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Rock Creek Research &
Development Laboratories, Inc.

P.O. Box 5195
Louisville, KY 40255-0195

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www.llresearch.org

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ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

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THE LAW OF ONE, BOOK I, SESSION 22 FEBRUARY 10, 1981

Ra: I am Ra. I greet you in the love and in the light of the one infinite Creator. I communicate now.

Questioner: I will ask a couple of questions to clear up the end of the second major cycle. Then we will go on to the third and last of the major cycles.

Can you tell me what was the average life span at the end of the second major cycle?

Ra: I am Ra. By the end of the second major cycle the life span was as you know it, with certain variations among geographically isolated peoples more in harmony with intelligent energy and less bellicose.

Questioner: Can you tell me the length of the average life span in years at the end of the second major cycle?

Ra: I am Ra. The average is perhaps misleading. To be precise, many spent approximately thirty-five to forty of your years in one incarnation with the possibility not considered abnormal of a life span approaching one hundred of your years.

Questioner: Can I assume then that this drastic drop in average life span from seven hundred years to less than one hundred years in length during this second 25,000 years was caused by an intensification of a lack of service to others?

Ra: I am Ra. This is in part correct. By the end of the second cycle, the Law of Responsibility had begun to be effectuated by the increasing ability of entities to grasp those lessons which there are to be

learned in this density. Thus, entities had discovered many ways to indicate a bellicose nature, not only as tribes or what you call nations but in personal relationships, each with the other, the concept of barter having given way to the concept of money; also, the concept of ownership having won ascendancy over the concept of nonownership on an individual or group basis.

Each entity then was offered many more subtle ways of demonstrating either service toward others or service to self with the distortion of the manipulation of others. As each lesson was understood, those lessons of sharing, of giving, of receiving in free gratitude—each lesson could be rejected in practice.

Without demonstrating the fruits of such learn/teaching the life span became greatly reduced, for the ways of honor/duty were not being accepted.

Questioner: Would this shortened life span help the entity in any way in that he would have more time in between incarnations to review his mistakes, or would this shortened life span hinder him?

Ra: I am Ra. Both are correct. The shortening of the life span is a distortion of the Law of One which suggests that an entity not receive more experience in more intensity than it may bear. This is only in effect upon an individual level and does not hold sway over planetary or social complexes.

Thus the shortened life span is due to the necessity for removing an entity from the intensity of

experience which ensues when wisdom and love are, having been rejected, reflected back into the consciousness of the Creator without being accepted as part of the self, this then causing the entity to have the need for healing and for much evaluation of the incarnation.

The incorrectness lies in the truth that, given appropriate circumstances, a much longer incarnation in your space/time continuum is very helpful for continuing this intensive work until conclusions have been reached through the catalytic process.

Questioner: You spoke of the South American group which was harvestable at the end of the second cycle. How long was their average life span at the end of the second cycle?

Ra: I am Ra. This isolated group had achieved life spans stretching upwards towards the nine hundred year life span appropriate to this density.

Questioner: I am assuming that the planetary action that we are experiencing now, which it seems shortens all life spans here, was not strong enough then to affect them and shorten their life span. Is this correct?

Ra: I am Ra. This is correct. It is well to remember that at that nexus in space/time great isolation was possible.

Questioner: How many people populated the Earth totally at that time; that is, were incarnate in the physical at any one time?

Ra: I am Ra. I am assuming that you intend to query regarding the number of incarnate mind/body/spirit complexes at the end of the second major cycle, this number being approximately 345,000 entities.

Questioner: Approximately how many were harvestable out of that total number at the end of the cycle?

Ra: I am Ra. There were approximately 150 entities harvestable.

Questioner: Then as the next cycle started were these the entities who stayed to work on the planet?

Ra: I am Ra. These entities were visited by the Confederation and became desirous of remaining in order to aid the planetary consciousness. This is correct.

Questioner: What type of visit did the Confederation make to this group of 150 entities?

Ra: I am Ra. A light being appeared bearing that which may be called a shield of light. It spoke of the oneness and infinity of all creation and of those things which await those ready for harvest. It described in golden words the beauties of love as lived. It then allowed a telepathic linkage to progressively show those who were interested the plight of third density when seen as a planetary complex. It then left.

Questioner: Did all of these entities then decide to stay and help during the next 25,000 year cycle?

Ra: I am Ra. This is correct. As a group they stayed. There were those peripherally associated with this culture which did not stay. However, they were not able to be harvested either and so, beginning at the very highest, shall we say, of the sub-octaves of third density, repeated this density. Many of those who have been of the loving nature are not Wanderers but those of this particular origin of second cycle.

Questioner: Are all of these entities still with us in this cycle?

Ra: I am Ra. The entities repeating the third-density major cycle have, in some few cases, been able to leave. These entities have chosen to join their brothers and sisters, as you would call these entities.

Questioner: Are any of these entities names that we would know from our historical past?

Ra: I am Ra. The one known as sound vibration complex, Saint Augustine, is of such a nature. The one known as Saint Teresa of such a nature. The one known as Saint Francis of Assisi of such nature. These entities, being of monastic background, as you would call it, found incarnation in the same type of ambiance appropriate for further learning.

