

THE GATHERINGS NEWSLETTER OF L/L RESEARCH



May 19, 2011

IN THIS ISSUE:

[Homecoming 2011!](#)

[Carla's Surgery](#)

[Ra Contact Audio in mp3!](#)

[Spanish and Turkish Ra](#)

[Odds, Ends, & The Interesting](#)

[1978 Don Elkins + Carla Rueckert Interview](#)

[22Dimensions](#)

[Personal Counseling](#)

[Other Law of One Study Groups](#)

Happy mid-Spring/mid-Autumn (depending on hemisphere) to all seekers!

In the rolling spring-time bluegrass region of Kentucky and the nexus points of the chakra system, life is moving forward, ever transforming, ever tumultuous, ever torn and touched by loss of outer identification in the blossoming of healing inner awareness. On the physical side of things, we in Kentucky are now experiencing the subsiding of Noah's Ark-level rains that stayed with us for a couple of weeks, inundating the area and lifting our principle river, the Ohio, many feet above its banks, causing some distress for L/L's Rock, Jim McCarty, whose yard-tending efforts were thwarted by the rains. Over a month ago Carla experienced a successful second major spine surgery! She's been away since that time in a rehabilitation facility and will be returning home for the first time today! And L/L Research continues to seek and serve through its own tiny niche in the metaphysical universe. It's been eight months since our last *Gatherings Newsletter*, so we've got lots to catch up on!

Homecoming 2011

Stare at your planners in anticipation no more. The time has come that L/L Research throws a dart at the calendar and selects the weekend of August 26 – 28, 2011, to host the annual premier green carpet Homecoming event!

Each year we gather to participate in a curriculum of spiritual study. More fundamentally, however, we gather to open ourselves to a group dynamic of shared personal and universal energy. Reviews of Homecoming are always rave, with attendees amazed by the ease of relating and the sense of immediate kinship/"home" felt among the participants who arrive from all over the country, and occasionally, world.

In the past we've used two basic different modalities, the **symposium** and the **study topic**. In the former, attendees were allotted a block of time to share their thoughts, feelings, essays, and experiences on *any* spiritually oriented subject close to their heart. In the latter, we selected a spiritual study topic which the circle as a whole spent the weekend exploring.

This year, we will make a synthesis of the symposium and the study topic in order to really dig down into a topic through the contribution of all in the circle. Each attendee will be asked to respond to a pre-chosen topic. This year our topic will be **Discernment**.

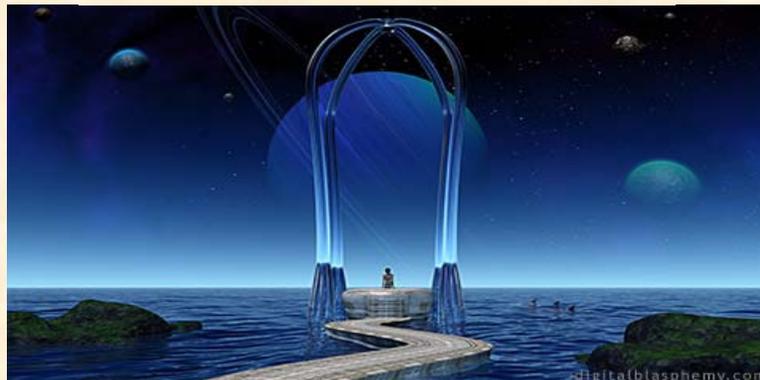
The guiding questions include: "What role does discernment play in your personal seeking and/or spiritual evolution in general? Do you have any experiences you would like to share regarding discernment in your life? Times when discernment was the crucial factor, or times when discernment was lacking? What has discernment taught you? Do you believe in your own discernment? How does discernment, what we could call a blue-ray activity, relate to green-ray love?"

Attendees will be asked to respond to these questions, creatively riffing on them in any way or direction they see fit, whether by reading an essay aloud, sharing a song, or producing a laser light show. If you want to be an exhibitionist and give the circle a bit of Mick Jagger, or would prefer a more quiet, considerate approach, there is no wrong answer, and your contribution will not be graded or rated, because you are who you are, and this is what we are interested in – you and your self-expression. The circle will ask questions and provide feedback to each attendee as we dig down deeper into discernment in theory and practice.

