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LIGHT/LINES

ABOUT THE CONTENTS OF THIS NEWSLETTER: This telepathic channeling has been taken from the transcriptions of the weekly study and meditation meetings of the Rock Creek Research and Development Laboratories and L/L Research.

SPRING AND SUMMER 2003

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WAR AND THE LIGHT

March 16, 2003

Group question: The question today has to do with how light seems to respond to catastrophe. So many people are marching for peace, now that it seems war is so likely. The women in Rwanda have had a chance to bring the feminine principle and the nurturing [quality] of their being into [the governing of] their country now that most of the men have been killed. Would Q'uo talk to us about how the possibility of catastrophe and disaster can help to bring the light into being in our world today?

(Carla channeling)

We are those of the principle known to you as Q'uo and we greet you in the love and in the light of the one infinite Creator, in Whose service we are. As always, we thank this group for creating an opportunity for us to share our thoughts and we are most happy to do so on this occasion, with the request, as always, that each evaluate our thoughts on the basis of those thoughts alone and not on the basis of our authority. The resonances of personal truth have nothing to do with authority. We ask you to use your discrimination carefully, for there is much information and much of it is excellent but there is always that precise choice of that which is truly your own that is possible. The great challenge of the maturing spiritual entity is to move beneath the surface of things and to begin to see things not from an historical or political point of view but rather from a spiritual point of view, a stance or attitude which has its basis in those dynamics which truly are functioning within the heart of that situation which is called "history" in its outer manifestations.

The dynamics of harvest for your particular planet at this particular juncture are not those which could loosely be described as a "normal" third-density harvest. This instrument has frequently made jokes concerning the status of Earth or Gaia as a planet for juvenile delinquents who have repeatedly flunked third grade at other schools and are finally sent to Earth when it is felt that they are incorrigible. The profoundly militaristic energies that your peoples experience at this time are, as has been discussed by the one known as J and the one known as Jim, the fruit of repetition over many civilizations, many wars and even many planets. Those upon your sphere have experienced misalignments of energies and misjudgments of polarity in honest but misguided efforts to attempt to serve and to grow. And the nature of the decisions which have capitulated previous societies into catastrophe, catastrophic war, the leveling of that which was wealthy and sophisticated to the so-called dark ages, is a pattern that has been repeated not once or twice but many times. Consequently, your present harvest has overtones and undertones from many previous expressions of the iterating mechanism which turns love into fear and fear into aggression. The energies that are present at this time are iterative energies, energies that have become mindless, that have, in a tremendously profound sense, become obsessed, obsessed to the level of the archetype, so that it is as though your harvest expresses the archetype of the Lightning-Struck Tower with an intensity that could be achieved only by mindless repetition past the point of self-knowledge and into a state of mind of slavery, of which we see your peoples attempting with ever fresher energy to snap and break the control at this time, so that the human spirit might once again become liberated from this endless round of fear and hostility.

The reason that the so-called disaster is found to have a silver lining is simply that your peoples, beneath the veneer of those decisions made by the few which affect the culture or the experience of all, are as the rind of dead energy

that is enclosing a very fresh fruit that has been growing from the inside out and is coming to a state of ripeness. Consequently, those who are in power at this time, being more of a service-to-self tribe, shall we say, create the apparent history, the apparent news, the apparent ongoing story of your peoples. Whereas the true story of your peoples is that story that moves from the heart that moves from the seed of the fruit that has ripened within the rind of militarized thinking that infects your planet at this time. The inner fruit is healthy. And in times of disaster the rind of militaristic thinking is chipped away and people suddenly become aware that they are alive and in considerable and substantial opposition in feeling and in mind to those militaristic actions which tend to be the agenda of the day for any group of those who hold power at any time.

We cannot say that it is impossible for entities to hold power without becoming service-to-self oriented. We can only say that it is catalyst for all entities to respect those moments when power is offered. Each of you has a power in this situation, each of you who are part of the healthy fruit of Earth, that fruit which is being harvested at this time. [Each] has the power, passion and energy of a growing, living, thriving being. That energy is of the One, connected to the root, to the womb, to the Earth, to the Mother. The goodness that springs forth in almost all entities' breasts is that goodness which is the truth of the human race, just as the militaristic shell of humanity's behavior is a truth. It is a part of a truth that attempts to take over the entire consciousness of what the human entity is. In assuming that such separating ideas as aggression have worth, the standpoint of those with power is continually biased more and more towards that attitude which accepts the power to change others for the better. This is the innocent beginning of that which can become a monstrous evil, as this instrument would call it.

