

Light/Lines is a quarterly  
publication of L/L Research,  
a subsidiary of  
Rock Creek Research &  
Development Laboratories, Inc.  
P.O. Box 5195  
Louisville, KY 40255-0195  
ISSN 1534-567X



# LIGHT/LINES

www.llresearch.org

Rock Creek is a non-profit  
corporation dedicated to  
discovering and sharing  
information which may aid in  
the spiritual evolution of  
humankind.

All donations will be used for  
tax-exempt purposes.

---

ABOUT THE CONTENTS OF THIS NEWSLETTER: This telepathic channeling has been taken from the transcriptions of the weekly study and meditation meetings of the Rock Creek Research and Development Laboratories and L/L Research.

---

SPRING 2016

© 2016 L/L RESEARCH

NUMBER 137

## ON THE STAGE OF THE INCARNATION: THE CREATOR'S WILL FEBRUARY 20, 2016

**Group question:** Our question today has to do with the Creator's will and individual free will. How do we reconcile the idea that we are individual portions of the Creator, imbued with free will when, as crystallized beings of positive polarity, we are said to be performing the Creator's will?

*(Jim channeling)*

I am Q'uo, and we greet you in love and in light this day. As always, it is our great honor and privilege to be able to join your circle of seeking. We thank you for inviting our presence. We would, as always, ask that you use your discrimination for each word that we speak so that we may speak freely without worry that we shall infringe upon your free will, for indeed free will is that which we are here to discuss today, and we wish that your free will remain intact.

As you consider the concept of the One Creator, before creation was begun, before it was, you have neither light nor dark, shape nor shadow, time or space, you have infinity. This infinity is all that there is—there is nothing else.

Within this infinity—a vastness in every respect that you could consider describing infinity—there is somehow that first movement into a state of beingness which you could describe as being aware. This infinity then has begun to differentiate itself in a manner which is beyond understanding.

However, it is impressed upon us by our teachers that this infinity became aware of what you would call a desire, or a will. A concept was born then, that became what you would call a paradox or a distortion; a movement away from the completely

unified nature of intelligent infinity. This concept of the will, that is exercised freely, then became interested in what it would be like to become more than it was. This was a contemplation of self; a determination by an intelligence within this infinity that there could be more than there was at this moment; that there could be an exploration of the nature of this infinity that is aware, that has a will, and may exercise it freely.

Thus, there was the creation of what you would call the one infinite creation; a reflection of the Creator, and yet different from the Creator in that there was *many*, an infinity of many; because of the Creator's ability to consider the many, and to create the many, and to imbue each portion of the many with the same will, freely given and able to be freely exercised; that each portion of this Infinite Creator, this intelligent infinity, thus the creation, in its most primal form, was born; so that throughout what you would call the infinity of universes or creations, there were those entities that reflected the nature of the Creator.

These entities were what you would call stars or Logoi. Each Logos then had the ability to reflect the Creator's infinite nature, and to pursue an investigation of the nature of the Creator as being infinite, as being intelligent, and as exercising that intelligence to discover more about itself—more than it was.

Each Logos then was also free in a similar fashion to create further extensions of the nature of intelligent infinity, and further extensions of each Logos' self. The quality of being contained the unity of all

within each portion of itself, so that throughout this infinite universe of Logoi there continued the exercise of free will to discover more and more the nature of the one creation, so that each Logos was able to create about it the equivalent or analog of itself in the form of what you would call planets revolving about each Logos in a certain circumscribed orbit—or relationship to the Logos and to each other planet, and in a less discernable fashion to all other Logoi and planets, and indeed the One Infinite Creator, or intelligent infinity, for we are still in an unified creation.

Further individualization of creation occurred. There were, upon each planetary sphere, the entities of earth, wind, fire and water, imbued with similar consciousness of self and the accompanying freedom of will. These being foundation characteristics of each portion of the one creation in its individualization to what you would call smaller and smaller reproductions of intelligent infinity. Thus, the process of evolution began to take place as the consciousness of the smallest amount of earth, wind, fire and water began to teach each other how to become sea, river, mountain, land, air that blows and burns incandescently in an untimed or timeless state. Thus the creation has begun, and within this creation, then, there is the movement of consciousness along an upward spiraling line of light from one level of vibration to the next.