Attendees may opt out of offering a response to the questions, but while you are not legally bound to participate, we strongly encourage doing so as we all love hearing from everyone in the circle of equals. Albeit composed of human beings, the circle *is* non-judgmental and the environment totally supportive. We gather in the back portion of the small sacred grounds on which L/L Research rests. Green nature surrounds us as we relax into the easy and welcoming atmosphere of radiant love.

We may also spend Saturday evening of the weekend down on L/L's aspiring bio-dynamic farm, Avalon. This is to-be-announced.

L/L Research's humble backyard



To read more about the logistics of Homecoming and how you can register, please click here [here](#) or send an email to Gary at contact@llresearch.org.

Carla's Surgery

Last year Carla had a successful surgery on her *upper* back to relieve the nerve pain that had kept her from being able to write on her laptop. On April 15th of this year she had surgery on her *lower* back to try to relieve the same kind of nerve pain that was making it hard to walk. The surgery went well but there have been complications in the way of infections, drainage from the incision, and stitches coming loose which have caused her to have to be shuffled back and forth between the hospital for more surgeries and the rehabilitation center where she has been working to get stronger so she can take care of herself. We appreciate everyone's loving prayers and support. If anyone would like to send Carla a card you can send it to:

L/L Research

Carla Rueckert-McCarty

PO Box 5195

Louisville, KY 40255-0195



As of today, May 19th, we are happy to report that Carla is returning home for the first time in over a month! Carla sends all her love and light to each of you and gives you a big hug!

The Saturday public meditations ended for the season with Carla's surgery and will resume no earlier than September and possibly later.

Ra Contact Audio in mp3!

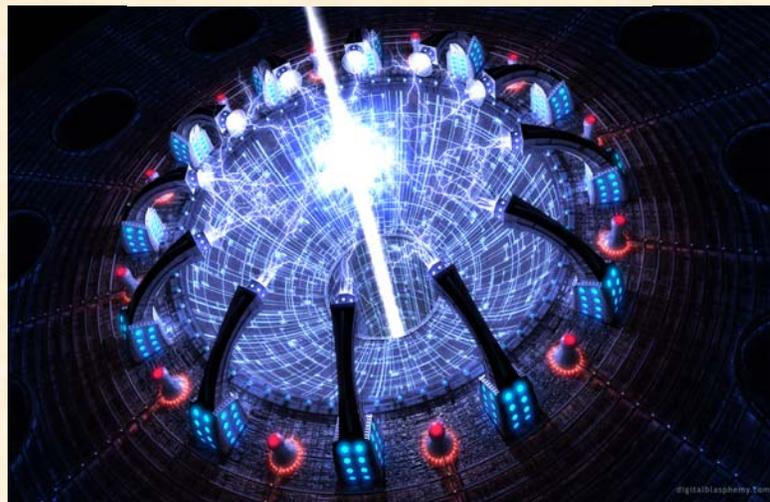
Many of you have requested that we make the audio from our channeled sessions available for download, the Ra Contact sessions especially. Some have initiated 50,000-signature campaigns, organized sit-ins, and led hunger strikes in order to persuade us to share this audio with the world. We have heard you, passionate seekers. Because you insisted, we undertook a project some years back to digitize our analog (cassette) archives in order to make them available for digital download. Welcome to the audio section of L/L Research! <http://store.bring4th.org/index.php?cPath=23>

We will begin with the Ra contact sessions of the Law of One material, starting with Session #17, slowly working our way to Session #106, and then offering the first seventeen sessions.

We will make them available in that order because the first seventeen sessions are extremely faint and difficult to hear.

Each session of the Ra Contact will be followed by new commentary from Jim McCarty and Carla Rueckert discussing the session itself and the events surrounding the recording of that session in the early 1980s.

How we transferred the Ra audio to mp3



After the audio on the cassettes was digitized, we tried enhancing the quality of the files, but anything we did to them sounded artificial. So we are offering the original sound, just as it was recorded, au naturel!

