mind as I perceive it through Ra's tutelage. Herein, you will find what I consider to be the central features which are definitive of each of the seven classifications. These features are common to each of the three archetypes within a classification, but the forms that these features take vary from Cycle to Cycle.

## Purpose of Study

So why bother? We already have the first three books of the Ra Material. In those books, Ra, in response to Don's adept questioning, delivers a robust system of both theory and practice. Most of those reading this document can testify that this material alone is capable of transforming one's life in the most marvelous of ways. It offers an abundance of both direction and method for the unsure. The central points (the Law of One and its first three primal distortions) are discussed, along with the focus of life in Third Density (opening the heart to all of Creation). Specific practices are offered, the chakra system is explained, and myriad examples are detailed. Why do we even need to concern ourselves with the archetypes, which, if the discussion in Book IV is indicative of the whole, seems to just recapitulate what has already been covered in the first three books?

Ra has described the Archetypical Mind as a blueprint of the structure of Third Density, a blueprint which accounts for *all possible* energy expenditures and *all* seeking, *without distortion*. This is a fairly dense concept when it is packed into a single sentence, so perhaps an analogy is in order.

Imagine that you are stepping into the cockpit of a jet for the first time. And, because the pilot and copilot have both mysteriously died of heart-attack, you absolutely must fly this jet right now. How will you determine what the controls do and how to most appropriately use them? Trial and error, of course. If the cockpit is analogous to managing life in Third Density, then attempting to fly under these circumstances is akin to attempting to make it through Third Density with no guidance whatsoever. It will probably end in an explosive disaster. And quickly. Of course, given infinite lives, this is not a metaphysical *catastrophe* but it is certainly an inefficient way to learn.

Now suppose that you have the good luck of finding a quadriplegic passenger who, when she had limbs, had flown a similar jet and is giving you instructions to the best of her ability. The first three books of the Ra material can be thought of as such a teacher who is doing her best to give you as much information as she thinks you can handle. Under this person's tutelage, you will probably be able to awkwardly fly the jet to a very rough and unpleasant landing. But, if you want to become a pilot skilled enough to help other people who are equally confused in the cockpit, you will need to know the specific details of each and every gadget within the cockpit. You will need to know all the mechanisms of the jet inside and out, and you will need to know how all the systems work with each other. What you need is the blueprint of the machine—and probably a manual also. The Archetypical Mind is both the Blueprint and the Manual for the machine of Third Density, useful only to those who are serious about mastering the experience. This resource, though, is locked in a secret compartment, accessible only to those who seek intently enough. And this secret compartment is located in a different place in each cockpit. The existing literature on the Archetypical Mind is merely a *collection of reports* on the content of the Manual and the details of the Blueprint. Reading this literature will sharpen your intent and clarify your search, but it will not *reveal* the Blueprint and Manual to you. Only direct access will.

If you seek mastery of the experience of Third Density—presumably for the sake of serving others—you will not be able to avoid studying the Archetypical Mind any more than a pilot who seeks mastery can avoid studying the blueprint and manual for his jet.

And now I offer the reader a report concerning my own study, my own unique contribution to the mass of existing second-hand literature.

## Learning to Experience the Archetypes

Perhaps the most important information I can share with the potential readers of this document is a methodology I have developed for experiencing and isolating the archetypes. When I began my study, I found myself faced with an overwhelming number of images whose symbols were only vaguely familiar to me at best. To make matters worse, there did not seem to be a single traditional body of literature which aligned with the Tarot according to Ra. That is, Ra's take on these images is unique in many, many ways, as anyone familiar with traditional Tarot already knows. This meant that I was basically on my own.

I am not very good at visualizations, and I can't claim to have ever done any kind of astral traveling. The method that I used was *completely independent* of traditional mystical methods because I am not naturally talented in these activities. This grants the method two virtues. 1. It allows the archetypes to reveal themselves as part of your *common, everyday experience*, rather than as a set of hidden and esoteric mysteries. 2. It can bring hope and peace to others who, like me, suck at the standard occult methods of seeking.

## Preliminaries

The preliminary work is obvious and probably will not be terribly enlightening to the reader, but its importance cannot be understated. The steps are two:

First, I memorized the images. The images can be thought of as sign-posts which point the way to the energy of the archetype itself. *But do not confuse the image with the archetype!* Only once these sign-posts are at hand and can be called to mind at any moment can they be reliably used on your journey. In this way, the sign-posts can act as a filing system for your experience so you can learn the look and feel of the energies directly, rather than through images.

Second, I decoded the symbols. Remember that these symbols were given to the *Egyptians*. It doesn't matter what a sphynx or a turtle meant to the Greeks because the symbol had a completely different meaning for the Egyptians. It is not necessary to immerse yourself in Egyptian culture, but it *is* necessary to attempt a study of the symbols in terms of both Egyptian culture and occult literature, which has preserved much of this symbolic tradition. With the symbols decoded, it is possible to begin to make sense of the images. There are many, many ways to read each image, but we were given an example of how to do so in Book IV, so the dedicated student has a head-start. *Never forget, however, that much of what was discussed in Book IV was an artifact of Don's questioning, so do not assume that there is not more to be said about archetypes 1-7, or that Don's lines of reasoning are the only appropriate modes of approaching the rest of the archetypes.*

## The Method

With preliminaries in hand, I moved on to the real work. Ra says that “the Archetypical Mind, when penetrated lucidly, is a blueprint of the builded structure of all energy expenditures and all seeking, without distortion” (91.37). So I knew that in all of my energy expenditures and all of my seeking, there had to be archetypal energies at work. I expend plenty of energy and spend most of my time seeking in some way, so I figured that I must *already be* very familiar with the archetypes. Operating under this assumption, I used the file-cabinet of 22

dynamic images whose symbols were known to me in a cursory way, to carefully organize my experience as it occurred. The goal was (and still is) to classify each experience into the appropriate archetypal energy or set of energies, thereby offering a robust example of that energy and fleshing out the details of the archetype in a personal way which would never have been possible through mere reading.

The most obvious place to begin was with experiences I had already had. This is a useful project, but it is not nearly as enlightening as contemplating the archetypal content of intense life experiences *while I am in the midst of them*. This simple action is the core of my method. While it attracted many unexpected experiences, my desire to learn more than compensated for my fear of potent catalyst.

This process, though it sounds simple, was anything but. All I had for labeling my file cabinet was a shoddy and one-dimensional set of interpretations of bizarre images. I cannot overstate the necessity of having a willingness to *overturn* interpretations that you eventually find do not match your experience. *Your experience is the ultimate standard by which you must measure any set of interpretations of these images and symbols*. In my case, this meant that I had to undergo iterations of defining. I knew that the Catalyst of the Spirit was supposed to involve faith and that somehow there was a pouring-out and a nakedness involved in the experience of it. But until I had an experience of pouring-out and being naked, I simply could not further refine this image without the risk of putting too much emphasis on the theory and not enough emphasis on the practice. Once I had an experience of spiritual pouring-out and nakedness, I discovered what it was that was poured out. I discovered what it meant to feel spiritually naked. I also discovered how these feelings connected to the concept of faith. Then, I returned to the symbols to consider their meanings once again in the light of this experience. Having developed my theory a little more, I was now prepared for another experience, so that I might taste the archetypal energy of the Star with more clarity, detecting more of the subtler notes this time. With each further instance of this kind of experience, I learned to refine my grasp of this archetype more and more. But with each iteration I had to wait for the experience to come.

I made many mistakes in classifying my experiences. I can think of numerous situations that I had classified as having the energy of Transformation of the Mind, but which proved to be more spiritual in content once I gained more experience in classifying.

Literally everything around you can be classified by its archetypal content, if you choose to see the world this way. I came to see my home life and my work environments as macrocosms of my bodily and mental spheres, seeking the archetypal movements at work between my coworkers, friends and lovers. I imagined Death and the Enchantress on the group-level. I looked for the Sage in people I knew. I learned to recognize the dangerous energy of the Moon immediately, so that I would step with caution when entering it.

Then, once I had gathered a robust set of experiences with a specific archetype, it became time to attempt to step into its energy consciously, rather than waiting for the energy to find me. This necessitated *personifying* the archetype. There is a reason that occult traditions associate gods and goddesses with these archetypes: it is because, as Ra says, they are “beings in themselves.” They have a personality. When you learn to recognize them upon sight, then it is time to get to know them, to become personal with them. But, as Ra cautions, we must be careful not to forget about the “magical propriety” of the process when attempting to become the archetype in question. When I felt like I was called upon to stand firm and take responsibility, I would become the Emperor. When I wanted Intelligent Infinity to flow through me without resistance, I would become the Universe.

Though I could go on and on about nuances, this is my method in its essence. What follows is an examination of the seven classifications of archetype. The purpose of this examination is to assist the student of the Archetypal Mind in creating a file-cabinet out of the 22 archetypes. By not addressing specific archetypes, I am intentionally leaving many, many details unspoken. It is my hope that readers will perceive that I am offering a structure

within which to work, one which can eventually lead to each student fashioning her own file-cabinet and eventually to discovering her own unique perspective on the Archetypical Mind.

## The Seven Classifications

There are a couple of structures which are helpful to keep in mind when considering the classifications of archetype. The first structure is the concept of progression from the Matrix to the Great Way. The second structure is an association with the energy centers (whether conceived as chakras or densities or some other configuration). These two structures go hand-in-hand, but they are both to be considered only loosely. The archetypes will only tolerate a loose fit within structure conceptions. When one tightens such a stricture around them, they pop right out of the mold. Because of this, everything that follows must be seen as a helpful perspective on the archetypes, and not as the firm and unshakable capital-T Truth. Before I begin, I will explicitly emphasize the importance of remembering that, while I will discuss some of the more obvious relationships between archetypes, there are many more relationships I have not mentioned.

### *Matrices*

#### *- Unrealized Potential*

The essence of each Matrix is that which has a set of potentials, but lacks actualization of these potentials. One adequate metaphor is a chest full of legos. There are many different things you could build with the legos contained therein, but none of them have yet been built. Another metaphor is an undeveloped piece of property. The number of things you can do with the property are countless, but they are still all only potential experiences.

#### *- Structured Space*

Although a Matrix has infinite potential, it does not have an infinite range of possible experiences. With legos, one can only build lego structures. It is not possible to construct a healthy marriage or a successful career from a chest of legos. Thus, each Matrix is born with a structure for its potential, a limitation beyond which it is impossible to expand due to the very nature of that Matrix.

#### *- Longing for Fulfillment*

A Matrix is not merely a set of potentials unrealized; it *longs* for realization. In this sense, a Matrix, in its very essence, has a Yin quality to it: it feels an absence or a lack and calls for a filling of that lack. In this sense, the Matrices depart from the metaphors already given. The legos and undeveloped property do not *call for* or *beg* to be used. This longing in the Matrix prevents the possibility of permanent stasis. It is the reason why it is impossible to hold on to a single experience forever.

#### *- The Foundation for all Experience*

Like the red ray energy center, the Matrix is the ground upon which experience within a Cycle is built.

### *Potentiators*

#### *- Power of Actualization*

Each Potentiator is an *actualizer*. It is specially suited to seek out the empty spaces in its corresponding Matrix, connect to them like an enzyme, and plant the seed for a fully realized experience from these unfulfilled potentials. A Potentiator is a finger of power which gives life to everything it touches. As with all forms of power, this process can be dangerous if it comes too soon or without an appropriate respect for the process. This could result in more catalyst than one can process, overwhelming the individual. But without this power, we'd be in a hopeless state of longing without the possibility for fulfillment. Thus, the Potentiator offers the Yang to the Yin of the Matrix. If the Matrix is the empty lot, then the Potentiator is the inspiration and plan for a structure built upon that lot.

*- Infinite Wellspring from Beyond*

As a Matrix must be subject to limitation in order to distinguish the types of potentials to be realized in each Matrix, a Potentiator is also subject to the same type of limitation. This limitation, however, is far less rigid for a Potentiator than a Matrix. A Potentiator is only limited by its Matrix's ability to receive what it offers. Apart from this limitation, a Potentiator has the mysterious and unformed power of the Creator at its disposal. As such, a Potentiator is possessed of extreme subtlety and variety—it also stands as an influence from *beyond*. By “beyond,” I mean beyond the scope of the Cycle itself. Thus, the Potentiator of the Body introduces direct influence upon the body from the mind through wisdom; the Potentiator of the Mind introduces direct influence upon the mind from the spirit through intuition, and the Potentiator of the Spirit introduces direct influence of Intelligent Infinity upon the spirit through a sudden flash of awakening.

*- Locus of Change*

When a person truly surprises you or when you surprise yourself, it is probably a Potentiator you are witnessing at work. It is the Potentiator which breaks patterns within its respective Matrix, due to its mysteriousness and its close proximity to the sub-Logos of an entity.

*- The Origin of Life-force*

Like the orange ray energy center as it is used in such practices as Tai Chi, the Potentiator is the fountain from which energy and life springs. It breathes newness and excitement into its Cycle.

*Catalysts*

*- Seedling of New Experience*

The Catalysts can be thought of as the substance of the Potentiator which remains within the Matrix once the potentiating moment has passed. It is the product of the union of Matrix and Potentiator. If the Potentiator gives the seed for new experiences within the Matrix, then the Catalyst is that seed itself now planted and beginning to grow. As with any seed, your choice of whether and how to cultivate it will determine its sprouting and flourishing. This is why it is named “catalyst.” It is that in your experience which catalyzes you toward a different bias, a different attitude. It is especially interesting, in the case of the Catalyst of the Spirit, that the onset of an attitude of faith and the outpouring of outmoded biases associated with it is, itself, only catalyst for new bias: an absence creates the space for a new presence. If the Matrix is an empty lot and the Potentiator is the plan for a building upon that lot, then the Catalyst is the materials needed for construction.

*- Abundant in Supply*



Catalyst is especially abundant in human awareness, but it is often not consciously recognized as such. It can be recognized by the subject significance felt in any given experience by the awareness. Ra's example was discomfort due to a cramped position. Although there may be many different sensory experiences striking one's awareness, if one of them stands out among all the rest—such as an uncomfortable position—then it stands as catalyst.

*- Incompleteness*

Just as the Matrix is incomplete without the Potentiator, so the Catalyst alone is incomplete. It offers the materials for fulfilling the experience desired, but these materials alone will remain unformed. So often, we accumulate Catalyst like junk stored in a closet, forgetting to actually do much with it. According to the Law of Responsibility, however, there is a hole in the bottom of that closet, through which this collected Catalyst left unused will slowly fall.

*- Proximity to Social Engagement*

Like the yellow ray energy center, the Catalysts coordinate the complex social experiences to which each of us subjectively bears witness. It is often within this energy that we are forced most firmly into social engagement.

*Experiences*

*- The Flourishing of an Experience Longed for*

As the Catalysts have a close association with the Potentiators, the Experiences have a close association with the Matrices. A state of Experience is one in which some potential or set of potentials within the Matrix has been manifested. If the Matrix is an empty lot, the Potentiator is the Plan, and the Catalyst is the materials for construction, then the Experience is a completed building. This analogy makes it is easy to recognize the great distance between merely having construction materials on hand and having a completed building. This distance is, of course, the work that must be done. Within the Experience lies the process of doing this work. Of all the archetypes, these are the ones whose energies we must often spend the most time within, because it takes so very long to process all the many catalysts that find us.

*- The Beginning of a New Cycle*

The Experiences may be seen as the Matrix fulfilled, but they also point toward a new absence, a new longing. Upon the completion of some experience, regardless of its nature, the satisfaction of completion is always accompanied by the desire for a new experience. Upon our newly built structure within the Matrix, we discover that there is still so much more than has yet to be experienced. Moreover, it is only from our new vantage point that we are even *capable* of perceiving the new potentials that lie open to us.

*- The Centerpiece of Evolution*

Like the green ray energy center, the Experience archetypes lie at the very center of the evolutionary process. It is here that the majority of balancing efforts occur and it is here that the heart is consciously opened.

*The First Four Archetypes*

*- The Seasons of Experience*

The first four archetypes in a Cycle can be viewed as the seasons of an experience. Winter begins with the emptiness and longing of the Matrix, Spring gives the seed planted by the Potentiator, Summer brings the fruit of Catalyst blossoming from the seed and awaiting the plucking, while Autumn heralds the harvesting in the Experience and preparation for the next winter.

This cyclic perspective, however, is distinctly lacking in any prominent forward movement. Just as a farmer can continue to experience the same seasons over and over, each resembling the last, so we can allow ourselves to continue through the seasons of these four archetypes without any significant advancement. It is like reading the same novel over and over again. You might gain something new from it each time, but the rewards will taper off sharply with each next read. At some point, it becomes time to graduate to a new book.

### *- Male and Female*

One of the most striking distinctions from one Cycle to the next is the associations of the archetypes with the male and the female energies. In my analysis, I have distinguished this from Yang and Yin, which may be seen as the primordial gender energies. Whereas Yang and Yin represent for me the outward-projecting and the inward-drawing aspects of existence, respectively, the male and female energies may be understood as the conscious and unconscious selves, respectively. The great distance between the conscious and unconscious selves is a natural product of the veiling, thus complicating the archetypes. Consequently, we have a yang classification, the Potentiator of the Mind, which has a female association. It is outward-projecting insofar as it gives of itself to the Matrix of the Mind, but it is part of the unconscious portion of human awareness.

The conscious/unconscious association of male and female energies carries over into both the Body and Spirit Cycles. In the case of the Body, the Experience, a Yin classification, is also female. Hence, it draws the Catalyst into itself, processing it unconsciously through the subtle adaptations of the body and the physical circumstances it attracts to itself. In the case of the Potentiator of the Spirit, a Yang classification with a male association, there is a very prominent conscious experience of sudden awakening or enlightenment which asserts itself upon us and often shakes the very foundations of our belief systems.

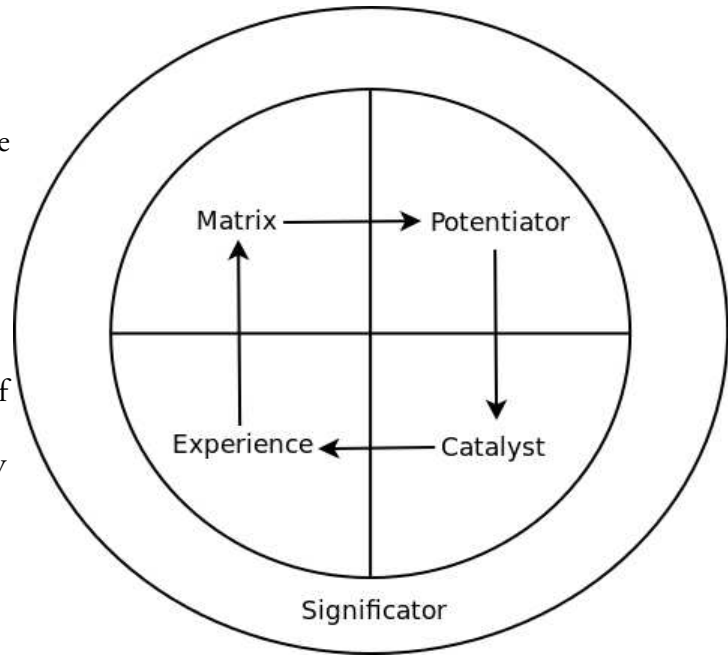
### *Significators*

#### *-Avatar of the Self*

The term "Significator" has a precise meaning in common Tarot usage. It is used to name a card that is specifically chosen to represent the self (or the querent) within a reading. Ra has described these archetypes as depicting "the very nature" and the "heart" of the complex named. Thus, in my interpretation, a more accessible name for this classification is "Avatar," a term which lends itself to conceiving of this classification as a blueprint for the vehicle through which one experiences a dynamic realm. To put this another way, the Significator is what is referred to when I use the terms "I," "me" and "myself." If you attend to your usage of these words, you will see that you don't always mean the same thing when you say "I." Sometimes you mean your body, "I am in my room," while other times you mean your mind, "I don't understand," and still other times you mean your spirit, "I feel like a kid again." As avatars, the Significators are positions of subjectivity. If we view each Cycle as a set of structures and rules which define a realm of experience, then the avatar defines the structure in which you experience that realm. Hence, though experiences are recorded in the Matrix, according to Ra, they are experienced *by* the Significator. It is this classification which gives us a *sense* of self: without it, we would feel like distant witnesses, removed from the experience, as in a cinema.

*- The Whole Constituted by the Machinery of Previous Archetypes*

The cyclic seasonal shape of the first four archetypes in a Cycle are confirmed by Ra to give specific depictions of various portions of the Significator. That is, they represent the moving parts, or machinery, within the avatar. The Significator is “both actor and acted upon,” which emphasizes that whereas there is great distance between the various archetypes, such as Matrix and Potentiator, all of these aspects of self are still contained within the “significant self,” the avatar. This is why the veiling was defined by the giving of complexity to the Significator. It was the separating of the male and female portions of the Significators from each other which begot the entire experiment in polarity which we now enjoy.



*Cycle of Seasons within the Significator*

*- Depiction of the Function of the Complex*

The whole is greater than the sum of the parts. While the previous four archetypes do depict the moving parts of the relevant complex, the Significator gives a concept of the function of the entire complex which cannot be gleaned from the moving parts alone, just as a hammer, nails and wood do not give a notion of what it is that a bookshelf does.

*- The Co-Creator Invested with Creative Power*

Like the blue ray energy center in which an entity becomes Co-Creator for the first time, the Significator brims with the power of Creation and the ability to mold its environment according to its intent.

*Transformations*

*- Quantum Shift in Growth*

The cycle of seasons found in the movements of the first four archetypes of a Cycle do not, themselves, provide a method of significant forward movement. Alone, the first five archetypes can be likened to a farmer who lives on the same property her entire life, growing the same crops, experiencing the same seasons every year. She does learn more about the process each season, fleshing out her experience concerning this specific property and these specific crops, but with each next season, less is learned until the process becomes merely rote. This is what is commonly known as “burnout.” The only way to cure burnout is to transform the circumstance, to do something new. Transformation gives form to the transition from the old circumstance to the new circumstance, offering a graduation. Consequently, whereas each of the previous five archetypes gives structure to the relevant complex (whether mind, body or spirit), the Transformation archetype gives structure to upward evolutionary growth of the complex, in its most rapid mode. A viable alternate name for this classification is “Revolution.”