What a flower does to praise the Creator is to blossom. And what each of you may do to praise the Creator is to allow yourself to blossom. Those elements of cultural thinking which have infected each mind to whom we speak will show themselves to you with their thorns, their warts, and their scars. And you will gaze upon them and they will not be fair. There will be thoughts of anger, jealousy and retribution. These will not be true thoughts, yet these are thoughts that are pressed upon you daily, and have been since your youth. There is no judgment in thinking these thoughts, and we would not ask you to judge yourself for finding yourself with the capacity to think them. But indeed, you have the capacity to be conscious of them, to evaluate them and, if you find them to be those thoughts which do not allow you to blossom, then you may, by choice, pluck those thoughts from ready memory and replace them with one that is more close to the heart of that which you truly feel to be the spiritual truth of the situation. Each shadow that you remove from your own flowering being is one less barrier betwixt you and the sun that gives you life, the Logos that sends the energy that creates each moment.

As the crisis period continues, you may find yourself in any number of situations in which there will be the choice of moving from the militaristic rind of thought that infects the planetary thought at this time at the level of those in power or choosing to think from a spiritual point of view in which all entities are seen as souls in the service of the one infinite Creator in various ways. As the one known as J has said, some entities must draw the short stick; some entities must accept being the bad example. Each entity which is perceived by the seeker to be a service-to-self entity bent on the destruction of the good is also a soul who is serving perfectly, in his own way, attempting to learn the same lessons, those lessons of love and how to love. Always, the choice of how to love. For those who are on the service-to-self path also have passion, but it is the passion for the self, to arrange the world in which the self is satisfied, safe and comfortable. It is easy to see a display of evil and good, dark and light, yet we ask you to move beyond this somewhat limiting image of the present harvest, for it not a battle betwixt good and evil. It is, rather, a battle for thought. It is a battle betwixt those who would wish to enhance and lift and enlighten in a great outpouring of radiated love and those who would control, contract and shepherd the world as they would wish it to be controlled. Expansion or contraction? You are experiencing the contractions of fear of those who are in power and, yes indeed, because of these encroachments of aggression, upon the very citizens in whose name they are promulgated. This pressure has produced a kind of explosion of healthy, blossoming, passionately engaged human beings who have now experienced themselves as souls; who have a deep and passionate feeling about that which is the appropriate action for themselves, their families and their country.

It is indeed a precious moment and a promising time of rapidly awakening consciousness planet-wide and it has been pressed into being and encouraged by the seemingly disastrous policies of those who wish war among your peoples at this time. And we may say without expressing any unknown information, certainly, it is not one entity or a small group of entities which wishes the engagements of war and the reallocations of territory and power.

There is pressure planet-wide, at the level of those who remember whole societal-wide, catastrophic scenarios and wish beyond all reason to reinvent them, that presses these entities onward.

Much of this harvest, then, expresses enormously deep archetypal energies that have been stuck for an unusually long period of time, repeating seemingly endless cycles of rising towards the light, rising towards union, rising towards an awareness of love in its unconditional and redeeming aspect, only to fall back to the level of the great apes and their tribal loyalties and the protection of the family group. It is a great ascent that the human attempts in third density, to move from beast to angel, from a mute and unspeaking love to a supernal, wordless expression of love. In between those two lies the third density and in that density you have the forgetting that allows your voice to be uncertain; that allows your mind not to know; that allows your heart to make foolish choices and then to experience change because of them.

Each of you is a wonderful flower that blossoms daily, that opens to the light, that has your own unique aroma and habit and form. Each of you is a tremendous blessing to this planet by your being. You are as those who have fought alongside each other for many, many years. This is another time, another opportunity to stand together and to fight for the light, not [to be] against anything, but to do the inner battle that wins through to the armor of light, to face the self in every day in the morning light that shows all flaws clearly. This is your *geste*, to gaze in that mirror and see the flaws and see also the one infinite Creator, to gaze into the world as it is and see past the rind of militaristic thinking, see past this deadening infection that has blotted the surface of your thoughts with a kind of mildew. Remove yourself from the surface; remove yourself from that which is not truly your own thinking. Come back into the heart of your flowering being and feel the strength, the passion, the love that resides and rests there, just as it has always rested over the deep before any form was. That is the peace that lies within your heart. It is a sweet peace; it is a true peace; it is the original peace. And it is a piece of you, that which can never be separated from you. Nothing can separate you from the love of the infinite Creator. Nothing can separate you from the truth of your being. Nothing can separate you from yourself.