At this time we would transfer this contact to the one known as Steve. We are those of Q'uo.

*(Steve channeling)*

I am Q'uo and am with this instrument. We would begin our communication through this instrument by asking this instrument and those here in attendance to place themselves within this upwardly spiraling light and to ask themselves who it is that is the one thus spiraling, and also to whom the spiral tends or goes.

My friends, the answer to the question in both instances is that it is you. It is you whose seeking enlivens the spiral with its livingness, its intention, its desire; and it is you who receives this intention, this desire as a gift. It is the gift of that which you call life, it is the gift of that primal movement which, coming through you, has its origin at a point

beyond you, and has its destination at a point that also seems to be beyond you.

But you are constituted, both as whence and whither, within this bifurcated beyond. So it is true to say that you are both the created and the Creator. It is true to say that as the created you bear that which is your own, and if you wish you may call this your will. But it is also true that as the Creator you participate in that unlimited condition we have referred to as infinity, and infinity has to it intrinsically no limit that one would call a specific will. Yet, will that constitutes itself in the vast complexity of the creation, and that sees itself in distinction from other wills beyond count, wants always something more, wants always something unified, wants always something beyond limit, beyond count: wants infinity.

The point of difficulty for creatures aspiring to advance along the line of spiritual evolution is the question of discernment in which a determination must be made concerning: what of the desire to evolve belongs to mere creatureliness, the mere circumstances of the seeking of the individual, and what belongs to that which calls *to* the seeking creature, that which calls forth from the seeking creature, that which will fulfill the terms of the seeking.

Now, to put the matter in this way seems at first glance to be not very helpful because one does, after all, want to seek better, and one cannot begin to conceive what “seeking better” would be without a clearer conception of the criteria according to which better may be discriminated from worse. That would seem to imply a judgment about what is worse, and dependent upon that judgment a conception of what might be, by contrast, the better. Lacking any clear conception of what the better would be, one is merely left with a sense of the inadequacy of the present state of one's being. Thus, the great spiritual aspiration continues and, my friends, we would say that it continues well beyond the level of third-density seeking into fourth, into fifth, into sixth, and, we are increasingly aware, beyond.

One does not have a perfectly clear conception of the destination of spiritual seeking. And lacking that one cannot say what it would mean to satisfy the

criterion of clarity in seeking such that one could put a concept to the notion of what the Creator's will in itself might be.

However, when you reflect upon all those many desires you have experienced in your lives, and when you have come to realize that desire upon desire has issued in more desire and more desire yet—and in such a way that it sometimes becomes clear to you that there is within the life of desire a distinction that emerges, cloudy at first but clearer as it goes, that some desires are more capable of eloquently expressing your beingness, more capable of finding pathways to creative expressions of that beingness—you can feel the beingness you are learning to express is less and less limited, more and more inclusive. You can begin to think of a trajectory of seeking that allows the will you are learning to channel from those root sources of your being to find a home or a destination that seems to converge with more eloquent expressions of what it means to be will.

And one finds joy when will learns to converge with other strands of will it finds in its immediate proximity. And one finds in this joy that one is spurred on to higher and higher aspiration. At some point it becomes possible to think a thought that seems to suggest a will that would embrace all possible wills: that is a thought, we would suggest to you, that one may call the Creator's will, or, if you prefer, creative will itself, or perfect creativity in will.

And so one may then reflect back on all of the loose strands of willing—all of the stray and often lost desires that collectively mark out the life experience as you live it in this particular opportunity for living that has been afforded you in the incarnation—and you may give to yourself the gift of realizing that there is unity possible.

