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# L/L RESEARCH

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## SPECIAL MEDITATION

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**Question from B:** The question today has to deal with the concept of empowerment and enslavement that Q'uo mentioned in the last session. We are aware of how enslavement in various kinds occurs through governments, military and so forth, but what we would like to know (*inaudible*) empowerment might even be found in the very DNA that we contain, that would help us to realize our life's goals of serving and of learning, and we were wondering if Q'uo can give us some information about how a person can achieve this empowerment, and what was Q'uo talking about when empowerment was mentioned in relationship to the enslavement. In addition, we would like to know something about what the empowerment in the DNA might actually look like.

(*Carla channeling*)

We are those known to you as the principle of Q'uo, and we greet you in the love and in the light of the one infinite Creator, in Whose service we are. We greatly appreciate and thank each present for calling this circle of seeking together and calling us to your group. It is a great privilege to speak and share our opinions and we would simply ask that, as always, each idea be taken as an opinion and not as an authoritarian statement, for we would not wish to be a stumbling block for any. With this caveat in place we feel free to share our opinion with you without infringing upon your free will or your learning process.

As we gaze upon your query we realize that there are opportunities to infringe neatly pocketed along the way that we shall need to observe, so pardon us if our information is uneven. It is to be noted that as we tell you this story we ourselves are the legend in the story and when history is revealed in its truth it is almost inevitably made of stories. There is almost never the possibility of achieving a unified truth concerning the events of your peoples. It is possibly to move closer and closer to the full picture but very difficult to move beyond unseen limitations. Some of these unseen limitations lie within us and some within this instrument. Both systems of limitations, whether that be ethical or informational, these things do limit and possibly skew the story that we tell.

The long history of your peoples is preceded by an even longer, unwritten, unrecorded history of those energies and essences and individuals that made their own history at the time of what this instrument would call the last cycle change, or ice age. These entities were plummeted into service of a high second-density nature by entities who wished to have aid and help with their needs. These entities were not intending to be either evil or good, but rather were those who looked upon the second-density life forms of this planet as fair game for molding into the workers that they needed.

Thusly, a new race was created, not merely by the infinite Creator, but by those co-creators which were

attempting to work with these life-forms for their own needs. Further energy and further manipulation was offered to these entities, creating within them that which this entity would call soul-streams. These were the improvements, shall we say, that indeed moved into that which was part of the DNA. However, not the same portion of DNA which had been the focus of change previously.

In this second wave of alterations, improvements were made so that entities were of third density, being ensouled and capable of mental, emotional and spiritual evolution in ways which transcended the second-density model of individuals coming from a gene pool and returning to that common memory pool. These entities, then, having been altered twice, were soon joined by other entities from other spheres within your galaxy whose time had run out for their third-density planets, and whose needs led them to this particular sphere that you call Earth.

These entities through the processes of years, generations and millennia gradually continued to alter and continued to spread and continued to learn. With the steady increase in the sources of population to your planet came an increasingly complex mix of archetypical structures, which were in some ways not so much incompatible as cranky with each other. It was not that the differences between populations was impossible to breach, it was that within the biases of the population groups there survived a good deal of territorial energy from second density, the parent genetic structure being that of the great apes.

Consequently, there was an inborn tendency towards aggression which had only been encouraged by the second wave of genetic manipulation. This set the stage for entities we shall grandly call the space pirates. The space pirates were, in these entities' way of describing them, from the fifth density, and they had many minions from the fourth density, but these densities being in the negative sense a very pure path along the path of service to self.

It was discovered that if these entities used those with a hunger for power to encourage and hone their appetite for power and domination, these entities in turn would do their best, through the processes of aggression and war, to conquer and control that which was seen as desirable, whether it be geography, position, money or power. And these

entities found, perhaps due to the limitations of your human imagination, perhaps due to the limitations of imagination of fourth-density minions, that their greatest tool was the very blunt instrument of war and consequently, when the forces that learned their trade within the culture that this instrument calls Atlantis, whenever these entities show up their plan is always to encourage division, strife and, if possible at all, the largest war available.

For this in turn [subverts] the energies of youth and maturity towards the entrainment of conscious thought processes until entities moved into that space within their minds where they believe and accept as true the necessity of war, the rightness of the native land's authority figures, and the real and genuine desire to make the world a better place through rearranging the geography, the people (*inaudible*) power in a way which keeps those in power in even more power and simply enslaves the attitudes of the minds of all of those who follow them into furnishing the physical vehicles that march off to the war, and by their dying, their suffering, and their injustice thereby spread the suffering, the pain, and those other negative emotions ever higher, evermore violently, ever at a greater level.