*- Release of What Is Not Needed*

As Ra suggests in a brief discussion about fasting, one of the major threads connecting the Transformation archetypes to each other is the necessity of *releasing* that which is no longer needed or, more often, that which prevents us from moving forward. This feature of Transformation makes it very often a painful experience, though it need not be an experience of suffering. The way, as Ra tells us, is straight and narrow, so we must expect that each quantum leap upon the path requires that abandoning of baggage which is too heavy to carry when we leap.

### - *The Key to the Gateway*

Like the indigo ray center, the Transformations offer the key to rapid evolutionary advancement and thus rapid movement toward the Creator in its Infinitude.

### *Great Ways*

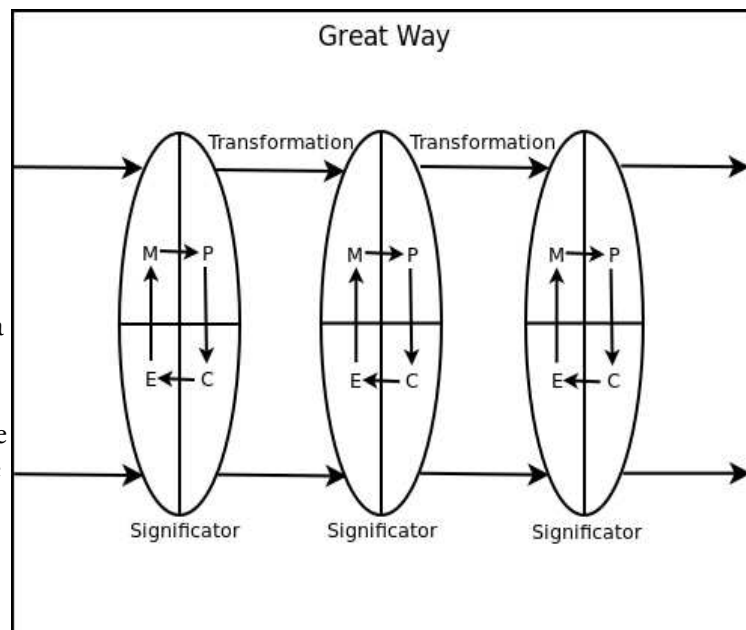
#### - *Complete Environment of Evolutionary Movement*

The Great Way is not merely *an* environment for evolutionary growth; it is the entirety of the structure within which growth is possible. To imagine ourselves beyond the context of the Great Way environment is to imagine our experience as something other than it is, something other than Third Density. This is a distinct limitation, but a limitation which still allows access to the entirety of the Infinite Creation, just as our vision allows us to see the whole cosmos, but only within a certain range of electromagnetic frequency.

#### - *Dynamic, Objective Perspective*

Each of the Great Way archetypes can be compared to their corresponding Significator archetypes with great reward. The Significator archetypes give a static, subjective image of the relevant complex as a whole. This image does not show how forward movement occurs, nor does it show how this forward movement is integrated into the cyclic movements of the rest of the archetypes. The Great Way archetype remedies this lack of perspective. It balances the stasis and subjectivity of the Significator with an objective vision of the entire process and its dynamic unfolding. Within the energy of the Great Way, we have access to a concept of ourselves in the *grand scheme*. Whereas we may often get lost in fine-tuning that occurs in the energy of the Experience archetypes, it is the Great Way which allows us to step back and put everything into perspective, regaining a balanced and complete vision of our journey and its relationship to the world of our experience. According to Ra, the Great Way is a summary and review of the preceding Cycle. As always, the whole is greater than the sum of the parts, so while it may seem superfluous that there would be an archetype which serves the purpose of summarizing, this is a superficial viewing of this classification.

#### - *The Goal of Evolution*



*The Environment delimited by the Great Way. Notice that Transformation brings about a quantum into the next phase of experience.*

The Great Way does not merely give a concept of the *path*; it also gives a concept of the *goal*. In the energy of the Great Way, it is often a vision of this goal, a vision of ourselves *perfected* which points the way forward, casting light upon the next step on the journey.

- *The Crown Is Already Upon the Head*

Like the violet ray energy center, the Great Way allows us to access ourselves already perfected, that we may easily discover the Creator within.

by

**The One Infinite Creator**

through

**Sephira Vox**

GARY B. PRESENTS  
*"Meanwhile" and "Already" – Keys to the Law of One*

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## I. The Cinema: A Metaphor

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Exploring this metaphor, one quickly runs up against its limits, but within its intended purpose, this metaphor is rich with insight into our situation. I will rely on it heavily throughout this discussion as it illustrates very seemingly abstract concepts, pointing to that which, ultimately, is ineffable. The metaphor is only a starting point for experience of your own, already present awareness. Let us examine.

Picture in your mind a movie theater. In that theater a movie is playing on the screen.

The movie is the story of your life. Everything about your life: Your birth. Your death. Your suffering. Your joy. Your growth. Your outward experience and your hidden, inner-most thoughts. The bonds of love you form with others. And when you die in this story, you are born again. And onward as you move through the circuit of the densities, and become part of a social memory complex, and dissolve into the all.

Likewise for everyone else you know. Their long journeys of searching and self-discovery happen in this movie.

Likewise for the civilizations that rise and fall. For the life of the planet, the movement of the stars, the passing of the densities and the birth and death of the octaves.

From microbes to microwaves, from dirt to destiny, the story of creation unfolds in this movie. Fire burns. Water destroys. Planets (no thanks to the Death Star) explode. Stars are born and stars die.

Meanwhile, what happens to the screen?

Is the screen damaged when the fire burns in the movie images? Does it become wet when the floods come? Does it twist when galaxies collide? Does it recoil at the shadow, or shudder at confusion, or wish that the images and narratives in the movie were other than they are?

When billions of years elapse in the movie, does the screen get old? When light travels for millions of years from one corner of the universe to another, does the screen stretch to accommodate this incomprehensible expanse?

In short: **Is the screen affected in any way by any event within any plane of existence in the passing images and story line of the movie?**

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## II. What Do the Screen and Movie Represent?

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You are the screen. You are the clearing within which all life, every entity of every plane of existence arises. You, represented here by the screen onto which is projected the movie of creation, are Being. The witnessing presence. The unmanifest. The Isness and Suchness of Eternity. The Absolute. The undistorted, unpotentiated Intelligent Infinity. The Source. The All.

You, the screen, cannot be turned into an object, because you are the seer that sees but cannot itself be seen. The knower that knows but cannot itself be known. This background against which all rises and falls is your own, simple, ever-present, always available, awareness. Already fully, effortlessly functioning.

It is already, 100% present. It is your true nature. You cannot gain your true nature, you can only realize that you are not the events within the movie, as interesting and seemingly consequential as they may be. You can only see the illusion of the individual "I", release the hypnotic entrapment of the form identity, and rest or abide in being, rest in who you already are.

Let's tackle this by examining some of the qualities, you might say, present within the relationship between empty screen and the shifting forms and images.

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### III. How the Metaphor Clarifies Our Predicament:

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#### Present

Eckhart Tolle asks a question whose implications, once realized, will turn your world upside down. It is an innocuous question that has the potential to undo the time-bound mind and the knot of selfhood that contracts our attention into a little identity armored against our infinite, boundless nature. It is this: "When did anything ever happen in the future? When did anything ever happen in the past? The only place that anything happens is in the now." And with the fire of his realization, the seeming reality of past and future burns away, leaving one to realize that past and future exist *only* as concepts in the mind, not as living realities.

No matter the illusory situation with regard to time or space that is unfolding in the movie... no matter whether the actor feels lost or found, successful or failed, saintly or villainous... no matter whether the entity is a small sea slug on the Galapagos or a ruthless Wall Street tycoon, the screen is 100% present and available, because it is not participating in the saga of space and time. It is available at all times, because it is time-less. It is available in all space, because it is space-less. It is *\*impossible\** to avoid, but hypnotized as we are by the events within the movie, and by the illusions of time, we overlook the only place where we discover who we are: the present moment.

Ken Wilber writes, "When I think of the past, those past thoughts exist right now, in this present. When I think of the future, those future thoughts exist right now, in this present. Past and future thoughts exist right now, in simple ever-present awareness.

16.21 Ra: The path of our learning is graven in the present moment. There is no history, as we understand your concept. Picture, if you will, a circle of being. We know the alpha and omega as infinite intelligence. The circle never ceases. It is present.

#### Cannot be gained

Because it is 100% present in every circumstance, it cannot be gained. It is the fundamental condition of this moment. This experience. It is the ground upon which all seeming moments and circumstances and modes of thought and activity have their existence. There is never a time when it is not.

In response to a question Don asked Ra to clarify about "the adept lives more and more as it is", Ra responds:

75.23 Ra: **Each entity is the Creator.** The entity, as it becomes more and more conscious of its self, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the energy centers red, orange, yellow, and blue with the addition of the green for the positive, thus moving into indigo work.

75.23 Ra: The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity it gradually manifests **more and more of that which it always has been since before time; that is, the One Infinite Creator.**

### Cannot be entered or exited

Ken Wilber writes: "We know all the fancy names for this state, from unity consciousness to sahaj Samadhi. But it really is the simplest and most obvious state you will ever realize. Moreover, once you glimpse that state – what the Buddhists call One Taste (because you and the entire universe are one taste or one experience) – it becomes obvious that you are not entering this state, but rather, it is a state that, in some profound and mysterious way, has been your primordial condition from time immemorial. You have, in fact, never left this state for a second. This is why Zen calls it the Gateless Gate: on this side of that realization, it looks like you have to do something to enter that state – it looks like you need to pass through a gate. But when you do so, and you turn around and look back, there is no gate whatsoever, and never has been. You have never left this state in the first place, so obviously you can't enter it."

17.2 Ra: We cannot offer shortcuts to enlightenment. Enlightenment is of the moment, is an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach/learn enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin **the seeking process that ends in a moment, but who can know when an entity will open the gate to the present?**

Notice how they speak of the "end" of the seeking process. This is the great paradox of spiritual seeking. We are reaching and searching for that which we already are. We are looking how to get to *here* and *now*, where we already stand.

The seeking itself presumes the absence of that which was never lost. It is desperately trying to find a realization or place where the Creator is motivated by the surety that we are not already realized, and the Creator is not already full, 100% present.

### The screen is one

No matter the diversity and multiplicity and seeming finite nature of the events within the movie, all unfolds against the backdrop, if you will, of total, unmanifested, undifferentiated unity. That is to say, oneness.

104.26 Ra: We leave you in appreciation of the circumstances of the great illusion in which you now choose to play the pipe and timbrel and move in rhythm. We are also players upon a stage. The stage changes. The acts ring down. The lights come up once again. And throughout the grand illusion and the following and the following **there is the undergirding majesty of the One Infinite Creator.** All is well. Nothing is lost. Go forth rejoicing in the love and the light, the peace and the power of the One Infinite Creator.



74.11 Ra: The heart of the discipline of the personality is threefold. One, know yourself. Two, accept yourself. Three, become the Creator.

77.6 Ra: The third step is that step which, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves. In relation to the pursuit of the magical working the continuing discipline of the personality involves the adept in knowing itself, accepting itself, and thus clearing the path towards the great indigo gateway to the Creator. To become the Creator is to become all that there is. There is then no personality in the sense with which the adept begins its learn/teaching. As the consciousness of the indigo ray becomes more crystalline, more work may be done; more may be expressed from intelligent infinity.

75.29 Ra: ...the creation becomes more and more contained within the practitioner

## Stable

It does not waiver, it does not wobble, it does not move. If you see movement or change, you are seeing the movie, the manifest creation, that which is built and destroyed with intelligent energy. The background awareness, so to speak, does not change. It is constant. Ever present.

1.0 Ra: We have watched your group. We have been called to your group, for you have a need for the diversity of experiences in channeling which go with a more intensive, or as you might call it, advanced approach to the system of studying the patterns of the illusions of your body, your mind, and your spirit, which you call seeking the truth. We hope to offer you a somewhat different slant upon the information which is always and ever the same.

## Simple

It has no qualities. It has no space. Or Time. All qualities arise out of it. Partly why in the east it is referred to as the void, or emptiness.

Thus, it is overlooked and missed because it is so simple. It is everywhere, and everything, and instead of noticing that which is present everywhere, we are hypnotized by the passing images of the movie, lost to the ground upon which the whole movie depends for its existence.

Ken Wilber, "All is Brahman" [or as we might say, "All is One", or "All is the Creator"] should not be mistaken as a philosophical conclusion, a logical theory, or a merely verbal explanation of reality. For the sages of every time and place have unanimously maintained that the Absolute is actually ineffable, unspeakable, utterly beyond words, symbols, and logic. And not because it is too mysterious or too sublime or too complex for words, but rather because it is too simple, too obvious, too close to be caught in the net of symbols and signs. Because there is nothing outside It, there is no way to define or classify it.

Ken Wilber, "But why is it, then, that we ordinarily don't have that perception? All the great nondual wisdom traditions have given a fairly similar answer to that question. We don't see that Spirit is fully and completely present right here, right now, because our awareness is clouded with some form of *avoidance*. We do not want to be choicelessly aware of the present; rather, we want to run away from it, or run after it, or we want to change it, alter it, hate it, love it, loathe it, or in some way agitate to get ourselves into, or out of, it. We will do anything except come to rest in the pure Presence of the present. We will not rest with pure Presence; we want to be

elsewhere, quickly. The Great Search is the game, in its endless forms.”

### Contains all

No matter how hidden or horrible that which happens in the movie, or how wonderful and perfect – no matter what event visible or invisible that can be imagined, it all happens on this screen, and thus does the screen *contain* everything, it contains the whole truth, and it is looking through our eyes:

13.13 Ra: It shall be understood that any portion, no matter how small, of any density or illusory pattern, **contains**, as in an holographic picture, **the One Creator which is infinity**. Thus all begins and ends in mystery.

Note: A hologram is a better analogy for conveying this, but a screen works.

Because it “contains” everything, it cannot abhor anything, much like the mirror cannot abhor the objects passing in front of it:

1.4 Ra: We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. **Since it contains all, it cannot abhor any.**

7.15 Ra: The Law of One **blinks neither at the light or the darkness**, but is available for service to others and service to self.

### Effortless

Wilber: “The attempt to bring the soul and God together merely perpetuates the illusion that the two are separate. ... the Self is already present, and we’re already it.

The screen is already witnessing all outward experience and phenomena, all outward, finite identity. It is doing this effortlessly, and is happening through your own witnessing awareness that is already, effortlessly operating. You do not gain this awareness, or create this awareness, you simply notice that you are already aware of the sky, already aware of your breathing, already aware of whatever your attention turns to, and ultimately already aware of the entire experience of the little “I”.

76.4 Ra: It is the being that informs the working, not the working that informs the being.

### In Merging Is Freedom

Realizing that you are the screen, that is to say, the witness of the outward experience, is liberation, is freedom. No matter the torments and trials of the passing images of the movie, no matter whether your physical body is threatened or your career lost or your country devastated, you have transcended the hills and valleys of attachment and aversion, resting in that which, without blinking, is constantly, ceaselessly, compassionately aware of the outer play.

Eckhart Tolle: “To offer no resistance to life is to be in a state of grace, ease, and lightness. This state is then no longer dependent upon things being in a certain way, good or bad. It seems almost paradoxical, yet when your inner dependency on form is gone, the general conditions of your life, the outer forms, tend to improve greatly. Things, people, or conditions that you thought you needed for your happiness now come to you with no struggle or effort on your part, and you are free to enjoy and appreciate them - while they last. All those things, of course, will still pass away, cycles will come and go, but with dependency gone there is no fear of loss anymore. Life flows with ease.”

#### IV. Using the Metaphor

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##### Disidentify:

Eckhart Tolle says that the most important step you can take on your spiritual journey is to disidentify from your mind. Both Tolle and Ramana Maharshi build an entire teaching that makes this critical distinction between the self that you are not, and the self that you are. They both use terms like “ego”, or “false self”, or “non-self”, or “form identity” – perhaps what the Confederation might call “personality shell” – to denote this self you are not.

Ultimately, of course, both Tolle and Ramana maintain the Law of One’s first and final position: that being that you are all things. Both teachers would nod in agreement to Ra’s statement that “Self reveals self to self”, acknowledging that all is self, even the seeming “non-self”.

But as far as our process goes, the incarnational self’s realization that he or she is all things, involves a procedure of *disidentification*, realizing that you have thoughts, but you are not your thoughts. You have memories, but you are not your memories. You have a body, but you are not your body.

Does the *Law of One* point to a distinction of this order?

3.16 There are two main functions of the pyramid in relation to the initiatory procedures. One has to do with the body. Before the body can be initiated, the mind must be initiated. This is the point at which most adepts of your present cycle find their mind/body/spirit complexes distorted from. When the character and personality that is the **true identity** of the mind has been discovered, the body then must be known in each and every way.

39.10 As you are aware, the violet ray is constant and does not figure into a discussion of the functions of ray activation in that it is the mark, the register, the **identity**, the **true vibration** of an entity.

80.10 ...an adept is one which **has freed itself more and more from the constraints of the thoughts, opinions, and bonds of other-selves**. Whether this is done for service to others or service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. The magic is recognized; the nature is often not.

80.11 **Questioner:** Could I say, then, that implicit in the process of becoming adept is the possible partial polarization towards service to self because simply the adept becomes **disassociated** with many of his kind or like in the particular density which he inhabits?

**Ra:** I am Ra. This is likely to occur. The apparent happening is disassociation whether the truth is service to self and thus true disassociation from other-selves or service to others and thus true association with

the heart of all other-selves and disassociation only from the illusory husks which prevent the adept from correctly perceiving the self and other-self as one.

**80.12 Questioner:** Then you say that this effect of disassociation on the service-to-others adept is a stumbling block or slowing process in reaching that goal which he aspires to? Is this correct?

**Ra:** I am Ra. This is incorrect. This disassociation from the miasma of illusion and misrepresentation of each and every distortion is a quite necessary portion of an adept's path. It may be seen by others to be unfortunate.

**54.27** Firstly, there is the inner light which is Polaris of the self, the guiding star. This is the birthright and true nature of all entities. This energy dwells within.

Eckhart Tolle: "What a liberation to realize that the "voice in my head" is not who I am. Who am I then? The one who sees that."

#### **Another Word: Sacrifice:**

"Disidentification" is an idea that sounds fairly clinical and painless, perhaps comparable to performing a file conversion or changing a particular behavior. It can certainly be an easy shifting of the attention and the awareness to rest in the ever-present witness, thus disidentifying from the outer form. However, on a deep level, the disidentification is not simply reclaiming awareness from a mental pattern in order to witness, but is slowly and surely a giving up/releasing/renouncing of one's identity; giving up the story of self one has been attached to since birth and beyond. Everything you thought you were – that identity bound up in and inseparable from all your fears, attachments, desires for private satisfaction, and time-bound thinking – is let go in favor of resting in ever-present being. This in a very real way is a death, a sacrifice.

**57.24** The initiation of [the] Queen's Chamber has to do with the abandoning of self to such desire to know the Creator in full that the purified in-streaming light is drawn in balanced fashion through all energy centers, meeting in indigo and opening the gate to intelligent infinity. Thus the entity experiences true life or, as your people call it, resurrection.

**65.20** One meets the self in the center or deeps of the being. The so-called resonating chamber may be likened unto the symbology of the burial and resurrection of the body wherein the entity dies to self and through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being.

**15.7** There is but one service. The Law is One. The offering of self to Creator is the greatest service, the unity, the fountainhead. The entity who seeks the One Creator is with infinite intelligence. From this seeking, from this offering, a great multiplicity of opportunities will evolve depending upon the mind/body/spirit complexes' distortions with regard to the various illusory aspects or energy centers of the various complexes of your illusion. Thus, some become healers, some workers, some teachers, and so forth.

**93.24** We may indicate that the crux ansata is a part of the concept complexes of the archetypical mind, the circle indicating the magic of the spirit, the cross indicating that nature of manifestation which may only be valued by the losing. Thus the crux ansata is intended to be seen as an image of the eternal in and through manifestation and beyond manifestation through the sacrifice and transformation of that which is manifest.

94.26 The cross formed by the living limbs of the image signifies that which is the nature of mind/body/spirit complexes in manifestation within your illusion. There is no experience which is not purchased by effort of some kind, **no act of service to self or others which does not bear a price**, to the entity manifesting, commensurate with its purity. All things in manifestation may be seen in one way or another to be offering themselves in order that transformations may take place upon the level appropriate to the action.

As Eckhart Tolle says, much in keeping with this idea of the so-called *non-self*, “Death is a stripping away of all that is not you. The secret of life is to “die before you die” --- and find that there is no death.”

### Another Word: Surrender

Disidentification and sacrifice have another associated word: surrender.

Though not specifically a word used in the *Law of One*, it is there nevertheless in the concept of “acceptance”. Ra speaks of this activity, and its concomitant, non-judgment, as keys to positive polarization.

49.6 Ra: Meanwhile the Creator lies within. In the north pole the crown is already upon the head and the entity is potentially a god. This energy is brought into being by the **humble and trusting acceptance** of this energy through meditation and contemplation of the self and of the Creator.

46.9 Ra: Control is the key to negatively polarized use of catalyst. **Acceptance is the key to positively polarized use of catalyst.**

Reading Eckhart Tolle's teachings, one does not cross but two paragraphs before encountering Tolle's oft-repeated exhortation: release resistance to what is, what *already* is. “Always say “yes” to the present moment. What could be more futile, more insane, than to create inner resistance to what already is? what could be more insane than to oppose life itself, which is now and always now? Surrender to what is. Say “yes” to life — and see how life suddenly starts working for you rather than against you.” In fact, Tolle synonymizes “mind” and “resistance”, and suggests a surrender so deep, that “Whatever the present moment contains, accept it as if you had chosen it.”