We wish to express thanks to the outer expressions of this group in the context of your political situation, for those who light a candle for peace express a beautiful thought and it is very appropriate, we feel, that such lighting of candles about the globe may be seen from your satellites, so that all the world has become, in its own way, a rock concert. We enjoy that image of all of those lighting the flame and this time not for the love of a good song and a good time, but for the love of the world.

We thank each for this offering of love and for the invitation to join your group. As always, we are most privileged to be able to do so. We are known to you as those of Q'uo. At this time we shall take our leave of this instrument and of this group. We leave each, as always, in the love and in the ineffable light of the one infinite Creator.

Adonai, my friends.

WAR AND INNER PEACE

April 6, 2003

Group question: The question today, Q'uo, has to do with what it seems like a lot of people are feeling these days because the United States is engaged in a very destructive war with Iraq. And it just seems at times that they're full of stress. That there is more to do than there is time to do. That a lot of people are feeling sadness, anger, frustration and doubt and that these things just seem to come bubbling out. We're wondering if there is a way of maintaining one's harmony in such times. If there is a way of dealing with these difficulties that will bring us back to harmony. We appreciate anything that you might have to say about how we can deal with the difficult times that are within us and without us.

(Carla channeling)

We are those known to you as Q'uo, and we greet you in the love and in the light of the one infinite Creator, in Whose service we come to you this day. We wish to thank you for the great blessing of your company and the beauty of your vibrations as you sit in this circle of seeking. We thank you especially for taking the time out of

that life which, by your question, is represented as being most busy and somewhat difficult. Yet you have found the time and the place to come together simply to seek the truth. For this we thank you, for it is a great blessing to us to be able to share our thoughts with you and to be called to your meeting.

We share these thoughts with you with the request that in listening to them each be very discriminating as to those thoughts which you accept and use as resources. We would not ask that you look upon us as authorities but rather as those with an opinion which we are glad to share on the basis of our being friends and neighbors with you, not simply in terms of time and space but in terms of the nature of our beings and the journey which we share. If you are able to use your discrimination in listening to our thoughts then that will free us to be able to express them without fear that we would be infringing upon any entity's free will.

You ask us this day concerning the peace and harmony that is so beloved and so dearly sought among your peoples and yet are seemingly quite elusive at times for many of your peoples. The description of the times as being troubled and the self as being troubled seem to be that truth which lies upon the surface of the minds of many of those present. And certainly it echoes those thoughts which are upon the minds of your people in general, for upon a global basis the great cry of your planet and its people is for harmony and peace.

This instrument wished to use the term "grass roots," and we stopped this instrument from using that term to describe that energy which is bubbling up. For in "grass roots" we would not make the pun without intending to! And indeed we do wish to say that the energy of harmony and peace is indeed bubbling up out of the grass roots themselves, out of every seed and every living thing that takes its life from the soil and turns towards the sun in your second density. The energies which turn towards harmony and peace are those energies which you possess in each cell of your vehicle upon the physical level and in your finer bodies within the inner levels as well.

There is an instinct within each spark of the Creator's light for the balancing of the energy to a default setting of peace and joy. The impulse and energy which nurtures this into manifestation, however, is the impulse not towards joy or towards peace but that instinct that lies in the direction of single-mindedness or, as the one known as V has said, the discipline of the personality. So we would take some time to discuss this concept of the default setting of joy and peace.

It is our bias, as we look upon this circle of entities with their beautiful energy vehicles shimmering, that we see that view which lies the deepest, most easily, and that portion of you which lies upon the surface, least easily. Whereas within the physical incarnation such as you now enjoy, unless the vehicle in which you enjoy living has been born blind or there are other perceptual difficulties of a substantial nature, that which comes easiest to your senses and to your observational powers is that which is seen, heard, smelled, tasted and felt. The priorities of your earthly experience, then, focus upon those things about you as an entity which are the least authentic or real. And yet, it is at the level of these inauthentic and illusory structures, which this instrument calls consensus reality, in which you spend your days and your working hours. And we do grasp that there is every temptation and every logical reason for each of you to wander far from the concept of the self as one whose mind is on only one thing and that is the love of the one infinite Creator. We gaze within this instrument's mind to find description of this paradox and find her experience of long and busy and well-crafted days of toil in which many chores of varying kinds are approached, organized and removed from the list of things to do. This, within this instrument, we find to be the source of almost no stress, and this is remarkable, for among your people there is the tendency not only to have too much to do but also to find oneself being concerned about the fact that one has too much to do, this kind of energy then snowballing upon itself and creating an ever greater sensitivity to one's lacks and failures to achieve that which has been expected of one, either by the self or by others. Within this instrument's mind we also find constant efforts towards the re-tuning of the mind and it is in this direction that we would like to go in discussing ways to work with the situation which you now enjoy, which is, basically, a very good environment to observe, analyze and alter the priorities of thinking which cause your particular mind and attention to focus upon one thing rather than another of the details of those things which are occurring at any particular moment.