The goal of these space pirates is simply to achieve a (*inaudible*) so that third-density cycles come and third-density cycles go and there is either a very small harvest or no harvest at all, most of the harvest, therefore, being that which this instrument might call spent energy or entropy, except that it has to do with the burden of sorrow, grief, suffering and pain of those who have not made the harvest.

This began to cycle in Atlantis and has moved through its complete cycle at this time. In all three cycles, then, there has been almost no harvest and as your peoples approach the end of this present cycle of time, which is the final opportunity for harvest within this particular planetary third density, the energies of Atlantis remain. There had been incarnations of groups of entities which first did the bidding of these space pirates in Atlantis. Not yet once, but as the gazing eye looks at history this group can be found again and again. Within those of Babylonia, within those of Rome, within those of Germany, within those of Germany once again, and now within that which is the United States.

These energies have grouped, gathered and arisen as a natural event, since graduation is at hand and these entities are attempting to graduate in service to self. Consequently, once again millions and millions of earth natives who are otherwise very close to being harvested have been entrained in their minds and in their thinking by the discussion of subjects that lead the mind to war and to the just reasons for it, thereby once again placing these millions of entities in the uncomfortable space of being dimly aware that their true freedom is being taken from them, but truly having no real capacity to figure out what is going on and why there is no rest or peace for them.

The one known as B asks concerning the DNA and the empowerment of this DNA, and, indeed, the DNA was carefully adjusted not to move beyond third density by those entities of the first adjustment of the great ape vehicle which was found upon your planet at the end of second density. This adjustment was in its own way a safety precaution, as in a tamper-proof lighter or a child-proof bottle cap, for it was felt that such entities as these great ape beings had been would not be able to withstand the pressure of ethical decisions or knowledge of right actions.

However, the structure of DNA is not limited by these manipulations which may be done by your men and women of science. These spirals of light that cohere for the formation and continuation of [life] are born from states of consciousness or matrices of perception rather than being limited by the current instructions of the current DNA. The energies of unity and unconditional love once welcomed into the heart and worked with in a persistent and conscientious manner begin to lend to the mind of the meditator and seeker of silence access to a state of consciousness in which there are no limitations. In this state of consciousness infinite energies flowing in infinite supply at all times and there is ample energy to fuel any state of consciousness to which the focus, the desire, the purity and the process of an entity has brought him.

Is it easy to attain a state of consciousness that builds new strands of DNA? For a very few it is relatively easy. However, for most it is a great challenge. The hope of the various populations of your sphere, then, may be based upon that hope that springs forever from the heart. That hope to seek and find, to open

up that source of magic that makes the impossible possible.

We of the Confederation of Planets have come to tell a very simple story. It is a story of thought. It is a story of the power of thought. It is a story of the power of a certain Thought that created all that is. It is a story of the power of absolute and unconditional love. It is a story of intelligent infinity and the desire of that infinity to know itself. It knows itself with every thought of its children and each entity of whatever density of whatever planet within the infinite creation is a child of the Father, or as many would say in this time of political correctness: Father/Mother.

This work of connecting DNA strands through alterations in consciousness is work that is as accessible as the next moment, that moment when one ceases speaking and enters the silence with a full heart. This moment is as far away as the nearest star. It is the kind of choice that entities may look at from the worldly point of view and say, what a nice structure, what a pleasant fantasy, that fantasy of creating the self anew and transforming the self into an entirely different kind of person. However, from the standpoint of faith there is available another point of view. That point of view is inscribed within what this instrument would call the magical personality.

For a millennia you upon this planet who look straight at the questions of truth, beauty and life have carefully written down this and that observation and experiment with consciousness and with (*inaudible*) fields. Each attempt at inner knowledge have been somewhat successful and there is available to the seeker a fairly substantial supply of excellent information on what it is to become a magical being, what it is to become a nation of priests, what it is to become a tribe of shaman. It is entirely possible through the discipline of the personality, through the seeking after silence, and through the other giving of oneself to the will of the Creator to move into that space wherein there is a true, real possibility of literally designing and building DNA in many of those who come now to birth upon your planet.

The entities you call your scientists begin to find again and again that there are more strands of DNA found within many of the children being born upon your planet at this time and even those who have

been born with usual DNA are found to be creating new strands within their incarnation. This is that which we were speaking of when we were mentioning that empowerment of DNA. Indeed, more and more entities among your people are able to share in a charismatic sense a good deal of that state of consciousness for a limited amount of time, it being a yellow-ray sharing rather than that which comes from the truly unified heart. Within this influence it is entirely possible that many would find it maximally potentially doable to lift themselves into a state of mind which indeed is true freedom, that state of mind which no longer is connected to fear, is no longer connected to the desire to defend, but is free to love, to radiate, to embrace.

We feel that we have come to a natural pause and would ask if there are any follow up queries at this time?