After the downloadable Ra Sessions are produced by our hard-working webmaster and honored volunteer Steve, we will begin offering other portions of our audio archive, including speeches, interviews, and the vast Q'uo library as well. Hopefully you will find these handy for enjoying on the go.

Spanish and Turkish, Ra becomes increasingly multilingual

We are super incredibly ecstatically pleased to announce the approaching completion of one language version of the *Law of One*, and the launch of another.

On the Spanish end of things, our friend and dedicated, hardworking volunteer professional translator, Pilar Royo of Spain, has been tirelessly translating the *Law of One* material session by session for almost two years now. She is over 70% of the way through Book V. You can find her impeccable work here: http://www.llresearch.org/transcripts/indexes/1981_spanish.aspx.

On the Turkish side of things, we long ago learned that a Turkish *Law of One* version had been published in Turkey. With the help of a then local friend, Baykal Eyyuboglu., we contacted the Turkish publisher, Akasa Publishing, and requested their digital files so that we could share them through the archive website alongside the other translations. Akasa was kind enough to make the effort to travel from their home city to retrieve old floppy disks and mail them halfway around the world to us. Our archive website guru, Ian Jaffray, had the old equipment necessary to retrieve most of the information. For the rest he employed the services of a professional outfit who was able to retrieve the remainder. Together he and our Turkish friend Baykal worked to edit and update the Turkish version. Thanks to all the hard work in that chain of events, the Turkish-language *Law of One* is now available on our archive website:

http://www.llresearch.org/library/the_law_of_one_turkish/turkish_translation.aspx.

These two translations are added to the existing French, Russian, and Chinese-language editions available on our archive website.

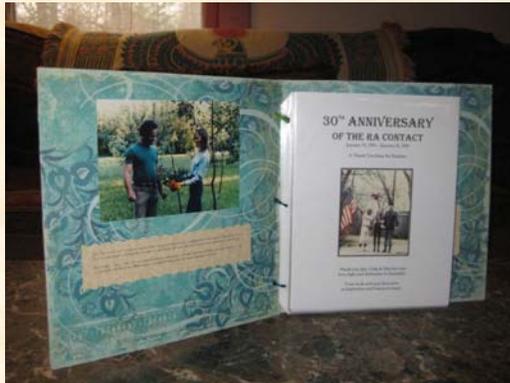
Odds, Ends, & The Interesting

In the Now – Q&A with Carla L. Rueckert – is a weekly radio program hosted by Monica Leal, Bring4th's chief moderator, on [BlogTalkRadio](#), in which Monica fields questions to Carla sent in by readers. Due to Carla's mid-April surgery, the program went on hiatus and will remain so during Carla's recovery. (That and the calls from CBS, NBC, Disney, and National Geographic to syndicate the show were just getting overwhelming.) The show will likely not resume until September at the earliest depending on the speed of Carla's recovery. Both Carla and Monica wish to thank everyone who tuned in and contributed their questions and comments. They look forward to resuming the show as soon as possible!

A Comprehensive Archetypes Study Guide – has been created by the studious Brandy Rox for that often impenetrable section of the *Law of One*, Book IV. For those seeking to make diligent study of this confounding section of information, you can find few better resources than Brandy's *Study Guide to the Archetypes of the Mind* available <http://archetypalmind.wordpress.com/>.

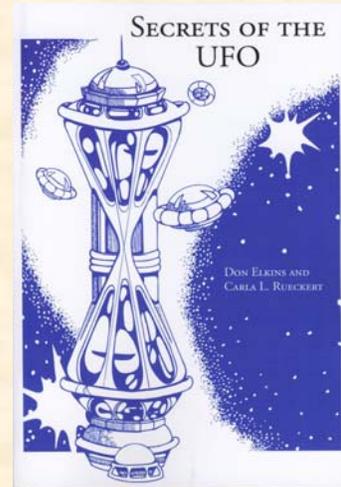
30th Anniversary of the Ra Contact – happened on January 15, 2011. The L/L Research team organized a secret collection of thank you notes and love letters from readers of the material

written to Jim and Carla. On the 15th of January, a beautifully handmade binder containing those letters was presented to Jim and Carla who were tickled and overjoyed to receive. If you would like to read Jim and Carla's thank you notes, click [here](#).