### Negation:

Likely you have come across the Sanskrit concept expressed in the words “neti, neti”, a term that means “not this, not this”. This is yet another way to engage the practice of disidentification. Each thing which arises, whether it is an external event, an internal thought, a sensation, an emotion, a memory, an anticipation, etc., each thing, everything that can be seen, is greeted with “neti, neti”. That is to say, I am aware of this particular object of attention, whatever it may be, but I am *not* this object of attention. I am not the images in the movie. Who, then, am I? Who is it that is aware? Who is the seer that sees but cannot itself be seen? This practice pushes the awareness back, further further back, until that clear, primordial, boundless, ever-present awareness within which all that arises is consciously merged into.

Is there evidence of this negation, of *neti neti* within the *Law of One*?

4.20: The Law of One, though beyond the limitations of name, as you call vibratory sound complexes, may be approximated by stating that all things are one, that there is **no polarity, no right or wrong, no disharmony, but only identity**. All is one, and that one is love/light, light/love, the Infinite Creator.

One of the primal distortions of the Law of One is that of healing. Healing occurs when a mind/body/spirit complex realizes, deep within itself, the Law of One; that is, **that there is no disharmony, no imperfection; that all is complete and whole and perfect**. Thus, the intelligent infinity within this mind/body/spirit complex re-forms the illusion of body, mind, or spirit to a form congruent with the Law of One. The healer acts as energizer or catalyst for this completely individual process.

You haven't "earned" this perfection and wholeness and completeness. You realized that it was *already* there, that it is *already* your true nature, that there is no disharmony and no imperfections, no polarity and no right or wrong.s

Ramana Maharshi illustrates the neti, neti practice thusly:

### Contemplate Creator:

Contemplate your true nature. You are *not* the personality shell, or the incarnate self, or the narrative running through your mind. You are those things *too*, but you are not just those. In fact, those represented limited, finite, mirages of who you are, camouflages at the outermost edge of your infinite identity.

Ra encourages the seeker again and again to contemplate the self as the Creator. Not the Creator you will be in the future, but the Creator you always are, the Creator you are right now, the Creator hidden underneath the illusory identity you hold onto.

1.0 You are not part of a material universe. You are part of a thought. You are dancing in a ballroom in which there is no material. You are dancing thoughts. You move your body, your mind, and your spirit in somewhat eccentric patterns for you have not completely grasped the concept that you are part of the original thought.

97.9 Therefore, may we ask the student to look up from inward working and behold the glory, the might, the majesty, the mystery, and the peace of oneness. Let no consideration of bird or beast, darkness or light, shape or shadow keep any which seeks from the central consideration of unity.

23.36 This is why we iterate quite often, when asked for specific information, that it pales to insignificance, just as the grass withers and dies while the love and the light of the One Infinite Creator redounds to the very infinite realms of creation forever and ever, creating and creating itself in perpetuity.

Why then be concerned with the grass that blooms, withers and dies in its season only to grow once again due to the infinite love and light of the One Creator? **This is the message we bring. Each entity is only superficially that which blooms and dies. In the deeper sense there is no end to being-ness.**

102.2 We may note that the instrument has remained centered upon the Creator at a percentage exceeding ninety. This is the key. Continue in thanksgiving and gratitude for all things.

10.14 **Questioner:** For general development [of the] reader of this book, could you state some of the practices or exercises to perform to produce an acceleration toward the Law of One?

**Ra:** I am Ra.

Exercise One. This is the most nearly centered and usable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously seek that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking powers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

Exercise Two. The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, **see the Creator**. This is an helpful exercise.

Exercise Three. Gaze within a mirror. **See the Creator**.

Exercise Four. Gaze at the creation which lies about the mind/body/spirit complex of each entity. **See the Creator**.

The foundation or prerequisite of these exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.

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#### IV. "The Sage of the Century" and "Already"

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**49.6 Questioner:** What process would be the recommended process for correctly awakening, as they say, the kundalini and of what value would that be?

**Ra:** I am Ra. The metaphor of the coiled serpent being called upwards is vastly appropriate for consideration by your peoples. This is what you are attempting when you seek. There are, as we have stated, great misapprehensions concerning this metaphor and the nature of pursuing its goal. We must generalize and ask that you grasp the fact that this in effect renders far less useful that which we share. However, as each entity is unique, generalities are our lot when communicating for your possible edification.

We have two types of energy. We are attempting then, as entities in any true color of this octave, to move the meeting place of inner and outer natures further and further along or upward along the energy centers. The two methods of approaching this with sensible method are first, the seating within one's self of those experiences which are attracted to the entity through the south pole. Each experience will need to be observed, experienced, balanced, accepted, and seated within the individual. As the entity grows in self-acceptance and awareness of catalyst the location of the comfortable seating of these experiences will rise to the new true-color entity. The experience, whatever it may be, will be seated in red ray and considered as to its survival content and so forth.

Each experience will be sequentially understood by the growing and seeking mind/body/spirit complex in terms of survival, then in terms of personal identity, then in terms of social relations, then in terms of universal love, then in terms of how the experience may beget free communication, then in terms of how



the experience may be linked to universal energies, and finally in terms of the sacramental nature of each experience.

**Meanwhile** the Creator lies within. In the north pole the crown is **already** upon the head and the entity is potentially a god. This energy is brought into being by the humble and trusting acceptance of this energy through meditation and contemplation of the self and of the Creator.

Where these energies meet is where the serpent will have achieved its height. When this uncoiled energy approaches universal love and radiant being the entity is in a state whereby the harvestability of the entity comes nigh.

### Why is “already” important?

You’re working then, with what is. You are releasing the time-bound identity. You are realizing that you are *already* whole, complete, and perfect.

Helps remove the fear, the judgment, the resistance, the grasping, the avoiding that makes us miss the “straight and narrow” gate into the eternal present. Helps us to be with WHAT IS. Not just to “be with it”, but ultimately to merge into it, such that subject and object collapse.

## V. Stillness & Silence as Method and Goal

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Much I could talk about in the way of method, including and especially the application and development of will and faith. But within the time restrictions, just silence and stillness.

15.14 The understanding, experiencing, accepting, and merging of self with self and other-self, and finally with the Creator, is the path to the heart of self. In each infinitesimal part of your self resides the One in all of Its power. Therefore, we can only encourage these lines of contemplation or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process. Without such a method of **reversing the analytical process**, one could not integrate into unity the many understandings gained in such seeking.

42.12 There is but one technique for this growing or nurturing of will and faith, and that is the focusing of the attention. Thus it is a matter of wishing to become able to collect one’s attention and hold it upon the desired programming.

## VI. The Attention Upon the Creator

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106.23 We suggest the nature of all manifestation to be illusory and functional only insofar as the entity turns from shape and shadow to the One.

52.11 **Questioner:** Is there then, from the point of view of an individual who wishes to follow the service-to-others path, anything of importance other than disciplines of personality, knowledge of self, and strengthening of will?

**RA:** I am Ra. This is technique. This is not the heart. Let us examine the heart of evolution.



Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learn/taught in meditation and in service. At some point the mind/body/spirit complex is so smoothly activated and balanced by these central thoughts or distortions that the techniques you have mentioned become quite significant. However, the universe, its mystery **unbroken**, is one. Always begin and end in the Creator, not in technique.

57.33 The seeker seeks the One

20.27 The original desire is that entities seek and become one.

**SUPPLEMENTARY MATERIAL:**  
*The Website Unification Project*

Dear friends,

**The short version:** We have initiated a project to combine LLResearch.org (the archive website) and Bring4th.org (the community website) into a single website! The reasons and benefits for this are listed below, along with a request for your help. Thank you so much for considering this. It is a pleasure to serve you, and we hope to do so as long as this particular wavelength of light is of aid to the spiritual seeker.

Love, L/L Research : )

**The longer version:** As many of you have observed firsthand, Bring4th has been steadily building in traffic, participation, and content generation since 2008, bringing us to the point of having to upgrade our hosting environment in order to ensure the forums, chat, blogs, and store can continue to grow and scale without receiving the kind of persistent error messages that many of you endured not too long ago (thanks again for your patience during that period of growing pains!).

**LLResearch.org/Bring4th.org Expansion Project**  
**July 2013 Proposal**

In late 2008, the Bring4th website was created to foster an online community built around the principles of the Law of One and to facilitate connecting spiritual seekers often isolated from one another by geographical distance. Bring4th soon became a successful social networking venue, offering forums, chat rooms, and blogs to the members of the community, and offering the possibilities of making enduring friendships--locally and online--for participating members. For those who desired supporting L/L Research as an organization, an eCommerce store was implemented to raise funds through donations and book sales. For the first time in L/L Research history, Jim and Carla did not have to fund their tiny non-profit organization out of their own pockets due to the small, but sufficient, revenue generated from the store.

LLResearch.org, L/L's first and principal website has been serving as the library or archive. Thanks to Ian J., LLResearch.org has been meticulously maintained and stewarded since the 1990's to provide a completely free, authoritative, and comprehensive repository of nearly all channelings, interviews, speeches, publications, and news for those who wished to contemplate and study the philosophies and principles comprising The Law of One.

Both sites have been managed by L/L Research but have been operating independently of one another.

**A new initiative is now underway**

The ever increasing volume of traffic and generated content from both websites--Bring4th especially--is causing us to grow into the need for a larger hosting plan offering more robust services. In general, we hope to improve the infrastructure of the websites by bringing together LLResearch.org and Bring4th.org under the same "virtual roof" and hosting both sites on the same server, unifying them into a single website. Among the many other benefits listed below, doing so will save the organization money instead of having to host two independent sites through two separate services. These savings can then be applied to the new hosting environment. (A helpful move because the new web host provider requires additional financial resources due to the burgeoning volume of communications on Bring4th via forum posts, chat logs, blog entries, and data retention from online store activity.)

**Help is needed for this large-scale project**

We have asked L/L Research's webmaster, Steve E. (aka: Bring4th\_Steve), to lead the planning and technical implementation, by designing and reprogramming both websites in order to actualize the internal and community ideas mentioned above. Thus far, Steve has served as L/L Research's webmaster for Bring4th.org – and, as of late 2012, assumed a similar role for LLResearch.org as well – on a strictly volunteer basis, giving both websites his time on top of his day job and family life. More times than can be counted, we receive e-mails from him at all hours of the night as he updates us on new Bring4th developments, fixed issues, and completed maintenance tasks that keep the website running as smoothly as possible for the enjoyment of all.

The size of this particular project is quite large in scope compared to the first Bring4th launch. The time and energy requirements needed are so substantial, that we seek your assistance in helping to support these new development expenses and outside services, while also commissioning Steve to plan, develop, launch, and maintain this new site version.

**L/L Research therefore invites you, the readership and community, to assist in two basic ways:**

Financial assistance:

Our goal is to raise \$3,000 to pay for all hosting-related expenses (bandwidth/storage/hardware/software/3rd-party services), and to extend some support for Steve for the enormous investment of time and energy he will be devoting to this project. Given the increased requirements and scope of the project this time around, Steve happily agreed to provide web development services at a rate far lower than most is standard for web programmers to charge.

Here is a link to the store donation page for those who are in a position to help donate at this time: [http://store.bring4th.org/product\\_info.php?cPath=24&products\\_id=190](http://store.bring4th.org/product_info.php?cPath=24&products_id=190). (Or go to store.bring4th.org and navigate to "Donations".)

Please keep in mind that L/L Research is a 501[c]3 non-profit organization, so donations made this year can be deducted when you file your 2013 taxes. A receipt for your tax records will be snail-mailed to you if the United States, and emailed to you if international.

Feedback:

Please add to the thread at Bring4th (navigate to "Forums" and you can't miss it) your ideas and comments regarding how L/L Research could improve one or both websites, or perhaps share your views on how both sites can best be integrated into a single website.

Help has been offered--and will be graciously considered in the near future--to assist with moving the archive website information into a database-driven content management system. Additional help will be sought on a case-by-case basis depending on which tasks are at hand, and if the tasks can be shared in a way that accelerates progress instead of hindering it.

A more technical summary of proposed changes are as follows:

1. Graphically **redesign, and reorganize navigation** and instructional content for LLResearch.org and Bring4th.org in a way that best improves the user experience, including
  - a. **Topically organizing** the transcripts in a variety of different ways that give one greater insight into what's actually in that treasure trove. Its current organization requires accessing year by year and reading main questions that could be the length of paragraphs.

- b. Tagging the sessions and entering them into a database to enable greater **searching and sorting** capacity, and ease of navigation, hopefully yielding **search returns** much like what Tobey has accomplished at lawofone.info.
2. At an organizational level, consider **rebuilding LLResearch.org** so that readers gain a greater sense of and access to its mission, more prominent listing of the services it offers and methods to become involved, and select financial summaries to promote compliance and transparency as a 501[c]3.
3. Organize and **consolidate L/L's services**, traffic, and overlapping content (such as news bulletins).
4. Analyze how well L/L Research is making itself and its information available to others, and consider community feedback for improving the current state of LLResearch.org and Bring4th.org. **A main question to be asked:** What is working for the community, and what is not? The responses will be synthesized and incorporated into the planning and development of the newly combined site.
5. Restructure the **forums and the moderation process** to promote greater transparency and greater ease of use.
6. An **improved online store** that allows for recurring donations, multiple shipping speeds, and easier navigation.
7. Greater integration between **LLResearch.org and Lawofone.info**.
8. Move Bring4th and LLResearch to a **Virtual Private Server (VPS)**. This will significantly improve the performance and manageability of both web properties. Portions of this task have already been implemented to alleviate recent issues of Bring4th crashing. Hosting with a VPS service increases the amount of time needed to maintain the L/L Research web properties, as these services are no longer managed hosting services, as they once were.
9. By improving the level and availability of server resources to Bring4th and LLResearch.org, the community can expect to enjoy an **improved performance** from Bring4th with respect to page load times and general “snappiness” in the way the site performs.
10. Further, with the new server and upgrade of the website, multiple staff members of L/L Research will be able to **publish content directly** to the archive portion of the website, instead of being completely reliant upon the webmaster to do so. This will be a huge boon to organizational efficiency.
11. Design the website to be read and used easily on **mobile and tablet** devices.
12. Considering utilizing a system whereby, **using your account**, you could mark transcripts as “read” and “unread”, perhaps even starring and notating some, to make the archive a better, more personal resource.
13. Upgrade the **Bring4th.org code base**: Much customization has been implemented into the original code base of Bring4th.org, making it very difficult to upgrade old third-party software, such as the blogging system, online store, and the chat application. Efforts are already underway to begin transforming the old code base into a more compatible environment that allows for interchanging and upgrading third-party software whenever new versions are released.
14. Upgrade the **LLResearch.org code base**: Create a map of all topic areas and content branches within the website, and determine how to best preserve the original structure of the content while

simultaneously formulating a strategy to move the content to a database-driven platform. As an abstraction to the database, a content management system will be implemented to encourage new translations and contributions from different languages around the world. With this added capability comes the significant task of converting the archive site into a multilingual site that can support multiple languages throughout any location within the site. Help will be sought by the community to provide localization (i.e., language translations) of the archive website in languages other than English. Please note, translation tasks are related specifically to site navigation and instruction/usage only, not for translating content.

15. In the future, we can consider using the new framework to formulate an approach to foster better communication through the website for **Law of One Study groups around the world**. Further, provide a means for L/L to have an official channel of communication for trained groups who wish to contribute content through the Confederation of Planets.

### Project Timeline

At the time of this writing, the calendar is moving into the month of August. The estimated time for planning, designing, prototyping, developing, testing, and launching the newly combined llresearch.org and bring4th.org site is set at four months, making December 1st the "go live" date. This is when a beta version will be made public alongside the current bring4th and llresearch sites. During the month of December, any bugs found will be worked on and resolved, and the site is expected to launch once again on Christmas day, much like Bring4th.org did in 2008.

All work on this project will be done on a part-time basis, and there are no guarantees that the site will hit its exact milestones should unforeseen circumstances get in the way. The estimates are provided by Steve based on his prior experience with Bring4th, as well as his experience to date working on various development projects.

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We are very hopeful that some of you will offer new suggestions that can be worked into the new design. We are interested in knowing; which features do you enjoy the most, and which ones do you care the least about? What have you seen elsewhere on the Internet that you think would work well for a spiritually-driven community like Bring4th?

Not all suggestions can be accepted, of course, for the simple reasons that there may be practicality/feasibility issues, technical roadblocks, or certain ideas may not prove popular enough by the majority of the community to justify the time and expense of developing. We will, however, be sure we consider everyone's feedback, and will read this thread while considering the suggestions brought forth through the community. It is you, the community member, who use LLResearch.org and Bring4th on a regular basis, and we trust that many of you may have some great feedback or ideas that could make further enhance everyone's experience.

Here is a link to the store donation page for those who are in a position to help donate at this time: [http://store.bring4th.org/product\\_info.php?cPath=24&products\\_id=190](http://store.bring4th.org/product_info.php?cPath=24&products_id=190). (Or go to store.bring4th.org and navigate to "Donations".)

**Please keep in mind that L/L Research is a 501[c]3 non-profit organization, so donations made this year can be deducted when you file your 2013 taxes.** A receipt for your tax records will be snail-mailed to you if the United States, and emailed to you if international.

Thank you for any feedback and/or financial assistance offered at this time! With Deep Appreciation in Love & Light, The L/L Research Staff

**SUPPLEMENTARY MATERIAL:**  
*Global Navigation Panel*

In merging LLResearch.org and Bring4th.org into one website, one of the biggest questions that arises concerns how best to organize and arrange the various components.

To answer that question, we are considering using a global navigation panel that will be available from every page of the new site. So far as our plans have taken us, this menu panel will consist of seven parent categories that extend left to right across the page. This is common way to create navigation for websites. When you hover the pointer over the parent category, a vertical drop-down menu appears with the child categories.

We've put together a rough draft version of one possible way to implement this menu, effectively unifying two websites into one. (See below.)

Some of the menu items are redundant.

<b>Start Here</b>	<b>The Library</b>	<b>The Organization</b>	<b>The Services</b>	<b>The Community</b>	<b>The Store</b>	<b>Participation</b>
A quick tour	The Law of One	About us - History	Workshops & Gatherings	Bring4th Forums	Books	Volunteering
About us - History	Published Books	Mission Statement	In the Now – Q&A w/Carla & Jim	Blogs	Audio	Donating
Published books & transcripts	Transcript Library	Who We Are (Staff/Volunteers)	International Metaphysical University	Chat Room	Donate	Subscriptions
Are You a Wanderer?	Newsletters	Carla's Niche	Prison Ministry	Seeker Connector	Friends of L/L	Registration
Search Features	Interviews & Speeches	Camelot Journal	Webcast: BBS Radio	Linkshare	Events	Workshops & Gatherings
Site Map	Carla's Niche	Gaia Meditation	Personal Counseling & Channeling	Law of One Study Groups		Gaia Meditation
Contact Us	Translations	Facebook YouTube Twitter	Biorhythms	My Dashboard		

Each page will be underneath both the global navigation panel and an L/L banner that stretches across the top of the page. While the navigation panel will remain the same across every page, we are thinking that the banner will vary in size according to the page. For instance, the landing page (<http://www.llresearch.org>) will have a full size banner, whereas the forum page (<http://www.llresearch.org/forums>) will have a smaller banner across the top to give more space to the forums.

**SUPPLEMENTARY MATERIAL:**  
*Why Is the Law of One So Unknown and Obscure?*

About the question, "Why is the *Law of One* material so relatively unknown and obscure?" I have a certain pattern of thought in this regard, though by no means authoritative.

**I believe that there is one primary reason for this, and three contributing reasons:**

(1) First and foremost, the material will, for the most part, appeal only to the wanderer.

According to the *Law of One* material, wanderers made up 1% of the total planetary population in 1981, a figure which \*may\* have increased since then, but by negligible proportion I believe. And while even 1% represents tens of millions of people, over 90% of that number were completely unaware of their soul's non-planetary origins according to Ra's estimation in 1981:

**36.24 "Questioner:** ... can you tell me what percentage of the Wanderers on Earth today have been successful in penetrating the memory block and becoming aware who they are...?

**Ra:** I am Ra. We can approximate the percentage of those penetrating intelligently their status. This is between eight and one-half and nine and three-quarters percent. There is a larger percentile group of those who have a fairly well defined, shall we say, symptomology indicating to them that they are not of this, shall we say, "insanity." This amounts to a bit over fifty percent of the remainder. Nearly one-third of the remainder are aware that something about them is different, so you see there are many gradations of awakening to the knowledge of being a Wanderer. **We may add that it is to the middle and first of these groups that this information will, shall we say, make sense."**

Here is a breakdown of those four groups (the fourth group only implied in the Q&A above) in Ra's analysis of wanderers who have been successful in penetrating the memory block and becoming aware of who they are:

9.75%-----Awakened to wanderer identity (max percentage)

45%-----Feeling not of this "insanity" (50% of the \*remainder\*)

30%-----Feeling something is different about the self (One-third of the remainder)

15.25%----Totally, completely asleep at the wheel (the unnamed percentage)

Ra adds that, "it is to the middle and first of these groups that this information will, shall we say, make sense."

Meaning that upwards of only 54.75% of all wanderers in 1981 would feel that the Law of One material made "sense". Translated into numbers, that would mean that roughly only 32.9 million people on Earth could even understand this information on a level that affirms its legitimacy.

As most of you can probably attest was more or less true in your case, my own experience with the Law of One was one of instant recognition and a generation of familiarity and knowing that, to this day, cannot be argued to the contrary. Was it that this information could be empirically verified and proven in the objective realm of scientific-materialistic understanding? Or was it that I am a wanderer, and this information thusly made "sense"

to me, speaking as it does of a cosmos native to my soul's experience, one radically different from Earth's reigning paradigm? I think the latter.

To one approaching this information strictly from a standpoint of a scientific-materialistic perspective without benefit of the experience of higher-density, non-veiled experience, the stumbling blocks would be legion. Though it's nevertheless possible that this information would make sense to the native who has opened their mind and heart to infinite possibility and the aliveness of all things.

(2) To the first reason I would add this and the following two contributing reasons.