**Question:** Has there ever been a time in the history of this planet when human beings experienced unconditional love in a group way?

We are those of Q'uo, and are aware of your query, my brother. Indeed, at this very moment there are many groups upon your planet who are experiencing unconditional love. Such entities have largely been hidden, entities such as this group, entities who are not at all well known, entities who are completely out of sight of any publicity, have always in these ceaseless changing patterns of energy of groups upon your planet found ways to come together to express love for each other. Sometimes it is the force of an idea that for a time blends people's energies so beautifully that they are able, simply by the force of an idea, to dedicate their lives to that goal, to that ideal. We would suggest those known as the Quakers and those known as the Transcendentalists.

Other groups have been formed because of the charisma or beauty or purity of the service of one entity, a woman or a man of extraordinary capability. The great monasteries of your so-called dark ages were opportunities for entities who wished nothing for themselves but everything for the truth. To serve without (*inaudible*), without record and with exquisitely positive results. Groups such as these will exist as long as there are entities within third density, for it is the absolute destiny of that which you call the human spirit to seek and know the truth. When that seeking for the truth becomes so pure that it has a force stronger than the need to

respect authority or resist change, then such a group moves forward, finds its own strength and serves quietly, lovingly, faithfully and persistently.

Spiritually speaking, history is story after story of those who, for the love of the Creator, for the love of an ideal, or for the love of a wonderful teacher, gave all that they were and all that they had towards the generation and the propagation of unconditional love.

May we answer you further, my brother?

(Pause)

**Question:** In the Ra books it was mentioned how much of the information that seemed quite sensational was actually transitory and had little importance. When making films, this type of sensational information is usually quite frequently utilized. How best can we balance the need for sensational attraction and the quality information that may not be quite as sensational?

We are those of Q'uo, and grasp your query, my brother. Perhaps we may simply say that when telling the absolute truth the sense of humor is often helpful. May we ask if this penetrates the outer walls of thought at all, or shall we attempt again?

**Question:** Could you also speak further?

We are those of the Q'uo, and would be glad to do so. It is indeed truth that transient material fascinates the mind of those within the illusion which supports such antics. It is equally true that the substance of metaphysics is naturally and instinctually fascinating to few. The introduction of characters who are wise is often accompanied, because of these biases, by the addition to that character of quirks which while not destroying the creature's wisdom or veracity, nevertheless give a character quirks that are genuinely humorous to that culture. Consequently, the use of humor softens the blow of the use of truth. The use of the various devices of humor, whether those be of language as in the rhyming or in any other ...

(Side one of tape ends.)

**Question:** In *The Law of One* books it was mentioned that Star Wars was kind of like a children's story compared to what is really occurring. So many times Hollywood uses fantastic stories to give a message. Is there some way that we could be

more realistic, shall we say, in presenting this information?

We are those of Q'uo, and are aware of your query, my brother. We believe that there are an infinite number of ways for such information to be shared. The truth of spiritual achievement is that those among your peoples at any particular time who are able to do work in consciousness dwell side by side with those who have no claim to an inner life. They dwell for the most part very quietly.

We would ask you to think of those known to this instrument as Native Americans, whose rituals are based within the general category of the magical personality [and seen] by ordinary people as an everyday part of a naturally lived life. To entities within this particular culture all parts of the illusion are alive, all first density, second density, and third density entities alike share consciousness and are part of one ever moving, ever living story of creation. The earth is seen as the body of the mother and all of those upon the mother are seen as the children of the mother. All natural elements and energies and animals and plants are seen as various very lively, very energy filled creation which is full of information at all times.

It is very instructive to see how simple and direct many of these exercises in enlarging consciousness are. The truth of enslavement to fear and suffering and other people's wars, and the possibility of choosing instead empowerment, freedom and the spiritual path is one which lies directly in the path of every day and of every man. It is not necessary to be extreme or inhuman in order to become an entity that truly has a magical personality. Rather, it is a matter of moving through an awakening process and becoming directly aware of the self. Once this point has been reached—and this point is very realistically expected to be reached by one who attempts it—the universe opens and the impossible becomes possible.

The greatest amount of effort for one who is attempting to make this change is the beginning, where it is in the beginning where one must express the faith of that which has not yet occurred. When there is a very good psychological structure which would give characters a reason to pay attention and to begin to work upon the spiritual personality, the magical personality, then it is possible, perhaps, to move into your structure of (*inaudible*) character the logical and persuasive [proximate] reasons for

characters to become part of a group which does attempt to seek the truth.

May I answer you further, my brother?

