



L/L Research is a subsidiary of
Rock Creek Research &
Development Laboratories, Inc.

P.O. Box 5195
Louisville, KY 40255-0195

L/L RESEARCH

www.llresearch.org

Rock Creek is a non-profit
corporation dedicated to
discovering and sharing
information which may aid in
the spiritual evolution of
humankind.

ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

CAVEAT: This transcript is being published by L/L Research in a not yet final form. It has, however, been edited and any obvious errors have been corrected. When it is in a final form, this caveat will be removed.

© 2006 L/L RESEARCH

SUNDAY MEDITATION, H'S MEETING FEBRUARY 17, 1974

(Don channeling)

I am Hatonn. I greet you in the love and in the light of our infinite Creator. It is a very great privilege to be with you this evening. It is a very great privilege to be with you at all times. We of the Confederation of Planets in the Service of the Infinite Creator are here to serve you. This is sometimes difficult. We have attempted to contact the people of this planet through many different ways. We have not always been successful. There have been, in some instances, misunderstandings about our contacts. There have been, in some cases, misrepresentations, through no fault of the contactee, of what we would bring to the people of this planet.

We are attempting to bring to you one thing. We have attempted to do this in many ways, but still we have but one thing to bring to you at this time. We are bringing to you love. This is all that is necessary, for when you are able to receive this love, with it will come the understanding that many of you now seek.

We of the Confederation of Planets in the Service of the Infinite Creator are attempting, therefore, at this time to bring to you love. If the people of this planet can accept this, then understanding will occur with no other effort. For, my friends, there is only one thing to understand, and that is the actual interpretation of the word "love."

This word is misunderstood among your peoples. It does not mean exactly what most of your peoples

believe it to mean. The concept has been demonstrated many times in the history of your planet. The demonstration that you are most familiar with is the demonstration of the man known to you as Jesus. This man performed what you would call miracles. However, these were not miracles, in the true sense of understanding of this concept. These were simply expressions of this man's love, for in expressing this love in its true and total sense he was able to use the single force of the creation given to each of the Creator's children as their birthright.

Yes, my friends, each of you here tonight has the same birthright, for each of you is equal in all respects to all of the Creator's children. The man known to you as Jesus understood the concept of love. We are here to bring to you the understanding of this concept. Nothing else is of any real importance, for once this is understood, all is understood. And this concept, my friends, is simplicity itself. It is only necessary that you realize the truth of this concept that is within each of you. This is why we of the Confederation of Planets in the Service of the Infinite Creator are here. This is the only real service that we can perform for any peoples at any time.

There has been considerable confusion about our real purpose, and this we understand. There are many pathways to the single truth that lies within each individual. And each individual finds his own

route back to the knowledge that was his birthright. It is only necessary, however, that you become aware of this birthright through meditation, for this knowledge is within you. For you, like ourselves and like every being within this infinite creation, is a part of this creation. We are all one thing. We are the creation of the Father, and in so being we have within us His love, for this is what created us—a great force. A force that permeates everything that exists. The word that expresses it in your language is love, but this force goes far beyond the concept of this word. Each of you can know this force, for it is part of you, and you cannot separate it from you. Spend time each day in meditation, and you will become aware—aware of the force that is the creation. This, my friends, is the first step, and it is also the last step, in knowing all that there is to know.

For with this awareness, comes all awareness. This is what we bring to the people of this planet at this time: an education. For many of them have lost direction and have become involved in a complex illusion.

At this time, I will attempt to transfer this contact to the instrument known as R.

(Pause)

(R channeling)

I am with this instrument now. I am Hatonn. As I was saying, many upon your planet have been deeply immersed in a hypnotic state. It is desirable to awaken from this state. We have presented a method of awaking from this state through daily meditation, constant self-analysis, and love. You will come to a deeper understanding and will begin to lay your claim upon your birthright.

I will now attempt to speak through the instrument known as H.

(H channeling)

I am with this instrument now, my friends. I only wish to present a few brief remarks before leaving you. Be aware, my friends, that a great opportunity is presented to all of your peoples at this time. Those among your peoples who can raise their consciousness rapidly enough can take part in what you might call a great graduation. Your planet moves to a higher vibratory area and is even now at the entrance to this higher vibratory area. Only those

individuals whose vibration can be raised along with that of the planet will continue into the Golden Age which will soon dawn upon your surface, a spiritual age of beauty, grandeur and true love, of which I speak.

As an individual, each of you have everything to gain by following our simple suggestions which will raise you in consciousness, and which will raise your individual frequency of vibration. You have nothing to lose but a small particle of what you call your time.

Ask yourselves, my friends, in all honesty, do you not find the time for those things which are important to you? It may simply be a matter of readjusting in your own thinking that which is important to you.

I will leave you now, my friends, with that thought uppermost in your minds. May you put forth the necessary effort. May each of you grow rapidly in love, which will bring about understanding and a new awareness to you.

It has been my very great privilege and pleasure to be with you at this time. I am Hatonn. Adonai vasu borragus. ❀