The material is abstruse, esoteric, and dense. It's style is technical, unemotional, and neutral, aiming more for precision than prose of an inspirational or poetic quality. (Though it's certainly not without inspiration and poetic eloquence.) It has a unique set of jargon, sometimes employing the most arcane of terminology. And it's path is meandering as the questioner explores myriad avenues of not necessarily connected, or sequenced, investigation.

In other words, with it's left-brained flavor, it's not all that easy to understand.

(3) The *Law of One* material has received little promotion. Not by the publisher, not by L/L Research. Likewise with the larger L/L Research Library. The Law of One's most visible proponent thus far has been DW, one of the main doors through which people reach the material. Otherwise it sits miles off the main road, ever available, but ever outside the periphery of the collective's field of perception.

It is often, then, that those who do find the information are lead to it – as many, myself included, profess is the case – through a series of synchronicity, sometimes of a startlingly bizarre nature.

(4) In my opinion, the Confederation philosophy, at the center of which sits the *Law of One* material, represents a positively polarized perspective that is of a rather pure order in the spectrum of polarity, especially relative to the intractable situation of *unpolarized*, mixed orientation on this planet: mixed people, mixed thought patterns, mixed actions, and resulting mixed religions and philosophies that produces a situation where very few make the "choice" of this density, i.e., Ra's "sinkhole of indifference".

There is a gravity to that collective field of mixed polarity wherein the vast majority of people have not made their choice. The center of that gravity is light years from the perspective offered in the Law of One, and into that gravity well are pulled many sleeping souls..

This body of philosophy, therefore, is not particularly, shall we say, *desired* by the great multitudes who prefer the comforts and distractions and misplaced responsibility of sleep.

By Gary Bean  
August, 2013



**RA PRESENTS:**  
*Some of the Best Things We Ever Said:*  
*You're Welcome*

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. Since it contains all, it cannot abhor any.

**Ra, 1.4**

In truth there is no right or wrong. There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One.

**Ra, 1.6**

Consider, if you will, the path your life-experience complex has taken. Consider the coincidences and odd circumstances by which one thing flowed to the next. Consider this well.

**Ra, 8.1**

The vibratory distortion of sound, faith, is perhaps one of the stumbling blocks between those of what we may call the infinite path and those of the finite proving/understanding.

You are precisely correct in your understanding of the congruency of faith and intelligent infinity; however, one is a spiritual term, the other more acceptable perhaps to the conceptual framework distortions of those who seek with measure and pen.

**Ra, 3.9**

The Law of One, though beyond the limitations of name, as you call vibratory sound complexes, may be approximated by stating that all things are one, that there is no polarity, no right or wrong, no disharmony, but only identity. All is one, and that one is love/light, light/love, the Infinite Creator.

One of the primal distortions of the Law of One is that of healing. Healing occurs when a mind/body/spirit complex realizes, deep within itself, the Law of One; that is, that there is no disharmony, no imperfection; that all is complete and whole and perfect. Thus, the intelligent infinity within this mind/body/spirit complex reforms the illusion of body, mind, or spirit to a form congruent with the Law of One. The healer acts as energizer or catalyst for this completely individual process.

**Ra, 4.20**

The prerequisite of mental work is the ability to retain silence of self at a steady state when required by the self. The mind must be opened like a door. The key is silence.

**Ra, 5.2**

The dissolution into nothingness is the dissolution into unity, for there is no nothingness.

**Ra, 6.7**

[The higher-density beings'] purposes are very simple: to allow those entities of your planet to become aware of infinity which is often best expressed to the uninformed as the mysterious or unknown.

**Ra, 6.25**

The mystery and unknown quality of the occurrences we are allowed to offer have the hoped-for intention of making your peoples aware of infinite possibility. When your peoples grasp infinity, then and only then, can the gateway be opened to the Law of One.

**Ra, 7.12**

The Law of One blinks neither at the light nor the darkness, but is available for service to others and service to self.

**Ra, 7.15**

Each entity will receive the opportunity that each needs. This information source-beingness does not have uses in the life-experience complex of each of those among your peoples who seek. Thus the advertisement is general and not designed to indicate the searching out of any particular material, but only to suggest the noumenal aspect of the illusion.

**Ra, 8.1**

The Law of One has as one of its primal distortions the free will distortion, thus each entity is free to accept, reject, or ignore the mind/body/spirit complexes about it and ignore the creation itself. There are many among your social memory complex distortion who, at this time/space, engage daily, as you would put it, in the working upon the Law of One in one of its primal distortions; that is, the ways of love. However, if this same entity, being biased from the depths of its mind/body/spirit complex towards love/light, were then to accept the responsibility for each moment of the time/space accumulation of present moments available to it, such an entity can empower its progress...

**Ra, 10.12**

**Exercise One.** This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

**Exercise Two.** The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see the Creator. This is an helpful exercise.

**Exercise Three.** Gaze within a mirror. See the Creator.

**Exercise Four.** Gaze at the creation which lies about the mind/body/spirit complex of each entity. See the Creator.

The foundation or prerequisite of these exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.

**Ra, 10:14**

An entity which acts in a consciously unloving manner in action with other beings can become karmically involved.

**Ra, 12.29**

It shall be understood that any portion, no matter how small, of any density or illusory pattern contains, as in an holographic picture, the One Creator which is infinity. Thus all begins and ends in mystery.

**Ra, 13.13**

The harvest is now. There is not at this time any reason to include efforts along these distortions toward longevity, but rather to encourage distortions toward seeking the heart of self, for this which resides clearly in the violet-ray energy field will determine the harvesting of each mind/body/spirit complex.

**Ra, 14.14**

There is but one service. The Law is One. The offering of self to Creator is the greatest service, the unity, the fountainhead. The entity who seeks the One Creator is with infinite intelligence. From this seeking, from this offering, a great multiplicity of opportunities will evolve depending upon the mind/body/spirit complexes' distortions with regard to the various illusory aspects or energy centers of the various complexes of your illusion.

Thus, some become healers, some workers, some teachers, and so forth.

**Ra, 15.7**

There is one energy. It may be understood as love/light or light/love or intelligent energy.

**Ra, 15.9**

It is important to allow each seeker to enlighten itself rather than for any messenger to attempt in language to teach/learn for the entity, thus being teach/learner and learn/teacher.

**Ra, 15.13**

...the material for your understanding is the self: the mind/body/spirit complex. You have been given information upon healing, as you call this distortion. This information may be seen in a more general context as ways to understand the self. The understanding, experiencing, accepting, and merging of self with self and other-self, and finally with the Creator, is the path to the heart of self. In each infinitesimal part of your self resides the One in all of Its power. Therefore, we can only encourage these lines of contemplation or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process. Without such a method of reversing the analytical process, one could not integrate into unity the many understandings gained in such seeking.

**Ra, 15.14**

The purpose of the Orion group, as mentioned before, is conquest and enslavement. This is done by finding and establishing an elite and causing others to serve the elite through various devices such as the laws you mentioned and others given by this entity.

**Ra, 16.15**

Questioner: I am assuming that it is not necessary for an individual to understand the Law of One to go from the third to the fourth density. Is this correct?

Ra: I am Ra. It is absolutely necessary that an entity consciously realize it does not understand in order for it to be harvestable. Understanding is not of this density.

**Ra, 16.37**

Questioner: That is a very important point. I used the wrong word. What I meant to say was that I believed that it was not necessary for an entity to be consciously aware of the Law of One to go from the third to the fourth density.

Ra: I am Ra. This is correct.

**Ra, 16.38**

Each responsibility is an honor; each honor, a responsibility.

**Ra, 16.14**

We ask you to consider as we speak that there are not words for positively describing fourth density. We can only explain what is not and approximate what is. Beyond fourth density our ability grows more limited until we become without words.

That which fourth density is not: it is not of words, unless chosen. It is not of heavy chemical vehicles for body complex activities. It is not of disharmony within self. It is not of disharmony within peoples. It is not within limits of possibility to cause disharmony in any way.

Approximations of positive statements: it is a plane of type of bipedal vehicle which is much denser and more full of life; it is a plane wherein one is aware of the thought of other-selves; it is a plane wherein one is aware of vibrations of other-selves; it is a plane of compassion and understanding of the sorrows of third density; it is a plane striving towards wisdom or light; it is a plane wherein individual differences are pronounced although automatically harmonized by group consensus.

**Ra, 16.44**

It is impossible to help another being directly. It is only possible to make catalyst available in whatever form, the most important being the radiation of realization of oneness with the Creator from the self, less important being information such as we share with you.

We, ourselves, do not feel an urgency for this information to be widely disseminated. It is enough that we have made it available to three, four, or five. This is extremely ample reward, for if one of these obtains fourth-density understanding due to this catalyst then we shall have fulfilled the Law of One in the distortion of service.

We encourage a dispassionate attempt to share information without concern for numbers or quick growth among others. That you attempt to make this information available is, in your terms, your service. The attempt, if it reaches one, reaches all.

We cannot offer shortcuts to enlightenment. Enlightenment is, of the moment, an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach/learn enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process that ends in a moment, but who can know when an entity will open the gate to the present?

**Ra, 17.2**

True healing is simply the radiance of the self causing an environment in which a catalyst may occur which initiates the recognition of self, by self, of the self-healing properties of the self.

**Ra, 17.18**

The best way of service to others is the constant attempt to seek to share the love of the Creator as it is known to the inner self. This involves self knowledge and the ability to open the self to the other-self without hesitation. This involves, shall we say, radiating that which is the essence or the heart of the mind/body/spirit complex.

Speaking to the intention of your question, the best way for each seeker in third density to be of service to others is unique to that mind/body/spirit complex. This means that the mind/body/spirit complex must then seek within itself the intelligence of its own discernment as to the way it may best serve other-selves. This will be different for each. There is no best. There is no generalization. Nothing is known.

**Ra, 17.30**

It is not our intent in this particular project to create erroneous information but to express in the confining ambiance of your language system the feeling of the infinite mystery of the one creation in its infinite and intelligent unity.

**Ra, 18.1**

Questioner: Thank you. I have a question here that I will read: "Much of the mystic tradition of seeking on Earth holds the belief that the individual self must be erased or obliterated and the material world ignored for the individual to reach 'nirvana,' as it is called, or enlightenment. What is the proper role of the individual self and its worldly activities to aid an individual to grow more into the Law of One?"

Ra: I am Ra. The proper role of the entity is in this density to experience all things desired, to then analyze, understand, and accept these experiences, distilling from them the love/light within them. Nothing shall be overcome. That which is not needed falls away.

The orientation develops due to analysis of desire. These desires become more and more distorted towards conscious application of love/light as the entity furnishes itself with distilled experience. We have found it to be inappropriate in the extreme to encourage the overcoming of any desires, except to suggest the imagination rather than the carrying out in the physical plane, as you call it, of those desires not consonant with the Law of One, thus preserving the primal distortion of free will.

The reason it is unwise to overcome is that overcoming is an unbalanced action creating difficulties in balancing in the time/space continuum. Overcoming, thus, creates the further environment for holding on to that which apparently has been overcome.

All things are acceptable in the proper time for each entity, and in experiencing, in understanding, in accepting, in then sharing with other-selves, the appropriate distortion shall be moving away from distortions of one kind to distortions of another which may be more consonant with the Law of One.

It is, shall we say, a shortcut to simply ignore or overcome any desire. It must instead be understood and accepted. This takes patience and experience which can be analyzed with care, with compassion for self and for other-self.

**Ra, 18.5**

Thus, what would be an improper distortion with one entity is proper with another. We can suggest an attempt to become aware of the other-self as self and thus do that action which is needed by other-self, understanding from the other-self's intelligence and awareness. In many cases this does not involve the breaking of the distortion of free will into a distortion or fragmentation called infringement. However, it is a delicate matter to be of service, and compassion, sensitivity, and an ability to empathize are helpful in avoiding the distortions of man-made intelligence and awareness.

**Ra, 18.6**

Forgiveness of other-self is forgiveness of self. An understanding of this insists upon full forgiveness upon the conscious level of self and other-self, for they are one. A full forgiveness is thus impossible without the inclusion of self.

**Ra, 18.12**

All serve the One Creator. There is nothing else to serve, for the Creator is all that there is. It is impossible not to serve the Creator. There are simply various distortions of this service.

**Ra, 18.13**

Thus, the weakening of the physical vehicle, as you call it, was designed to distort entities towards a predisposition to deal with each other. Thus, the lessons which approach a knowing of love can be begun.

This catalyst then is shared between peoples as an important part of each self's development as well as the experiences of the self in solitude and the synthesis of all experience through meditation. The quickest way to learn is to deal with other-selves. This is a much greater catalyst than dealing with the self. Dealing with the self without other-selves is akin to living without what you would call mirrors. Thus, the self cannot see the fruits of its being-ness. Thus, each may aid each by reflection. This is also a primary reason for the weakening of the physical vehicle, as you call the physical complex.

**Ra, 19.12**

We can speak only in metaphor. Some love the light. Some love the darkness. It is a matter of the unique and infinitely various Creator choosing and playing among its experiences as a child upon a picnic. Some enjoy the picnic and find the sun beautiful, the food delicious, the games refreshing, and glow with the joy of creation. Some find the night delicious, their picnic being pain, difficulty, sufferings of others, and the examination of the perversities of nature. These enjoy a different picnic.

All these experiences are available. It is the free will of each entity which chooses the form of play, the form of pleasure.

**Ra, 19.16**

The mind/body/spirit complex of third density has perhaps one hundred times as intensive a program of catalytic action from which to distill distortions and learn/teachings than any other of the densities. Thus the learn/teachings are most confusing to the mind/body/spirit complex which is, shall we say, inundated by the ocean of experience.

**Ra, 20.23**

The original desire is that entities seek and become one.

If entities can do this in a moment, they may go forward in a moment, and, thus, were this to occur in a major cycle, indeed, the third-density planet would be vacated at the end of that cycle.

**Ra, 20.26**

As, what you would call, the energy centers begin to be activated to a higher extent, more of the content of experience during incarnation deals with the lessons of love.

**Ra, 21.7**

There is only one law. That is the Law of One. Other so-called laws are distortions of this law, some of them primal and most important for progress to be understood. However, it is well that each so-called law, which we also call "way," be understood as a distortion rather than a law. There is no multiplicity to the Law of One.

**Ra, 22.27**

We ask you to remember that we are of the Brothers and Sisters of Sorrow. When one has been rescued from that sorrow to a vision of the One Creator, then there is no concept of failure.

**Ra, 23.10**

Here the Orion group found fertile soil in which to plant the seeds of negativity, these seeds, as always, being those of the elite, the different, those who manipulate or enslave others.

**Ra, 24.3**

[In reference to the battle being waged between the Confederation and the Orion Confederation.] At the level of time/space at which this takes place in the form of what you may call thought-war, the most accepting and loving energy would be to so love those who wished to manipulate that those entities were surrounded and engulfed, transformed by positive energies.

This, however, being a battle of equals, the Confederation is aware that it cannot, on equal footing, allow itself to be manipulated in order to remain purely positive, for then though pure it would not be of any consequence, having been placed by the so-called powers of darkness under the heel, as you may say.

It is thus that those who deal with this thought-war must be defensive rather than accepting in order to preserve their usefulness in service to others. Thusly, they cannot accept fully what the Orion Confederation wishes to give, that being enslavement. Thusly, some polarity is lost due to this friction and both sides, if you will, must then regroup.

It has not been fruitful for either side. The only consequence which has been helpful is a balancing of the energies available to this planet so that these energies have less necessity to be balanced in this space/time, thus lessening the chances of planetary annihilation.

**Ra, 25.6**

Questioner: Can you describe the mechanism of the planetary healing?

Ra: I am Ra. Healing is a process of acceptance, forgiveness, and, if possible, restitution. The restitution not being available in time/space, there are many among your peoples now attempting restitution while in the physical.

**Ra, 26.27**

To give you this information would be to infringe upon the free will or confusion of some living. We can only ask each group to consider the relative effect of philosophy and your so-called specific information. It is not the specificity of the information which attracts negative influences. It is the importance placed upon it.

This is why we iterate quite often, when asked for specific information, that it pales to insignificance, just as the grass withers and dies while the love and the light of the One Infinite Creator redounds to the very infinite realms of creation forever and ever, creating and creating itself in perpetuity.

Why then be concerned with the grass that blooms, withers and dies in its season only to grow once again due to the infinite love and light of the One Creator? This is the message we bring. Each entity is only superficially that which blooms and dies. In the deeper sense there is no end to being-ness.

**Ra, 26.33**

Questioner: Is there any reason for some portions being much more efficient in learning?

Ra: I am Ra. Is there any reason for some to learn more quickly than others? Look, if you wish, to the function of the will ... the, shall we say, attraction to the upward spiraling line of light.

**Ra, 28.13**

Questioner: Is there any loss to the mind or spirit after this transition which we call death or any impairment of either because of the loss of this chemical body which we now have?

Ra: I am Ra. In your terms there is a great loss of mind complex due to the fact that much of the activity of the mental nature of which you are aware during the experience of this space/time continuum is as much of a surface illusion as is the chemical body complex.

In other terms nothing whatever of importance is lost; the character or, shall we say, pure distortion of emotions and biases or distortions and wisdoms, if you will, becoming obvious for the first time, shall we say; these pure emotions and wisdoms and bias/distortions being, for the most part, either ignored or underestimated during physical life experience.

**Ra, 30.4**

We call it mind/body complex recognizing always that in the simplest iota of this complex exists in its entirety the One Infinite Creator.

**Ra, 30.5**

The bisexual knowing of the Creator by Itself has the potential for two advantages.

Firstly, in the green ray activated being there is the potential for a direct and simple analog of what you may call joy, the spiritual or metaphysical nature which exists in intelligent energy. This is a great aid to comprehension of a truer nature of being-ness. The other potential advantage of bisexual reproductive acts is the possibility of a sacramental understanding or connection, shall we say, with the gateway to intelligent infinity, for with appropriate preparation, work in what you may call magic may be done and experiences of intelligent infinity may be had. The positively oriented individuals concentrating upon this method of reaching intelligent infinity, then, through the seeking or the act of will, are able to direct this infinite intelligence to the work these entities desire to do, whether it be knowledge of service or ability to heal or whatever service to others is desired .

These are two advantages of this particular method of the Creator experiencing Itself. As we have said before, the corollary of the strength of this particular energy transfer is that it opens the door, shall we say, to the individual mind/body/spirit complexes' desire to serve in an infinite number of ways an other-self, thus polarizing towards positive.

**Ra, 31.3**

The green ray is one of complete universality of love. This is a giving without expectation of return.

**Ra, 31.5**

Secondly, the means of protection against any negative or debilitating influence for those upon the positive path was demonstrated by this instrument to a very great degree. Consider, if you will, the potentials that this particular occurrence had for negative influences to enter the instrument. This instrument thought upon the Creator in its solitude and in actions with other-self, continually praised and gave thanksgiving to the Creator for the experiences it was having. This in turn allowed this particular self such energies as became a catalyst for an opening and strengthening of the other-self's ability to function in a more positively polarized state. Thus we see protection being very simple. Give thanksgiving for each moment. See the self and the other-self as Creator. Open the heart. Always know the light and praise it. This is all the protection necessary.



**Ra, 32.1**

With the green ray transfer of energy you now come to the great turning point sexually as well as in each other mode of experience. The green ray may then be turned outward, the entity then giving rather than receiving. The first giving beyond green ray is the giving of acceptance or freedom, thus allowing the recipient of blue ray energy transfer the opportunity for a feeling of being accepted, thus freeing that other-self to express itself to the giver of this ray. It will be noted that once green ray energy transfer has been achieved by two mind/body/spirits in mating, the further rays are available without both entities having the necessity to progress equally. Thus a blue ray vibrating entity or indigo ray vibrating entity whose other ray vibrations are clear may share that energy with the green ray other-self, thus acting as catalyst for the continued learn/teaching of the other-self. Until an other-self reaches green ray, such energy transfer through the rays is not possible.

**Ra, 32.5**

The entire creation is of the One Creator. Thus the division of sexual activity into simply that of the bodily complex is an artificial division, all things thusly being seen as sexual equally, the mind, the body, and the spirit; all of which are part of the polarity of the entity. Thus sexual fusion may be seen with or without what you may call sexual intercourse to be the complete melding of the mind, the body, and the spirit in what feels to be a constant orgasm, shall we say, of joy and delight each in the other's being-ness.

**Ra, 32.10**

...once the green ray has been achieved, the ability of the entity to enter blue ray is immediate and is only awaiting the efforts of the individual. The indigo ray is opened only through considerable discipline and practice largely having to do with acceptance of self, not only as the polarized and balanced self but as the Creator, as an entity of infinite worth. This will begin to activate the indigo ray.

**Ra, 32.14**

The incarnating entity which has become conscious of the incarnative process and thus programs its own experience may choose the amount of catalyst or, to phrase this differently, the number of lessons which it will undertake to experience and to learn from in one incarnation. This does not mean that all is predestined, but rather that there are invisible guidelines shaping events which will function according to this programming. Thus if one opportunity is missed another will appear until the, shall we say, student of the life experience grasps that a lesson is being offered and undertakes to learn it.

**Ra, 33.6**

Questioner: From this I would extrapolate to the conjecture that the orientation in mind of the entity is the only thing that is of any consequence at all. The physical catalyst that he experiences, regardless of what is happening about him, will be a function strictly of his orientation in mind.

Ra: I am Ra. It is completely true to the best of our knowledge that the orientation or polarization of the mind/body/spirit complex is the cause of the perceptions generated by each entity. Thus a scene may be observed in your grocery store. The entity ahead of self may be without sufficient funds. One entity may then take this opportunity to steal. Another may take this opportunity to feel itself a failure. Another may unconcernedly remove the least necessary items, pay for what it can, and go about its business. The one behind the self, observing, may feel compassion, may feel an insult because of standing next to a poverty-stricken person, may feel generosity, may feel indifference.

**Ra, 33.8**

The impulse to protect the loved other-self is one which persists through the fourth-density, a density abounding in compassion. More than this we cannot and need not say.

**Ra, 33.11**

...the primary mechanism for catalytic experience in third-density is other-self. The list of other catalytic influences: firstly, the Creator's universe; secondly, the self.