There is, my friends, in desire itself, a *nisus*<sup>1</sup>, or an instinctual striving for unity. Love may enjoy the name of this unity at the point at which desire has found its direction. In many cases it would seem as if this direction takes the form of a specific object of that love, takes the form of the beloved. There are many things to love, and it is easy for the soul which is learning to find its way, to flit from flower to

flower, so to speak, somewhat harder to discover that there is within a single flower enough reflection of the infinite to occupy a lifetime. One looks into the eyes of the beloved and what does one see but the Creator looking back at one. When the Creator looks back at the creature, the creature may begin to look creatively back at the Creator.

My friends, we would suggest to you that this is the golden moment. To the best of our ability to state the matter, this is the purpose of the creation: that the Creator be given the opportunity to gaze upon itself from a point of view that seems to be not originally present to the self. There is in this thought a depth that we have not plumbed, but there is in this thought a profundity that we have found most inspiring. Therefore, we will say to you that the question that you have posed today is one which is inexhaustible and which must be seen as relevant to the mystery to its very core.

The will of the Creator, the will of the creature, are, from the standpoint of the creation, ultimately not just two, but one; not just one, but two. We are aware that this is likely to be not a completely satisfactory answer, but we are also aware that when it comes to explaining the mystery of the creation, no answer can be completely satisfactory.

We are those of Q'uo and we would return to the one known as Jim in order to further address any queries that may remain upon the minds of those here. Adonai, my friends, Adonai.

*(Jim channeling)*

I am Q'uo and am with this instrument once again. We thank the one known as Steve for his fine service this afternoon and we would ask those gathered here if there might be a further query to which we might speak.

**Gary:** Q'uo, you said of infinity that it discerned a concept which included the notion that there was more than it was, or that it could explore more than it was, and that it could engage in a contemplation of self. Thus was born through free will the creation.

A metaphor struck me that might help this situation make sense to our third-density minds and I would like you to comment on that metaphor. It's almost as if creation is a daydream, or an act of imagination in the mind, so to speak, of infinity. Not precisely

---

<sup>1</sup> *nisus* (noun): an effort or striving toward a particular goal or attainment; impulse.

imagination or daydream as we might perceive it, but a self-animated daydream where each part within the daydream is invested with free will to choose its manner of exploration of many-ness, and its manner of awakening from the daydream to the truth.

In other words infinity initiates the daydream, and the daydream itself runs its own show, with each of its parts ending the daydream when it is ready and able to do so. Maybe similar to authors who write fiction where their characters kind of come alive and take on their own personality and their own course within the imagination of the author writing the fiction. Can you comment on this metaphor?

**Q'uo:** I am Q'uo and we can, my brother, and would be glad to do so. We find it is an apt metaphor that indeed the creation can be seen as a kind of dream. However, it is not that which fades or dissolves with the coming of the day and the night in the cycles of both. For there is within all the creation—whether the entities of which we speak are large, such as the Logoi; smaller, such as yourselves; or even microscopic in your reality—each energy essence has not only free will, but has a duration of, shall we say, time through which the energy it has been invested with may be expended upon its own particular journey of seeking the One Creator from which it sprang.

Thus, each portion of the infinite creation moves in a cyclical fashion, a kind of rhythm, if you will, so that there is the ability and opportunity to expend the given energies in the process of expressing its own individuality, and then in blending that individuality ultimately with the One Creator once again, so that it is offered the opportunity to exercise its free will in any fashion which it chooses.

However, it is also the case that as an infinity of expressions are created by the infinity of entities in the creation, there is a pattern that is traveled through the densities so that when the spirit complex is added to the mind and the body in the third density experience, it is at this point that what you have called the giving up of the freewill of the small self to do the will of the Creator becomes a possibility.

And each entity which moves beyond the third density has, in some fashion, made this, shall we call

it a trade, or an exchange, or an amplification, or a differentiation of the individual will given to it by the One Creator to once again then travel back to the Creator in a fashion which could be seen as an exercise of the will of the Creator.

Paradoxically, is there any other will to exercise? Thus all does begin and end in mystery.

Is there a further query, my brother?

**Gary:** That was excellent, thank you, there is a further query, probably one of the single-most impossible questions to answer, and that's the question of *why*.

