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ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

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Sunday Meditation January 6, 1974

(Don channeling)

I am Oxal. I greet you, my friends, in the love and the light of our infinite Creator. It is a great privilege to be with you this evening, as it is a privilege to be with you every evening. For, my friends, we cannot be separated. For we are one person, you see, and it is impossible to be separated.

I am using control for this instrument's vocal mechanism.

We of the Confederation of Planets in the Service of the Infinite Father are here. We are here now. You can see us if you look for us. We are here now even more so than we were previously. We are here now because it is time for us to be here. Things are progressing now that we have spoken of previously. You will see many changes in the coming year. These changes will be both of a natural type and a man-made type. There are certain things that will take place. But do not be alarmed, for you will be with the Creator.

I am with you at all times. Do not forget this. It will be important in the days to come. I am with you at all times. All that is necessary is that you ask and you shall receive, as it is written in your *Bible*. I will provide for you what is necessary. It is a simple matter.

I am at present in a craft far above this house. I am a physical being such as yourself. I am enjoying much

more freedom than yourselves. But you too may soon enjoy this freedom. It is only necessary that you understand how to enjoy it.

(Pause)

I shall continue. I have allowed the instrument to rest, for this method is very tiring for the instrument, but it allows a more accurate transcription.

We of the Confederation are here, as I have said, in great numbers. We are allowing your people to see us; at present we are allowing more of your peoples to see us. You can see us, as this instrument has. I will appear to you in the very near future. I will be seen in your skies. It is only necessary that you continue in your seeking. You see, my friends, it is truly written that in order to find, you must seek. That is the scheme of things at this time. All of our efforts have been directed toward fulfilling this simple phrase: "Seek and ye shall find." Why do you think we have been so elusive? This was wisdom, my friends, that it is necessary to seek in order to find.

You will understand this wisdom if you think about it. It is a very old and tried system of producing an increase in the awareness of an individual, for only he himself can produce this increase in awareness. We cannot impress it upon him. But he can very easily increase his awareness many, manyfold. But the seeking is necessary. It is not quite so important as to his method of seeking as it is that he simply seek. Seek knowledge of the Creation. Many of your scientists seek, and they find. But many get confused about what they are seeking. When we speak of seeking, we speak of seeking a truth that is within all things.

I will leave you now, but with one final thought. This thought is that all of us are one. If we are one, then we share all of the knowledge that there is. Avail yourself to this knowledge. It is yours to begin with. Do this through meditation. You will understand all there is to understand. It is a simple process. I am Oxal. Adonai vasu borragus.

(Pause)

I am Yom. I greet you in the love and light of our infinite Creator. It is a privilege to be with you. I am aware of certain things that you wish to know. I am Yom. I will tell you what I know of these things.

We are here now, where we are. And we are going to be someplace else, at a later time. But both places are one place. Each is possible. Each is true. It depends on your awareness.

I would suggest that you would observe a bubble at the bottom of a glass of water. It is originally smaller than when it rises to the top. If you take this bubble to an extreme depth, it will flatten to a form that is lenticular. This is because of the extreme differential of pressure. The gradient at that depth is sufficient to cause this formation. This same gradient exists in space. It is responsible for the galactic shape. This pressure is external pressure to the galactic system, causing a lenticular shape. Within the system, there are planetary systems. These systems are within a flattened orbit. This is because that they naturally, due to this pressure, find themselves in one plane of rotation. All galactic systems are lenticular in shape, except for those that are extremely close to other systems. The creation has the property of creating this shape. If there is sufficient freedom of materials in the galactic system, this freedom exists; in the bubble at the extreme depth, this situation exists.

Now let us consider the cause for the pressure creating the shape. If the gravitational theories that your scientists support were correct, galaxies would be spherical. Sufficient freedom being allowed, they would coalesce into a simple ball. There is a scheme to the Creation that provides for separation of systems. There is no inertial expansion of the Creation, as many of your scientists believe. There are forces holding all bodies in their position. and forces causing the rotation of those bodies. These forces are external to the bodies. They are not generated within the bodies. They are a property of the great creation in general, and not an interactive force between bodies. Observe the placement of galactic systems with respect to other systems. They are separated by several major diameters or less. At this relatively close proximity, if the gravitational theories were correct, there would be an influence of one system upon the other, creating in a relatively short period a combining of the two systems. It is therefore suggested that your present theories of gravitation are incorrect.

Each system of stars exists in a field that has a gradient in the direction of the minor axis. The entire thing becomes a large wheel. Within this wheel we find many small wheels. These are the planetary systems. They also experience this gradient and therefore are flat, or within the same plane. Although your science is unable to discern the numerous planetary systems within the galaxy, if it could it would find them all to be oriented so that the planes of their rotations are parallel. And this plane of their rotation is parallel to the major plane of the galactic system, which includes its major diameters. Each planetary system rotates around its central axis. This axis is parallel to the central axis of the galactic system. The entire system rotates around its central axis. All of this was planned. All of it has meaning. All of it has purpose.

You are on a system which is relatively close to the outer edge of the galactic system. The angular velocity results in a relatively high linear velocity of your system with respect to the central axis. This linear velocity of your planetary system thereby passes you through much more space thanthose who dwell near the center of the galactic system. You are moving now from one zone into another, due to the rotation of the galaxy. The space transversed by your planet and its system is close to the maximum per unit time that can be appreciated within a system of planets within this galaxy. There is a reason for this. The reason is that your system is in an early stage of evolution, and therefore there must be a long, angular path resulting in ... I should say a long arc of experience for your system. If you were dwelling much closer to the center of the galaxy, or at the center of rotation, there would be no progression through space with respect to the central axis of the

galaxy. As you experience night and day, and seasons of the year due to rotation, you also experience seasons of spirituality due to rotation. These exist within the rotation of the galactic system.

I will return to this instrument another time, for he is becoming fatigued. It is difficult to use control for a long period. It is difficult to translate all that I have to say to an understandable framework for you, because of limitations of concepts. But we will continue, and we will attempt to bridge this gap. I am Yom. I leave you in His love and in His light. \$