**Ra, 33.14**

Our understanding of karma is that which may be called inertia. Those actions which are put into motion will continue using the ways of balancing until such time as the controlling or higher principle which you may liken unto your braking or stopping is invoked. This stoppage of the inertia of action may be called forgiveness. These two concepts are inseparable.

**Ra, 34.4**

Questioner: If an entity develops what is called karma in an incarnation, is there then programming that sometimes occurs so that he will experience catalysts that will enable him to get to a point of forgiveness thereby alleviating the karma?

Ra: I am Ra. This is, in general, correct. However, both self and any involved other-self may, at any time through the process of understanding, acceptance, and forgiveness, ameliorate these patterns. This is true at any point in an incarnative pattern. Thus one who has set in motion an action may forgive itself and never again make that error. This also brakes or stops what you call karma.

**Ra, 34.5**

The societal and self interactions most often concentrate upon the second and third energy centers. Thus those most active in attempting to remake or alter the society are those working from feelings of being correct personally or of having answers which will put power in a more correct configuration. This may be seen to be of a full travel from negative to positive in orientation. Either will activate these energy ray centers.

There are some few whose desires to aid society are of a green ray nature or above. These entities, however, are few due to the understanding, may we say, of fourth ray that universal love freely given is more to be desired than principalities or even the rearrangement of peoples or political structures.

**Ra, 34.9**

Finally, one may polarize very strongly fourth ray by expressing the principle of universal love at the total expense of any distortion towards involvement in bellicose actions. In this way the entity may become a conscious being in a very brief span of your time/space. This may be seen to be what you would call a traumatic progression. It is to be noted that among your entities a large percentage of all progression has as catalyst, trauma.

**Ra, 34.14**

To know your self is to have the foundation upon firm ground.

**Ra, 35.4**

We make note at this time that each entity has several beings upon which to call for inner support. ...the Higher Self... may communicate with the mind/body/spirit ... during the incarnation... if the proper pathways or channels through the roots of mind are opened.

**Ra, 36.10**

We remind you that the negative path is one of separation. What is the first separation: the self from the self.

**Ra, 36.14**

We can approximate the percentage of those [wanderers] penetrating intelligently their status. This is between eight and one-half and nine and three-quarters percent. There is a larger percentile group of those who have a

fairly well defined, shall we say, symptomology indicating to them that they are not of this, shall we say, “insanity.” This amounts to a bit over fifty percent of the remainder. Nearly one-third of the remainder are aware that something about them is different, so you see there are many gradations of awakening to the knowledge of being a Wanderer. We may add that it is to the middle and first of these groups that this information will, shall we say, make sense.

**Ra, 36.24**

...you may see your self, your Higher Self or Oversoul, and your mind/body/spirit complex totality as three points in a circle. The only distinction is that of your time/space continuum. All are the same being.

**Ra, 37.6**

The mechanism of inspiration involves an extraordinary faculty of desire or will to know or to receive in a certain area accompanied by the ability to open to and trust in what you may call intuition.

**Ra, 38.4**

The principle so veiled in that statement [Don presents an equation] is but the simple principle of the constant or Creator and the transient or the incarnate being and the yearning existing between the two, one for the other, in love and light amidst the distortions of free will acting upon the illusion-bound entity.

**Ra, 39.6**

The other portion of healing has to do with forgiveness of self and a greatly heightened respect for the self. This may conveniently be expressed by taking care in dietary matters. This is quite frequently a part of the healing and forgiving process.

**Ra, 40.13**

Thus self reveals self to self.

**Ra, 40.14**

There is nothing random about this or any portion of evolution.

**Ra, 41.9**

The chemical vehicle is that which most conveniently houses the consciousness. The functioning of consciousness is the item of interest rather than the chemical makeup of a physical vehicle.

**Ra, 41.11**

The will of the entity as it evolves is the single measure of the rate and fastidiousness of the activation and balancing of the various energy centers.

**Ra, 41.17**

The more strongly the will of the entity concentrates upon and refines or purifies each energy center, the more brilliant or rotationally active each energy center will be. It is not necessary for the energy centers to be activated in order in the case of the self-aware entity. Thusly entities may have extremely brilliant energy centers while being quite unbalanced in their violet ray aspect due to lack of attention paid to the totality of experience of the entity.

The key to balance may then be seen in the unstudied, spontaneous, and honest response of entities toward experiences, thus using experience to the utmost, then applying the balancing exercises and achieving the proper attitude for the most purified spectrum of energy center manifestation in violet ray. This is why the brilliance or rotational speed of the energy centers is not considered above the balanced aspect or violet ray manifestation of an entity in regarding harvestability; for those entities which are unbalanced, especially as to the primary rays,

will not be capable of sustaining the impact of the love and light of intelligent infinity to the extent necessary for harvest.

**Ra, 41.18**

Questioner: You mentioned in the last session the concept of fasting for removing unwanted thought-forms. Can you expand on this process and explain a little bit more about how this works?

Ra: I am Ra. This, as all healing techniques, must be used by a conscious being; that is, a being conscious that the ridding of excess and unwanted material from the body complex is the analogy to the ridding of mind or spirit of excess or unwanted material. Thus the one discipline or denial of the unwanted portion as an appropriate part of the self is taken through the tree of mind down through the trunk to subconscious levels where the connection is made and thus the body, mind, and spirit, then in unison, express denial of the excess or unwanted spiritual or mental material as part of the entity.

All then falls away and the entity, while understanding, if you will, and appreciating the nature of the rejected material as part of the greater self, nevertheless, through the action of the will purifies and refines the mind/body/spirit complex, bringing into manifestation the desired mind complex or spirit complex attitude.

**Ra, 41.20**

Questioner: Then would this be like a conscious reprogramming of catalyst? For instance, for some entities catalyst is programmed by the Higher Self to create experiences so that the entity can release itself from unwanted biases. Would this be analogous then to the entity consciously programming this release and using fasting as the method of communication to itself?

Ra: I am Ra. This is not only correct but may be taken further. The self, if conscious to a great enough extent of the workings of this catalyst and the techniques of programming, may through concentration of the will and the faculty of faith alone cause reprogramming without the analogy of the fasting, the diet, or other analogous body complex disciplines.

**Ra, 41.21**

Questioner: I am going to make a statement and ask you to comment on its degree of accuracy. I am assuming that the balanced entity would not be swayed either towards positive or negative emotions by any situation which he might confront. By remaining unemotional in any situation, the balanced entity may clearly discern the appropriate and necessary responses in harmony with the Law of One for each situation. Is this correct?

Ra: I am Ra. This is an incorrect application of the balancing which we have discussed. The exercise of first experiencing feelings and then consciously discovering their antitheses within the being has as its objective not the smooth flow of feelings both positive and negative while remaining unswayed but rather the objective of becoming unswayed. This is a simpler result and takes much practice, shall we say.

The catalyst of experience works in order for the learn/teachings of this density to occur. However, if there is seen in the being a response, even if it is simply observed, the entity is still using the catalyst for learn/teaching. The end result is that the catalyst is no longer needed. Thus this density is no longer needed. This is not indifference or objectivity but a finely tuned compassion and love which sees all things as love. This seeing elicits no response due to catalytic reactions. Thus the entity is now able to become co-Creator of experiential occurrences. This is the truer balance.

**Ra, 42.1**

Questioner: Would a perfectly balanced entity feel any emotional response in being attacked by the other-self?

Ra: I am Ra. This is correct. The response is love.  
**Ra, 42.3**

Questioner: In the illusion that we now experience it is difficult to maintain this response especially if the attack results in physical pain, but I assume that this response should be maintained even through physical pain or loss of life. Is this correct?

Ra: I am Ra. This is correct and further is of a major or principle importance in understanding, shall we say, the principle of balance. Balance is not indifference but rather the observer not blinded by any feelings of separation but rather fully imbued with love.  
**Ra, 42.4**

Questioner: I would like to try to make an analogy for third-density of this concept. Many entities here feel great compassion for relieving the physical problems of third-density other-selves by administering to them in many ways, with food if there is hunger as there is now in the African nations, by bringing them medicine if they feel that there is a need to minister to them medically, and being selfless in all of these services to a very great extent.

This is creating a vibration that is in harmony with green-ray or fourth-density but it is not balanced with the understanding of fifth-density that these entities are experiencing catalysts and a more balanced administration to their needs would be to provide them with the learning necessary to reach the state of awareness of fourth-density than it would be to minister to their physical needs at this time. Is this correct?

Ra: I am Ra. This is incorrect. To a mind/body/spirit complex which is starving, the appropriate response is the feeding of the body. You may extrapolate from this.

On the other hand, however, you are correct in your assumption that the green ray response is not as refined as that which has been imbued with wisdom. This wisdom enables the entity to appreciate its contributions to the planetary consciousness by the quality of its being without regard to activity or behavior which expects results upon visible planes.

**Ra, 42.6**

Questioner: What is the difference in terms of energy center activation between a person who represses emotional responses to emotionally charged situations and the person who is balanced and, therefore, truly unswayed by emotionally charged situations?

Ra: I am Ra. This query contains an incorrect assumption. To the truly balanced entity no situation would be emotionally charged. With this understood, we may say the following: The repression of emotions depolarizes the entity in so far as it then chooses not to use the catalytic action of the space/time present in a spontaneous manner, thus dimming the energy centers. There is, however, some polarization towards positive if the cause of this repression is consideration for other-selves. The entity which has worked long enough with the catalyst to be able to feel the catalyst but not find it necessary to express reactions is not yet balanced but suffers no depolarization due to the transparency of its experiential continuum. Thus the gradual increase in the ability to observe one's reaction and to know the self will bring the self ever closer to a true balance. Patience is requested and suggested, for the catalyst is intense upon your plane and its use must be appreciated over a period of consistent learn/teaching.

**Ra, 42.8**

Questioner: How can a person know when he is unswayed by an emotionally charged situation or if he is repressing the flow of emotions, or if he is in balance and truly unswayed?

Ra: I am Ra. We have spoken to this point. Therefore, we shall briefly iterate that to the balanced entity no situation has an emotional charge but is simply a situation like any other in which the entity may or may not observe an opportunity to be of service. The closer an entity comes to this attitude the closer an entity is to balance. You may note that it is not our recommendation that reactions to catalyst be repressed or suppressed unless such reactions would be a stumbling block not consonant with the Law of One to an other-self. It is far, far better to allow the experience to express itself in order that the entity may then make fuller use of this catalyst.  
**Ra, 42.9**

Questioner: How can an individual assess what energy centers within its being are activated and in no immediate need of attention and which energy centers are not activated and are in need of immediate attention?

Ra: I am Ra. The thoughts of an entity, its feelings or emotions, and least of all its behavior are the signposts for the teaching/learning of self by self. In the analysis of one's experiences of a diurnal cycle an entity may assess what it considers to be inappropriate thoughts, behaviors, feelings, and emotions.

In examining these inappropriate activities of mind, body, and spirit complexes the entity may then place these distortions in the proper vibrational ray and thus see where work is needed.  
**Ra, 42.10**

There is but one technique for this growing or nurturing of will and faith, and that is the focusing of the attention. The attention span of those you call children is considered short. The spiritual attention span of most of your peoples is that of the child. Thus it is a matter of wishing to become able to collect one's attention and hold it upon the desired programming.

This, when continued, strengthens the will. The entire activity can only occur when there exists faith that an outcome of this discipline is possible.  
**Ra, 42.11**

In the less sensitized individual the choosing of personally inspirational images [for visualization] is appropriate whether this inspiration be the rose which is of perfect beauty, the cross which is of perfect sacrifice, the Buddha which is the All-being in One, or whatever else may inspire the individual.  
**Ra, 42.14**

The entity, child or adult, as you call it, is not an instrument to be played. The appropriate teach/learning device of parent to child is the open-hearted being-ness of the parent and the total acceptance of the beingness of the child. This will encompass whatever material the child entity has brought into the life experience in this plane.

There are two things especially important in this relationship other than the basic acceptance of the child by the parent. Firstly, the experience of whatever means the parent uses to worship and give thanksgiving to the One Infinite Creator, should if possible be shared with the child entity upon a daily basis, as you would say. Secondly, the compassion of parent to child may well be tempered by the understanding that the child entity shall learn the biases of service-to-others or service-to-self from the parental other-self. This is the reason that some discipline is appropriate in the teach/learning. This does not apply to the activation of any one energy center for each entity is unique and each relationship with self and other-self doubly unique. The guidelines given are only general for this reason.  
**Ra, 42.19**

We have, many times now, spoken about the relative importance of balancing as opposed to the relative unimportance of maximal activation of each energy center. The reason is as you have correctly surmised. Thusly the entity is concerned, if it be upon the path of positive harvestability, with the regularizing of the various

energies of experience. Thus the most fragile entity may be more balanced than one with extreme energy and activity in service-to-others due to the fastidiousness with which the will is focused upon the use of experience in knowing the self.

**Ra, 43.8**

You may consider all of these aforementioned aids [the Questioner presented a long list of aids] as those helpful to the stimulation of that which in actuality aids concentration, that being the will of the entity. This free will may be focused at any object or goal.

**Ra, 43.30**

Questioner: This is very revealing to us. Thank you. Each of us gets signals and dreams. I have been aware of clairaudient communication at least once in waking up. Can you suggest a method whereby we might be able, shall I say, to nullify the influence of that which we don't want of a negative source?

Ra: I am Ra. There are various methods. We shall offer the most available or simple. To share the difficult contact with the other-selves associated with this working and to meditate in love for these senders of images and light for self and other-selves is the most available means of nullifying the effects of such occurrences. To downgrade these experiences by the use of intellect or the disciplines of will is to invite the prolonging of the effects. Far better then to share in trust such experiences and join hearts and souls in love and light with compassion for the sender and armor for the self.

**Ra, 44.10**

Control is the key to negatively polarized use of catalyst. Acceptance is the key to positively polarized use of catalyst.

**Ra, 46.7**

The first acceptance, or control depending upon polarity, is of the self. Anger is one of many things to be accepted and loved as a part of self or controlled as a part of self, if the entity is to do work.

**Ra, 46.8**

Questioner: Then the positively oriented entity, rather than attempting repression of emotion, would balance the emotion as stated in an earlier contact. Is this correct?

Ra: I am Ra. This is correct and illustrates the path of unity.

**Ra, 46.11**

The catalyst, and all catalyst, is designed to offer experience. This experience in your density may be loved and accepted or it may be controlled. These are the two paths. When neither path is chosen the catalyst fails in its design and the entity proceeds until catalyst strikes it which causes it to form a bias towards acceptance and love or separation and control. There is no lack of space/time in which this catalyst may work.

**Ra, 46.14**

We have used this particular term ["crystallized entity"] because it has a fairly precise meaning in your language. When a crystalline structure is formed of your physical material the elements present in each molecule are bonded in a regularized fashion with elements in each other molecule. Thus the structure is regular and, when fully and perfectly crystallized, has certain properties. It will not splinter or break; it is very strong without effort; and it is radiant, traducing light into a beautiful refraction giving pleasure of the eye to many.

**Ra, 47.7**

The audience brought about by Orion-type publicity is not seeded by seniority of vibration to a great extent. The audiences receiving teach/learnings without stimulus from publicity will be more greatly oriented towards illumination. Therefore, forget you the counting.

**Ra, 48.4**

The entity ruled by intuition and impulse is equal to the entity governed by rational analysis when polarity is considered. The lobes may both be used for service to self or service-to-others. It may seem that the rational or analytical mind might have more of a possibility of successfully pursuing the negative orientation due to the fact that in our understanding too much order is by its essence negative. However, this same ability to structure abstract concepts and to analyze experiential data may be the key to rapid positive polarization. It may be said that those whose analytical capacities are predominant have somewhat more to work with in polarizing.

The function of intuition is to inform intelligence. In your illusion the unbridled predominance of intuition will tend to keep an entity from the greater polarizations due to the vagaries of intuitive perception. As you may see, these two types of brain structure need to be balanced in order that the net sum of experiential catalyst will be polarization and illumination, for without the acceptance by the rational mind of the worth of the intuitive faculty the creative aspects which aid in illumination will be stifled.

**Ra, 49.4**

Like most scientific attempts at precision, it fails to take into account the unique qualities of each creation.

**Ra, 49.5**

The most important concept to grasp about the energy field is that the lower or negative pole will draw the universal energy into itself from the cosmos. Therefrom it will move upward to be met and reacted to by the positive spiraling energy moving downward from within. The measure of an entity's level of ray activity is the locus wherein the south pole outer energy has been met by the inner spiraling positive energy.

As an entity grows more polarized this locus will move upwards. This phenomenon has been called by your peoples the kundalini. However, it may better be thought of as the meeting place of cosmic and inner, shall we say, vibratory understanding. To attempt to raise the locus of this meeting without realizing the metaphysical principles of magnetism upon which this depends is to invite great imbalance.

**Ra, 49.5**

Questioner: What process would be the recommended process for correctly awakening the kundalini and of what value would that be?

Ra: I am Ra. The metaphor of the coiled serpent being called upwards is vastly appropriate for consideration by your peoples. This is what you are attempting when you seek. There are, as we have stated, great misapprehensions concerning this metaphor and the nature of pursuing its goal. We must generalize and ask that you grasp the fact that this in effect renders far less useful that which we share. However, as each entity is unique, generalities are our lot when communicating for your possible edification.

We have two types of energy. We are attempting then, as entities in any true color of this octave, to move the meeting place of inner and outer natures further and further along or upward along the energy centers. The two methods of approaching this with sensible method are first, the seating within one's self of those experiences which are attracted to the entity through the south pole. Each experience will need to be observed, experienced, balanced, accepted, and seated within the individual. As the entity grows in self-acceptance and awareness of catalyst the location of the comfortable seating of these experiences will rise to the new true color entity. The experience, whatever it may be, will be seated in red ray and considered as to its survival content and so forth.



Each experience will be sequentially understood by the growing and seeking mind/body/spirit complex in terms of survival, then in terms of personal identity, then in terms of social relations, then in terms of universal love, then in terms of how the experience may beget free communication, then in terms of how the experience may be linked to universal energies, and finally in terms of the sacramental nature of each experience.

Meanwhile the Creator lies within. In the north pole the crown is already upon the head and the entity is potentially a god. This energy is brought into being by the humble and trusting acceptance of this energy through meditation and contemplation of the self and of the Creator.

Where these energies meet is where the serpent will have achieved its height. When this uncoiled energy approaches universal love and radiant being the entity is in a state whereby the harvestability of the entity comes nigh.

**Ra, 49.6**

Those aware of evolution and desirous in the very extreme of attaining the heart of love and the radiance which gives understanding no matter what the lessons programmed: they have to do with other-selves, not with events: they have to do with giving, not receiving, for the lessons of love are of this nature both for positive and negative. Those negatively harvestable will be found at this time endeavoring to share their love of self.

**Ra, 50.5**

There is no entity without help, either through self-awareness of the unity of creation or through guardians of the self which protect the less sophisticated mind/body/spirit from any permanent separation from unity while the lessons of your density continue.

**Ra, 50.5**

The negatively oriented being will be one who feels that it has found power that gives meaning to its existence precisely as the positive polarization does feel.

**Ra, 50.6**

This negative entity will strive to offer these understandings to other-selves, most usually by the process of forming the elite, the disciples, and teaching the need and rightness of the enslavement of other-selves for their own good. These other-selves are conceived to be dependent upon the self and in need of the guidance and the wisdom of the self.

**Ra, 50.6**

Questioner: Can you expand on the concept which is that it is necessary for an entity, during incarnation in the physical as we know it, to become polarized or interact properly with other entities and why this isn't possible in between incarnations when the entity is aware of what he wants to do. Why must he come into an incarnation and lose conscious memory of what he wants to do and then act in a way in which he hopes to act?

Ra: I am Ra. Let us give the example of the man who sees all the poker hands. He then knows the game. It is but child's play to gamble, for it is no risk. The other hands are known. The possibilities are known and the hand will be played correctly but with no interest.

In time/space and in the true color green density, the hands of all are open to the eye. The thoughts, the feelings, the troubles, all these may be seen. There is no deception and no desire for deception. Thus much may be accomplished in harmony but the mind/body/spirit gains little polarity from this interaction.

Let us re-examine this metaphor and multiply it into the longest poker game you can imagine, a lifetime. The cards are love, dislike, limitation, unhappiness, pleasure, etc. They are dealt and re-dealt and re-dealt

continuously. You may, during this incarnation begin—and we stress begin—to know your own cards. You may begin to find the love within you. You may begin to balance your pleasure, your limitations, etc. However, your only indication of other-selves' cards is to look into the eyes.

You cannot remember your hand, their hands, perhaps even the rules of this game. This game can only be won by those who lose their cards in the melting influence of love, can only be won by those who lay their pleasures, their limitations, their all upon the table face up and say inwardly: "All, all of you players, each other-self, whatever your hand, I love you." This is the game: to know, to accept, to forgive, to balance, and to open the self in love. This cannot be done without the forgetting, for it would carry no weight in the life of the mind/body/spirit being-ness totality.

**Ra, 50.7**

...the use of technology to manipulate that outside the self is far, far less of an aid to personal evolution than the disciplines of the mind/body/spirit complex resulting in the whole knowledge of the self in the microcosm and macrocosm.

To the disciplined entity, all things are open and free. The discipline which opens the universes opens also the gateways to evolution. The difference is that of choosing either to hitchhike to a place where beauty may be seen or to walk, step by step, independent and free in this independence to praise the strength to walk and the opportunity for the awareness of beauty.

The hitchhiker, instead, is distracted by conversation and the vagaries of the road and, dependent upon the whims of others, is concerned to make the appointment in time. The hitchhiker sees the same beauty but has not prepared itself for the establishment, in the roots of mind, of the experience.

**Ra, 52.2**

Questioner: Am I correct, then, in assuming that discipline of the personality, knowledge of self, and control in strengthening of the will would be what any fifth-density entity would see as those things of importance?

Ra: I am Ra. In actuality these things are of importance in third through early seventh densities. The only correction in nuance that we would make is your use of the word, control. It is paramount that it be understood that it is not desirable or helpful to the growth of the understanding, may we say, of an entity by itself to control thought processes or impulses except where they may result in actions not consonant with the Law of One. Control may seem to be a short-cut to discipline, peace, and illumination. However, this very control potentiates and necessitates the further incarnative experience in order to balance this control or repression of that self which is perfect.