**Question:** One particular possibility is to have a dissatisfied business man who has perhaps suffered a loss of a loved one who has the chance to risk his life to save another and this other was not really in danger but was a means by which an ancient brotherhood contacts him and through this interaction between the brotherhood and the man many aspects of love (*inaudible*) are brought out. Could you comment on this particular approach to the project?

We are those of Q'uo, and are aware of your query, my brother. As in many good ideas there are inconsistencies within the idea. However, we would say on the whole it is an excellent idea. The difficulty that we see with it is simply that the positively-oriented entity is unlikely to set up a situation that is false in order to make a test. Rather, such an entity or group of entities would observe such an entity as moving into such a role and would, because of the emotional colors shown by this entity, because of its emotional purity and love, become a candidate for further communication.

May we speak further, my brother?

**Question:** So the situation would really be an actual situation that would be observed by the brotherhood rather than being staged by the brotherhood?

We are those of Q'uo, and we can affirm your understanding, my brother.

**Question:** Could you comment on a second approach which would have a scientist, a geneticist perhaps, discovering that within the DNA there had been a certain quality that allowed the experience of unity but it had been switched off so he begins to work with himself and his own DNA to switch it back on, which brings him into contact with various villains and other characters.

We are those of Q'uo, and are aware of your query, my brother. And this concept is also an excellent one and also has drawbacks, in our opinion, and we would share that with you. The DNA angle, shall we say, is a very helpful one to bring up for entities as it is, indeed, the heart of the penetration into the illusion of the structure of the spiritually or energetically formed world. The changes that will

allow entities within third density to welcome fourth density life are bound up in the further strands of DNA that are formed with the full consciousness of unconditional love.

However, the concept of moving through scientific testing and in some way measurable by scientific instruments at this time discovering how to place unconditional love into the perceptive matrix of an entity is questionable. There is much to study, shall we say, in this angle of DNA research and we would suggest that which has been useful to this instrument has been a specific work called, *The Biology of Perception*. This instrument, we may say, has had its eyes opened to a great extent, far greater than the eyes were open before on this subject by this very helpful bit of research.

We encourage the one known as B to investigate not only this particular source of information on DNA and perception, but any sources which are suggested in the course of investigation into this particular article or video cassette as this instrument would call it.

May we answer you further, my brother?

**Question:** So when you said earlier that there were children now being born with additional strands in their DNA, is it true then that this would not be measurable by current scientific technology.

We are those of Q'uo, and would say, my brother, that there is always the possibility of doubt when outrageously different or new information is offered, and this has certainly proven to be the case with many other instances of seeming impossible events, such as, for instance, the possibility of meteors falling from the heavens, which was considered impossible at the time that they were finally, once and for all proven to exist.

We find that we are very limited in our ability to speak concerning this because it is more than most of those things that we have offered that which can be plumbed by the use of your techniques of research.

May we answer you further, my brother?

**Question:** What was the connection of doubt that was mentioned?

We are those of Q'uo, and, my brother, we do not doubt that we used the word but we doubt that we can remember why.

**Question:** Writing about unconditional love is hard to do from the theoretical point of view. Is there something that B could do in the way of another session with Carla or with Q'uo that would help him to experience this quality in order to be able to write about it?

We are those of Q'uo, and are aware of your query, my brother. Certainly, we would be glad to speak with you upon the subject at another time. The one known as Carla is also most happy to share upon the subject. We would also point out that there are two other sources of strength for you. One is that invisible but very present group of entities that are devoted to the one known as B and that have spent many, many years caring for and accompanying the one known as B. Those presences of support, sanity and encouragement that have sometimes being felt are most real and most loving and these constitutes an unseen band of advisers and helpers. The key in invoking their help is in the word, invoke. It must be asked for, and it must be appreciated. With the request and the thanksgiving being the foundations of such a silent communication with those that have no words, this very powerful help may be activated, enlivened and energized by the living entity's faith that they are there.

The second group that this entity has available to it is that visible group known as L/L Research which has a physical location and a location in time which meet your requirements for being upon the planet at the same time and being able to connect with a spiritual group, or, shall we say, a spiritual clan or family, which in and of itself has the potential to be a great source of strength for those who wish to spend time becoming, shall we say, enchanted or charmed by the magic of that particular gathering of light and energy. Such places, once established, are as the lighthouse which the longer it burns gathers more fuel to burn even brighter.

We are aware that this has been your last query but if we may clear up anything we would offer you that opportunity at this time.

**Question:** Thank you for your questions, they were very, very good.

We are those of Q'uo, and we would at this time take this opportunity to bless you, wish you well and leave you in the love and in the light of the one infinite Creator. We are always available to you to deepen and strengthen your meditative states. You

have only to ask mentally and we will be there in  
silence and in great love. We are known to you as  
the principle of Q'uo. Adonai. Adonai vasu  
borragus. ✨