There is this infinity which can't be defined because it is everything, there is nothing outside of this infinity against which to compare it. This infinity discerns a concept and decides to create this vast illusion—intricate beyond our understanding, with its own internal systems and rules and illusions of space and time and entities, and yet it is an illusion; the infinity is [in actuality] whole, complete and perfect. It cannot be enhanced; it cannot be diminished; yet it creates this dream.

Mystics say of the reason for the dream is that it is sort of play, or pretend, even. Ra says that the Creator desires to know itself. Can we plumb any more deeply into the why of creation?

**Q'uo:** I am Q'uo and am aware of your query, my brother, and we appreciate the thoughtfulness which has gone into it, for you are, indeed, delving deeply into the very fiber of the One Creator, and the creation. We would take somewhat of a small issue with you, however, in that when the creation was made, it was made in order that the Creator could know itself, could have an enjoyment in doing such, being playful as it is, but also with the hope that it could be enhanced, for this is the great desire of the free will within the Creator and within all of its portion in the Infinite creation. It wishes to know what free will can be able to produce, shall we say, by each of the portions it has created.

How can it become more differentiated when free will is given to an infinite array of entities? For if there were no creation, and only the intelligent infinity remained, and it was unwilling to do more than be, perhaps it would be infinitely bored. But, being playful and curious and intelligent, the One

Creator made that which we call the infinite creation in order that there might be, as you say, the Maya, the game, the play; and in this play, all would be actors upon the stage at all times, and there would be many storylines, many experiences beyond imagination; and thus the Creator would learn, being the curious being as it is.

Is there a further query to which we may speak, my brother?

**Gary:** When one attempts to think about intelligent infinity, there aren't really positive concepts that can be applied; one runs up [against] the need to speak in negative terms about intelligent infinity.

Intelligent infinity has no space to it, it is nowhere; it has no time to it, it is not young or old, it is no when; has no boundaries, it has no limits; it has no beginning, no end; it has no qualities; it has no subject and object. There is thusly no way to know it, for to know something is to compare it against something else.<sup>2</sup>

Is there anything meaningful that can be said about what this thing, this intelligent infinity, is; what it was doing, so to speak, prior to its discerning of a concept of free will?

**Q'uo:** I am Q'uo and am aware of your query, my brother. It is true, as you say, that the Creator, the One intelligent infinity has none of those qualities, but, paradoxically, it is also true that it has all of those qualities, for it creates them, and what was it doing before it created them? Nothing but being.

Is there a further query, my brother?

**Gary:** A final query, Q'uo. This has been most illuminating, thank you. About being, you said: "What was it doing? It was being."

Of what Ra calls intelligent infinity, mystics say that it is the I AM, and that is really all that can [ultimately] be said about it: it is *is-ness*, it is *being-ness*. Is there anything more meaningful that might be said about what beingness and isness *is*?

**Q'uo:** I am Q'uo, my brother, and we would suggest that each entity, be it the mystic or the simple seeker within third density that has yet to expand its mind

to include such queries of which you ask, may at some point approach an understanding of the One Infinite Creator. At some point, each individualized portion of creation shall experience the sacrament of the fully experienced presence of the One Infinite Creator and then shall be able to answer all of these questions for itself. That is the mysterious journey upon which each of you, and all entities, are engaged at all times, whether consciously or subconsciously. This is the play, this is the game, this is the one seeking the One through infinity and finding the One within the self.

Is there a final query at this time?

**Gary:** Q'uo, I will take this opportunity then and ask: is it possible that the intelligent infinity may end, or conclude this particular experiment that started with three distortions—free will, love and light—and move on, so to speak, to a new experiment with new distortions that may be beyond any possible conceptualization of our minds?

**Q'uo:** I am Q'uo and am aware of your query, my brother. Indeed, there are portions of the One Creator, various Logoi throughout the Infinite creation which, as the various densities or octave of densities condense into what you would call the "black hole" have done just as you have supposed would be possible, and further creations differing from your own are in motion, shall we say, at this time, and are enough at variance from what you've experienced that the intellect and the imagination would be staggered at their experience.