At any particular moment an entity may be experiencing a multitude of catalysts. There are catalysts that come to the ears, the trains that pass, the telephones that ring. There is catalyst for the eye in the passing view and catalysts

for all the senses in that which is occurring. There is catalyst for the mind in those thoughts which are sparked by the sense impressions of the moment. And there are those thoughts involved with the reactions to the original thoughts that have been thought by the self.

In all of this arrangement, there has been no thought described which has not been caused by the outer environment impressing itself upon the being. The one known as C was expressing her desire to move beyond the thoughts of that level, to move into those thoughts which are authentic, original and her own thoughts, moving from the inside out and not from the outside in. So that there is a feeling of being, shall we say, as the flower that blooms to meet the wind, rather than as the scrap of tattered rag which the wind blows any way that it wishes to, for there is no root in the tatter but only material that has been beaten and torn. Each of you feels, at times, as a tattered rag, as a thing for the wind to make sport of and play with and indeed it often feels as if the wind of spirit has picked you up and put you down someplace where you would rather not have been placed. To the mind that is focused upon the love of the one infinite Creator, the view of all that comes through the senses, the thoughts concerning those sense impressions, and the thoughts judging those thoughts about sense impressions, are all seen as the bits of froth upon the surface of the waters of life that they are. If the one single thought that the mind is stayed upon is the love of the infinite One, then it is that the being within has the opportunity to choose to maintain that focus, not only in those moments of silence but also moments in the noise of culture, of warfare, of crowded conditions, of distressing amounts of inequality, in a world which yearns and hungers and demands absolute equality.

In your prophetic literature, in your myths and in your sagas, there is much concern for the transformational times. Within ancient Roman literature there is Ovid gazing at the metamorphoses of nature and of humankind. Dry-as-dust historians have gazed at the rise and fall of empires. The energies of spiritual leaders such as Jesus the Christ have focused upon the transformation of that which is material into that which is spiritual. And this instrument has followed a long line of studies of various religions and mythologies and philosophical systems in which this matter of how one helps oneself to transform from the lesser into the more noble aspects of self has been quite [extensively explored]. The stuff of transformation is the stuff of waking from a sleep. Fortunately we have that very humble and accessible example of the kind of change that you all face at this time.

It is a time of transformation, perhaps most importantly, for your planet. The very Earth which has bred you and nurtured you is itself now being born, and this effort and labor go well. Yet there is difficulty. The difficulty is critical in that if the delivery continues to go poorly there will need to be the equivalent of the Cesarean [birth], the removing of portions of the skin of the Earth [mother] that the new configuration of the energy-body of the Earth [child] may have room to be born in its appropriate shape and arrangement of energy nexi.

It is more for the planet than for the people that many of you have chosen to be in incarnation upon the planet at this time. It was your hope that you would be able, by awakening within the dream of physical life, to become a magical person, a person able to act as a crystal entity, receiving energy, transmuting energy, and sending energy out into the fourth-density web of planet Earth.

That which distracts is always a detail; that which calls you back to remembrance is always discipline. Very seldom does nature so configure experience that it is impossible to miss the spiritual signals. Most usually, the hints and clues of spirituality are so configured as to be completely able to be missed, able to be glanced over, able to be prioritized below the threshold of awareness by the affairs and details and chores of the day. Each is aware of the spiritual figures who have indicated through history that when they are busy then is the time to rise earlier so that they may pray longer, for it is in the praying that the work gets done rather than in those long daylight hours of toil. This is a great key for those who have ears to hear. We are not suggesting that entities must get up early and meditate before they begin the day in order to prepare, but we are suggesting that the mind of an entity is that which is in an extreme state of vulnerability to the mental conditioning. The power of suggestion is great. Each entity has seen many examples of such suggestion, the most common perhaps being that when one entity yawns, those about that entity will quite often catch the yawn and find themselves expressing similarly.