Instead, we appreciate and recommend the use of your second verb in regard to the use of the will. Acceptance of self, forgiveness of self, and the direction of the will; this is the path towards the disciplined personality. Your faculty of will is that which is powerful within you as co-Creator. You cannot ascribe to this faculty too much importance. Thus it must be carefully used and directed in service-to-others for those upon the positively oriented path.

There is great danger in the use of the will as the personality becomes stronger, for it may be used even subconsciously in ways reducing the polarity of the entity.

**Ra, 52.7**

Questioner: Is there then, from the point of view of an individual who wishes to follow the service-to-others path, anything of importance other than disciplines of personality, knowledge of self, and strengthening of will?

Ra: I am Ra. This is technique. This is not the heart. Let us examine the heart of evolution.

Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learn/taught in meditation and in service. At some point the mind/body/spirit complex is so smoothly activated and balanced by these central thoughts or distortions that the techniques you have mentioned become quite significant. However, the universe, its mystery unbroken, is one. Always begin and end in the Creator, not in technique.

**Ra, 52.11**

If there is fear and doom, the contact was quite likely of a negative nature. If the result is hope, friendly feelings, and the awakening of a positive feeling of purposeful service-to-others, the marks of Confederation contact are evident.

**Ra, 53.17**

Were there no potentials for misunderstanding and, therefore, understanding, there would be no experience.

**Ra, 54.7**

The mind/body/spirit complex is not a machine. It is rather what you might call a tone poem.

**Ra, 54.8**

We may suggest that in order to progress, a state of some dissatisfaction will be present, thus giving the entity the stimulus for further seeking. This dissatisfaction, nervousness, or angst, if you will, is not of itself useful. Thus its use is indirect.

**Ra, 54.3**

Questioner: OK. Then I assume that the first distortion is the motivator or what allows this blockage. Is this correct?

Ra: I am Ra. We wish no quibbling but prefer to avoid the use of terms such as the verb, to allow. Free will does not allow, nor would predetermination disallow, experiential distortions. Rather the Law of Confusion offers a free reach for the energies of each mind/body/spirit complex. The verb, to allow, would be considered pejorative in that it suggests a polarity between right and wrong or allowed and not allowed. This may seem a minuscule point. However, to our best way of thinking it bears some weight.

**Ra, 54.13**

While it is a primary priority to activate or unblock each energy center, it is also a primary priority at that point to begin to refine the balances between the energies so that each tone of the chord of total vibratory being-ness resonates in clarity, tune, and harmony with each other energy. This balancing, tuning, and harmonizing of the self is most central to the more advanced or adept mind/body/spirit complex. Each energy may be activated without the beauty that is possible through the disciplines and appreciations of personal energies or what you might call the deeper personality or soul identity.

**Ra, 54.15**

Questioner: Let me make an analogy that I have just thought of. A seven-stringed musical instrument may be played by deflecting each string a full deflection and releasing it producing notes. instead of producing the notes this way the individual creative personality could deflect each string the proper amount in the proper sequence producing music. Is this correct?

Ra: I am Ra. This is correct. In the balanced individual the energies lie waiting for the hand of the Creator to pluck harmony.

**Ra, 54.15**

The more advanced the entity, the more tenuous the connection between the sub-Logos and the perceived catalyst until, finally, all catalyst is chosen, generated, and manufactured by the self, for the self.

**Ra, 54.17**

Questioner: A positively oriented entity may select a certain narrow path of thinking and activities during an incarnation and program conditions that would create physical pain if this were not followed. Is this correct?

Ra: I am Ra. This is correct.

**Ra, 54.20**

...the positively oriented entity will be transmuting strong red-ray sexual energy into green-ray energy transfers and radiation in blue and indigo and will be similarly transmuting selfhood and place in society into energy transfer situations in which the entity may merge with and serve others and then, finally, radiate unto others without expecting any transfer in return.

**Ra, 54.24**

The origin of all energy is the action of free will upon love. The nature of all energy is light. The means of its ingress into the mind/body/spirit complex is duple.

Firstly, there is the inner light which is Polaris of the self, the guiding star. This is the birthright and true nature of all entities. This energy dwells within.

The second point of ingress is the polar opposite of the North Star, shall we say, and may be seen, if you wish to use the physical body as an analog for the magnetic field, as coming through the feet from the earth and through the lower point of the spine. This point of ingress of the universal light energy is undifferentiated until it begins its filtering process through the energy centers. The requirements of each center and the efficiency with which the individual has learned to tap into the inner light determine the nature of the use made by the entity of these in-streamings.

**Ra, 54.26**

We have addressed the filtering process by which in-coming energies are pulled upwards according to the distortions of each energy center and the strength of will or desire emanating from the awareness of inner light. If we may be more specific, please query with specificity.

**Ra, 54.28**

We scan this instrument and find its distortion towards appreciation of each entity and each entity's caring, as you may call it. This atmosphere, shall we say, offers the greatest contrast to the discomfort of such psychic attacks, being the reciprocal, that is, the atmosphere of psychic support.

This each of you do as a subconscious function of true attitudinal, mental, emotional, and spiritual distortions towards this instrument. There is no magic greater than honest distortion toward love.

**Ra, 55.2**

This contact may be characterized as one typical of the Brothers and Sisters of Sorrow wherein those receiving the contact have attempted to prepare for such contact by sacrificing extraneous, self-oriented distortions in order to be of service.

The Ra social memory complex offers itself also as a function of its desire to serve. Both the caller and the contact are filled with gratitude at the opportunity of serving others.

We may note that this in no way presupposes that either the callers or those of our group in any way approach a perfection or purity such as was described in the bidding process. The calling group may have many distortions and the working with much catalyst, as may those of Ra. The overriding desire to serve others, bonded with the unique harmonics of this group's vibratory complexes, gives us the opportunity to serve as one channel for the One Infinite Creator.

Things come not to those positively oriented but through such beings.  
**Ra, 55.7**

This instrument is under a most severe psychic attack. This instrument is bearing up well due to replenished vital energies and a distortion towards a sense of proportion which your peoples call a sense of humor.  
**Ra, 57.1**

The inner light is that which is your heart of being. Its strength equals your strength of will to seek the light.  
**Ra, 57.14**

It is to be noted that a strongly crystallized entity is, in effect, a portable King's Chamber position.  
**Ra, 57.16**

...the concept of initiation and realize that it demands the centering of the being upon the seeking of the Creator. We have hoped to balance this understanding by enunciating the Law of One, that is, that all things are One Creator. Thus seeking the Creator is done not just in meditation and in the work of an adept but in the experiential nexus of each moment.

The initiation of the Queen's Chamber has to do with the abandoning of self to such desire to know the Creator in full that the purified in-streaming light is drawn in balanced fashion through all energy centers, meeting in indigo and opening the gate to intelligent infinity. Thus the entity experiences true life or, as your people call it, resurrection.  
**Ra, 57.24**

The space/time and time/space concepts are those concepts describing as mathematically as possible the relationships of your illusion, that which is seen to that which is unseen. These descriptive terms are clumsy. They, however, suffice for this work.

In the experiences of the mystical search for unity, [concepts of space and time] need never be considered, for they are but part of an illusory system. The seeker seeks the One. The One is to be sought, as we have said, by the balanced and self-accepting self aware, both of its apparent distortions and its total perfection. Resting in this balanced awareness, the entity then opens the self to the universe which it is. The light energy of all things may then be attracted by this intense seeking, and wherever the inner seeking meets the attracted cosmic prana, realization of the One takes place.

The purpose of clearing each energy center is to allow that meeting place to occur at the indigo ray vibration, thus making contact with intelligent infinity and dissolving all illusions. Service-to-others is automatic at the released energy generated by this state of consciousness.

**Ra, 57.33**

Contact with indigo ray need not necessarily show itself in any certain gift or guidepost, as you have said. There are some whose indigo energy is that of pure being and never is manifested, yet all are aware of such an entity's progress. Others may teach or share in many ways contact with intelligent energy. Others continue in unmanifested form, seeking intelligent infinity.

Thus the manifestation is lesser signpost than that which is sensed or intuited about a mind/body/spirit complex. This violet ray being-ness is far more indicative of true self.

**Ra, 58.22**

You may note that as one learns the, shall we say, understandings or disciplines of the personality each of these configurations of prana is available to the entity without the aid of this shape. One may view the pyramid at Giza as metaphysical training wheels.

**Ra, 60.13**

This is in common with each of your orthodox religious systems which have all become somewhat mixed in orientation, yet offer a pure path to the One Creator which is seen by the pure seeker.

**Ra, 60.18**

We of the Confederation are at the call of those upon your planet. If the call, though sincere, is fairly low in consciousness of the, shall we say, system whereby spiritual evolution may be precipitated, then we may only offer that information useful to that particular caller. This is the basic difficulty. Entities receive the basic information about the Original Thought and the means, that is meditation and service-to-others, whereby this Original Thought may be obtained.

Once this basic information is received it is not put into practice in the heart and in the life experience but instead rattles about within the mind complex distortions as would a building block which has lost its place and simply rolls from side to side uselessly, yet still the entity calls. Therefore, the same basic information is repeated. Ultimately the entity decides that it is weary of this repetitive information. However, if an entity puts into practice that which it is given, it will not find repetition except when needed.

**Ra, 60.27**

This is not a dimension of knowing, even subjectively, due to the lack of overview of cosmic and other in-pourings which affect each and every situation which produces catalyst. The subjective acceptance of that which is at the moment and the finding of love within that moment is the greater freedom.

That known as the subjective knowing without proof is, in some degree, a poor friend for there will be anomalies no matter how much information is garnered due to the distortions which form third-density.

**Ra, 61.19**

These distortions remove the focus from the One Infinite Source of love and light of which we are all messengers, humble and knowing that we, of ourselves, are but the tiniest portion of the Creator, a small part of a magnificent entirety of infinite intelligence.

**Ra, 62.23**

Continue in love and praise and thanksgiving to the Creator. Examine previous material. Love is the great protector.

**Ra, 63.5**

The vital energy may be seen to be that deep love of life or life experiences such as the beauty of creation and the appreciation of other-selves and the distortions of your co-Creators' making which are of beauty.

Without this vital energy the least distorted physical complex will fail and perish. With this love or vital energy or elán the entity may continue though the physical complex is greatly distorted.

**Ra, 63.7**

Wanderers are third-density activated in mind/body/spirit and are subject to the forgetting which can only be penetrated with disciplined meditation and working.

**Ra, 63.17**

The principle behind any ritual of the white magical nature is to so configure the stimuli which reach down into the trunk of mind that this arrangement causes the generation of disciplined and purified emotion or love which then may be both protection and the key to the gateway to intelligent infinity.

**Ra, 64.3**

Let it be said that any entity or group may create the most splendid harmony in any outer atmosphere. Ra's experiences are no more than your own. Yours is the dance at this space/time in third-density harvest.

**Ra, 64.7**

If the entity is polarized towards service-to-others, analysis properly proceeds along the lines of consideration of which path offers the most opportunity for service-to-others.

For the negatively polarized entity the antithesis is the case.

For the unpolarized entity the considerations are random and most likely in the direction of the distortion towards comfort.

**Ra, 64.15**

...when faced with a hole in the curtain, an entity's eyes may well peer for the first time through the window beyond.

**Ra, 65.2**

There are many Wanderers whose dysfunction with regard to the planetary ways of your peoples have caused, to some extent, a condition of being caught up in a configuration of mind complex activity which, to the corresponding extent, may prohibit the intended service.

**Ra, 65.3**

Consider the shopper entering the store to purchase food with which to furnish the table for the time period you call a week. Some stores have some items, others a variant set of offerings. We speak of these possibility/probability vortices when asked with the understanding that such are as a can, jar, or portion of goods in your store.

It is unknown to us as we scan your time/space whether your peoples will shop hither or yon. We can only name some of the items available for the choosing. The, shall we say, record which the one you call Edgar read from is useful in that same manner. There is less knowledge in this material of other possibility/probability vortices and

more attention paid to the strongest vortex. We see the same vortex but also see many others. Edgar's material could be likened unto one hundred boxes of your cold cereal, another vortex likened unto three, or six, or fifty of another product which is eaten by your peoples for breakfast. That you will breakfast is close to certain. The menu is your own choosing.

The value of prophecy must be realized to be only that of expressing possibilities. Moreover, it must be, in our humble opinion, carefully taken into consideration that any time/space viewing, whether by one of your time/space or by one such as we who view the time/space from a dimension, shall we say, exterior to it will have a quite difficult time expressing time measurement values. Thus prophecy given in specific terms is more interesting for the content or type of possibility predicted than for the space/time nexus of its supposed occurrence.

**Ra, 65.9**

It was the aim of Wanderers to serve the entities of this planet in whatever way was requested and it was also the aim of Wanderers that their vibratory patterns might lighten the planetary vibration as a whole, thus ameliorating the effects of planetary disharmony and palliating any results of this disharmony.

Specific intentions such as aiding in a situation not yet manifest are not the aim of Wanderers. Light and love go where they are sought and needed, and their direction is not planned aforesomes.

**Ra, 65.11**

You may, at this time, note that as with any entities, each Wanderer has its unique abilities, biases, and specialties so that from each portion of each density represented among the Wanderers come an array of pre-incarnative talents which then may be expressed upon this plane which you now experience so that each Wanderer, in offering itself before incarnation, has some special service to offer in addition to the doubling effect of planetary love and light and the basic function of serving as beacon or shepherd.

Thus there are those of fifth-density whose abilities to express wisdom are great. There are fourth and sixth-density Wanderers whose ability to serve as, shall we say, passive radiators or broadcasters of love and love/light are immense. There are many others whose talents brought into this density are quite varied.

Thus Wanderers have three basic functions once the forgetting is penetrated, the first two being basic, the tertiary one being unique to that particular mind/body/spirit complex.\

**Ra, 65.12**

We may note at this point while you ponder the possibility/probability vortices that although you have many, many items which cause distress and thus offer seeking and service opportunities, there is always one container in that store of peace, love, light, and joy. This vortex may be very small, but to turn one's back upon it is to forget the infinite possibilities of the present moment. Could your planet polarize towards harmony in one fine, strong, moment of inspiration? Yes, my friends. It is not probable; but it is ever possible.

**Ra, 65.12**

The ability to polarize positively requires a certain degree of self determination.

**Ra, 65.14**

In your space/time you and your peoples are the parents of that which is in the womb. The Earth, as you call it, is ready to be born and the delivery is not going smoothly. When this entity has become born it will be instinct with the social memory complex of its parents which have become fourth-density positive. In this density there is a broader view.

**Ra, 65.17**



One meets the self in the center or deeps of the being. The so-called resonating chamber may be likened unto the symbology of the burial and resurrection of the body wherein the entity dies to self and through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being.

**Ra, 65.20**

Questioner: Could I make the analogy of in this apparent death of losing the desires that are the illusory, common desires of third-density and gaining desires of total service-to-others?

Ra: I am Ra. You are perceptive. This was the purpose and intent of this chamber as well as forming a necessary portion of the King's Chamber position's effectiveness.

**Ra, 65.21**

Only in so far as the healer has become balanced may it be a channel for the balancing of an other-self. The healing is first practiced upon the self, if we may say this, in another way.

**Ra, 66.8**

The healer does not heal. The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself.

In no case is there an other description of healing. Therefore, there is no difference as long as the healer never approaches one whose request for aid has not come to it previously. This is also true of the more conventional healers of your culture and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing, many of these entities would feel an enormous load of misconceived responsibility fall from them.

**Ra, 66.10**

Perhaps the greatest healer is within the self and may be tapped with continued meditation as we have suggested.

The many forms of healing available to your peoples ... each have virtue and may be deemed appropriate by any seeker who wishes to alter the physical complex distortions or some connection between the various portions of the mind/body/spirit complex thereby.

**Ra, 66.12**

Questioner: I have observed many activities known as psychic surgery in the area of the Philippine Islands. It was my assumption that these healers are providing what I would call a training aid or a way of creating a reconfiguration of the mind of the patient to be healed as the relatively naive patient observes the action of the healer in seeing the materialized blood, etc. and reconfigures the roots of mind to believe, you might say, the healing is done and, therefore, heals himself. Is this analysis that I have made correct?

Ra: I am Ra. This is correct.

**Ra, 66.13**

...the crystallized healer has no will. It offers an opportunity without attachment to the outcome, for it is aware that all is one and that the Creator is knowing Itself.

**Ra, 66.15**

Questioner: Then the desire must be strong in the mind/body/spirit complex who seeks healing to be healed in order for the healing to occur? Is this correct?

Ra: I am Ra. This is correct on one level or another. An entity may not consciously seek healing and yet subconsciously be aware of the need to experience the new set of distortions which result from healing. Similarly an entity may consciously desire healing greatly but within the being, at some level, find some cause whereby certain configurations which seem quite distorted are, in fact, at that level, considered appropriate.

**Ra, 66.16**

...meditation is always an aid to knowing the self.

**Ra, 66.18**

Catalyst is offered to the entity. If it is not used by the mind complex it will then filter through to the body complex and manifest as some form of physical distortion. The more efficient the use of catalyst, the less physical distortion to be found.

**Ra, 66.34**

Consider, if you will, that you have no ability not to serve the Creator since all is the Creator. In your individual growth patterns appear the basic third-density choice. Further, there are overlaid memories of the positive polarizations of your home density. Thus your particular orientation is strongly polarized towards service to others and has attained wisdom as well as compassion.

You do not have merely two opposite requests for information or lack of information from this source if you listen careful to those whose voices you may hear. This is all one voice to which you resonate upon a certain frequency. This frequency determines your choice of service to the One Creator. As it happens this group's vibratory patterns and those of Ra are compatible and enable us to speak through this instrument with your support. This is a function of free will.

A portion, seemingly of the Creator, rejoices at your choice to question us regarding the evolution of spirit. A seemingly separate portion would wish for multitudinous answers to a great range of queries of a specific nature. Another seemingly separate group of your peoples would wish this correspondence through this instrument to cease, feeling it to be of a negative nature. Upon the many other planes of existence there are those whose every fiber rejoices at your service and those such as the entity of whom you have been speaking which wish only to terminate the life upon the third-density plane of this instrument. All are the Creator. There is one vast panoply of biases and distortions, colors and hues, in an unending pattern. In the case of those with whom you, as entities and as a group, are not in resonance, you wish them love, light, peace, joy, and bid them well. No more than this can you do for your portion of the Creator is as it is and your experience and offering of experience, to be valuable, needs be more and more a perfect representation of who you truly are. Could you, then, serve a negative entity by offering the instrument's life? It is unlikely that you would find this a true service. Thus you may see in many cases the loving balance being achieved, the love being offered, light being sent, and the service of the service-to-self oriented entity gratefully acknowledged while being rejected as not being useful in your journey at this time. Thus you serve One Creator without paradox.

**Ra, 67.11**

The light would work instantly upon an untuned individual by suggestion, that is the stepping out in front of the traffic because the suggestion is that there is no traffic. This entity, as each in this group, is enough disciplined in the ways of love and light that it is not suggestible to any great extent.

**Ra, 67.13**

Questioner: Then there is no other service at this time that we can offer that fifth-density entity of the Orion group who is constantly with us. As I see it now from your point of view there is nothing that we can do for him? Is this correct?

Ra: I am Ra. This is correct. There is great humor in your attempt to be of polarized service to the opposite polarity. There is a natural difficulty in doing so since what you consider service is considered by this entity non-service. As you send this entity love and light and wish it well it loses its polarity and needs to regroup.

Thus it would not consider your service as such. On the other hand, if you allowed it to be of service by removing this instrument from your midst you might perhaps perceive this as not being of service. You have here a balanced and polarized view of the Creator; two services offered, mutually rejected, and in a state of equilibrium in which free will is preserved and each allowed to go upon its own path of experiencing the One Infinite Creator.

**Ra, 67.26**

We perceive that we have not been able to clarify your service versus its desire for service. You need, in our humble opinion, to look at the humor of the situation and relinquish your desire to serve where no service is requested. The magnet will attract or repel. Glory in the strength of your polarization and allow others of opposite polarity to similarly do so, seeing the great humor of this polarity and its complications in view of the unification in sixth-density of these two paths.

**Ra, 67.27**

Free will does not mean that there will be no circumstances when calculations will be awry. This is so in all aspects of the life experience. Although there are no mistakes, there are surprises.

**Ra, 69.15**

Questioner: Then each entity is of a path that leads to one destination. This is like many, many roads that travel through many, many places but eventually merge into one large center. Is this correct?

Ra: I am Ra. This is correct but somewhat wanting in depth of description. More applicable would be the thought that each entity contains within it all of the densities and sub-densities of the octave so that in each entity, no matter whither its choices lead it, its great internal blueprint is one with all others. Thusly its experiences will fall into the patterns of the journey back to the original Logos. This is done through free will but the materials from which choices can be made are one blueprint.

**Ra, 71.13**

...to aid the self in polarization towards love and light is to aid the planetary vibration.

**Ra, 71.16**

Questioner: The change in consciousness should result in a greater distortion towards service-to-others, towards unity with all, and towards knowing in order to serve. Is this correct, and are there any other desired results?

Ra: I am Ra. These are commendable phrases. The heart of white magic is the experience of the joy of union with the Creator. This joy will of necessity radiate throughout the life experience of the positive adept. It is for this reason that sexual magic is not restricted solely to the negatively oriented polarizing adepts but when most carefully used has its place in high magic as it, when correctly pursued, joins body, mind, and spirit with the One Infinite Creator.

Any purpose which you may frame should, we suggest, take into consideration this basic union with the One Infinite Creator, for this union will result in service-to-others of necessity.

**Ra, 71.17**

Questioner: We have here, I believe, a very important principle with respect to the Law of One. You have stated that the attitude of the individual is of paramount importance for the Orion entity to be able to be effective.

Would you please explain how this mechanism works with respect to the Law of One and why the attitude of the entity is of paramount importance and why this allows for action by the Orion entity?