We thank each entity here within this circle for partaking in this wonderfully robust and exciting series of queries and questioning, and sharing and extending the self beyond the normal limits which has occurred this afternoon. We are most grateful to you for requesting our presence. We find these times of joining our energies with yours to be most exhilarating and meaningful for us, for this is our way of being of service to the One Creator in each of you.

At this time, we shall take our leave of this instrument. We greet each of you in the love and in the light of the One Infinite Creator. Adonai, my friends, Adonai Vasu Borragus.

---

<sup>2</sup> The questioner recognizes that speaking of the One in negative terms only is still a subtle form of dualism.

## SYNCHRONICITY

FEBRUARY 26, 2011

**Jim:** The question tonight, Q'uo, has to do with the synchronicities that many people in the circle have felt, of experiencing the number 11:11, on a repeated basis, feeling that there is some sort of message here. Could you give us information as to what the significance of seeing 11:11 might be to the individual, or seeing any type of repeated number like that? It doesn't necessarily have to be 11:11 but we'd like to focus on that.

*(Carla channeling)*

We are the principle known to you as Q'uo. We greet you in the love and in the light of the one infinite Creator, in whose service we visit with you this evening. It is a privilege indeed to be called to your group and we are most happy to speak with you as you requested.

However, as always, before we begin, we would ask that you listen to what we have to say with a careful ear, an ear for the resonances of our thoughts. If they do not resonate to you, let them go. If they do resonate to you, by all means keep them and work with them, but please distinguish between those two and do not take our information or any information as gospel, as this instrument would say, for we are as you, seekers of the one infinite Creator's eternal mystery. We are happy to share our thoughts, but they are humble thoughts and we thank you for using your discernment and your powers of discrimination.

Perhaps people have said to you that you must listen to the voice of authority, but we say to you that you are the reigning authority on your own spiritual life. You know what makes you hunger and thirst. Pay attention to those hungers, those desires for intimacy with the Beloved, for closeness to the Creator, for clarity about your service and your learning. You are capable and worthy of choosing that thought which you will follow. We thank you for listening to us with that discernment. It will enable us to share our humble thoughts without being concerned that we might infringe on your free will.

The query this day has to do with synchronicity. A synchronous event is a subjective thing. It does not happen, usually, to large crowds of people at once. Normally, it is subjective, happening only to you. It follows the Law of Attraction. Your thoughts are shaped in a certain way. Your desires are felt in a certain way. It is not like other people feel things or think things. It is your way and it sets up energy. The more keen your desires, the more honed [is] the energy. But the most vague of tendencies towards focusing upon a desire shall bring about some synchronicity.

There are those who are visual. There are those who are more sensitive to auditory things: the cry of a bird, a train whistle. There are those whose synchronicities tend to come to them as odors, the particular smell of a kind of incense, a favorite food, an herb. There are those who are close to nature whose synchronicities will come to them in the form of totem animals, birds, even certain gemstones. And when you see, hear, taste, [smell or] feel those things, they speak to you.

The time of 11:11 was mentioned as an example of this kind of synchronicity. You will not receive the synchronicity that another would receive, even if you desire precisely the same thing, because each of you is set up in a unique way. Your filters of what you perceive are your own. And so, even though you are part of the dance of all, even though all is one, even though you are all sparks of the same Creator, each of you is also unique. You will not learn like another. You will not serve just like another. So, naturally, your synchronicities are your own.

It is easy to doubt yourself when you receive a synchronicity. You may simply dismiss it, thinking, "Well, that's interesting." You may have been told toxic things when you were a child and you think, "I am not worthy to be noticed by spirit." You may think, "That's not for me, I'm just a regular person." You may dismiss it and you will still receive synchronicities from time to time. If you do not dismiss synchronicities but rather decide to pay attention to them and to note what you were thinking when a synchronicity occurred, they will begin happening more frequently and spirit will be communicating with you more often.