So it is too with the mass media, the television and the newspapers, those agents of consciousness of which J was speaking, that attempt to create cookies of the right shape out of the dough of entities' thoughts, so that entities

bear a remarkable similarity in their opinions upon certain subjects. They have been listening to one source and in that source lies a structure which seems to explain or justify actions and in the details of these actions there is no end to the shades of gray, the ethical questions, the causes for sorrow or anger or concern of one kind or another. Yet the simplicity of the solution is funny. For the solution to the awareness of trouble is in the turning of the consciousness to the love of the infinite Creator.

We do not intend this as a greatly abstract concept. We intend this in another way and we would ask you to open yourselves to the concept that you are the peace and harmony that you seek, for you are a spark of the one great original Thought of the infinite Creator. Say that the Creator, in Its infinity, in Its impossibility of being described, is a vibration. You have that original vibration, which is unconditional love, as the basis of every cell of your being. Without that Thought of love nothing has been made that is made. It is not something you possess, it is your very nature, and it goes far deeper than the marrow of your bones. It is far closer to you than your breathing. It is far more real than the impressions of sense. For it is that impulse and spark without which you could not take thought, take breath, or enjoy existence or consciousness. This nature of the principle of Deity is the heart of you, is the truth of you. You are as the stone within which the perfect sculpture hides. Each detail, each chore, each duty, each disturbance, each warfare chips away, pounds away, hammers away, rattles away, and aggravates away bits and pieces of detritus of those things that are not you, gradually beginning to shape that faceted gem that lies within the details of a busy earthly existence.

How blunt are the instruments of catalyst! And yet how effective. When one begins to become aware of this process of catalyst and experience, learning and transformation, one begins to be able to pick up some tools to use that are not as blunt as the blunt instruments of outer experience, things learned the hard way. And once again, the key in making use of these finer instruments, of removing and distilling from the self those impurities which one targets and wishes to see fall away, is the will. And each time the will is used to lift the self from that archipelago of small confusions to a place of spiritual attitude and consciousness where these details are seen as details like any other, a burden is lifted off of the attention. It is as though blinders are released from the eyes and for the first time, by asking of yourself this discipline of attention, you may begin to experience the unreasoning feelings of joy and peace of which this instrument was speaking earlier. For it is our opinion that it is this instrument's long years of attempting to be disciplined about returning the mind to the silence from the details that has gradually enabled this instrument to find a measure of peace that does indeed pass understanding.

The Creator within you, the truth of yourself, is happy to live your life. You have sufficient spiritual impulses within you to move through your incarnation in a state of true peace and undiluted joy. Yet it is something for which permission must be given from the self to the Self. One must give oneself permission to be content and happy and blessed, for these are not things which are in the training which your culture offers its people. It is not taught among your peoples that happiness is a natural state, but rather that struggling and competition are the natural state. And each is aware of many ways in which the culture itself offers these lessons to those who are growing and learning. Always it is the spiritual sense alone that is able to release the conflicts, the struggles with those things which are the truth of the illusion, in order to turn once again to the stunning mystery of Oneness, to the love that is all that you see, to the light that has created all that is, without blinking at those things which seem good and which seem evil. The life that is lived is a work of great subtlety. There is an unlimited potential for transformation within the physical illusion and the limits are released, one by one, by that entity who is willing to ask of the self, "Yes, but who am I beneath that detail? Yes, but who am I beneath that action? Who am I? Whose am I? Why am I here?"

When faced with disharmony it may be a resource for you to think to yourself this thought: "Who am I? In terms of that situation that is 'out there,' what's the situation [within] me? If I am a creature of love then what am I doing in this situation?" To look at the situation as you see it and to react from the outside-in is often less than helpful. To gaze at a situation from the inside-out is to find the love within that particular structure and then to be the defender, the protector, and the expresser, if need be, of that love. Whatever it is that you gaze upon, whoever is reaching out to you that asks for a reaction from you, attempt if you can to leave that situation, that relationship, that moment in a little better order than you found it, with a little more love, a little more

understanding, a little more of the Creator's freedom in the atmosphere.

In almost any situation it is easy to lose the tuning of mind which is that tuning of yourself that holds remembrance that the "I" of you is an "I" that is far more than the personality shell and that self which lives the surface life. Who is truly living your life? Infinite Consciousness would like to live your life. It is a matter of getting out of Its way.