End of Third-Density Troubles – was [announced](#) on January 24th of this year. As hindsight reveals, it was entirely accurate.

New Cover and Binding for “Secrets of the UFO” – this title had long existed in an 8½ x 11 format with a plain light blue cover and three staples holding the whole thing together. Thanks to Ian, “Secrets” has received a makeover. Its old cover has been restored and has gone the way of the *Rolling Stone* magazine from oversized to standard-sized in a 6x9 format. You can purchase the updated “Secrets of the UFO” [here](#).



A List of Unusual Words - in the *Law of One* material was compiled by an exceedingly literate British seeker, and is available on the website [lawofone.info](#). It is accompanied by succinct contextual definitions. (It turns out Ra has quite the vocabulary chops for a sixth-density social memory complex. Their Pig Latin however is atrocious, we hear.)

PO Box 5195 – was the number assigned to Don Elkins and Carla Rueckert when, in 1970 when they created L/L Research's first mailing address. Though it is in a somewhat physically distant part of town, L/L has retained the number as their primary mailing address ever since. At no however point has anyone ever realized that the numbers may perhaps signify something.

Before reading further, take a second look at the “5195” and see if anything comes to mind.

If you didn't notice it, here it is: The same friend who was so instrumental in updating and making the Turkish-language version of the *Law of One* available, Baykal, noticed that the numbers signify the harvestable grades of polarization, 51% service to others and 95% service to self. All at L/L Research were quite taken aback that so interesting a synchronicity had been staring at them unrecognized for so many years! When Baykal was asked how he saw this, he wrote:

“Now, the story behind 5195! As soon as I got the message from Ian [archive website webmaster], I decided to check the books uploaded to the website. I recognized that there was something wrong. I assumed that Ian uploaded the wrong edited version of the Turkish LOO. There were three groups of major changes I had made in each editing version. I had decided to go through all of them. One of them was the footnotes. In the Turkish version (hardcovers), the Turkish translator had inserted

some footnotes in Book2. These footnotes referred to sessions in Book1. The problem was that the page numbers of those footnotes in the hardcover version would be different from the pdf version that Ian and I worked on and I adjusted all of them as well. So I randomly picked one of the footnotes in Book 2. The one that I picked was referring to the session that talked about 51% and 95% polarization issues in Book1. I went back to Book 1 to find out that specific session which talked about those percentages. What I did was to type number 51 in the pdf search engine and look for it. Guess what! It first showed page 3 where PO Box number was written. I did not pay attention. Then I typed in 95 and it again showed the same page. There I recognized the combination: 5195. Everything happens for a reason. If Ian had not uploaded the wrong version, I would not have recognized this. So a big thanks to Ian:-)))

This is such an amazing coincidence. In my opinion, it means more than any of us can imagine. I thought about the coexistence and/or neutralizing effects of positive and negative energies, but everyone would interpret this differently. Whatever the reason is, this event by itself became a simple excuse for me to pause for a second and to appreciate this joyful universe and whatever it has given to all of us.”

1978 Interview with Don Elkins & Carla Rueckert – and 22Dimensions

Don Elkins and Carla L. Rueckert gave an interview to an Atlanta TV station program in 1978 which, prior to its launch on YouTube, had not been viewed by any outside of those who have visited L/L Research. It is the only remaining video of Don Elkins.

Thanks to our compadre Renee Martine, this interview is now available in five parts on L/L's YouTube channel. Total length 1 hour 11 minutes.

The recording had been sitting on a VHS in house for years and was transferred over to DVD by a local company in Louisville. Unfortunately they did not edit the video to improve the quality. They only performed a direct transfer from VHS to DVD. Consequently the quality is poor, but the content remains, in this author's opinion, fascinating. Click on the picture to be taken to the video.