To whom is the synchronicity occurring? Who are you? You sit, each in your spot in this circle of seeking. You can feel your body. You can feel your

thoughts. What is this collection of energies that is you? We say to you that you are sparks of the Creator, true heirs all. From glory come you and in glory do you live your life. Though you may not feel it, it is all around you. And to glory you go, for all is lit up with the love and the light of the One.

There is one Thought that made all that there is and that thought, that great original Logos, is love. You are love in search of itself. You are light. The light that you seek is within you.

This instrument said, before this meditation began, not to worry about hearing about being and doing, for the Confederation is very fond of speaking about the silence. This, my friends, is so. The key to the love and the light that are within you and that are your very nature is silence. We would expatiate upon that, for it is not simply silence, it is silence aware of itself.

Indeed, in the midst of the most crowded situation, one filled with noise and energy and emotion, it is possible to remain aware of the self as that entity which has ample space around it. Your life may be spacious in the most confusing and chaotic moment. It may also simply be chaotic. And it is part of spiritual maturity slowly, gradually, to become able to invest your busy moments with sacredness and spaciousness. Who are you? Are you the witness to these synchronicities that you experience? Do they place upon you some responsibility?

Above all else, remember that you are a creature whose very essence is love. That love is nearer to you than your breathing. Open the door to that love and that light with silence in the busiest day or in the deepest forest. Let the silence speak and stop your ears to that which is not silence, for compared to silence, words are small and weak.

Remember the story of Elijah, when great thunder rolled through. Yet the Creator was not in the thunder. And great fire burned, yet the Creator was not in the fire. And then silence fell and in that silence was the still, small voice of love. It is not that love comes to you. Love is within you. Love is waiting for you. Love loves you. It is you who choose to come to love, to let all the defenses down, to breathe fully and to welcome that which is in that which the one known as L2 called “the one singular moment of now.”

You have business here. You came here to love and to allow yourself to be loved. Often the second is harder than the first for those who seek the truth. You cannot make a mistake in your spiritual lives, for spirit wishes you to learn, to grow, to evolve. And how do you do that, my friends, except by making what are called mistakes; by dashing into blind alleys and discovering the wall at the end and coming back out wiser. Do not judge yourself for dashing off into a blind alley. Congratulate yourself for having the passion to seek and the humility to learn.

When synchronicities come to you, ask yourself, “What was I thinking? What was my thought? Did it contain love? Did it contain service?” Use it. Let yourself bloom. Let yourself shine, for there is beauty within you. It is good to share.

You make a difference, my friends, each and every one of you. Each of you is a unique gift to the Creation, to the Creator, to yourself. Honor, value and esteem that self that you are. Steer your ship as best as you can and as you become more and more aware of who you are, you shall settle into being you and your light shall help those around you to avoid the rough crags of the sea. Lighthouses are there for you. And you, as a lighthouse, are there for others. Take yourself seriously. You are important. You are special. In fact, you are unique. There is only one of you and you have a place in the infinite, eternal and unified Creation.

We thank each of you for calling us this evening and we thank and bless each for seeking the truth with such sincerity and single-mindedness. You are beautiful and we celebrate the beauty of your auras and the beauty of the blend of auras in this circle. The light you have created this evening is a great dome over this dwelling place, extending far into the heavens. Together, you touch the sky.

We would, at this time, ask if there is a follow-up to this query. We are those of Q’uo.

*(Pause)*

We find that there is no follow-up to this query. We are those of Q’uo and would ask if there is another query before we leave this instrument. We are those of Q’uo.

**T:** I have a question. How is synchronicity involved in dreams? What kind of information do we receive in dreams?

**Q'uo:** We thank the one known as T for this query. We are those of Q'uo. My brother, the function of dreams varies. The most common function of what you call the dreaming is to burn off, shall we say, or process energies that are incompletely processed in the waking state. While such material is often informative, it is usually not inspirational and is simply the continued communication of self with self from deeper levels of the self to the everyday consciousness.