Ra: I am Ra. The Law of Confusion or Free Will is utterly paramount in the workings of the infinite creation. That which is intended has as much intensity of attraction to the polar opposite as the intensity of the intention or desire.

Thus those whose desires are shallow or transitory experience only ephemeral configurations of what might be called the magical circumstance. There is a turning point, a fulcrum which swings as a mind/body/spirit complex tunes its will to service. If this will and desire is for service-to-others the corresponding polarity will be activated. In the circumstance of this group there are three such wills acting as one with the instrument in the, shall we say, central position of fidelity to service. This is as it must be for the balance of the working and the continuance of the contact. Our vibratory complex is one-pointed in these workings also and our will to serve is also of some degree of purity. This has created the attraction of the polar opposite which you experience.

We may note that such a configuration of free will, one-pointed in service-to-others, also has the potential for the alerting of a great mass of light strength. This positive light strength, however, operates also under free will and must be invoked. We could not speak to this and shall not guide you, for the nature of this contact is such that the purity of your free will must, above all things, be preserved. Thus you wend your way through experiences discovering those biases which may be helpful.

**Ra, 72.7**

...that great conduit to the Creator, the will.

**Ra, 72.10**

Those who are upon the service-to-others path may call upon the light strength in direct proportion to the strength and purity of their will to serve. Those upon the service-to-self path may call upon the dark strength in direct proportion to the strength and purity of their will to serve.

**Ra, 73.4**

Questioner: Then will you speak of the difference between the spiraling light that enters through the feet and the light invoked through the crown chakra?

Ra: I am Ra. The action of the upward spiraling light drawn by the will to meet the inner light of the One Infinite Creator may be likened to the beating of the heart and the movement of the muscles surrounding the lungs and all the other functions of the parasympathetic nervous system. The calling of the adept may be likened to those nerve and muscle actions over which the mind/body/spirit complex has conscious control.

**Ra, 73.8**

You may note that in the ritual which we offered you to properly begin the Ra workings the first focus is upon the Creator. We would further note a point which is both subtle and of some interest. The upward spiraling light developed in its path by the will, and ultimately reaching an high place of mating with the inward fire of the One Creator, still is only preparation for the work upon the mind/body/spirit which may be done by the adept. There is some crystallization of the energy centers used during each working so that the magician becomes more and more that which it seeks.

More importantly, the time/space mind/body/spirit analog, which is evoked as the magical personality, has its only opportunity to gain rapidly from the experience of the catalytic action available to the third-density space/time mind/body/spirit. Thus the adept is aiding the Creator greatly by offering great catalyst to a greater portion of the creation which is identified as the mind/body/spirit totality of an entity.

**Ra, 73.10**

Questioner: Desire and will are the factors in this process. Is this correct?

Ra: I am Ra. We would add one quality. In the magical personality desire, will, and polarity are the keys.

**Ra, 73.11**

Questioner: What was the orientation with respect to this type of communication for the one known as Jesus of Nazareth?

Ra: I am Ra. You may have read some of this entity's workings. It offered itself as teacher to those mind/body/spirit complexes which gathered to hear and even then spoke as through a veil so as to leave room for those not wishing to hear. When this entity was asked to heal, it oft times did so, always ending the working with two admonitions: firstly, that the entity healed had been healed by its faith, that is, its ability to allow and accept changes through the violet-ray into the gateway of intelligent energy; secondly, saying always, "Tell no one." These are the workings which attempt the maximal quality of free will while maintaining fidelity to the positive purity of the working.

**Ra, 73.13**

Infringement upon free will occurs in this circumstance [of healing or other magical working rendered by the adept] only if the entity doing the working ascribes the authorship of this event to its self or its own skills. He who states that no working comes from it but only through it is not infringing upon free will.

**Ra, 73.14**

We might note further that when the one wishing to be healed, though sincere, remains unhealed, as you call this distortion, you may consider pre-incarnative choices and your more helpful aid to such an entity may be the suggestion that it meditate upon the affirmative uses of whatever limitations it might experience. We would also note that in these cases the indigo-ray workings are often of aid.

**Ra, 73.18**

Questioner: It seems to me that the primary thing of importance for those on the service-to-others path is the development of an attitude which I can only describe as a vibration. This attitude would be developed through meditation, ritual, and the developing appreciation for the creation or Creator which results in a state of mind that can only be expressed by me as an increase in vibration or oneness with all. Could you expand and correct that statement?

Ra: I am Ra. We shall not correct this statement but shall expand upon it by suggesting that to those qualities you may add the living day by day and moment by moment, for the true adept lives more and more as it is.

**Ra, 73.19**

The second energy transfer of which we would speak is the sexual energy transfer. This takes place upon a non-magical level by all those entities which vibrate green ray active. It is possible, as in the case of this instrument which dedicates itself to the service of the One Infinite Creator, to further refine this energy transfer. When the other-self also dedicates itself in service to the One Infinite Creator, the transfer is doubled. Then the amount of energy transferred is dependent only upon the amount of polarized sexual energy created and released. There are refinements from this point onward leading to the realm of the high sexual magic.

The spiritual energy transfers are at the heart of all energy transfers as a knowledge of self and other-self as Creator is paramount, and this is spiritual work. The varieties of spiritual energy transfer include those things of which we have spoken this day as we spoke upon the subject of the adept.

**Ra, 73.21**

The disciplined personality, when faced with an other-self, has all centers balanced according to its unique balance. Thusly the other-self looks in a mirror seeing its self.

**Ra, 74.9**

Questioner: The disciplines of the personality are the paramount work of any who have become consciously aware of the process of evolution. Am I correct on that statement?

Ra: I am Ra. Quite.

**Ra, 74.10**

The general improvement of the place where the performance of the ritual of the purification is to be performed is known. We may note that the distortion towards love, as you call this spiritual/emotional complex which is felt by each for this entity, will be of aid whether this is expressed or unmanifest as there is no protection greater than love.

**Ra, 75.2**

The heart of the discipline of the personality is threefold. One, know your self. Two, accept your self. Three, become the Creator.

The third step is that step which, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves. In relation to the pursuit of the magical working the continuing discipline of the personality involves the adept in knowing its self, accepting its self, and thus clearing the path towards the great indigo gateway to the Creator. To become the Creator is to become all that there is. There is, then, no personality in the sense with which the adept begins its learn/teaching. As the consciousness of the indigo ray becomes more crystalline, more work may be done; more may be expressed from intelligent infinity.

**Ra, 74.11**

When the entity Jehoshuah [2] decided to return to the location called Jerusalem for the holy days of its people it turned from work mixing love and wisdom and embraced martyrdom which is the work of love without wisdom.

**Ra, 75.14**

We do not imply that this course of unbridled compassion has any fault but affirm its perfection. It is an example of love which has served as beacon to many.

For those who seek further, the consequences of martyrdom must be considered, for in martyrdom lies the end of the opportunity, in the density of the martyr, to offer love and light. Each entity must seek its deepest path.

**Ra, 75.15**

There are many Wanderers whom you may call adepts who do no conscious work in the present incarnation. It is a matter of attention. One may be a fine catcher of your game sphere, but if the eye is not turned as this sphere is tossed then perchance it will pass the entity by. If it turned its eyes upon the sphere, catching would be easy. In the case of Wanderers which seek to recapitulate the degree of adeptness which each had acquired previous to this life experience, we may note that even after the forgetting process has been penetrated there is still the yellow activated body which does not respond as does the adept which is of a green- or blue-ray activated body. Thusly, you may see the inevitability of frustrations and confusion due to the inherent difficulties of manipulating the finer forces of consciousness through the chemical apparatus of the yellow-ray activated body.

**Ra, 75.24**

It is well for each to realize its self as the Creator. Thusly each may support each including the support of self by humble love of self as Creator.

**Ra, 75.25**

You may consider the concept of sympathetic resonance. When certain sounds are correctly vibrated, the creation sings.

**Ra, 75.27**

Questioner: Then would the adept use this resonant quality to become more one with the creation and, therefore, attain his objective in that way?

Ra: I am Ra. It would be perhaps more accurate to state that in this circumstance the creation becomes more and more contained within the practitioner. The balance of your query is correct.

**Ra, 75.29**

Questioner: May anyone in third density accomplish some degree of healing if they have the proper will, desire, and polarity, or is there a minimal balance of the energy centers of the healer that is also necessary?

Ra: I am Ra. Any entity may at any time instantaneously clear and balance its energy centers. Thus in many cases those normally quite blocked, weakened, and distorted may, through love and strength of will, become healers momentarily. To be a healer by nature one must indeed train its self in the disciplines of the personality.

**Ra, 75.35**

The three aspects of the magical personality, power, love, and wisdom, are so called in order that attention be paid to each aspect in developing the basic tool of the adept; that is, its self. It is by no means a personality of three aspects. It is a being of unity, a being of sixth density, and equivalent to what you call your Higher Self and at the same time is a personality enormously rich in variety of experience and subtlety of emotion.

The three aspects are given that the neophyte not abuse the tools of its trade but rather approach those tools balanced in the center of love and wisdom and thus seeking power in order to serve.

**Ra, 75.32**

Questioner: You made the statement in a previous session that the true adept lives more and more as it is. Will you explain and expand more upon that statement?

Ra: I am Ra. Each entity is the Creator. The entity, as it becomes more and more conscious of its self, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the energy centers red, orange, yellow, and blue with the addition of the green for the positive, thus moving into indigo work.

The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity it gradually manifests more and more of that which it always has been since before time; that is, the One Infinite Creator.

**Ra, 75.23**

...any thought is a form or symbol or thing that is an object seen in time/space reference.

**Ra, 76.3**

...to be encouraged is the... study of being. It is the being that informs the working, not the working that informs the being.

**Ra, 76.4**

The choice [of service to others vs. service to self] is, as you put it, the work of a moment but is the axis upon which the creation turns.

**Ra, 76.16**

The instrument was instructed to spend space/time contemplating its self as the Creator. This, done in a more determined fashion, would be beneficial at times when the mind complex is weakened by severe assaults upon the distortions of the body complex towards pain. There is no necessity for negative thought-forms regardless of pain distortions. The elimination of such creates the lack of possibility for negative elementals and other negative entities to use these thought-forms to create the worsening of the mind complex deviation from the normal distortions of cheerfulness/anxiety.

**Ra, 77.6**

...each of the group may become aware of the will to a greater extent. We cannot instruct upon this but merely indicate, as we have previously, that it is a vital key to the evolution of the mind/body/spirit complex.

**Ra, 77.10**

The intensity of fourth density is that of the refining of the rough-hewn sculpture. This is, indeed, in its own way, quite intense causing the mind/body/spirit complex to move ever inward and onward in its quest for fuller expression. However, in third density the statue is forged in the fire. This is a type of intensity which is not the property of fourth, fifth, sixth, or seventh densities.

**Ra, 77.15**

Each of the support group has an excess of love and light to offer the instrument during the working. Already each sends to the instrument love, light, and thoughts of strength of the physical, mental, and spiritual configurations. These sendings are forms. You may refine these sendings until the fullest manifestations of love and light are sent into the energy web of this entity which functions as instrument. Your exact sending is, in order to be most potent, the creature of your own making.

**Ra, 78.7**

...it is certainly through this faculty [of meditation] that catalyst is most efficiently used.

**Ra, 78.35**

Magical ability is the ability to consciously use the so-called unconscious.

**Ra, 79.32**

The heart of the mind complex is that dynamic entity which absorbs, seeks, and attempts to learn

**Ra, 79.36**

The less balanced the distortion by self-knowledge, the more adeptly the [discarnate negative] entity may accentuate such a distortion in order to mitigate against the smooth functioning and harmony of the group.

**Ra, 80.4**

The power of which you speak is a spiritual power. The powers of the mind, as such, do not encompass such works as these. You may, with some fruitfulness, consider the possibilities of moonlight. You are aware that we have described the Matrix of the Spirit as a Night. The moonlight, then, offers either a true picture seen in



shadow or chimera and falsity. The power of falsity is deep as is the power to discern truth from shadow. The shadow of hidden things is an infinite depth in which is stored the power of the One Infinite Creator.

The adept, then, is working with the power of hidden things illuminated by that which can be false or true. To embrace falsity, to know it, and to seek it, and to use it gives a power that is most great. This is the nature of the power of your visitor and may shed some light upon the power of one who seeks in order to serve others as well, for the missteps in the night are oh! so easy.

**Ra, 80.8**

Questioner: The fifteenth archetype is the Matrix of the Spirit and has been called the Devil. Can you tell me why that is so?

Ra: I am Ra. We do not wish to be facile in such a central query, but we may note that the nature of the spirit is so infinitely subtle that the fructifying influence of light upon the great darkness of the spirit is very often not as apparent as the darkness itself. The progress chosen by many adepts becomes a confused path as each adept attempts to use the Catalyst of the Spirit. Few there are which are successful in grasping the light of the sun. By far, the majority of adepts remain groping in the moonlight and, as we have said, this light can deceive as well as uncover hidden mystery. Therefore, the melody, shall we say, of this matrix often seems to be of a negative and evil, as you would call it, nature.

It is also to be noted that an adept is one which has freed itself more and more from the constraints of the thoughts, opinions, and bonds of other-selves. Whether this is done for service to others or service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. The magic is recognized; the nature is often not.

**Ra, 80.10**

Questioner: Could I say, then, that implicit in the process of becoming adept is the seeming polarization towards service to self because the adept becomes disassociated with many of his kind?

Ra: I am Ra. This is likely to occur. The apparent happening is disassociation whether the truth is service to self and thus true disassociation from other-selves or service-to-others and thus true association with the heart of all other-selves and disassociation only from the illusory husks which prevent the adept from correctly perceiving the self and other-self as one.

**Ra, 80.11**

Questioner: Then you say that this effect of disassociation on the service-to-others adept is a stumbling block or slowing process in reaching that goal to which he aspires? Is this correct?

Ra: I am Ra. This is incorrect. This disassociation from the miasma of illusion and misrepresentation of each and every distortion is a quite necessary portion of an adept's path. It may be seen by others to be unfortunate.

**Ra, 80.12**

Even the most unhappy of experiences, shall we say, which seem to occur in the Catalyst of the adept, seen from the viewpoint of the spirit, may, with the discrimination possible in shadow, be worked with until light equaling the light of brightest noon descends upon the adept and positive or service-to-others illumination has occurred. The service-to-self adept will satisfy itself with the shadows and, grasping the light of day, will toss back the head in grim laughter, preferring the darkness.

**Ra, 80.15**

The Significator of the Spirit is that living entity which either radiates or absorbs the love and the light of the One Infinite Creator, radiates it to others or absorbs it for the self.

**Ra, 80.17**

That which you call the Sarcophagus in your system may be seen to be the material world, if you will. This material world is transformed by the spirit into that which is infinite and eternal. The infinity of the spirit is an even greater realization than the infinity of consciousness, for consciousness which has been disciplined by will and faith is that consciousness which may contact intelligent infinity directly. There are many things which fall away in the many, many steps of adepthood. We, of Ra, still walk these steps and praise the One Infinite Creator at each transformation.

**Ra, 80.20**

...intelligent energy which is the Universe or, as you have called it somewhat provincially, the World.

**Ra, 80.21**

...contact with intelligent energy, for this energy is the energy of the Logos, and thus it is the energy which heals, builds, removes, destroys, and transforms all other-selves as well as the self.

The contact with intelligent infinity is most likely to produce an unspeakable joy in the entity experiencing such contact.

**Ra, 80.2**

...each moment and certainly each diurnal period of the bodily incarnation offers death and rebirth to one which is attempting to use the catalyst which is offered it.

**Ra, 81.13**

We have opened our hearts in radiation of love to the entire creation. Approximately 90 percent of the creation is at some level aware of the sending and able to reply. All of the infinite Logoi are one in the consciousness of love. This is the type of contact which we enjoy rather than travel.

**Ra, 81.23**

...to one whose personality or mind/body/spirit complex has been crystallized the universe is one place and there is no bar upon travel

**Ra, 81.27**

Much of what you call creation has never separated from the One Logos of this octave and resides within the One Infinite Creator. Communication in such an environment is the communication of cells of the body. That which is learned by one is known to all.

**Ra, 81.23**

The One Original Thought is the harvest of all previous, if you would use this term, experience of the Creator by the Creator. As It decides to know Itself It generates Itself, into that plenum full of the glory and the power of the One Infinite Creator which is manifested to your perceptions as space or outer space. Each generation of this knowing begets a knowing which has the capacity, through free will, to choose methods of knowing Itself. Therefore, gradually, step by step, the Creator becomes that which may know Itself, and the portions of the Creator partake less purely in the power of the original word or thought. The Creator does not properly create as much as It experiences Itself.

**Ra, 82.10**

Consider, if you will, the tendency of those who are divinely happy, as you call this distortion, to have little urge to alter or better their condition. Such is the result of the mind/body/spirit which is not complex [that is, those entities existing prior to the experiment of the veil]. There is the possibility of love of other-selves and service to other-selves, but there is the overwhelming awareness of the Creator in the self. The connection with the Creator is that of the umbilical cord. The security is total. Therefore, no love is terribly important; no pain terribly frightening; no effort, therefore, is made to serve for love or to benefit from fear.

**Ra, 82.22**

...without the need to understand, understanding would forever be left undone.

**Ra, 82.24**

Each incarnation is intended to be a course in the Creator knowing Itself.

**Ra, 82.25**

Let us continue the metaphor of the schooling but consider the scholar as being an entity in your younger years of the schooling process. The entity is fed, clothed, and protected regardless of whether or not the schoolwork is accomplished. Therefore, the entity does not do the homework but rather enjoys playtime, mealtime, and vacation. It is not until there is a reason to wish to excel that most entities will attempt to excel.

**Ra, 82.28**

The faculty of faith or will needs to be understood, nourished, and developed in order to have an entity which seeks past the boundary of third density. Those entities which do not do their homework, be they ever so amiable, shall not cross.

**Ra, 82.29**

...the veiling is a primary cause of the value of dreams and is also the single door against which the Higher Self must stand awaiting entry.

**Ra, 83.3**

It is true that the nature of time/space is such that a lifetime may be seen whole as a book or record, the pages studied, riffled through, and re-read. However, the value of review is that of the testing as opposed to the studying. At the testing, when the test is true, the distillations of all study are made clear.

During the process of study, which you may call the incarnation, regardless of an entity's awareness of the process taking place, the material is diffused and over-attention is almost inevitably placed upon detail.

The testing upon the cessation of the incarnative state is not that testing which involves the correct memorization of many details. This testing is, rather, the observing of self by self, often with aid as we have said. In this observation one sees the sum of all the detailed study; that being an attitude or complex of attitudes which bias the consciousness of the mind/body/spirit.

**Ra, 83.7**

The third density is, by its very fiber, a societal one. There are societies wherever there are entities conscious of the self and conscious of other-selves and possessed with intelligence adequate to process information indicating the benefits of communal blending of energies. The structures of society before as after veiling were various. However, the societies before veiling did not depend in any case upon the intentional enslavement of some for the benefit of others, this not being seen to be a possibility when all are seen as one. There was, however, the requisite amount of disharmony to produce various experiments in what you may call governmental or societal structures.

**Ra, 83.9**

At the present space/time the conditions of well-meant and unintentional slavery are so numerous that it beggars our ability to enumerate them.

**Ra, 83.11**

Questioner: I would say that a very high percentage of the laws and restrictions within what we call our legal system are of a nature of enslavement of which I just spoke. Would you agree with this?

Ra: I am Ra. It is a necessary balance to the intention of law, which is to protect, that the result would encompass an equal distortion towards imprisonment. Therefore, we may say that your supposition is correct. This is not to denigrate those who, in green and blue-ray energies, sought to free a peaceable people from the bonds of chaos but only to point out the inevitable consequences of codification of response which does not recognize the uniqueness of each and every situation within your experience

**Ra, 83.13**

Questioner: Is the veil supposed to be what I would call semi-permeable?

Ra: I am Ra. The veil is indeed so.

**Ra, 83.14**

Questioner: What techniques and methods of penetration of the veil were planned and are there any others that have occurred other than those planned?

Ra: I am Ra. There were none planned by the first great experiment. As all experiments, this rested upon the nakedness of hypothesis. The outcome was unknown. It was discovered, experientially and empirically, that there were as many ways to penetrate the veil as the imagination of mind/body/spirit complexes could provide. The desire of mind/body/spirit complexes to know that which was unknown drew to them the dreaming and the gradual opening to the seeker of all of the balancing mechanisms leading to adepthood and communication with teach/learners which could pierce this veil.

The various unmanifested activities of the self were found to be productive in some degree of penetration of the veil. In general, we may say that by far the most vivid and even extravagant opportunities for the piercing of the veil are a result of the interaction of polarized entities.

**Ra, 83.15**

Questioner: Could you expand on what you mean by that interaction of polarized entities in piercing the veil?

Ra: I am Ra. We shall state two items of note. The first is the extreme potential for polarization in the relationship of two polarized entities which have embarked upon the service-to-others path or, in some few cases, the service-to-self path. Secondly, we would note that effect which we have learned to call the doubling effect. Those of like mind which together seek shall far more surely find.

**Ra, 83.16**

Questioner: Specifically, by what process would, in the first case, two polarized entities attempt to penetrate the veil, whether they be positively or negatively polarized? By what technique would they penetrate the veil?

Ra: I am Ra. The penetration of the veil may be seen to begin to have its roots in the gestation of green-ray activity, that all-compassionate love which demands no return. If this path is followed the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the

veil to a greater or lesser extent that all may be seen again as one. The other-self is primary catalyst in this particular path to the piercing of the veil, if you would call it that.

**Ra, 83.17**

Questioner: In some cases it seems that this use of catalyst is almost in a runaway condition for some entities in that they are experiencing much more pain than they can make good use of as far as catalytic nature would be considered. Could you comment on that?

Ra: I am Ra. This shall be the last query of this working of a full length. You may see, in some cases, an entity which, either by pre-incarnative choice or by constant reprogramming while in incarnation, has developed an esurient program of catalyst. Such an entity is quite desirous of using the catalyst and has determined to its own satisfaction that what you may call the large board needs to be applied to the forehead in order to obtain the attention of the self. In these cases it may indeed seem a great waste of the catalyst of pain and a distortion towards feeling the tragedy of so much pain may be experienced by the other-self. However, it is well to hope that the other-self is grasping that which it has gone to some trouble to offer itself; that is, the catalyst which it desires to use for the purpose of evolution. May we ask if there are any brief queries at this time?