Those who remain silent may be those who have the most wisdom. Those voices that speak the loudest in your society may well be those voices which offer the deepest confusion. Consequently, we encourage your appetite for the silence. We encourage plunging into that muscular silence that is the speech of the one infinite Creator and going as deep as you can, for as long as you can, whenever you can. If you only have thirty seconds or two minutes, or five, you may visit the gateway to intelligent infinity. Take the time whenever you can to release your energy body from its varied strictures to refresh it, open it up, and when you find yourself in the open heart, we greatly encourage your sitting there for a while with that one great original Thought that is love itself. Rest in the love that lies within the heart and know that it is the truth of you, it is your deepest self. And then go forward in your armor of light, knowing that those things which are of Earthly origin will express as they must and that all things that live shall die and all that passes from illusion shall once again come into being. Rest in those cycles that lie beyond sense. Rest in that mystery that lies beyond mind.

In order for personal learning to occur and in order for you to do your service we are always happy to join you in your meditation in order to deepen that state of meditation that you may enjoy. And there are many entities in the unseen worlds which are alert to those who seek in various directions. Consequently, it is a matter of knowing that which you are and that which you believe and then asking for help from those structures within which you feel comfortable asking. This instrument would call the help angelic. Others would describe various entities of various levels of the inner planes by various technically more accurate names. Our point is simply that there is tremendous energetic help for those who have [become] clear as to what it is they seek, who it is that they are, and why it is that they have chosen life at this time. Move into a feeling of as full an awareness of the self as can be had. Ask for the help that is there. And then find that courage which releases the self in a state of complete vulnerability to face the next moment without preconception.

I am Q'uo. We would once again thank each present for inviting us to join you in your circle of seeking. We are always overjoyed to be able to join this group and we look forward , as you would say, to these gatherings, though forward is perhaps a misnomer, for we live as one being, at one time, at all times. The illusion which you now inhabit is one which plays a trick, shall we say, in order that you may do a certain dance, make a certain choice, give of yourself in love and move one step further in your union with the All.

At this time we shall take our leave of this instrument and this group. We leave each, as always, in the love and in the light of the one infinite Creator. We are known to you as those of Q'uo.

Adonai, my friends.

NOTES TO OUR READERS

L/L Research will be switching over to an on-line-only newsletter format with this issue. Consequently, Light/Lines #84-85, the issue which you are reading now, is the final hard-copy issue to be mailed out from L/L Research!❁

We will be posting future issues of Light/Lines on our website, www.llresearch.org. To find the latest issue, click on "Newsletter" in the green menu strip on the left.❁

If you would appreciate the service of having the issue e-mailed to you when it becomes available on the web site, please write in to us and register a request to be put on the list of those wishing to receive issues on-line. We will handle this through our new L/L Research activist site, www.bring4th.org, which is currently being constructed.❁

Continued ...

(NOTES TO OUR READERS *continued*)

If you have subscribed for hard-copy issues lately and are not satisfied to have them available on-line, please send us a SASE and let us know how much we owe you.❁

L/L Research welcomes its newest member, Gary L. Bean. Gary moved from Ohio to Louisville recently to join us. We have put Gary to work and welcome him with much thanksgiving, for his loving energy is truly sunshine for all of us. David Wilcock and Vara Lyngklip have weathered the first three months of apprenticeship here in the Magic Kingdom with commendable panache, and we know Gary shall be doing the same. It is a time of much change here, as the physical plant of our home gets taken apart and restocked with all our treasures. We gather to serve. Our first effort together, other than the Global Shift conferences, is this bring4th web site, and we hope to announce its opening soon. We envision it as more of a personal site for the incarnate, living L/L Researchers and fellow travelers, with regular journals and periodic articles written by members of L/L Research, a reader's forum (b4um), with Gary Bean moderating a roundtable discussion group, intended to create the feeling of an on-line ashram. We're looking into doing a weekly live chat, as well as other ways of sharing open hearts with our spiritual community. If you are interested, or would like to help, please write to www.llresearch.org and register to be included in mailings about the new site.❁

All announcements of upcoming lectures or workshops will be made on all three web sites, www.Ascension2000.com, www.llresearch.org and www.bring4th.org.❁

We are currently on summer break at L/L. Public meetings begin again the first Sunday in September 2003, at 4:00 PM. Please visit our site if you wish to contact, order from or visit us. Please contact us first if you would like to plan to visit, and if so, please plan to spend your nights at a nearby inn, as we have a full house here at the Magic Kingdom these days!❁