However, may we say that dreaming is much like synchronicity in that it is communication from spiritual sources. As you pay attention to the dreaming, especially if you begin to jot down in a journal the contents of the dreams that you remember, you can open a conversation with yourself. You will find your dreams becoming more detailed, sharper, clearer and more colorful. Once you have realized that there is information in dreams that would be helpful to the everyday self and useful to the intellect in analyzing that which is occurring in the life experience, the information becomes richer and deeper.

There are two other kinds of dreams that we would mention. The first is the teaching/learning dream where sometimes you are a student learning from a teacher; sometimes you are a teacher expressing and sharing to students. This occurs because on the inner planes of your density there is constant teach/learning going on and there are times when the desire of an entity is such that it propels that entity to join teach/learning in the dream state with those who are not presently in incarnation or are presently out of the body and dreaming.

It is seldom that the content of the teaching that you have heard or that you have offered will be available to the waking self. Please do not be concerned with this. That which you are learning would not penetrate the places that the learning is designed to go within your soul stream, except the fact that you are receiving this information much like you receive this channeling that this instrument is now doing. Part of it you have heard; part of it you have not. That is satisfactory because that which you did not consciously hear has penetrated into your

subconscious and there it will be processed. What you did not hear, you have not lost. You have simply been open to spirit and allowed those things that are designed to go deeper to do so.

The last kind of dream that we would offer as a particular kind of dream is the clear dream. In that dream there is an encapsulated piece of information from spirit. It is generally a metaphor of some kind and you may draw what you wish from it. What differentiates this type of dream from others is the clarity of it. If you find yourself having a clear dream, or more than one clear dream, you may take it that you are moving through what this instrument would call the dark night of the soul, and new realizations. Clear dreams generally come at times of crisis and if you have such a dream when you are not aware of a crisis then it is well to ponder it for the information which it may share with you.

You are not a simple being. Each of you is a very intricate and complex system of vibrations and frequencies. Some of those frequencies have been with you throughout many incarnations. Some are particular and unique to this particular incarnation.

Your vibrations and frequencies change with your emotions and those things that occur to you. What is your goal then? Certainly it is to desire, for that which you desire needs to be experienced. Certainly it is to love, for that is an expression of identity.

Perhaps, my friends, you have not thought that there is that in you which is beautiful. What is the purpose of a flower? It is to bloom. We encourage each of you to think of yourself as beautiful and as capable of great blooming. In all humility, in all emptiness, open yourself like a chalice and receive that which shall touch you with love.

Dear ones, it is time for us to say our goodbyes to this beautiful group. We leave you in the love and in the light of the one infinite Creator. We are known to you as the principle of Q'uo. Adonai. Adonai vasu borragus.

## NOTES TO OUR READERS

Dear seekers,

It is spring time again, and isn't it refreshing to see green leaves and yellow daffodils scattered all around! It's a time of renewal and growth, and I have a hunch that is why Carla chose it as her time for leaving the earth plane and being reborn into the eternal life of the world of spirit. Thanks to her nearly 40 years of channeling and writing we have a very rich harvest of her heart to continue to work with to further serve our L/L readers. And we have come up with a few ideas of our own, including:

Keeping a tradition begun in 1962 of channeling the unity philosophy of the Confederation group.  
Building a new website to unify our existing two.  
Publishing the book *Tilting at Windmills* (due before the next *Light/Lines newsletter*) which grew out of an interview that Gary did with Carla and me in 2014. Producing a bi-weekly podcast called *In the Now*. Assisting a documentary filmmaker from New York interested in producing a documentary on the

life and work of Don Elkins. Digging up and digitizing an archive of photographs from that life and those times. Making available three pre-1980 recordings, including 1976 and 1977 radio interviews with Don and Carla, and Don's 1978 talk, "Introduction to Metaphysics." And the big project that makes our hearts skip a beat, publishing the book *The Ra Contact* (due, we hope, before 2017).

So you can see that there are a lot of good things happening at L/L Research. We are doing our best to continue the tradition sharing the best of what we have found in our own spiritual journeys with our wonderful family of readers. We feel a kinship with each of you who walks this long and dusty road with us. We cannot thank you enough for your support and for your company on the journey.

In Love & Light,

Jim McCarty ✨