You may notice that there are other great L/L videos available on our YouTube channel, including channeled and radio program content. Nearly every one is produced by our wonderful, gifted, and trusted friend, Renee Martine. If you like what you see, Renee runs a small business known as [22Dimensions](#). She writes of 22Dimensions:

My goal is to provide an affordable service to small and independent businesses. Personal attention, collaboration, and ease-of-use are the key ingredients to our foundation. The energy focus of 22D is on creating a consistent online presence for your brand with strategic social networking platforms, by leveraging your online presence to maximize your business potential.

22D Services:

- Social Network Design and Maintenance
- Website Design and Maintenance
- Blogsite Design and Maintenance
- Video Blogging – Vlog
- Basic Promotional/Marketing Video
- Basic SEO
- Plus more



[22Dimensions Tutorial](#)

Personal Counseling

Carla continues to remain unavailable for personal counseling (& channeling) services due to her ongoing health challenges, but an equally helpful resource in this regard is our good friend, Dr. Scott Mandelker. Of his work, Scott writes,

My counseling style is eclectic and trans-personal, based on 30 years of Buddhist meditation and paranormal experience, 20 years private practice, an MA in Integral Counseling and PhD in East-West Psychology (www.ciis.edu).

My approach is shaped by the Law of One series -- as the basis for seminars in Japan and US since the mid-1990's, study groups in San Francisco, and Skype classes for the past year. For more info, please see the following:

<http://www.youtube.com/user/TWSMandelker> [~60 Ra class videos]

<http://talkswithscottmandelker.com> [Ra Compilation PDF files]

My sessions are focused dialogue on personal concerns, spiritual questions and the Wanderer's awakening process. I've nearly "heard it all," and give an open mind and heart to receive, clarify and mirror your life-journey.

Main counseling themes include:

- Issues of Wanderers and Walk-ins, adjustment to 3D society
- Paranormal experience: OBE, higher-dimensional contact, dreams, NDE
- Life-purpose & mission, Higher Self programming and life-lessons
- Personal & family karma, body illness symbolism, crisis & illness
- Low self-esteem, self-doubt, social alienation, issues of adjustment
- Long-term relationship conflict, sexual blockage, personal goals definition
- Meditation training, 7-chakra assessment, mind/body/spirit integration, questions

Please contact me at scott@scottmandelker.com to arrange a 1-hour Skype session (audio only, no cam needed); telephone work is no longer available, as I'm now living in Asia. Fees are by sliding scale (USD \$75-120) at your choice, with lower rates available. Short- and long-term work are both possible — please let me know if you're interested.

All peace and blessings to you!

Adios!

You walk this journey with us, and we with you, and in this metaphysical darkness we've learned that good company can make all the difference! Thank you everyone for embarking on your own quixotic quest to seek and unveil the truth which beats right here and right now in the depths of your silent heart. Thank you for reminding and encouraging us with your loving, dedicated examples, and for the unique opportunity to serve you afford us. That is the greatest blessing for all of us here at L/L Research and we send you all our unifying love.

L/L -

Carla, Jim, Ian, Romi, Gary, Melissa, Steve, Monica, Lorena, & Aaron!

Other Law of One Study Groups

The following a list of study groups forming or already formed around the world along with their contact information. Feel free to join them in study if you find yourself in their neck of the woods!

If you would like to see your group added to or removed from this list, please let us know.

The Awakening Project

Ft. Myers, Florida

Headed by Michael Toth

awakeningproject@aol.com

British Law of One Study Group

Forest Row and Abbots Langley, England

Headed by Ian Bond bond.ian@talktalk.net and

Pupak Haghghi hoopoesong@gmail.com

"Our group meets once a month, usually on a Sunday, we spend part of our time reading parts of 'Law of One' material, or some of the Q'uo transcripts. We then share a meal together, which everyone contributes to. If time allows we might go for a walk if it's not raining too heavily (it's England here). In the later part of the day we focus on our personal seeking which begins with a period of silent meditation after which we do a round-robin sharing, then ask what is it that we are seeking, each individually and as a group. We call upon and ask the collective group intelligence to address our seeking and usually the response we get through our collective reflection is profound and often satisfying!"