Questioner: As the cycle terminated 25,000 years ago, what was the reaction of the Confederation to the lack of harvest?

Ra: I am Ra. We became concerned.

Questioner: Was any action taken immediately, or did you wait for a call?

Ra: I am Ra. The Council of Saturn acted only in allowing the entry into third density of other mind/body/spirit complexes of third-density, not Wanderers, but those who sought further third-

density experience. This was done randomly so that free will would not be violated for there was not yet a call.

Questioner: Was the next action taken by the Confederation when a call occurred?

Ra: I am Ra. This is correct.

Questioner: Who or what group produced this call, and what action was taken by the Confederation?

Ra: I am Ra. The calling was that of Atlanteans. This calling was for what you would call understanding with the distortion towards helping other-selves. The action taken is that which you take part in at this time: the impression of information through channels, as you would call them.

Questioner: Was this first calling then at a time before Atlantis became technologically advanced?

Ra: I am Ra. This is basically correct.

Questioner: Then did the technological advancement of Atlantis come because of this call? I am assuming that the call was answered to bring them the Law of One and the Law of Love as a distortion of the Law of One, but did they also then get technological information that caused them to grow into such a highly advanced technological society?

Ra: I am Ra. Not at first. At about the same time as we first appeared in the skies over Egypt and continuing thereafter, other entities of the Confederation appeared unto Atlanteans who had reached a level of philosophical understanding, shall we misuse this word, which was consonant with communication, to encourage and inspire studies in the mystery of unity.

However, requests being made for healing and other understanding, information was passed having to do with crystals and the building of pyramids as well as temples, as you would call them, which were associated with training.

Questioner: Was this training the same sort of initiatory training that was done with Egyptians?

Ra: I am Ra. This training was different in that the social complex was more, shall we say, sophisticated and less contradictory and barbarous in its ways of thinking. Therefore the temples were temples of learning rather than the attempt being made to totally separate and put upon a pedestal the healers.

Questioner: Then were there what we call priests trained in these temples?

Ra: I am Ra. You would not call them priests in the sense of celibacy, of obedience, and of poverty. They were priests in the sense of those devoted to learning.

The difficulties became apparent as those trained in this learning began to attempt to use crystal powers for those things other than healing, as they were involved not only with learning but became involved with what you would call the governmental structure.

Questioner: Was all of their information given to them in the same way that we are getting our information now, through an instrument such as this instrument?

Ra: I am Ra. There were visitations from time to time but none of importance in the, shall we say, historical passage of events in your space/time continuum.

Questioner: Was it necessary for them to have an unified social complex for these visitations to occur? What conditions were necessary for these visitations to occur?

Ra: I am Ra. The conditions were two: the calling of a group of people whose square overcame the integrated resistance of those unwilling to search or learn; the second requirement, the relative naiveté of those members of the Confederation who felt that direct transfer of information would necessarily be as helpful for Atlanteans as it had been for the Confederation entity.

Questioner: I see then. What you are saying is that these naive Confederation entities had had the same thing happen to them in the past so they were doing the same thing for the Atlantean entities. Is this correct?

Ra: I am Ra. This is correct. We remind you that we are one of the naive members of that Confederation and are still attempting to recoup the damage for which we feel responsibility. It is our duty as well as honor to continue with your peoples, therefore, until all traces of the distortions of our teach/learnings have been embraced by their opposite distortions, and balance achieved.

Questioner: I see. Then I will state the picture I have of Atlantis and you tell me if I am correct.

We have a condition where a large enough percentage of the people of Atlantis had started at least going in the direction of the Law of One and living the Law of One for their call to be heard by the Confederation. This call was heard because, using the Law of Squares, it overrode the opposition of the Atlantean entities who were not calling. The Confederation then used channels such as we use now in communication and also made contact directly, but this turned out to be a mistake because it was perverted by the entities of Atlantis. Is this correct?

Ra: I am Ra. This is correct with one exception. There is only one law. That is the Law of One. Other so-called laws are distortions of this law, some of them primal and most important for progress to be understood. However, it is well that each so-called law, which we also call "way," be understood as a distortion rather than a law. There is no multiplicity to the Law of One.

This will be the final question in length of this working. Please ask it now.

Questioner: Can you give me the average life span of the Atlantean population?

Ra: I am Ra. The average life span, as we have said, is misleading. The Atlanteans were, in the early part of their cultural experience, used to life spans from 70 to 140 years, this being, of course, approximate. Due to increasing desire for power, the lifetime decreased rapidly in the later stages of the civilization and, thus, the healing and rejuvenating information was requested.

Do you have any brief queries before we close?

Questioner: Is there anything that we can do to make the instrument more comfortable? Is there anything that we can do for her?

Ra: I am Ra. The instrument is well. It is somewhat less easy to maintain clear contact during a time when some or one of the entities in the circle of working is or are not fully conscious. We request that entities in the circle be aware that their energy is helpful for increasing the vitality of this contact. We thank you for being conscientious in the asking.

I am Ra. It is a great joy to leave you in the love and the light of the one infinite Creator. Go forth, therefore, rejoicing in the power and the peace of the one Creator. Adonai. ❀