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(R channeling)

[I am Hatonn.] ... clear his mind, and not to analyze what is being said. I will continue, on the subject of desire. As I was saying, we cannot overemphasize the need to realize the truth that one only experiences what one desires. We realize this is a completely different way of thinking, on your planet, but it is necessary that you realize this.

When you are meditating, when you are in a receptive state, your mind is being programmed. The things that you program your mind [with] are things that will manifest, for you program your mind with the things that you desire. In other words, whatever you sow in the fertile fields of the mind, you also reap in the physical manifestation. The people of your planet are constantly programming themselves into undesirable experiences. This is completely unnecessary. It is ignorance.

It is difficult to fully comprehend the power that a man has at his use through his desire.

I will leave this instrument at this time. I am Hatonn. Adonai. ✨