The Chicago Law of One Study Group (TCLOOSG)

Chicago, Illinois

Headed by Steve Moffitt

wh_smoffitt@yahoo.com

(630) 660-0400

Maria's Law of One Study Group

Headed by Maria R

mrarti77@gmail.com

"Meet via videoconferencing software over the internet every Friday night 9 pm EST. Read through, question and discuss approximately one RA session per meeting. Group just started in November of this year. Current participants have all previously met at recent L/L Research Channeling Intensives."

Meditation Meeting of Downtown Roanoke

Roanoke, Virginia

Led by Rick Cook rickycook21@hotmail.com

Group administrator is Brian McConnell roanokemeditation@gmail.com

“The group meets every Thursday afternoon at 5:30 p.m. at the YWCA, 605 5th Street, SW, Roanoke, VA.

Meetings include readings, group meditations, sharing of experiences, and plenty of laughter. The goal is to help participants who want to reach a service-to-others polarity, then take it from there. There is a varied reading list from the world's spiritual teachings, with the closest thing to textbooks being L/L Research's Law of One books.

Downtown Roanoke is a quick drive down I-581 off I-81, which makes us handy to travelers along the Eastern intermountain route, coming cross-country on I-64, driving the Blue Ridge Parkway, or visiting Virginia Tech. Drop-ins are encouraged!”

The Memphis Law of One Study Group

Republic Coffee, 2924 Walnut Grove Rd, Memphis, TN 38111

Led by Dean Graves deangraves@bellsouth.net and

Carol Crane seacrane@bellsouth.net

(901).590 – 1578

“We have public meetings the first Sunday of every month at 2 PM. While the subject matter is centered around the Law of One material, we do diversify the source of our information, using the RA material as the touch stone to put it all into perspective. Individuals with experience in other areas of spiritual study are welcome to share their information with the group. We feel this broadens the understanding of all who attend the meetings.”

Literra Law of One Study Group

Spring Green, WI

Literra@merr.com

“The Spring Green (Wisconsin) Law of One Study Group hosted by Jim and Maxine Pfefferkorn: The monthly meeting (usually for 4 hours on a Sunday afternoon) format starts with a brief meditation, followed by introductions, then opening the floor for discussion of anything attendees wish to explore pertaining to the Law of One, and sometimes Jim will lead us in covering some material from his workbook “The Soul and The Creation, based on the Law of One,” (which is available for \$20 plus shipping). We break halfway for some munchies and beverages folks have brought. Socializing during the break is heartwarming and a highlight of the gathering. We reconvene and continue with more discussion and close by gathering in circle and chanting “OM.”

The fellowship has been the most important and fun for the folks who have attended.”

L/L Research Law of One Study Group

Louisville, KY

Led by Carla Rueckert-McCarty and Jim McCarty

contact@llresearch.org

Public meditations are held every Saturday at 8 PM from September through May. First and third Saturdays are held for silent meditations, second and fourth Saturdays for channeling meditations, and on fifth Saturdays no mediation is scheduled. All are welcome!

The Oslo Law of One Study Group

Oslo, Norway

Headed by Carl Henrik Janson chjan@online.no +4795104800 and

Hanne Mette Janson hannemette@online.no +4795212295

Talks with Scott Mandelker

<http://talkswithscottmandelker.com>

Headed by Dr. Scott Mandelker www.scottmandelker.com

Weekly 2-hour Skype-based class on the Law of One with reading, commentary, and discussion of selected Ra compilations:

- Wanderers' Notes
- Healing & Balance
- ET-Earth History and Cosmic Plan

Sessions include personal sharing, questions and intelligent group interaction!

\$10/session or \$35/4-sessions, both with free audio file downloads.

Taipei LoO Study Group

The Mint-Green Place

Taipei, Shao-Shin North Street, 31 Alley, 15 Lane, No #5, 1F

Contact PHS# 0968347392

“We have been gathering twice per month since 2007. We study the “Law of One” books. Currently, as of April, 2010, we are working through the Book V with much joy.”

Taichung LoO Study Group

The Seth Foundation

Taichung, Beitun district, Sanguang street, No #33-7, 4F

Contact tel#/FAX: 04-22364612

“We have been gathering once per month since 2007. We study the “Law of One” books. Currently, as of April, 2010, we are starting to work through the latter part of the Book II.”