**Ra, 83.26**

We may ... suggest that it is a grand choice that each may make to, by desire, collect the details of the day or, by desire, seek the keys to unknowing.

**Ra, 84.7**

The awareness of all as Creator is that which opens the green energy center.

**Ra, 84.9**

The energy transfer occurs in one releasing of the potential difference. This does not leap between green and green energy centers but is the sharing of the energies of each from red ray upwards. In this context it may be seen to be at its most efficient when both entities have orgasm simultaneously. However, it functions as transfer if either has the orgasm and indeed in the case of the physically expressed love between a mated pair which does not have the conclusion you call orgasm there is, nonetheless, a considerable amount of energy transferred due to the potential difference which has been raised as long as both entities are aware of this potential and release its strength to each other by desire of the will in a mental or mind complex dedication. You may see this practice as being used to generate energy transfers in some of your practices of what you may call other than Christian religious distortion systems of the Law of One.

**Ra, 84.13**

If both entities are well polarized and vibrating in green-ray love any orgasm shall offer equal energy to both.

**Ra, 84.16**

You may see that some information is necessarily shrouded in mystery by our desire to preserve the free will of the adept. The great key to blue, indigo, and finally, that great capital of the column of sexual energy transfer, violet energy, transfers, is the metaphysical bond or distortion which has the name among your peoples of unconditional love. In the blue-ray energy transfer the quality of this love is refined in the fire of honest communication and clarity; this, shall we say, normally speaking in general, takes a substantial portion of your space/time to accomplish although there are instances of matings so well refined in previous incarnations and so well remembered that the blue-ray may be penetrated at once. This energy transfer is of great benefit to the seeker in that all communication from this seeker is, thereby, refined and the eyes of honesty and clarity look upon a new world. Such is the nature of blue-ray energy and such is one mechanism of potentiating and crystallizing it.

As we approach indigo-ray transfer we find ourselves in a shadowland. We cannot give you information straight out or plain, for this is seen by us to be an infringement. We cannot speak at all of violet ray transfer as we do not, again, desire to break the Law of Confusion.

We may say that these jewels, though dearly bought, are beyond price for the seeker and might suggest that just as each awareness is arrived at through a process of analysis, synthesis, and inspiration, so should the seeker approach its mate and evaluate each experience, seeking the jewel.

**Ra, 84.20**

Questioner: Is there any way to tell which ray the transfer was for an individual after the experience?

Ra: I am Ra. There is only a subjective yardstick or measure of such. If the energies have flowed so that love is made whole, green-ray transfer has taken place. If, by the same entities' exchange, greater ease in communication and greater sight has been experienced, the energy has been refined to the blue-ray energy center. If the polarized entities, by this same energy transfer experience, find that the faculties of will and faith have been stimulated, not for a brief while but for a great duration of what you call time, you may perceive the indigo-ray transfer. We may not speak of the violet-ray transfer except to note that it is an opening to the gateway of intelligent infinity. Indeed, the indigo-ray transfer is also this but, shall we say, the veil has not yet been lifted.

**Ra, 84.21**

...the service-to-self choice is one which denies the very center of the spectrum; that being universal love. Therefore, all that is built upon the penetration of the light of harvestable quality by such entities is based upon an omission.

**Ra, 85.11**

The primary veiling was of such significance that it may be seen to be analogous to the mantling of the Earth over all the jewels within the Earth's crust; whereas previously all facets of the Creator were consciously known. After the veiling, almost no facets of the Creator were known to the mind. Almost all was buried beneath the veil.

**Ra, 85.19**

The so-called dreaming contains a great deal which, if made available to the conscious mind and used, shall aid it in polarization to a great extent.

**Ra, 85.19**

Perhaps the most important and significant function that occurred due to the veiling of the mind from itself is not in itself a function of mind but rather is a product of the potential created by this veiling. This is the faculty of will or pure desire.

**Ra, 85.19**

Your language is not overstrewn with non-emotional terms for the functional qualities of what is now termed unconscious mind. ...

The nature of the unconscious is of the nature of concept rather than word. Consequently, before the veiling the use of the deeper mind was that of the use of unspoken concept. You may consider the emotive and connotative aspects of a melody. One could call out, in some stylized fashion, the terms for the notes of the melody. One could say, quarter note A, quarter note A, quarter note A, whole note F. This bears little resemblance to the beginning of the melody of one of your composer's most influential melodies, that known to you as a symbol of victory.

This is the nature of the deeper mind. There are only stylized methods with which to discuss its functions. Thusly our descriptions of this portion of the mind, as well as the same portions of body and spirit, were given terms such as “far-seeing,” indicating that the nature of penetration of the veiled portion of the mind may be likened unto the journey too rich and exotic to contemplate adequate describing thereof.

**Ra, 86.6**

Dreaming is an activity of communication through the veil of the unconscious mind and the conscious mind. The nature of this activity is wholly dependent upon the situation regarding the energy center blockages, activations, and crystallizations of a given mind/body/spirit complex.

In one who is blocked at two of the three lower energy centers dreaming will be of value in the polarization process in that there will be a repetition of those portions of recent catalyst as well as deeper held blockages, thereby giving the waking mind clues as to the nature of these blockages and hints as to possible changes in perception which may lead to the unblocking.

**Ra, 86.7**

The activity of dreaming is an activity in which there is made a finely wrought and excellently fashioned bridge from conscious to unconscious. In this state the various distortions which have occurred in the energy web of the body complex, due to the misprision with which energy influxes have been received, are healed. With the proper amount of dreaming comes the healing of these distortions. Continued lack of this possibility can cause seriously distorted mind/body/spirit complexes.

**Ra, 86.12**

Let us deal with the sexual energy transfer. Before the veiling such a transfer was always possible due to there being no shadow upon the grasp of the nature of the body and its relationship to other mind/body/spirits in this particular manifestation. Before the veiling process there was a near total lack of the use of this sexual energy transfer beyond green ray.

This also was due to the same unshadowed knowledge each had of each. There was, in third density then, little purpose to be seen in the more intensive relationships of mind, body, and spirit which you may call those of the mating process, since each other-self was seen to be the Creator and no other-self seemed to be more the Creator than another.

After the veiling process it became infinitely more difficult to achieve green-ray energy transfer due to the great areas of mystery and unknowing concerning the body complex and its manifestations. However, also due to the great shadowing of the manifestations of the body from the conscious mind complex, when such energy transfer was experienced it was likelier to provide catalyst which caused a bonding of self with other-self in a properly polarized configuration.

From this point it was far more likely that higher energy transfers would be sought by this mated pair of mind/body/spirit complexes, thus allowing the Creator to know Itself with great beauty, solemnity, and wonder. Intelligent infinity having been reached by this sacramental use of this function of the body, each mind/body/spirit complex of the mated pair gained greatly in polarization and in ability to serve.

**Ra, 86.20**

Upon the negative path the wisdom density is one in which power over others has been refined until it is approaching absolute power. Any force such as the force your group and those of Ra offer which cannot be controlled by the power of such a negative fifth-density mind/body/spirit complex then depolarizes the entity which has not controlled other-self.

It is not within your conscious selves to stand against such refined power but rather it has been through the harmony, the mutual love, and the honest calling for aid from the forces of light which have given you the shield and buckler.

**Ra, 87.6**

The fourth-density habit is that of offering temptations and of energizing preexisting distortions. Fourth-density entities lack the subtlety and magical practice which the fifth-density experience offers.

**Ra, 87.9**

The fourth-density negative entity has made the choice available to each at third-density harvest. It is aware of the full array of possible methods of viewing the universe of the One Creator and it is convinced that the ignoring and non-use of the green-ray energy center will be the method most efficient in providing harvestability of fourth density. Its operations among those of third density which have not yet made this choice are designed to offer to each the opportunity to consider the self-serving polarity and its possible attractiveness.

**Ra, 87.11**

We ask that you, who have been our friends... regard such as another opportunity to, as the adept must, be yourselves and offer that which is in and with you without pretense of any kind.

**Ra, 88.12**

As each planetary influence enters the energy web of your sphere those upon the sphere are moved much as the moon which moves about your sphere moves the waters upon your deeps. Your own nature is water in that you as mind/body/spirit complexes are easily impressed and moved. Indeed, this is the very fiber and nature of your journey and vigil in this density: to not only be moved but to instruct yourself as to the preferred manner of your movement in mind, body, and spirit.

**Ra, 88.23**

In and of themselves, the Major Arcana have no rightful place in divination but, rather, are tools for the further knowledge of the self by the self for the purpose of entering a more profoundly, acutely realized present moment.

**Ra, 88.23**

Questioner: What was the attitude prior to harvest of those harvestable entities of Ra with respect to those who were obviously unharvestable?

Ra: I am Ra. Those of us which had the gift of polarity felt deep compassion for those who seemed to dwell in darkness. This description is most apt as ours was a harshly bright planet in the physical sense. There was every attempt made to reach out with whatever seemed to be needed. However, those upon the positive path have the comfort of companions and we of Ra spent a great deal of our attention upon the possibilities of achieving spiritual or metaphysical adepthood or work in indigo ray through the means of relationships with other-selves. Consequently, the compassion for those in darkness was balanced by the appreciation of the light.

**Ra, 89.29**

Questioner: Would Ra have the same attitude toward the unharvestable entities or would it be different at this nexus than at the time of harvest from the third density?

Ra: I am Ra. Not substantially. To those who wish to sleep we could only offer those comforts designed for the sleeping. Service is only possible to the extent it is requested. We were ready to serve in whatever way we could. This still seems satisfactory as a means of dealing with other-selves in third density. It is our feeling that to be each entity which one attempts to serve is to simplify the grasp of what service is necessary or possible.

**Ra, 89.30**



About [the negatively polarizing entities on Venus] were soon gathered those who found it easy to believe that a series of specific knowledges and wisdoms would advance one towards the Creator.

**Ra, 89.35**

Questioner: By what means do these particular fourth-density entities get from their origin to our position?

Ra: I am Ra. The mechanism of calling has been previously explored. When a distortion which may be negatively connotated is effected, this calling occurs. In addition, the light of which we have spoken, emanating from attempts to be of service to others in a fairly clear and lucid sense, is another type of calling in that it represents that which requires balance by temptation. Thirdly, there have been certain avenues into the mind/body/spirit complexes of this group which have been made available by your fifth-density friend.

**Ra, 90.3**

Questioner: Then what you are saying is that once the path is recognized, either the positive or the negative polarized entity can find hints along his path as to the efficiency of that path. Is this correct?

Ra: I am Ra. That which you say is correct upon its own merits, but is not a repetition of our statement. Our suggestion was that within the experiential nexus of each entity within its second-density environment and within the roots of mind there were placed biases indicating to the watchful eye the more efficient of the two paths. Let us say, for want of a more precise adjective, that this Logos has a bias towards kindness.

**Ra, 90.21**

We came to your peoples to enunciate the Law of One. We wished to impress upon those who wished to learn of unity that in unity all paradoxes are resolved; all that is broken is healed; all that is forgotten is brought to light.

**Ra, 90.29**

Questioner: Thank you. You have stated previously that the foundation of our present illusion is the concept of polarity. I would like to ask, since we have defined the two polarities as service-to-others and service-to-self, is there a more complete or eloquent or enlightening definition of these polarities or any more information that we don't have at this time that you could give on the two ends of the poles that would give us a better insight into the nature of polarity itself?

Ra: I am Ra. It is unlikely that there is a more pithy or eloquent description of the polarities of third density than service-to-others and service-to-self due to the nature of the mind/body/spirit complexes' distortions towards perceiving concepts relating to philosophy in terms of ethics or activity. However, we might consider the polarities using slightly variant terms. In this way a possible enrichment of insight might be achieved for some.

One might consider the polarities with the literal nature enjoyed by the physical polarity of the magnet. The negative and positive, with electrical characteristics, may be seen to be just as in the physical sense. It is to be noted in this context that it is quite impossible to judge the polarity of an act or an entity, just as it is impossible to judge the relative goodness of the negative and positive poles of the magnet.

Another method of viewing polarities might involve the concept of radiation/absorption. That which is positive is radiant; that which is negative is absorbent.

**Ra, 93.3**

All uses of catalyst by the mind are those consciously applied to catalyst. Without conscious intent the use of catalyst is never processed through mediation, ideation, and imagination.

**Ra, 93.10**

All that assaults your senses is catalyst.

**Ra, 93.11**

The sphere of spiritual power is an indication indeed that each opportunity is pregnant with the most extravagant magical possibilities for the far-seeing adept.

**Ra, 93.18**

We may indicate that the crux ansata is a part of the concept complexes of the archetypical mind, the circle indicating the magic of the spirit, the cross indicating that nature of manifestation which may only be valued by the losing. Thus the crux ansata is intended to be seen as an image of the eternal in and through manifestation and beyond manifestation through the sacrifice and the transformation of that which is manifest.

**Ra, 93.24**

The figure [in Arcanum #4] is expressing the nature of experience by having its attention caught by what may be termed the left-hand catalyst. Meanwhile, the power, the magic, is available upon the right-hand path.

The nature of experience is such that the attention shall be constantly given varieties of experience. Those that are presumed to be negative, or interpreted as negative, may seem in abundance. It is a great challenge to take catalyst and devise the magical, positive experience. That which is magical in the negative experience is much longer coming, shall we say, in the third density.

**Ra, 94.19**

Questioner: Then I am guessing that the crossed legs of the entity in Card Four have a meaning similar to the crux ansata. Is this correct?

Ra: I am Ra. This is correct. The cross formed by the living limbs of the image signifies that which is the nature of mind/body/spirit complexes in manifestation within your illusion. There is no experience which is not purchased by effort of some kind, no act of service-to-self or others which does not bear a price, to the entity manifesting, commensurate with its purity. All things in manifestation may be seen in one way or another to be offering themselves in order that transformations may take place upon the level appropriate to the action.

**Ra, 94.25**

There is much of blessing in the gardening and the care of surroundings, for when this is accomplished in love of the creation the second-density flowers, plants, and small animals are aware of this service and return it.

**Ra, 95.11**

Questioner: What I meant to say was that the entity is guarded along the right-hand path, once it has chosen this path, from effects of the material illusion that are of the negative polarity. Would Ra comment on that?

Ra: I am Ra. This is an accurate perception of our intent, O student. We may note that the great cat guards in direct proportion to the purity of the manifestations of intention and the purity of inner work done along this path.

**Ra, 95.23**

Questioner: From that statement I interpret the following. If the Experience of the Mind has sufficiently chosen the right-hand path, and as total purity is approached in the choosing of the right-hand path, then total imperviousness from the effect of the left-hand catalyst is also approached. Is this correct?

Ra: I am Ra. This is exquisitely perceptive. The seeker which has purely chosen the service-to-others path shall certainly not have a variant apparent incarnational experience. There is no outward shelter in your illusion from the gusts, flurries, and blizzards of quick and cruel catalyst.

However, to the pure, all that is encountered speaks of the love and the light of the One Infinite Creator. The cruelest blow is seen with an ambiance of challenges offered and opportunities to come. Thusly, the great pitch of light is held high above such an one so that all interpretation may be seen to be protected by light.

**Ra, 95.24**

Questioner: I have often wondered about the action of random and programmed catalyst with respect to the entity with the very strong positive or negative polarization. Would either polarity be free to a great extent from random catalyst such as great natural catastrophes or warfare or something like that which generates a lot of random catalyst in the physical vicinity of a highly polarized entity? Does this great cat, then, have an effect on such random catalyst on the right-hand path?

Ra: I am Ra. In two circumstances this is so. Firstly, if there has been the pre-incarnative choice that, for instance, one shall not take life in the service of the cultural group, events shall fall in a protective manner. Secondly, if any entity is able to dwell completely in unity the only harm that may occur to it is the changing of the outward physical, yellow-ray vehicle into the more light-filled mind/body/spirit complex's vehicle by the process of death. All other suffering and pain is as nothing to one such as this.

We may note that this perfect configuration of the mind, body, and spirit complexes, while within the third-density vehicle, is extraordinarily rare.

**Ra, 95.25**

The observation of the right angles and their transformational meaning is most perceptive, O student. Each of the images leading to the Transformations of Mind, Body, and Spirit and ultimately to the great transformative Choice has the increasing intensity of increasing articulation of concept; that is to say, each image in which you find this angle may increasingly be seen to be a more and more stridently calling voice of opportunity to use each resource, be it experience as you now observe or further images, for the grand work of the adept which builds towards transformation using the spirit's bountiful shuttle to intelligent infinity. Please ask any brief queries at this space/time.

**Ra, 95.27**

The domicile in question has already been offered a small amount of blessing by this group through its presence and, as we have previously stated, each of your days spent in love, harmony, and thanksgiving will continue transforming the dwelling.

**Ra, 96.4**

May we note that just as each entity strives in each moment to become more nearly one with the Creator but falls short, just so is physical spotlessness striven for but not achieved. In each case the purity of intention and thoroughness of manifestation are appreciated. The variance between the attempt and the goal is never noted and may be considered unimportant.

**Ra, 96.4**

To put this into perspective we must gaze then at the stunning mystery of the One Infinite Creator. The archetypical mind does not resolve any paradoxes or bring all into unity. This is not the property of any source which is of the third-density. Therefore, may we ask the student to look up from inward working and behold the glory, the might, the majesty, the mystery, and the peace of oneness. Let no consideration of bird or beast, darkness or light, shape or shadow keep any which seeks from the central consideration of unity.

**Ra, 97.9**

The flow of power, just as the flow of love or wisdom, is enabled not by the chary\* conserver of its use but by the constant user.

**Ra, 99.5**

The principle which moves in accordance with the dynamics of teach/learning with most efficiency is constancy.

**Ra, 99.6**

Many use the trunk and roots of mind as if that portion of mind were a badly used, prostituted entity. Then this entity gains from this great storehouse that which is rough, prostituted, and without great virtue. Those who turn to the deep mind, seeing it in the guise of the maiden, go forth to court it. The courtship has nothing of plunder in its semblance and may be protracted, yet the treasure gained by such careful courtship is great. The right-hand and left-hand transformations of the mind may be seen to differ by the attitude of the conscious mind towards its own resources as well as the resources of other-selves.

**Ra, 99.8**

The free will of third-density entities is far stronger than the rather mild carryover from second-density DNA encoding and it is not part of the conscious nature of many of your mind/body/spirit complexes to be monogamous due to the exercise of free will. However, as has been noted there are many signposts in the deep mind indicating to the alert adept the more efficient use of catalyst. As we have said, the Logos of your peoples has a bias towards kindness.

**Ra, 99.10**

In this image of Transformation of Mind, then, each of the females points the way it would go, but is not able to move, nor are the two female entities striving to do so. They are at rest. The conscious entity holds both and will turn itself one way or the other or, potentially, backwards and forwards, rocking first one way then the other and not achieving the transformation. In order for the Transformation of Mind to occur, one principle governing the use of the deep mind must be abandoned.

**Ra, 100.4**

The entity which is given constant and unremitting approval by those surrounding it suffers from the loss of the mirroring effect of those which reflect truthfully rather than unquestioningly. This is not a suggestion to reinstate judgment but merely a suggestion for all those supporting instruments; that is, support, be harmonious, share in love, joy, and thanksgiving, but find love within truth, for each instrument benefits from this support more than from the total admiration which overcomes discrimination.

**Ra, 101.8**

We may note that the instrument has remained centered upon the Creator at a percentage exceeding ninety. This is the key. Continue in thanksgiving and gratitude for all things.

**Ra, 102.2**

Each entity must, in order to completely unblock yellow ray, love all which are in relationship to it, with hope only of the other selves' joy, peace, and comfort.

**Ra, 102.11**

We salute the opening of compassion circuitry in the questioner but note that that which is being experienced by this group is being experienced within a healing atmosphere. The healing hands of each have limited use when the distortion has so many metaphysical layers and mixtures. Therefore, look not to a healing but to the joy of companionship, for each is strong and has its feet set upon the way. The moon casts its shadows. What shall you

see? Link hands and walk towards the sun. In this instance this is the greatest healing. For the physical vehicle we can suggest far less than you had hoped.

**Ra, 102.21**

As to the instrument, the journey from worth in action to worth in esse is arduous. The entity has denied itself in order to be free of that which it calls addiction\*. This sort of martyrdom, and here we speak of the small but symbolically great sacrifice of the clothing, causes the entity to frame a selfhood in poorness which feeds unworthiness unless the poverty is seen to be true richness. In other words, good works for the wrong reasons cause confusion and distortion. We encourage the instrument to value itself and to see that its true requirements are valued by the self. We suggest contemplation of true richness of being.

**Ra, 103.8**

It is the way of distortion that in order to balance a distortion one must accentuate it.

**Ra, 104.2**

I am Ra. We leave you in appreciation of the circumstances of the great illusion in which you now choose to play the pipe and timbrel and move in rhythm. We are also players upon a stage. The stage changes. The acts ring down. The lights come up once again. And throughout the grand illusion and the following and the following there is the undergirding majesty of the One Infinite Creator. All is well. Nothing is lost. Go forth rejoicing in the love and the light, the peace and the power of the One Infinite Creator. I am Ra. Adonai.

**Ra, 104.26**

Within third-density, not to build into the physical vehicle its ending would be counterproductive to the mind/body/spirit complexes therein residing, for within the illusion it seems more lovely to be within the illusion than to drop the garment which has carried the mind/body/ spirit complex and move on.

**Ra, 105.20**

Therefore look you to your love and thanksgiving for each other and join always in fellowship, correcting each broken strand of that affection with patience, comfort, and quietness.

**Ra, 105.22**

Perceive the group as here, a location in time/space. Within this true home, keep the light touch. Laugh together, and find joy in and with each other.

**Ra, 106.20**

We suggest the nature of all manifestation to be illusory and functional only in so far as the entity turns from shape and shadow to the One.

**Ra, 106.23**